



2026 Annual General Meeting

Wednesday January 21 2026 7pm @ Tin Roof

1. Call to Order
2. Review of minutes of the previous annual general meeting
3. Annual Reports:
 - a. President Report
 - b. Vice President Report
 - c. Treasurer Report
 - d. Registrar Report
 - e. Team Coordinator Report
 - f. Scheduler Report
 - g. Secretary
 - h. Equipment Manager Report
 - i. GM Jr A Report
 - j. Risk Management Report
 - k. Communication Report
 - l. Fundraising Report
4. Review 2025 annual financial report
5. 2026 Preview:
 - a. MMLL Update - 14 games and season preview
 - b. Expecting 10+ teams (Hosting U11 female and U13 female is a priority)
 - c. Breaker Cup
6. Election of Directors:
 - a. Scheduler Position
 - b. Treasurer Position
 - c. Secretary Position
 - d. Team Coordinator Position
7. Motions
8. Any other business

9. Motion to Adjourn

10. Executive committee meeting immediately following the AGM if time permits

Agenda:

1. 2026 Annual Budget
 - a. Review 2026 budget
 - b. Set registration fees
2. Review executive members Initiatives from reports and prioritize actions
3. 2026 Start-up
 - a. Coaching Call
 - b. RAMP registration
 - c. Rink + Floor time Scheduling
 - d. Define Roles + Responsibilities:
 - i. Breaker Cup Committee
 - ii. Junior A Female Committee
 - iii. Administration Committee
 - iv. Disciplinary Committee
 - v. Team/Coaching Committee
 - e. Swag and equipment Ordering

ACTION ITEMS – Holdover from Last Meeting

1. Issue registration & coaching call immediately after AGM. (*Coaching Coordinator + Registrar*)
2. Build 2026 floor time budget early to allow monthly bookings. (*Treasurer + Scheduler*)
3. Reintroduce committees and define membership after AGM. (*Board*)
4. Assign board champion for U7 program redevelopment. (*Board*)
5. Confirm returning coaches and identify new candidates early. (*Coaching Coordinator + Marketing Coordinator*)
6. Begin early coach credentialing (courses, CRCs, certifications). (*Coaching Coordinator & Risk Management*)
7. Coordinate with LNS to schedule:
 - o Eastern Shore-only coaching clinic (*Coaching Coordinator & Risk Management with KJ*)
 - Possible Female Only coaching clinic.
8. Female Coaching Recruitment
 - o Develop social media campaign targeting new female coaches. (*Coaching Coordinator + Marketing Coordinator*)
 - Promote “No experience required – we train and support you” messaging. (*Coaching Coordinator + Marketing Coordinator*)
9. Communications & Education

- Create a visual “Who Does What” responsibility chart (Lacrosse Canada → LNS →MMLL → Breakers). (Board + Marketing Coordinator)
 - Include contact list for each level (who to contact & when).
- Reinforce code of conduct with all members. (Board + Risk Management)
- Re-send “Who to Contact” guide to membership. (Abbey)

10. Growth & Community Engagement

- Follow up with LNS (Lisa Blanchard & KJ McNeil) re: grassroots school program and confirm timing. (VP; cc: Coach Coordinator)
 - Follow up with schools to convert sessions into registrations. (Board)
 - Plan “Breakers Night” at Junior C Thunder game (include Thunderbirds ticket raffle). (VP)



EXECUTIVE REPORTS 2025

PRESIDENT REPORT – Enjoli Fahie

The 2025 season was a trying season but a great one as well. There were some learning curves and hiccups along the way with the transition. There was also growth as well as learning moments that will help make the coming season even better. We had 169 players registered and 11 teams playing in the MMLL.

We faced some struggles/challenges with our U15 coed (playing time), U13 female (coach/parental conflict), and U11 (on paper balancing not translating to the floor). We have plans in place for the 2026 season to ensure things are smoother in these areas. At the midpoint of the season, surveys were sent to parents to get feedback on how they felt the season was going. There was some positive feedback as well as some negative points that helped put light on what we need to work on. But overall, the feedback was positive.

Breaker Cup was successful with 7 divisions totaling 32 teams registered. Unfortunately, we were unable to have a U17 female division due to lack of teams registering. Our U13B team was the only Breaker team to win the cup.

The executive met 10 times in 2025 with most executive attending regularly. We continue to run Come Try to Lacrosse at the Lake and Shore Community Center through the Fall and Winter with the goal of adding more players to our younger programs and making the sport accessible to all in the community. KJ has also been to some of the schools on the Eastern Shore to help promote lacrosse in our area. We also entered a Lacrosse/Breakers themed float into the Christmas Parade in Musquodoboit Harbour to bring attention to lacrosse.

I would like to thank the executive team for all their hard work and support this past season. Without you, the Eastern Shore Breakers would not be possible. Your hard work does not go unnoticed, and it is very much appreciated.

VICE PRESIDENT REPORT - Hillary Hommy

Significant effort was dedicated this year to developing and strengthening systems, processes, and policies to support improved organizational governance and efficiency. This is an ongoing and dynamic process that will continue to evolve as the organization grows.

Additional work will focus on establishing clear, consistent play-time policies that reflect the reality that every team is unique and requires some flexibility to meet team needs.

Further processes and evaluation frameworks will also be implemented to support more accurate team balancing and player selection.

Increasing membership will be a key initiative, supported by the expansion of MMLL boundaries to better reflect population growth and ensure equitable access across communities. The organization will also focus on engaging younger athletes by introducing the sport earlier through grassroots partnerships with Lacrosse Nova Scotia.

This season included several new Executive members, all of whom worked collaboratively and with a strong commitment to positive, respectful decision-making.

Communication and transparency will remain central to our approach moving forward. Finally, we will continue to prioritize growing female participation in the sport by strengthening recruitment efforts and expanding opportunities for female coaches, recognizing that representation matters.

TREASURER REPORT - Jacquelin Morash

- Implementing a firm deadline for registration fees and restricting player participation until payment is received has made a significant difference. Outstanding fees total \$100 this year, compared with more than \$3,000 in 2024.
- Any remaining outstanding balance from 2024, the players did not register/participate this year.
- Successful fundraising has improved our financial position and will allow for increased spending in the future.

See attached annual report

REGISTRAR REPORT - Janie Conrad

2024 and 2025 Actuals

Age Level	2024 Number of Players	Number of Teams	2025 Number of Players	Number of Teams
U7	12	1	7	1
U9	13	1	15	1
U11	32	2 2 Coed	27	2 2 Coed
U13	35	2 1 Female 1 Coed A	42	3 1 Female 1 Coed A 1 Coed B
U15	36	2 1 Female 1 Coed B	35	2 1 Female 1 Coed B
U17	38	2 1 Female 1 Coed A	43	2 1 Female 1 Coed A
TOTALS	166	10	169	11

TEAM COORDINATOR REPORT - Jayne Breton

This season was among the most challenging I have faced as a volunteer. As Team Coordinator, I navigated numerous complex situations, often driven by strong emotions, differing perspectives, and one-sided discussions, which at times felt overwhelming. The role carries a substantial workload that must be managed effectively and executed to a standard that meets the expectations of the membership. I believe this workload could be shared between two coordinators, particularly in situations where conflicts of interest may arise. Despite the challenges the association experienced this year, the Breakers successfully completed another season with many positive outcomes. This is a testament to the dedication and commitment of our players, coaches, families, and board members.

Divisional Highlights & Challenges

U7 Division (Tykes)

The U7 division continues to be a group that often feels overlooked. While we were fortunate to once again secure a fantastic and highly committed coach, the team felt incomplete overall. The group also shared floor time with the U9 division, which created additional challenges in terms of space, structure, and overall player experience. Participation declined by the end of the season, resulting in the loss of several young players. This division requires additional structural support, dedicated floor time, and intentional focus moving forward.

U9 Division

The U9 division was supported by a wonderful group of parents, coaches, and athletes. The team competed in multiple jamborees and worked hard throughout the season to develop players while fostering a strong passion for the game.

U11 Division

Balancing the U11 teams proved challenging this season. This stemmed largely from insufficient time to carefully review team composition prior to team releases, as Opening Day occurred less than 12 hours after tryouts concluded. As a result, adjustments that may have supported better balance and player experience were limited.

U11 Black: This team experienced challenges related to player commitment. Despite this, several key volunteers demonstrated strong, consistent leadership and helped maintain a positive environment throughout the season. We are extremely grateful for their dedication and commitment.

U11 Gold: this team faced challenges with consistent attendance at both practices and games. The team had two coaches who were new to lacrosse on the bench, as well as one coach who was also coaching other teams, which added to the complexity of consistency and continuity throughout the season. Despite these challenges, U11 Gold achieved significant success by winning the Apple Cup.

U13 Division

U13 Female: This team was able to operate successfully with the support of several U11 call-up players. This group was exceptionally tight-knit and consistently supported all players in their growth, development, and love for the game. Additionally, U13 female won Apple Cup, came second in Provincial Tournament and in the Breaker Cup.

U13B: This team had an exceptionally positive season, marked by strong team enjoyment, excellent player retention, minimal conflict, and a victory in the Breaker Cup. They benefited from a dedicated coaching staff and a supportive parent group. The team did face some disappointment with tournament and outside league play, as the SMLL offered no 'A' level teams and only ran 'B' level. This discrepancy in competition level led many associations to

avoid additional games outside of the MMLL, as the matches were, relatively speaking, unbalanced.

U13A: This team experienced some tension during tryouts but went on to have a very successful season, earning numerous wins and narrowly missing a provincial championship. Communication was a strong focus throughout the season. Several parent meetings were held to share expectations and address issues as they arose, while the manager maintained regular email updates to keep families informed. Technology, including spreadsheets to track incoming and outgoing spending, was used effectively to support transparency and organization.

U15 Division

U15A Coed: After consultation with the MMLL, Eastern Shore Breakers formed a U15A coed walk-on team, ranging from Team Nova Scotia athletes to first-time players. With no other associations able to accept B-level players, placement options were limited, leaving no ideal solution for this group.

In practice, the team mainly served a narrow group of “middle” players and did not fully meet the needs of those seeking competitive play or equitable participation. Despite the Equitable Floor Time Policy introduced after the 2024 season, similar challenges persisted, indicating the policy requires further refinement and support.

I also anticipate a decline in U17 participation, underscoring the need for reflection and strategies to support recruitment and retention. Reduced numbers at this level could put the Breakers at risk of being unable to field a U17 coed team.

Despite these challenges, the non-parent coaches’ commitment, expertise, and enthusiasm positively supported many players, and their contributions were greatly appreciated.

Despite these challenges, we extend thanks to the team of non-parent coaches who committed to leading a competitive team. Their expertise and enthusiasm positively supported several players, and their contributions were valued by those athletes.

U15 Female: The U15 Female program saw significant growth this year through direct outreach, shoulder tapping, and individual recruitment. While the team did not experience many wins on the floor, the establishment and sustainability of female teams across the U13–U17 divisions is a major accomplishment for Eastern Shore Breakers and an important foundation for future growth.

U17 Division

Both U17 Female and U17 Coed teams experienced successful seasons with multiple wins, while also identifying areas for continued development. U17 female experienced some challenges with getting girls to practice and would like to see possible suggestions of goal setting/formalizing intentions for the season next year as a way to have players motivated to reach their best. U17 coed had a wonderfully smooth season but hopes to have increased communication related to tournaments moving forward.

Association Events

Breaker Cup 2025

Breaker Cup 2025 was a tremendous success and marked our largest tournament to date. The event was hosted at Cole Harbour Place and the Eastern Shore Community Centre over four days. The tournament was largely driven by three exceptionally dedicated volunteers, each contributing close to 60 hours over the weekend alone. Their commitment was instrumental to the success of the event.

Breaker Banquet

The Breaker Banquet was another successful event. As this was the second year hosting the banquet, we were better prepared and more focused in our planning. A wonderful group of volunteers brought energy, creativity, and dedication, allowing us to celebrate the season and its challenges in a meaningful and positive way. Looking forward to 2026, the small but mighty group of Breaker Cup volunteers will be looking to grow the volunteer base with the potential of transitioning roles in the near future.

Closing Reflection

The 2025 season highlighted both the strengths of the Eastern Shore Breakers community and the need for continued improvement in areas such as team balancing, equitable play, and early-stage program support. With careful reflection and intentional planning, the association is well positioned to build on its successes and address challenges in future seasons.

SCHEDULER REPORT – Vacant Position

SECRETARY REPORT – Vacant Position

EQUIPMENT MANAGER REPORT - Tim Mills

- Created living document for Goalie Equipment inventory and where it's located. (11 sets)
- Purchases:
 - Jerseys (2 sets – 1 (U13 yellow) 1 U17 (yellow))
 - Goalie stick (SR)
 - 1 pr Goalie Pants (sr)
 - 1 Goalie Mask (sr)
 - 4 boxes of balls (2 official for club, 1 Tyke, 1 official for Breakers Cup)
 - 1 Goalie jock (sr)

Needs for 2026 Season

- 2 new jersey sets should be purchased to evergreen older jerseys. (U17 female and a U15 team)
- No major purchases projected for 2026

JUNIOR A BREAKERS GENERAL MANAGER REPORT - Jason St.Hilaire

Last year was our 4th year and we finished the Regular Season in 2nd place with a 7-5 Record.

We opened the Playoffs against the Saint-John Rapids sweeping them in 2 games straight. We played the Sackville Wolves in the Finals. It was a Best of 5 Series that we lost in 4 games, 2 of those games went to Overtime!!!

The Combine & Draft was held in Late August. We protected 2 Protected Players and drafted 11 more, 8 of which were from Eastern Shore.

We have a healthy contingent coming up and will have a full team of 20 players this year.

We are currently in the process of beginning off Training Camp and will be looking for Sponsors & Volunteers for the 2026 Season.

COACHING COORDINATOR REPORT – Kai Angeleau

The 2025 season was the first season for this dedicated executive position. This was also my first year on the executive. The role was met with many challenges and obstacles. Lessons were learned and improvements can be made. A team effort at times to navigate this role.

Highlights & Successes

- A proper coaching application was created. A good number of coaches used this. It helped in selecting coaches for sure.
- There was a large group of dedicated coaches who were always present despite their busy schedules.
- We had coaches who were willing to fill in at other age groups and levels when required.
- New to lacrosse coaches stepped up, especially at the U11 and U13B levels. Time was dedicated and they completed the community coaching certification.
- Addition of the season survey gave members a voice. While not always positive responses I believe it's a useful tool.
- U17 had a good bounce back season.

Challenges & Areas for Improvement

- U15 A had a very hard season. They struggled to find balance. Floor time was not handled properly.
- U7/U9 Problem having a consistent coach on the floor to take lead with the program.
- Levels that required tryouts and or balancing need work and better scheduling of floor time.

Recommendations & Initiatives

- Earlier call for coaches.
- Pre season floor time.
- Establish a better program for u7 and u9.
- Connecting coaches to share resources.
- Re-visiting our equitable floor time policy.
- Work on our junior coaches program.

RISK MANAGEMENT REPORT - Shane Wambolt

Highlights & Successes

- Got ball handling signs up
- Got coaches enrolled in online courses
- Got criminal record checks and vulnerable sector checks completed for coaches
- Spread sheet created for coaches online training courses and criminal record check and vulnerable sector check so we can keep coaches credentials up to date

Challenges & Areas for Improvement

- Getting coaches to complete online training courses

Recommendations & Initiatives

- Try and get new coaches to complete online training courses before start of season
- Try and get all criminal record checks and vulnerable sector checks completed earlier for those who need it
- Need to be set up for notifications when criminal record checks and vulnerable sector checks are completed necessary documentation.

COMMUNICATIONS REPORT – Abbey Matheson

2025 Season Summary

As this was my first year in the role, I feel the season went well overall. The primary goal was to increase the frequency and consistency of communication so that messages were clearly seen, understood, and accessible to everyone. I believe this approach was more effective than in previous years.

From April 1 to December 31, there were a total of 115 social media posts, including reels and videos.

- Instagram: 772 followers, with posts receiving thousands of views. Early 2025 posts averaged 200–700 views, which has since increased to an average of 5,000–9,500 views, including views from non-followers. New followers are being gained regularly (7 in the last two weeks).
- Facebook Page: 515 followers. While views are generally lower than Instagram, recent posts are receiving approximately 500–2,000 views, with increased non-follower clicks and views.
- Private Facebook Group: 577 followers.

Highlights & Successes

Traffic and engagement increased across all social media platforms, with positive interactions overall. Having access to a Canva account was very helpful for content creation, and access was easily shared with other members of the Executive. This will continue to be beneficial moving forward by saving time through reusing or adjusting existing graphics and posters.

Challenges & Areas for Improvement

- There are ongoing issues with changing the profile picture, cover photo, and bio on the Facebook Page.
- There is also a need to review whether both a Facebook Page and a private Facebook Group are necessary, and whether creating a TikTok account would be beneficial.
- Currently, post requests are being sent via email or text, which has been working, but may not be the most efficient process. I am open to suggestions for improving this workflow.

Recommendations & Initiatives

- Begin sponsor shout-outs earlier in the season and involve teams, similar to end-of-season efforts.
- Encourage more tagging and sharing of content, as well as sending photos and videos directly to be used in promotions and ads.
- Start advertising and promoting events earlier overall, as sponsor requests did not begin until early April last year.
- There have been requests to run clothing orders earlier in the season and to include more options featuring the female Jr. A logo.

FUNDRAISING REPORT – Kim Selig-Webber

Fundraising:

Sportsweep	\$7427.75
Jibbitz	\$165.00
Socks	\$370.35
Thunderbirds	\$330.00
<u>Corporate Sponsorship</u>	<u>\$1550.00</u>
TOTAL EFFORT:	\$9843.10

Highlights & Successes

- Sportsweep ticket sales were a big success and will be something used again in 2026 season.
- Thunderbirds ticket sales will also continue in the 2026 season.
- Socks were not something that created significant revenue therefore will not be continued.

Recommendations & Initiatives

- Increase online fundraising options
- Schedule events earlier in the season
- Seek additional local sponsors

On behalf of the executive, thank you to all our volunteers, players, families and sponsors for their continued support.

BREAKERS FINANCIAL REPORT

	2025 BUDGET	2025 ACTUAL	2026 BUDGET
MINOR REVENUE			
Registration	59,500.00	62,057.50	66,625.00
Fundraising			
Bottle Drive	500.00	0.00	0.00
Sportsweep	8,000.00	7,427.75	6,375.00
Sponsorship	1,500.00	1,500.00	0.00
Grants	0.00	0.00	0.00
Team NS	-1,400.00	0.00	0.00
Jibbitz	0.00	165.00	0.00
Socks	600.00	370.35	0.00
Thunderbirds	200.00	330.00	300.00
Other	0.00	125.00	0.00
TOTAL MINOR REVENUE	68,900.00	71,975.60	73,300.00
OPERATING EXPENSES			
Equipment (Balls)	2,500.00	1,520.00	2,000.00
Goalie Equipment	750.00	1,551.49	500.00
Bennett Park Nets	782.00	734.16	0.00
RAMP	210.00	649.43	750.00
Jerseys	4,200.00	4,131.75	4,500.00
Player Clothing	6,500.00	7,471.34	7,500.00
Banquet	3,000.00	2,455.80	3,000.00
LNS Membership Fees	12,000.00	9,846.52	10,000.00
MMLL Fees	15,500.00	18,169.88	19,000.00
Floortime			
HRM Facility (ES)	17,500.00	12,090.75	15,000.00
HRM Facility (CHP)	2,000.00	2,269.86	2,500.00
HRM Facility (Gray)	0.00	0.00	500.00
HRM Facility (Bennett Park)	200.00	0.00	200.00
HRM Facility (RBC)	0.00	0.00	0.00
Executive Clothing	0.00	0.00	0.00
Website + Social + Video	161.00	-288.60	250.00
Other	0.00	100.72	150.00
TOTAL OPERATING EXPENSES	65,303.00	60,703.10	65,850.00
Coaching Certification Expenses			
Certification	500.00	698.10	700.00
Registration	330.00	729.60	755.00
Swag	500.00	518.70	500.00
Criminal Record/VSC	775.00	820.09	1,000.00
TOTAL COACHING EXPENSES	2,105.00	2,766.49	2,955.00
Administration			
MoneyMinder	430.00	444.69	500.00
Bank Fees	45.00	45.00	50.00
Add. Bank Fees	390.00	174.76	200.00
Admin Fees	35.00	64.14	75.00
Advertising	500.00	281.06	250.00
Sportspay Fees	1,700.00	2,681.20	2,700.00
TOTAL ADMINISTRATION EXPENSES	3,100.00	3,690.85	3,775.00
MINOR NET INCOME	-1,608.00	4,815.16	720.00

	2025 BUDGET	2025 ACTUAL	2026 BUDGET
Breaker Cup			
Registration	11,000.00	17,920.00	15,000.00
Expenses	-1,100.00	-14,639.68	15,000.00
Sponsorship	1,800.00	2,150.00	0.00
50/50	0.00	887.07	0.00
BREAKER CUP NET INCOME	11,700.00	6,317.39	0.00
Miscellaneous			
Camps	-290.00	0.00	0.00
New to Lacrosse - Winter	700.00	222.00	250.00
New to Lacrosse - Fall	-500.00	-600.00	250.00
Miscellaneous	-500.00	-682.00	0.00
MISCELLANEOUS NET INCOME	-590.00	-1,060.00	500.00
JUNIOR A			
REVENUE			
Registration	11,450.00	8,160.00	12,000.00
Door Revenue	1,000.00	522.00	800.00
SportswEEP	0.00	0.00	0.00
Miscellaneous		-1,400.31	0.00
Sponsorship	0.00	0.00	0.00
TOTAL JUNIOR A REVENUE	12,450.00	7,281.69	12,800.00
OPERATING EXPENSES			
ECJLLF Fees	0.00	3,400.00	3,800.00
LNS Fees	0.00	0.00	1,500.00
Time Keeping + Announcer			600.00
Player Clothing	0.00	0.00	1,800.00
Equipment (Balls + Decals)	1,500.00	0.00	0.00
Travel	1,000.00	0.00	2,000.00
Tournament	0.00	1,969.83	300.00
Team Social	0.00	0.00	0.00
Team Snacks	0.00	0.00	500.00
Miscellaneous	0.00	0.00	0.00
Floertime			
HRM Facility (ES)	600.00	727.36	1,750.00
HRM Facility (CHP)	2,500.00	2,094.75	0.00
HRM Facility (Gray)	0.00	0.00	0.00
HRM Facility (Bennett Park)	0.00	0.00	0.00
HRM Facility (RBC)	0.00	0.00	0.00
TOTAL JUNIOR A EXPENSES	5,600.00	8,191.94	12,250.00
JUNIOR A NET INCOME	6,850.00	-910.25	550.00
BREAKERS TOTALS	16,352.00	9,162.30	1,770.00