



Invites you to the:

24th FREEZE OR FRY LADIES FASTBALL TOURNAMENT

Sterling Industries Park, Blackfalds

May 22 – 24, 2026

- 2 divisions – comprised of:
Women's, U19A, Masters,
Intermediate A/B/C, U19B,
U17A
- Entry fee \$650
- Guaranteed 4 games

Contact: Trudy Haraldson
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403-350-8819

Cash Prizes | On-site camping | Beer gardens (Raize the Bar)