



South Edmonton Elite Baseball Association

October 30, 2019

The Edmonton Expos (South Edmonton Elite Baseball Association) will be holding their winter baseball workouts for prospective Expos players to prepare for the 2020 season.

Age Groups Are: U13 and under, U15 and U18

The Winter Workouts are for Mosquito, Pee wee, Bantam, and Midget players

Where: Kinsmen Sports Centre, 9100 Walterdale Hill, Edmonton, AB

When: Saturday, January 11th, 2020 to March 14th, 2020
All Saturday sessions Mosquito/ Pee Wee players are 11am-12:30pm
All Saturday sessions for Bantam & Midget players are 12:30pm – 2pm
Excluding January 25

Wednesday, January 15th 2020 to March 11th, 2020 7 p.m. to 9 p.m. all age groups

Fee: **\$400 before December 10, 2019**
\$450 after December 10, 2019

Please complete and email the attached registration form as noted below or do your registration online. Online credit card payments will be accepted only. **No refunds will be issued after January 31st, 2019.**

The SEEBA organization provides an elite level of baseball that competes with other performance baseball teams in a provincial league. SEEBA is a baseball association that is highly committed to baseball excellence and expects the same from both players and parents. **Commitment to the EXPOS winter workouts is strongly recommended in order to enhance your chances to be selected to play for one of the Edmonton EXPOS summer teams at the Midget, Bantam or PeeWee level.** The winter workouts will be used to develop player skills and for the coaches to evaluate players for summer team selection at Midget, Bantam and Pee wee levels.

All new and returning players email the completed player registration form and bring to the first session they attend. Don't wait to register because the workouts fill up quickly, enrollment will be capped. The first 80 registrants to reply will be accepted.

The Saturday workouts will be split allowing Mosquito and Pee Wee aged players their own time slot from 1100-1230Hrs. The Bantams and Midgets will practice separately from 1230-1400Hrs however we encourage the Midget aged players to arrive at 1200Hrs in order to allow them to warm up. The rationale for this is allow for more 'one on one' coaching opportunities for all participants. The Edmonton EXPOS look forward to hearing from you and hope you have an excellent start to the 2020 baseball season.

Chris March

President – South Edmonton Elite Baseball Association

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"The Leader for Performance Baseball in Edmonton"

South Edmonton Elite Baseball Association
www.ballcharts.com/seeba