



## EFAC Pandas Summer Camp Schedule 2019

### SKATING SESSIONS

DATE	EVENT	LOCATION	TIME	GROUP
6-Jun	On Ice Session - Thursday	Meadows West Arena	6:15 PM- 7:15 PM	1
			7:30 PM- 8:30 PM	2
11-Jun	On Ice Session - Tuesday	Terwillegar C Arena	4:15 PM - 5:15 PM	1
		Terwillegar D Arena	5:30 PM - 6:30 PM	2
18-Jun	On Ice Session- Tuesday	Terwillegar D Arena	4:15 PM - 5:15 PM	2
			5:30 PM - 6:30 PM	1
25-Jun	On Ice Session - Tuesday	Terwillegar D Arena	4:30 PM - 5:30 PM	2
			5:45 PM- 6:45 PM	1
5-Jul	On Ice Session -Friday	Callingwood B Arena	5:30 PM- 6:30 PM	1
			6:45 PM - 7:45 PM	2
July 9 - August 20	On Ice Session - <b>Tuesdays</b>	Clare Drake Arena	5:00 PM - 6:15 PM	TBD
			6:30 PM - 7:45 PM	TBD

## WORKOUTS

DATE	EVENT	LOCATION	TIME	GROUP
June 3 - 26	Dryland Workout - Mondays and Wednesdays	HPTRC - Saville Center	5:45 PM - 6:45 PM	ALL
July 1 - August 21	Dryland Workout - <b>Mondays and Wednesdays</b>	HPTRC - Saville Center	7:30 AM - 8:30 AM <u>OR</u> 5:45 PM - 6:45 PM	<b>Sign up Required</b>

## ENDURANCE TRAINING

DATE	EVENT	LOCATION	TIME	GROUP
June 10 - August 22	Endurance Training - <b>Mondays and Thursdays</b>	Foote Field Track	Mondays @ 7:30 PM-8:30 PM	ALL
		Foote Field Track	Thursdays @ 7:30 PM - 8:30 PM	ALL
	<b>June 10,17,24,27</b>	TBD- Session will take place at a different location	TBD	ALL

**\*\*There will be no Workout or Endurance Sessions on July 1 or August 5 due to STAT Holidays\*\***

