

A. Number of Tournaments.

Attendance at an excessive number of tournaments during a season has a number of negative affects including, but not limited to: negatively altering the competition to practice ratio as recommended in the LTAD Framework, causing leagues and teams problems relating to rescheduling ice times, putting increased financial and time strains on parents, reducing time for athletes to engage in alternate activities and potentially limiting access to tournaments by other teams. As such:

- i. each team may attend a MAXIMUM of:
 - TWO tournaments a season (Silver Ring plus one more within the BGL area) in U10 Step-1.
 - TWO tournaments a season (Silver Ring plus one more) in U10 Step-2 and U10-Step 3.
 - THREE tournaments a season (Silver Ring plus two more) in U12
 - FOUR tournaments a season (Silver Ring plus three more) in U14
 - NO LIMITATION for U16 and up,
- ii. Plus the option of attending the following non-competitive exhibition or event style tournament: Ringette Scores on Cancer.
- iii. Conditions which may prevent compliance with the above must be brought to the attention of the Executive by the coach or team manager.
- iv. Failure to adhere to this policy may result in disciplinary action which may include removal of practice ice or suspension of coach(es).
- v. Tournaments which fall outside the BGL regular and post season are not regulated by the above, and may be attended.