



**Edmonton Ringette Club**  
**AA Ringette in Edmonton**



# Agenda

- **About the Edmonton Ringette Club**
- **ERC Teams and Coaches**
- **Playing Ringette in Alberta**
- **Practices, Games, Tournaments**
- **Process for Evaluations**
- **Team Selection Process**
- **What to Expect**
- **Financial Expectations**
- **Financial Support**
- **Team and Player Commitments**
- **Club Offerings and Initiatives**





# About the ERC

- Edmonton Ringette Club was established in 1983
- Provider of AA ringette in Edmonton
- Small organization with 4 teams:
  - U14AA
  - U16AA
  - U19AA
  - WAM (National Ringette League)
  - Our goal is to develop and promote in Edmonton highly skilled and competitive ringette athletes in a positive and safe environment of teamwork, respect and sportsmanship



- Small, family like atmosphere
- Fundraising culture



# U14 AA

## Coaching Bios:

### **Carly Ross**

- Over 40 years of playing experience, including the ERC, Team Alberta, WAM and Team Canada
- Over 20 years of coaching experience including Federation, ERC, Canada Winter Games, WAM, Team Canada
- 5 years of experience as a ringette instructor
- Ringette evaluator and scout for a number of organizations including ERC, Winter Games team, WAM, Team Canada

### **Tara Ryton**

- 10 years coaching ringette in Edmonton as a head and assistant coach from active start to U14AA
- Played ringette in St. Albert for 7 years

### **Katie Zipp**

- Played for the Edmonton WAM for 4 years, NRL National Champion 2023
- Team Alberta at the Canada Winter Games 2019
- Played ERC for 7 years
- 4 years assistant coach experience (U14AA)
- Elementary school teacher



### **Tyler Prociuk**

- 8 years coaching experience in ringette as a head coach or assistant coach
- Many years of additional coaching experience with youth hockey, soccer, and baseball
- Currently Treasurer for Edmonton Federation Ringette (EFCLRA)

### **Jody Cherdarchuk**

- 25 years of playing experience, including 10 years Open A
- 7 years coaching experience U10 to 14AA
- Black Gold Representative for ERC
- Professional engineer and mom



# U16 AA

## Alexis Snowdon (Head Coach)

- 40 years playing experience at a range of levels including ERC, Team AB, WAM, Team Canada.
- Member of numerous Canadian Ringette Championship gold medalist teams and Canada Games gold medalist (1995).
- Participated as an athlete of Team Canada in the World Ringette Championships in 2000 (silver), 2002 (gold), 2004 (silver)
- Named Defensive All Star at multiple CRCs and NRL's Defender of the Year
- Inducted into Ringette Canada's Hall of Fame in Athlete category
- Coaching, scouting, evaluation and board experience at both the grassroots and high performance levels
- Assistant Coach of the Senior National Team in 2017 and 2019

## Teneal Kuczkowski

- 25 years of playing experience
- 5 years with WAM; Silver, bronze medalist with WAM
- CRC Silver medalist with U19AA ERC
- Provincial Gold medalist with U19AA ERC
- Provincial Gold Medalist and CRC Gold medalist (U16AA)
- Provincial Gold Medalist and Western Gold medalist 2011 (U14AA)
- 2 years with U19AA ERC playing (2012-2014) and 5 years with ERC coaching (U16AA and U19AA)



## Melissa Misutka

- 21 years playing experience, 7 in the NRL
- 2023 and 2024 National Champion
- Senior National Team 2019 and 2022
- MSc student in biological sciences



# U19 AA

## Coaching Bios:

### **Brian Marsh (Head Coach)**

- 10 years of coaching experience as a Head coach and assistant coach
- Has coached various levels from U16 Step 1 to U19AA
- Held 3 different Board positions as Junior Coach Coordinator, Ref-Allocator and Ice Allocator

### **Makenna Keylor**

- Played 12 years of ringette, 7 of which were with ERC
- Member of the 2018 Alberta Winter Games team where they won gold
- Multisport coaching experience with 3 years of experience coaching basketball and golf

### **Kaylee Kristjanson**

- 15 years playing top level ringette for ERC
- 4 years assistant coach experience (U14AA, U16AA, U19AA)
- Current Bachelor of Kinesiology Dean's list student
- Certified Athletic Trainer



### **Torrie Shennan**

- Played with the ERC for 7 years, including 4 with WAM as a 2 X NRL National Champion (2023, 2024)
- Played in Alberta Winter Games and Canada Winter Games
- Played a year in Finland in their National women's league
- Played in 3 national team cycles, twice for U21 and once for senior team. Won Gold in 2017 and 2019 and silver in 2022
- Works as a RN for the University of Alberta emergency department



# WAM (NRL)

## Coaching Bios:

### **Emily Lubbers (Otto) Head Coach**

- ERC 2008-2011 U19 AA player
- Edmonton WAM 2011-2023
- NRL CRC Bronze 2014, 2015, Silver 2018, 2022
- Edmonton WAM Head coach 2022-2024
- Registered psychiatric nurse
- Married to Linden, with two children, Brinley and Bo

### **Dani Schole**

- 27 years playing experience (10 in the NRL)
- Coached all levels in the ERC (U14AA, 16AA, 19AA, NRL and Alberta Winter Games)
- 2011 National Champion (player) and 2023 (coach)
- High School Teacher

### **Maria Thompson**

- Played AA for the ERC, 5 National titles for the ERC as a player
- Has coached many AA teams in the ERC
- Assistant coach 2007 CWG silver medal team
- Won 2 World Ringette Championships as a player
- Was the top scorer and MVP of the 2002 Worlds
- NRL League MVP - 2005
- Inducted into the Ringette Hall of Fame as a player in 2008
- Assistant coach the 2023 National Champions Edmonton WAM!



### **Jen Krochak (Willan)**

- 15 seasons coaching every level from bunny to NRL
- Won 3 consecutive gold medals at U19AA (2022 and 2023) and with WAM ((2024)
- 17 national championship appearances (8 gold, 6 silver, 2 bronze medals)
- Played for team Canada 3 times, winning gold in 1996; scored the tying goal and overtime winner)
- Inducted into the Ringette Canada Hall of Fame in 2012 (athlete category)
- Played with ERC/WAM for 21 seasons
- Currently playing for Last Call Open A



# Playing Ringette in Mighty Alberta – 2024 Western/National Results

- **U14 Westerns**
  - 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>
- **U16 Nationals**
  - 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>
- **U19 Nationals**
  - 1<sup>st</sup>, 3<sup>rd</sup>, 4<sup>th</sup>
- **NRL**
  - 1<sup>st</sup>, 2<sup>nd</sup>



# U14AA Selection Process

**U14** – Maximum of 3 Import skaters per roster. To be eligible for selection to a final roster:

- Import skaters from a home association with an established AA program must evaluate within the top 25% of team roster size, with some regard for positional needs of the team and position-specific rankings
- Import skaters from a home association without an established AA program must evaluate within the top 50% of team roster size, with some regard for positional needs of the team and position-specific rankings

Import goalies will be evaluated and selected at the Head Coach's discretion, however Head Coaches are asked to consider the importance of supporting and developing Edmonton goalies where they can effectively compete at the AA level.



# U16AA and U19AA Selection Process

**U16** – Maximum of 3 Import skaters per roster. To be eligible for selection to a final roster:

- Import skaters from a home association with an established AA program must evaluate within the top 50% of team roster size, with some regard for positional needs of the team and position-specific rankings
- Import skaters from a home association without an established AA program must evaluate within the top 75% of team roster size, with some regard for positional needs of the team and position-specific rankings

**U19** - Import guidelines are open, however the total number of Import skaters should not exceed 50% of team roster size unless there are extenuating circumstances that justify a larger number of Import skaters.



# Process for Registration and Evaluations

- Evaluations will start August 26 and like go for 4-5 evenings but please check back to our website intermittently. Once you've registered you will receive email updates
- In the past we have tried to do our best to guarantee 4 skates but that is dependent on how many players register
- For details around registration and evaluations please visit our website: [www.edmontonringetteclub.com](http://www.edmontonringetteclub.com)
- We do our best to keep the prices as low as possible and there will be an early bird rate
- Players are asked to register for their home association and then register for evaluations separately



# Process for Registration and Evaluations

- Team rosters will consist of 13 – 15 skaters, and 1 – 2 goalies, unless there are extenuating circumstances that would justify a larger or smaller final team roster. Athletes will be evaluated on multiple criteria by both independent evaluators and Head/Co-Coaches.
- The final team roster will be selected by the Head Coach based on evaluation criteria, with oversight from the ERC Technical Director and the ERC Board. Head Coaches will be asked to consider ERC programming goals when selecting their rosters, specifically selecting a meaningful number of first year players at the U14 and U16 levels, where they can effectively compete at the AA level.
- Final rosters will be published within **24 hours** following the final evaluation skate.

*If you have questions prior to evaluations, please feel welcome to contact us*



# Practices, Games and Tournaments

- Ice times for practices have some consistency because ERC and the Federation buy blocks of ice. The past couple seasons: Wednesday or Thursday nights, Saturday night or Sunday night. Typically, we will know what these blocks are in September (until end of December)
  - ERC has been fortunate to have a healthy number of full ice slots compared to some other associations
  - Regular scheduled games in the Black Gold League – typically 1 – 2 game/week.
  - Some years, Central/Red Deer hosts AA. U19 has Calgary teams in regular season play
  - 1 dryland session weekly - typically a weeknight
  - Powerskating for U14, U16
- = on **average**: 2 practices, 1 game, 1 dryland, 1 powerskating



# Practices, Games and Tournaments

- Flight travel is less typical at the U14AA level and the team requires full team support in order to do so. Flight Travel at the U16 and U19 level is more common
- Numerous Tournament Possibilities – families can expect 3-5 tournaments including our home, Wood Tournament
  - September: AA Icebreaker Tournament, Calgary / Cochrane
  - October, Turkey Ring, St. Albert
  - **November, Bernadette Price, Saskatoon**
  - **Early December, Wood Tournament, \*\*\*ERC Home Tournament**
  - Early January – Eastern tournaments (Montreal, Whitby, ON) and Red Deer
  - January, Golden Ring, Calgary
  - Early February – Gloucester, ON
  - February, Sweetheart Tournament, Spruce Grove
  - **Provincials for all levels will be held February 28 – March 2, 2025**
- At the U14AA level teams compete at the **Western Canadian Championships**, in late March. **Canadian Ringette Championships** occur at both the U16AA & U19AA in early-mid April



# What to Expect

The position of the Board is that the coaching staff chosen for the ERC teams are certified, experienced and dedicated Coaches and/or Players, and have been supporters of the sport, the Federation and/or the Club for several years. The Board trusts that these individuals will make decisions that are in the best interests of the team and the players and will be fully supported in these decisions.

The full Code of Conduct for the Edmonton Ringette Club can be found on our website under Resources

The specific details of the parent and player expectations will be communicated by the Head Coaches at the beginning of each season.



# Financial Expectations

All accommodations and travel expenses are typically covered by the parents, along with some of the apparel costs to avoid large or monthly cash calls. Cash calls, staggered through the year, totaling \$300 to \$1500 is usually enough to cover team expenses (tournament registration, player coach hotels, dryland, transportation, team apparel, team meals, team events).

Teams fundraise together at the Wood tournament and the proceeds go **directly** to the teams. Other fundraising options can significantly offset costs.

**Fees** \$1150/player in 2023 – we don't expect a significant change in fees this year

*Note, team cash calls are subjective and dependent on what the team goals are. These will be established at the onset of the season by the coaches, players and parents, and it is the expectation that all families will support the common goal.*



# Financial Expectations

## Elite U14AA – 2022/2023 Budget

### Revenues:

Cash Call (September)	\$350 X 15
Cash Call (March)	\$50 X 15
Fundraising	\$25,275
Board contribution to Westerns	\$2,500

**Total Revenue: \$33,775**

**\*Fundraising included: bottle drive, Flip Give, Pub night, sponsorships**

**Estimate of cash call if fundraising not done: \$2,100**

### Expenses (General):

Baseline concussion testing  
Dryland  
Powerskating  
Tournaments  
Exhibition Games  
Other miscellaneous

**Total General Expenses: \$9,590**

### \*Tournament Expenses:

Registration Fees  
Coach Accommodations  
Team Meals  
Transportation  
Apparel

**Total Tournament Expenses:  
\$22,800**

**Total Expenses: \$32,390**

### Tournaments Attended:

- Turkey Ring – October
- Saskatoon – November
- Wood – December
- Ottawa/Gloucester – February
- Provincials - February
- Westerns - April

**\*Not included:  
tournament  
accommodation  
and flights**



# U16 and U19 – Budget differences

- U16s and U19s typically go on one tournament that is further away, requiring plane flight
- U16 team will *sometimes* use player rooms so that's an additional budget item (maybe not for every tournament to keep costs down)
- U19 team will typically use player rooms
- There is a bit more travel for U19s because the league is province-wide
  - For example, last season, U19s did 1 trip to Calgary in each of the 2 sessions (= 2 trips to play south teams). These will typically be double header weekends



# Financial Support

For families requiring financial support, KidSport and Jumpstart are options:

KidSport Edmonton ([kidsportcanada.ca](http://kidsportcanada.ca))

Individual Child Grants | Jumpstart ([canadiantire.ca](http://canadiantire.ca))

- Funding can vary but typically it's about \$250/ child per year
- Families can apply for funding from both organizations
- Equipment support can found at: Sport Central – Equipment for kids in need since 1991

The ERC will provide an additional \$500 to families who receive KidSport or Jumpstart funding

The ERC Board will consider and has supported families in other ways to the above.



# Team and Player Commitments

**Commitment** – It is hoped that the players can attend most or all practices, games and team events, however, of course we recognize that there may be illness, special events, and schoolwork.

As per Ringette Canada's Long-Term Athlete Development Model, athletes at the U14 level are encouraged to play other sports if they like.

We ask that scheduled Ringette times (practices, games, dry-land & events) take priority unless there are important tournaments, school events, or championships relating to the other sports/activities. Where those arise, the coaching staff will be fully supportive of the athletes attending.

As players move into U16 and U19 this becomes less practical due to team and school commitments

Athletes are encouraged to play other sports in the off-season. School and family are seen to be a priority ahead of ringette

It is expected that adequate notice be given to coaches/managers when a player will be away.

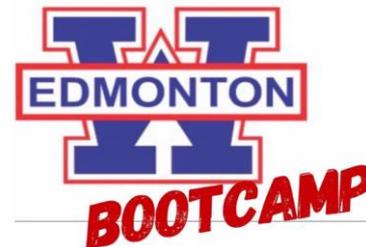


# Club Offerings and Initiatives

- The ERC has generous **goalie development** /equipment subsidies and recently completed the 2nd year of a goalie development with the Edmonton Federation.
- Scholarship program of 3, \$1000 scholarships available to 3 ERC athletes attending a post-secondary institution
- The ERC hosts the annual Wood Tournament in November which is a sought after, premiere AA tournament guaranteeing 5 games per team.
- The Club organizes and hosts other events. Last year included a skills competition and participating in the CIBC Run for the Cure together as an organization.
- The ERC hosts an annual WAM! Boot Camp at the end of August. Registration is now open through the ERC website.
- This summer the ERC is doing optional club wide summer dryland programming and some on ice programming



- *Year end celebration/banquet 2023*





# Other Club Offerings and Initiatives

- Additional programming (coach dependent):
  - Positional and strategy specific training
  - Club wide dryland and power-skating
  - Nutrition sessions
  - Mental training
  - Club wide team building activities
- Coach development
  - Inter-team coaching, for example
    - U14-U16
    - U16-U19
    - U19-WAM
- Affiliation
  - U14-U16, U16-U19, U19-WAM
- Coach development program with WAM





# Q & A



# Stay Connected



[www.edmontonringetteclub.com](http://www.edmontonringetteclub.com)



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# Stay Connected

- Liz Herbert – President
  - [president@edmontonringetteclub.com](mailto:president@edmontonringetteclub.com)
- Melissa Bokenfohr – Vice President
  - [vicepresident@edmontonringetteclub.com](mailto:vicepresident@edmontonringetteclub.com)
- Carly Ross – Technical Director
  - [techdirector@edmontonringetteclub.com](mailto:techdirector@edmontonringetteclub.com)
- Lesley-Ann Finnen – Director, Culture, Community, Inclusion
  - [inclusiondirector@edmontonringetteclub.com](mailto:inclusiondirector@edmontonringetteclub.com)
- Dave Walker – Treasurer
  - [treasurer@edmontonringetteclub.com](mailto:treasurer@edmontonringetteclub.com)
- Sean Gafuik, Director, Equipment, Apparel
  - [equipmentdirector@edmontonringetteclub.com](mailto:equipmentdirector@edmontonringetteclub.com)
- Beatrice Morison – Secretary
  - [secretary@edmontonringetteclub.com](mailto:secretary@edmontonringetteclub.com)