



Hot Weather Policy

Be advised when the local temperature is 30 degrees Celsius or higher, and/or Environment Canada has issued a HEAT Advisory/Warning:

1. A two-minute water break will take place at approximately halfway (22nd minute) through the first half of the game and again approximately halfway (22nd Minute) through the second half of the game.
2. The players must stay on the field of play and there shall be no coaching.
3. Two minutes will be added as extra time to each half.

Referee to notify both teams prior to the match if you are going to have a water break stoppage.

Updated: May 2018