

EFRA Player & Guardian Protocols



Player and Guardian Protocols

- All players, coaches, bench staff, and volunteers must be registered with EFRA and listed on insurance to be allowed on the ice.
- Before stepping on the ice, the players/guardians must sign all required forms:
 - Declaration of Compliance
 - Informed Consent and Assumption of Risk Agreement
 - Ringette Ontario Release of Liability, Waiver of Claims and Indemnity Agreement
 - Township of Centre Wellington Waiver
- A player or guardian may not enter the facility if:
 - They have traveled outside Ontario in the last 14 days.
 - They have symptoms of COVID-19 or are feeling unwell.
 - Someone in your household has COVID-19 symptoms in the past 14 days.
 - If anyone in your household has been exposed to someone who has or is recovering from COVID-19.
- For sessions with players 11-year-old and older spectators are not encouraged
- Only one spectator is permitted per child per practice.
 - If capacity permits, exceptions can be made and must be approved 48 hours in advance of each practice by the COVID Safety Coordinator. Spectators must confirm attendance via the RAMP App, complete the app health questionnaire, and wear a mask while in the facility.
 - The arena stands in all facilities have been identified as the designated viewing areas.
- Individual player equipment should be cleaned regularly by the player/guardian after each practice.
- All players will provide all their own equipment and equipment cannot be shared. If a player forgets a piece of equipment, they should not borrow equipment and not go on the ice unless they are in full gear.

Pre-Event Responsibilities:

- Prior to arrival (within 8 hours of ice-time), the player must complete the "FIT TO PLAY" waiver via RAMP Team App, and be tracked for contact tracing.
 - The Contact Tracing Form will be used by your groups' COVID Safety Coordinator (CSC) at every ice-time to track all those entering the facility for the Ringette activities. This will be tracked by the team COVID Safety leader and kept filed for a minimum of 1 year.
- If you or your child is feeling unwell, or exhibiting any related symptoms, you must stay home
- Players must use the designated online software (RAMP TEAM App) to confirm attendance no less than 48 hours prior to the session.
- Any players not marked as attending less than 48 hours prior to the session will be unable to attend.
- Players (and their guardians if applicable) should ensure that their equipment is clean prior to going to a session. This includes washing their jersey, sanitizing gloves and helmet, washing their water bottle, and washing their individual helmet and glove bag.

All players must have, prior to their first session:

- Skate guards
 - Guardians should practice with the player at home, to ensure they can put their skate guards on themselves.

- Their own hand sanitizer available in their equipment bag.
 - Their own water bottles, labeled with their name in large letter. Water bottles will not be shared
 - A small bag specifically for their helmet and gloves (this bag should be machine washable – i.e. pillow- case, fabric bag, drawstring bag).
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Arrival and Entrance:

- Players will come dressed and wait in vehicles before being admitted to the facility 20 minutes before ice time
 - Guardians and players must access their scheduled arena via the following dedicated entrances/exits and parking lots:
 - Centre Wellington Sports Complex Pad A – Park in the north (main) lot and enter through the north entrance.
 - Centre Wellington Sports Complex Pad B – Park in the south (back) lot and enter through the south entrance.
 - Elora Community Centre – Park in the main lot and enter through the “Arena” entrance.
 - Players are recommended to arrive at the facility with undergarments already on
 - Players will arrive and dress in/at their vehicle.
 - Gear bags will remain in vehicles once players have finished dressing.
 - NOTE, players should only bring in skates, stick, helmet, gloves, water bottle, mouth guard, sanitizer and health kit, medications (i.e. puffer).
 - 20 minutes prior to ice time, the facility COVID Controller will open the doors. Guardians and players should wait in their vehicles until the doors are open. At that point, you can enter, maintaining social distancing from all other families and patrons.
 - Each group’s CSC will confirm that each player confirmed their attendance 48 hours in advance, is on the “attending” list and submitted/signed the “Fit to Play” waiver on the RAMP Team App; if not, the player may not enter the facility and participate in the practice.
 - Players will move toward the entrance of the facility with their guardian, one at a time, wearing all of their gear, and carrying their stick and water bottle;
 - A 2- metre distance between (players should not be able to reach out with their stick, and touch another player’s stick) must be maintained when entering the facility; and
 - Guardians will follow their players into the facility, and then proceed to the designated viewing area, maintaining social distance and following signage and guidelines.
 - All players and guardians must wear masks while inside the arena as per public health guidelines - until helmets are on
 - All players and guardians entering the facility will use hand sanitizer provided at the entrance – provided by the facility
 - No food or beverage besides water is allowed in the arena and dressing rooms
 - Groups will have access to two (2) change rooms; 12 people maximum capacity in each change room
 - Players can tie skates in their designated dressing room. Or, if assistance is required by a Guardian, skates can be tied in the designated warm viewing area. Due to limited spacing, parents will not be permitted into dressing rooms.
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During the Session:

- Guardians and Players are to maintain a physical distance of 2m from each other at all times.
 - All spectators MUST remain in the arena stands and stay away from player stations, maintain a physical distance of 2m from each other, and MUST have a face mask on at all times while in attendance
- Players are not to share water bottles or equipment
- Players will not move or touch the ring, cones, or other game equipment with their hands or gloves
- Players will follow the direction of coaches and team staff

- If any player needs their guardian for an emergency, or equipment malfunction, they will tell their coaches and/or COVID Safety coordinator off ice, who will communicate to their guardian who is in the arena stands. The player will follow facility guidelines to meet with their guardian (ie. meet guardian in lobby in designated area, or guardian will be led by the team manager into an area where they can meet with their child).
 - Guardians will remain in the arena stands for the duration of the session
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Exit & Departure:

- At the end of the ice time all players will go to the dressing room (as the next ice time participants could be using the warm viewing area to tie skates). Due to spacing parents won't be in change rooms.
- Players can take their skates off and wear shoes out of the building. Younger players (who can't take their own skates off) would put on guards and walk out in their skates.
- Players will line up, single file, with a 2-metre distance between (players should not be able to reach out with their stick, and touch another player's stick), and be called to walk to their guardian
- Players will exit the facility with their guardian, remaining in their full gear, and following signage
- Player's should place their helmet, gloves and water bottle into their small storage bag, and place that bag inside their gear bag.
- This small bag, as well as the player's helmet, gloves and water bottle, should be washed and/or sanitized after each session