



Elora-Fergus Ringette Association PLAYER CODE OF CONDUCT

Elora-Fergus Ringette Association (EFRA) is committed to making ringette safe and fun for all — and we need your help. As a player, the way you act on and off the ice is really important. The following rules (called a “Code of Conduct”) are put in place for all EFRA players to encourage the best sportsmanship possible.

Please read this Code of Conduct carefully and sign on the line below to show that you have read it and that you agree to follow these rules whenever you are practicing, playing a game, or participating in any activities with your team. At least one of your parents must sign the form, too.

Negative behaviour will be reviewed case-by-case and violation of this Code of Conduct can lead to removal from the team without refund.

As a player, I will:

- Play by the rules.
- Respect the officials, their judgment, and decisions. I will let my captain or my coach ask any necessary questions.
- Control my temper — no "mouthing off" or throwing equipment or breaking sticks.
- Work hard for myself and for my team. I know that my performance, and my team's performance, will benefit.
- Be a good sport. I will recognize all good plays, even those made by the opposing team.
- Treat all players as I like to be treated. I will not bully or take unfair advantage of another player.
- Not use any form of social media in a negative manner towards others.
- Remember the goals of the game are to have fun, improve my skills, and meet new friends.
- Co-operate with my coaches, teammates, and opponents — without them, there is no game.

Player Name

Player Signature

Date



Elora-Fergus Ringette Association PARENT CODE OF CONDUCT

Elora-Fergus Ringette Association (EFRA) is committed to making ringette a safe and fun environment where everyone is treated with respect — and we need your help. As a parent, you play an important role in creating a positive and enjoyable experience for the players, coaches, and volunteers who help make this game so great. The following rules (“Code of Conduct”) are put in place for all EFRA parents to encourage the best sportsmanship possible.

Please read this Code of Conduct carefully and sign on the line below to show that you have read it and that you agree to the principles of fair play and good sportsmanship.

Negative behaviour will be reviewed case-by-case and any violation of this Code of Conduct is subject to disciplinary action, which could include being asked to leave an event, being denied admission to future events, and/or suspension from all team and/or EFRA events.

As a parent, I will:

- Display good sportsmanship. Applaud a good effort in both victory and defeat, and enforce the positive points of the game. Recognize good plays by both my child’s team and the opposing team. Remember that without them there would be no game.
- Not have unrealistic expectations. I know that players are not professionals, coaches are volunteers, and officials are human — they can make mistakes too.
- Help provide a safe and fun environment. I will not throw any items on the ice surface or interfere in any way with the participants’ enjoyment of the game.
- Support the referees and coaches by trusting their judgment and integrity.
- Be supportive after the game. Win or lose, I will recognize good effort, teamwork, and sportsmanship.
- Understand that dressing rooms are private places for players, coaches, and officials, and I will enter only when invited.
- Not use any form of social media in a negative manner towards others.
- Respect the coaches’ decisions and encourage open communication with them.

Parent (signature)

Date

Parent Name



Elora-Fergus Ringette Association COACH CODE OF CONDUCT

Elora-Fergus Ringette Association (EFRA) is committed to making ringette a safe and fun environment where everyone is treated with respect — and we need your help. The athlete/coach relationship is a privileged one where coaches play a critical role in the personal and athletic development of their athletes. Bench staff have an important role to play in ensuring that an atmosphere of fun, friendship, and good sportsmanship is maintained. Remember that participants play ringette for their own enjoyment. The following rules (“Code of Conduct”) are put in place for all EFRA coaches to encourage the best sportsmanship and development possible.

Please read this Code of Conduct carefully and sign on the line below to show that you have read it and that you agree to the principles of fair play and good sportsmanship.

Negative behaviour will be reviewed case-by-case and any violation of this Code of Conduct is subject to disciplinary action, which could include being asked to leave an event, being denied admission to future events, suspension from all team and/or EFRA events, or removal from the team.

As a coach, I will:

- Serve as a positive role model for the players on and off the ice.
- Remember that players need a coach they can respect.
- Be reasonable when scheduling games and practice time, remembering that young athletes have other interests and obligations.
- Take the appropriate time to prepare practices that are meaningful, organized, and challenging for player development.
- Always show a winning attitude and respect for my players, parents, officials, and opponents.
- Teach respect for the rules, officials, opponents, and teammates. I will teach that winning is just one consideration and not the most important aspect of the game. Sportsmanship, skill development, team play, player confidence, and self-esteem are essential to a positive environment.
- Maintain an open line of communication with my players, parents, and EFRA
- Respectfully ask questions of an official — I will not use rude gestures or profanity.
- Not ridicule, yell, or publicly embarrass my players for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to build their confidence.
- Explain team goals to all of the players and parents.
- Obtain proper training and continue to upgrade and improve my coaching skills.

Coach (signature)

Date