

**TITLE:** Dressing Room Policy

**NUMBER:** EFRA-002

**Category:** Safety    Effective Date: 2023-09-22  
Reviewed: 2023-11-28

### 1.0 INTRODUCTION (PURPOSE SECTION)

In conjunction with Ringette Ontario policy Rule of Two Guidelines, and the Social Media Policy, along with Ringette Canada Changeroom Guidelines the below is to be used as a guide for proper conduct in the changeroom within Elora-Fergus Edge Ringette (EFRA) in the absence of a Ringette Ontario policy.

### 2.0 DEFINITIONS SECTION

Elora-Fergus Edge Ringette (EFRA) - Can include a person in authority (defined below), who is associated with EFRA in either a coaching, on-ice volunteer, screened volunteer, or other designated adult.

Base layer - consists of gym shorts, long underwear, pants, full t-shirt.

Supervisors - parents or bench staff responsible for monitoring dressing rooms. Must have a vulnerable sector check completed and be a screened EFRA volunteer.

### 3.0 PROCEDURE

If an adult is required to be in the dressing room, there MUST be at least two (2) adult bench staff or EFRA screened volunteers. ALL PLAYERS ARE REQUIRED TO WEAR A BASE LAYER TO ALL PRACTICES AND GAMES. AT NO TIME SHALL ANY PLAYER REMOVE THEIR BASE LAYER. IF A BASE LAYER IS NOT WORN TO THE ARENA A WASHROOM STALL WILL BE USED TO CHANGE INTO THE BASE LAYER.

#### **FUN1 and FUN2**

- Must be a minimum of two (2) supervisors, unless there is only one (1) player with a guardian in the dressing room.
- Fun 1, Fun 2 age group parents and guardians will have full access to the dressing room.

#### **FUN3**

- No siblings or friends are allowed in the dressing room.
- Parents have limited access to the dressing room and are encouraged to have their players dress themselves. If a player requires assistance with equipment it can be done in the common area outside the dressing room. If a parent does need to enter the dressing room they should ask a bench staff member or designated screened volunteer before entering.
- A minimum of two (2) supervisors are required with at least one (1) being a female or the same gender as the majority.
- Should additional dressing rooms be required for another gender or accommodation purposes, the same rules above apply.
- Teams requiring more than one (1) dressing room will only be combined while fully dressed immediately preceding or following ice time.

#### **U12-U19**

- No siblings or friends are allowed in the dressing rooms.

- Parents are not permitted in the dressing rooms.
- Should supervisors be required, a minimum of two (2) supervisors are required with at least one (1) being a female or the gender of the majority. If supervisors are not needed, supervisors should still be available in reasonable proximity to the dressing room area.
- Should additional dressing rooms be required for another gender or accommodation purposes, the same rules above apply.
- Teams requiring more than one (1) dressing room will only be combined while fully dressed immediately preceding or following ice time.

### **OFF ICE ACTIVITIES**

All athletes participating in off ice events such as dry land training, pre-game warm up, fundraising, or any other sanctioned event in a public space must be supervised by at least one (1) designated adult.

If an event is taking place in a private location and/or space, or an isolated public space, the athletes shall be supervised in accordance to the changeroom supervision as outlined above at a minimum.

### **ATHLETE BEHAVIOUR IN THE DRESSING ROOM**

- Athletes shall abide by the Athlete Code of Conduct at all times.
- No athlete shall behave in a manner that could cause injury. For example, climbing, jumping, or running.
- Tone of voice and volume of music must be reasonable.
- Any electronic devices, such as phone, tablet, laptop, iPod, etc. must be kept away in a bag or a packet. At the discretion of a dressing room supervisor, an electronic device may be used to play music, with a camera or recording feature covered.
- Dressing room music must be age appropriate.

### **DRESSING ROOM SUPERVISORS AND HEAD COACHES**

Any contraventions to this policy shall be reported to the head coach for individual athletes and/or athlete guardian if necessary.

### **ACCOMMODATION REQUESTS**

If an athlete or parent/guardian is requesting accommodation assistance with respect to dressing rooms, the following steps shall be taken.

1. Request information on the accommodation needed, and if there are any previously identified solutions. If not, work with the athlete and/or parent/guardian to develop potential solutions. If the parent/guardian is not involved, confirm with the athlete if they would like them to be made aware of the request for accommodation.
2. Coaches and/or EFRA representation will work with the various venues to ensure that appropriate accommodations are available. Can include, additional dressing room, referee room, private staff room etc.

An athlete who is a minor is not required to have a parent/guardian involved in the accommodation process. It is at the discretion of the athlete to disclose the need for accommodation.