

Women's Division

11 players on the field, small ball. All players must be 45+. Focus is on good competition and friendly socializing.

NOTE: Each team is required to supply their own matching numbered uniforms.

Players should be able to:

- Throw the ball overhand
- Catch a ball that is hit at them or thrown to them
- Run the bases
- Hit the ball to the outfield
- Know the rules of slo-pitch

Nights of Play - Monday double headers

Season Length – starts early May, ends by end of August