



2025 COACHES MEETING

APRIL 22ND, 2025

U11 CATEGORY



INTRODUCTIONS

President: Julie Robicheau

Vice President: Mike Wells

Treasurer: Colleen Allison

Commissioner: Leeam Freadrich

Registrar: Shelia Wilson

Scheduler: Shelby Spencer

Secretary: Krista Maine

AGENDA



Objectives - U11 Definitions

Coaches Do's & Don'ts

Respect in Sport

The Basics

What to Expect on Game Day

U11 Categories

NO Walk Pitching

Rule Highlights

Score Sheet Cheat Sheet

Umpires & Yellow Card

Weather/Rescheduling/Standings

Finals

Contacts

Other Information

Questions

OBJECTIVES OF THE U11 PROGRAM

- Creating a fun environment for youth to learn softball
- Developing sportsmanship, teamwork and a sense of fair play
- Increasing skill and understanding of the game of softball
- To Focus on the core skill Development and fundamentals of Softball



COACHES – DO'S

- READ THE HAND BOOK
 - ENCOURAGE PARENTS TO READ THE HANDBOOK
- PLAYER ENCOURAGEMENT AND FAIR PLAY
- MAINTAIN CONTROL
 - **Emotions**
 - **Fans/Spectators**
 - **Parents**



COACHES – DON'T

- MISTREAT UMPIRES
- RAISE VOICE IN ANGER
- FORGET THAT POSITIVE
 - **ENCOURAGEMENT AND FAIR TEAM
PLAY MAKES IT FUN FOR ALL PLAYERS**



RESPECT IN SPORT

PLEASE REMEMBER

THIS IS A **GAME**
COACHES ARE **VOLUNTEERS**
UMPIRES ARE **HUMAN**

EVERYONE DESERVES
RESPECT!



Coaches are required by GEMSA and Softball Alberta to have

- Respect In Sport

AND/OR

- Safe Sport Canada for Activity Leaders



THE BASICS – PART 1

- GAME NIGHTS
 - Tuesday AND/OR Thursday
 - 2 games 1 practice rotation
 - Game Start time 6:30 PM
- TEAM SIZE
 - Minimum of 8 to start
 - All Players are to bat in order
- GAME PLAY
 - Maximum 7 innings
 - 5 Runs per inning



THE BASICS – PART 2

- DIAMOND
 - Bases – 45'
 - Pitching – 35'
- BALL – 11"
- EQUIPMENT
 - Caged Helmet
 - Infielders Mask
 - NO Metal Cleats



WHAT TO EXPECT ON GAME DAY

- First Team to arrive has choice of dugout
- Check the field – Safety First
- Home team is responsible for diamond set up
 - Home team will be identified on the schedule.
- Line-up cards must be completed
 - Recommended to Add Last Name or Initial



DEVELOPMENTAL VS INTERMEDIATE VS ADVANCED

- **Developmental Pitching** will be a, 'no walk' format all Season
- **Intermediate Pitching** will be a , 'no walk' format UNTIL after the May Long weekend - then will be Player Pitch for the remainder of the Season
- **Advanced Pitching** will be Player Pitch for the entire Season



NO WALK PITCHING INSTRUCTIONS

- The batter receives 4 balls, based on the batters pitch count, the Batters Coach then pitches,
 - No strikes, coach gets up to 3 pitches
 - 1 strike, coach gets up to 2 pitches
 - 2 strikes, the coach will pitch 1 Pitch
- The batter must swing on the pitches the coach throws
 - The Player doesn't hit and the coach is out of pitches, they have struck out.



RULES – HIGHLIGHTS

- RULES NOT IN EFFECT
 - Third Strike Rule
 - Infield Fly Rule
- PITCHERS
 - MAXimum 3 innings per game
- STEALING HOME on a Wild Pitch
 - FOR U11 Advanced ONLY



Top 20 Misunderstood Rules

1

Left Hand Turn From First Base

A runner forfeits exemption from liability to be put out if, after overrunning first base, makes an attempt to run to second base.
The key to this is the runner continues to second base. There must be at least an attempt towards advancing to second base. It does not matter which direction the batter-runner turns after reaching first base as they are coming back home - therefore no need for an appeal.

2

Check Swing

If it is the plate umpire's judgement that the batter made an attempt to swing at the ball (but not a full swing), the plate umpire shall call the pitched ball a strike. This call CANNOT be appealed to the base umpire - use the guiding principle that the plate umpire does not call it a strike unless he/she saw the attempted swing - therefore no need for an appeal.
However, if the batter attempted to swing at the ball but the plate umpire did not see the attempt (perhaps blocked out by the catcher) then a ball shall be called. With this call, the plate umpire does have the opportunity to check with the base umpire(s) following the request from the defensive team. The base umpire shall only answer a check using requests made by the plate umpire - the base umpire shall only respond to a request made directly to them by a plate umpire. (The base umpire does not respond to a request made directly to them by a defensive player)

Should the base umpire see the attempt that the plate umpire did not see, they shall respond to the plate umpire's request by calling "Yes" and the call shall be changed from ball to strike by the plate umpire.

3

Award of Base on an Overthrow

When a thrown ball goes out of play (beyond the established boundary lines of the playing field):

- ✓ all runners, including the batter-runner, shall be awarded two bases from the point of the ball legally caught at the time that the throw left the fielder's hand
- ✓ if there are two runners between the same bases, the award is based on the position of the lead runner

Key to remember with this rule:

- ✓ the award is based on the position of the runner(s) at the time the ball left the fielder's hand, not at the time that the ball went out of play - that is important to remember on a long overthrow from the outfield
- ✓ the award is two bases from the last base legally touched - if a runner has rounded second base and is returning to first base to tag up on a fly ball, they will be awarded third base as the last base that they had legally touched was first base

4

Batted Ball hitting Home Plate or a Base

- Home Plate
- ✓ a batted ball remains alive and in play when it strikes home plate
- ✓ when a batted ball comes to rest on home plate, it is a fair ball and the plate umpire shall signal accordingly
- ✓ however, the fair ball lines come to the back point of home plate so the plate is completely in fair territory

First or Third Base

- ✓ When properly located, first and third base are positioned on the diamond completely in fair territory "see #11"
- ✓ Once a batted ball strikes first or third base without having been first touched by a player, the batted ball shall be ruled a fair ball regardless of where the ball ends up
- ✓ Once the ball touches first or third base it does not have to pass the base, touching the base at that is required to make it a fair ball
- ✓ The plate umpire should signal fair ball immediately once the batted ball strikes the base

5

Batter Stepping on Home Plate or Directly in Front of Home Plate

Stepping on Home Plate:

- ✓ the batter is out if any part of their foot is touching home plate when the hit contacts the ball
- ✓ the ball is dead and runners may not advance on the play

Stepping directly in front of Home Plate or Mat:

- ✓ the batter is out if their foot is completely outside the lines of the batter's box and touching the ground when the hit contacts the ball
- ✓ the ball is dead and runners may not advance on the play

Points of Emphasis:

- ✓ there is no penalty unless the batter makes contact with the ball
- ✓ position of the foot is judged when the hit makes contact with the ball - if the foot is in the air and then comes down on the ground after the hit is hit, there is no penalty
- ✓ with the exception of the foot touching home plate, the foot must be completely outside the lines of the batter's box - touching any part of the lines is acceptable as the lines are part of the box
- ✓ the same penalty applies whether the batted ball is fair or foul - "Dead Ball" is called as soon as the batter makes contact with the ball

6

Fair Ball Bouncing out of play or off a defensive player

When a fair ball bounces out of play, including if it deflects off a defensive player, the umpire shall declare "Dead Ball" as soon as the ball goes out of play.

- ✓ All runners shall be awarded two bases
- the award is based on their position at the time of the pitch - not at the time the ball went out of play
- the award is the same regardless of where the ball actually goes out of play

7

Infield Fly

Requirements for an infield fly:

- ✓ runners on first and second base OR first, second and third base
- ✓ less than 2 out
- ✓ not a bunt
- ✓ not a line drive
- ✓ can be caught by an infielder with ordinary effort - this includes the pitcher, catcher or any outfielder positioned in the infield

Once an Infield Fly is declared:

- ✓ if the hit becomes a foul ball, no penalty - treat like any other foul ball
- ✓ if the hit remains a fair ball:
 - the batter is out regardless of whether the ball is caught or not
 - the ball remains alive
 - the runners may advance at their own risk
 - if the fly ball is caught, the runners must tag up
 - if the fly ball is not caught, the runner can choose to advance but as the batter has already been declared out there is no force play.

8

Lead-off (Pitchers Circle)

The Pitcher's Circle is the area within a 18" radius of the pitcher's plate - the lines are considered within the circle.

Even though the ball may be in the pitcher's possession in the pitcher's circle, the batter-runner:

- ✓ may continue past first base and is entitled to run towards second base, as long as the batter-runner does not stop at first base
- ✓ once the batter-runner makes a stop, the batter-runner must immediately proceed to the next base or return to the base legally obtained (UNLESS the pitcher makes a play (including a fake throw) on the batter-runner or another runner)

If the runner stops and simply stands there off the base while the pitcher has possession of the ball in the pitcher's circle and no play is made - "DEAD BALL - RUNNER IS OUT - DEAD OFF"

If the runner stops and then makes a move in more than one direction immediately after the stop while the pitcher has possession of the ball in the pitcher's circle and no play is made - "DEAD BALL - RUNNER IS OUT - DEAD OFF"

Key to remember with this rule:

- ✓ the pitcher cannot force the first stop by a runner merely by having possession of the ball in the pitcher's circle. The runner is allowed one stop. As soon as the runner stops runner must make a decision immediately to either advance or return
- ✓ a play on the runner (including a fake throw) nullifies any penalty. Every fake throw slows the runner one more stop

9

Difference between Interference and Obstruction

- Interference
- ✓ typically an act by an offensive player
- ✓ possible to have umpire interference and spectator interference

Results:

- "Dead Ball" being called (exception - umpire interference)
- Always have an out if by an offensive player

Obstruction

- ✓ is an act by a defensive player (typically being in the way of a runner)

Results:

- is a delayed dead ball (play continues)
- determined at the end of the play, in the umpire's judgement as to where the offensive player would have gotten without the Obstruction
- if the obstructed player is called out, "Dead Ball", and bases awarded
- if runner advance past the base they would have achieved (in the judgement of the umpire), the runner is in jeopardy of being put out. An obstruction call does not entitle the obstructed runner to keep attempting to advance until played upon

10

Stepping back toward home

After hitting a fair batted ball the batter-runner shall proceed directly to first base. The batter-runner cannot take a step back toward home to avoid being put out.

- ✓ the batter is out for stepping and taking a step back toward first base. If in the judgement of the umpire this was an act to prevent another out, the runner closest to home is out
- ✓ When the batter-runner stops between first base and home the plate umpire signals and calls "Dead Ball" and all runners return to the base they occupied at the time of the pitch
- ✓ When a batter-runner / runner stops after legally obtaining first base, between first & second base, second & third, third and home the runner is in jeopardy of being put out



TOP 20 MISUNDERSTOOD RULES

11

Double Base

The Double Base is used at first base with the orange portion in foul territory and the white portion in fair territory. A batted ball striking the white/fair portion is declared a fair ball.

The defensive player uses the white/fair portion of the base at all times. Exception: if the thrown ball comes from foul territory, on the first base side, then the defensive player can use the orange/foul portion of the double base.

The offensive player uses the orange/foul portion of the base on his/her first attempt at first base when a play is being made on him/her. This includes when the batter-runner runs on a dropped third strike. Exception: if the ball is thrown from foul territory, on the first base side, the offensive player must use the white/fair portion of the double base.

On a hit ball to the outfield with no play being made at first base, the offensive player may touch either portion of the base on his/her first attempt at first base.

Once an offensive player has touched the orange/foul portion of the base on his/her first attempt at first base, the runner must then use the white/fair portion of the base:

- ✓ when returning to the base after overrunning first base
- ✓ when taking his/her position prior to the next pitch
- ✓ when tagging up on a fly ball

Points of Emphasis:

- ✓ defensive player - provided any portion of the runner's foot is touching any portion of the white/fair portion of the base, the runner is considered to be in contact with the base
- ✓ offensive player - when he/she is required to use the orange/foul portion, provided any portion of his/her foot is touching any portion of the orange/foul portion of the base, he/she is considered to be in contact with the base
- ✓ once the offensive player has made their first attempt at first base, the orange/foul portion of the base no longer exists

12

Runners passing each other

A runner cannot pass another runner on the diamond.

- ✓ runner that physically passes a preceding runner before that runner has been called out by the umpire will point at the passing runner as say "passing" and the ball remains live. No call or signal will be given and the status of the ball is determined. If the status for the ball is determined to be live, then the out call is made and signaled.

Exception:

- When the runner is assisted on a home run or an award of bases, the ball remains dead
- The runner passes a preceding runner during a dead ball play, the ball will remain dead
- a batted ball becomes a dead ball foul ball, the runner is not out for passing a runner prior to the dead ball declaration

13

Coaches Assistance

When a coach is in the way of the runner, as the runner is approaching or rounding the base or touches the runner to hold up or send the runner, the runner is out.

- ✓ Coaches need to be aware of where they position themselves to ensure they are not preventing the forward progress of the runner
- ✓ Coaches cannot touch the runner in any way to tell them to go or to stop
- ✓ Coaches cannot push or catch the runner

14

Hands - Not part of the bat

When a pitched ball hits any part of the batter's body, the umpire will call "dead ball". It does not matter if the ball strikes the ground before hitting the batter. EXCEPTION: if no attempt is made to avoid being hit, the umpire shall call a "ball". If it's a ball, if a batter is hit with a pitch that is "strike" - it's a strike, whether they try and avoid being hit.

- ✓ if the batter swings at the pitch, it's a dead ball and a strike, the bat continues
- ✓ if the batter doesn't swing, it would be a dead ball, batter goes to first base

15

Leaving the Bat over the Plate

If the batter does not pull the bat out of the strike zone while in the bunting position, it is an automatic strike! NO - The batter can leave the bat over the plate during the wind up and through the actual pitch. A strike is an attempt to hit the ball!

- ✓ In the judgement of the umpire, if it is deemed the batter made an attempt at the ball, the umpire will call "SWING", point at the plate with their open hand and then signal the strike call with their right hand
- ✓ If the batter does not move the bat in an attempt to hit the ball, in the judgement of the umpire, the umpire will call "BALL" (if not in the strike zone), the bat continues

16

Batting Out of Order

The PROPER batter is the one called out.

Any hit or advance by the batter or any runners due to the hit, walk, error or other reason is nullified. The next batter is the one who follows the batter who was called out.

- ✓ This happens: the improper batter hits the ball advances to first... the umpire calls the proper batter out and it just so happens the improper batter removed from first base hits again because they actually follow the proper batter in the line up
- ✓ There are other things that can happen, but this is the one most folks get confused about.

17

Dropped Third Strike - RUN?

The batter runner can only advance if there are less than two out when first is not occupied.

- ✓ The batter runner can run if there are two out & first is occupied
- ✓ A batter runner who is out and advances toward first base can create a form of interference by drawing the throw to first base resulting in the runner closest to home being called out
- ✓ Coaches at first need to be keenly aware of the count, the number of outs and where runners are to communicate effectively with the batter runner to avoid the interference call. YES over all the noise created by the fans and players to run on the dropped third strike.

18

Catcher Obstruction

When the catcher or any other defensive player obstructs, hinders, or prevents the batter from striking at, or hitting a pitched ball:

- ✓ The umpire signals delayed dead ball as play continues
- ✓ If the batter hits the ball and reaches first base safely, and if all other runners have advanced at least one base on the batted ball "catcher obstruction" is cancelled
- All action as a result of the batted ball stands - no options is given to the coach
- ✓ If the batter and all runners do not advance safely the offensive coach has the option:

- Taking the result of the play
- Having the batter advance to first and if a runner is already standing on first the runner is forced to second
- All runners can only advance if forced - by being pushed to the next base by a preceding runner advancing to the base they have legally obtained before the "catcher obstruction".

19

Established Base Path

We all know what a base path is - the imaginary line between two bases. The established base path is the imaginary line between the runner and the base they are running toward when a player with the ball is attempting to throw them out.

- ✓ The batter runner does not have to run within the 3 foot line if they are avoiding a player making a play on the ball they can establish a base path
- ✓ The runners do not have to run on the base path they can round the base for example and once the player is in front of them has the ball, the base path is established by their location and a direct line to the base they are attempting to obtain

✓ The runner can stop and turn, but the batter runner heading from home to first and then run toward the base establishing a new base path and then turn again and establish a new base path.

✓ In the judgement of the umpire the runner / batter runner cannot leave the established base path when a play is being made on them by the defensive player with the ball.

- Rule of thumb is the offensive player cannot take more than one or two steps perpendicular to the established base path (three feet or one meter)
- Deviations in the application / judgement - clearly the level of play, the skill of the players, and the skill of the umpire effect the application of this rule as with many other rules. The key is to understand the base path is created when the defensive player has the ball and is making an attempt to get an out

20

UMPIRE/ARBITER - JUDGEMENT

Good judgement means being able to weigh your options accurately, under pressure, in a matter of seconds.

- ✓ The first step of the process is to gather information and learn everything you possibly can about the rules and the game. Figure out all the infinite pros and cons of your choices. Imagine the possible consequences, both good and bad. Be prudent and use your common sense.
- ✓ And then, when the time comes, you must choose the best option without hesitation.
- ✓ What is good judgement VS. Bad Judgement - become an umpire this demonstrates a desire to develop "good judgement"



Give Respect to Get Respect

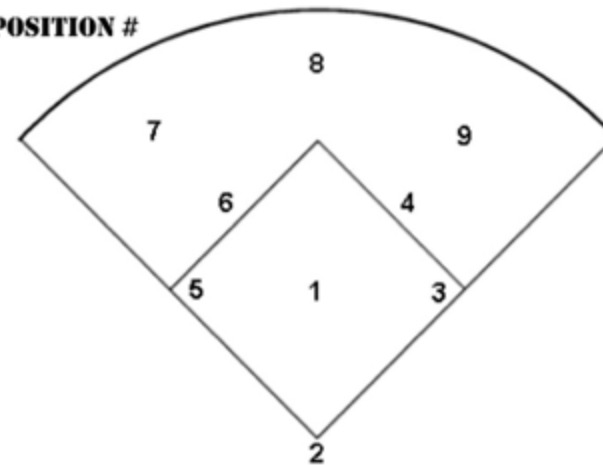
SCORE SHEET CHEAT SHEET



SCOREKEEPING CHEAT SHEET

LIST OF POSITIONS AND POSITION

1	Pitcher (P)
2	Catcher (C)
3	First base (1B)
4	Second Base (2B)
5	Third Base (3B)
6	ShortStop (SS)
7	Left Field (LF)
8	Center Field (CF)
9	Right Field (RF)



#	Player	Pos	1
9	Smith, J.	8	<input type="checkbox"/>
29	Lawson, A.	4	<input type="checkbox"/>
17	Henry, D.	2	<input type="checkbox"/>
33	Jones, T.	9	<input type="checkbox"/>

1B Single	B Balk
2B Double	PB Passed Ball
3B Triple	WP Wild Pitch
HR Home Run	GRD Ground Rule Double
K Strikeout Swinging	DP Double Play
X Strikeout Looking	FC Fielder's Choice
BB Base on Balls	IFR Infield Fly Rule
IBB Intentional Walk	I Interference
HBP Hit By Pitch	DI Defensive Indifference
SB Stolen Base	! Great Play
CS Caught Stealing	E Error

The Basic plays that occur in Softball are scored as follows;

 Single	 Double	 Triple	 Home Run	 Walk	 Hit by Pitch
 Strikeout Swinging	 Strikeout Looking	 Fielder's Choice	 Error (Shortstop)	 Interference (Catcher)	

Often, on a base hit, a scorekeeper will also draw a line to show where the ball was hit

UMPIRES

WILL Be respected at all times

- Umpire present – NO Pay at Plate
- No Umpire present.... Expectations are,
 - Teams will provide a parent umpire –
 - Home teams to Provide plate umpire/Away team Base umpire
 - IF Switching each half inning (Home team umpire when their team is in the field/Visiting team while at bat)



YELLOW CARD

- Yellow Card
 - Why a yellow card program
- As we have an issue with recruiting and retaining officials, it is important to protect, encourage and respect them.
- These officials in most cases are young officials and are still learning the game, no different then your players. We need to be able to give these officials a mechanism that they can use with confidence and be respected.



What can we use as a "Yellow Card?"

Umpire Communication and Culture Project

PLATE CONFERENCE

1. INTRODUCE YOURSELF AND/OR YOUR PARTNER(S) AT THE PLATE MEETING
2. PROVIDE THE COACHES WITH THE OPPORTUNITY TO INTRODUCE THEMSELVES
3. GO OVER ANY GAME/PARK SPECIFIC RULES
4. "If you have a question during the game, please ask for time, and when time is granted, respectfully approach me or my partner. We will discuss the play, and we will give you our FINAL decision."
5. "Just like the players, I will try my best, but do not expect perfection. If there are any concerns about the game, don't hesitate to get in touch with the UIC (Umpire in Charge)."
6. "Coach, are you and all your players, coaches, parents, and spectators ready to conduct themselves respectfully, fairly, and within the Softball Alberta Code of Conduct and Safe Sport?"
7. "Is this understood?"



Umpire Communication and Culture Project

COMMUNICATION GUIDELINES

COACH/PLAYERS

"Coach, you or your team's behavior is unacceptable, and you have not honored our Agreement.

Continued poor behavior will result in you or the player being removed from the game."

PARENTS/SPECTATORS

"Coach, your parent/spectator behavior is unacceptable, and you have not honored our Agreement.

Continued poor behavior will result in you or the parent/spectator being removed from the game."



Examples of Misconduct and Category for possible Sanctioning

Minor Misconduct (Yellow Card)

- Use of audible foul language
- Disputing judgment or decision of an umpire
- Minor equipment abuse
- Frivolous complaints (first incident)
- Talking Back to an Umpire
- Displays of inappropriate aggressive behavior

Major Misconduct (Ejection)

- Receiving a second Yellow Card in a game
- Disparaging or insulting remarks and/or the use of foul language directed toward a player/coach/official/umpire/spectator
- Failing to carry out a lawful direction of an umpire
- Abusing an umpire or official
- Deliberately barging with force
- Displays of excessive aggressive behavior
- Frivolous complaints (second and further incidents)
- Major equipment abuse where there is potential to injure participants and/or spectators
- Fighting after being provoked
- Provoking a fight but no further involvement
- Physically attacking an umpire



What are we asking UIC's to do after an incident?

PLAYER/COACH

Follow up with the individual who was given the yellow card:

Immediate Contact:

Listen Actively:

Identify Issues

Offer Constructive Feedback:

Remember, supporting a youth umpire isn't just about addressing immediate concerns but also about fostering their long-term development and resilience in the role.

AGE

<16	210	43.3%
-----	-----	-------

17 - 21	40	8.2%
---------	----	------

22 - 30	26	5.4%
---------	----	------

31 - 40	18	3.7%
---------	----	------

41 - 50	63	13.0%
---------	----	-------

51 - 60	55	11.3%
---------	----	-------

61 - 70	43	8.9%
---------	----	------

>70	26	5.4%
-----	----	------

Unknown	4	0.8%
---------	---	------

485

ARE WE PLAYING?

- Diamonds
 - Games are on, unless diamonds are closed by city/county.
 - Check rainout websites
- Air Quality – Rain outs – too cold – too hot
 - Games are on, unless you have received a notification from GEMSA thru RAMP
- ANY information we have will be sent to coaches thru RAMP



RESCHEDULING

- Diamonds
 - Book your own
- Umpire
 - contact GEMSA (min 48 hr notice)
- Games cancelled due to Weather/Air quality if not made up will be considered a tie
- Games cancelled for any other reason will be considered a forfeit
- GEMSA will have a Game reschedule form online



WHAT ARE OUR STANDINGS?

- Scores are to be entered in RAMP
- League Standings will then calculate



2025 FINALS

- Location – Leduc, Alberta
- Diamonds –
 - LEDE 1-7, ELKS 1-2, AILEEN FALHER 1-2, Calmar 1-3
 - We are working on additional diamonds
- Playoffs MAY start on Thursday June 19th, 2025.



WHO DO I CONTACT?

- Book Umpires
 - treasurer@gemsa.ca & scheduler@gemsa.ca
- Umpire Concern
 - commissioner@gemsa.ca & admin@gemsa.ca
- Game Concern
 - commissioner@gemsa.ca & admin@gemsa.ca
- General questions
 - admin@gemsa.ca
- I can't Make the Finals
 - registrar@gemsa.ca & admin@gemsa.ca



OTHER INFO

- Schedules
 - Will be posted on- line - Coaches will receive an email Notification
 - Ensure you are notified by updating your contact information in RAMP
- RAMP
 - UPDATE Coach/Contact Information



Questions?

