



UPDATED SEPT 30, 2020

RETURN TO PLAY
Safety Guidelines for COVID-19 Pandemic

Fairview Minor Hockey(FMH) is committed to the protection of the health of all our members during this pandemic while still providing opportunities for our executives, players, Coaches & Officials to safely return to the ice. This means staying in continuous contact with our governing bodies, Hockey Canada, Hockey Alberta and our Provincial Health Office(PHO) AND amending plans as required.

Please ensure that you regularly check our COVID-19 updates on our website at <http://www.fairviewminorhockey.com/> as well as links for other important information.

We have included important links in this document but also separately on our COVID-19 tab on FMH website homepage for easy access. Please review all the information contained in those links. The intent of this document is to create an easy to read, easy to follow outline of our COVID-19 safety protocols in response to the guidelines published.

The key to staying healthy and able to continue with minor hockey is keeping updated and diligently following all recommended protocols from our Provincial Health Office, our governing bodies and the facilities we use. This protects us, our children and all the staff and volunteers around us working hard to keep our children playing. Please respect these protocols. FMH expects 100% compliance with the outlined protocols and please be expected to be reminded of them, should you appear to be forgetting them. We are all in this together and we have shown that by cooperating with the PHO and Dr. Deena Hinshaw's guidelines we can manage this virus. We need to stay continuously vigilant to prevent another shut down, and to maintain good relationships with our facility partners.

Our COVID-19 Risk Management Team is here to help. Please contact any of our risk management team: [Bill Wald](#), [Billi McDonald](#), or [Fenton Burns](#) with any questions or concerns.

COVID-19 SAFETY PROTOCOLS

A. MANDATORY HEALTH SCREENINGS:

Before you come to the rink:

- All Safety guidelines will be posted at every entry/exit point in the arena.
- All individuals entering the facility must perform a self assessment prior to each event. All participants are required to do a screening via The Town Of Fairview's Screening Process. Please reach out to your division manager with any questions.

B. SPECTATOR POLICY:

- Parents are not permitted in any dressing room. Please drop your child off no earlier than 15 minutes prior to the session start and return no sooner than 5 minutes prior to the session end. For the younger age groups that require skates to be tied, please try to tie skates prior to entering the facility and utilize skate guards. If you must enter with your child to tie skates, etc, ensure that it is one parent only, all protocols are followed. A separate area will be set up for skate tying away from the team area. Non-compliance may result in your child being removed from the ice.
- Remember that there are no spectators allowed near the ice area until further notice.
- Vending machines closed to public usage.
- Restricted access of staff only in zamboni room.
- Maximum of 100 spectators permitted however our facility layout allows for 30 only with corrective social distancing measures in place.
- Only one spectator per child to a maximum of 30 spectators. Please follow all defined bleacher spectator corridors.
- No congregating in any common spaces.
- Masks are recommended if you can not keep your 2 meter safe distance.
- For patrons in the lobby area, food booth foyer only allows 2 people per table to a max of 6 people.(3 tables). Food and beverages are prohibited from the spectator area.

We know this is unusual, challenging and more than likely disappointing. Please understand that each arena has different regulation and routes to follow as we allocate 7-9 teams across 2 arenas(Fairview and Hines Creek)

C. NO BODY CHECKING OR INTENTIONAL CONTACT POLICY:

Throughout Stage 2, athletes are not permitted physical contact. To ensure a conservative approach with facility rules and cohort eligibility, this policy will remain in place until further notice.

- First occurrence, the player will be asked to leave the ice for that session.
- Second occurrence, the player will be asked to leave the program(tryout, or development program) for the balance of the program.
- Third occurrence, the player will be referred to the COVID-19 Risk Management team and/or Discipline Committee for review process.

D. BASIC SAFETY MEASURES:

PLAYERS

- Ensure you have clearly marked water bottle, personal hand sanitizer and paper towels or tissues.(Towels are not permitted). Also please bring a full water bottle to the rink.
- Please use hand sanitizer stations when entering the facility and after the session.
- Please come to the rink fully dressed for stepping out onto the ice with the exception of skates and helmets, which can be put on at the rink.
- At this time, there are no showers available. Arrive dressed, leave sweaty.
- Younger players that require skates to be tied, please try to come with skates on and utilize skate guards, or there will be a seat for skate tying to the right in the player entrance, please use social distancing if there is a line up.
- Arrival can be no earlier than 15 minutes prior to session start time.
- There will be assigned dressing rooms available but NO showers.
- When the session is over, put your shoes back on and exit the facility immediately.
- If it is required to use tissue paper or paper towel, please ensure it is properly disposed of after a single use.
- There is absolutely no sharing of food, water, clothing, or other personal items.
- THERE IS ABSOLUTELY NO SPITTING AT ANY TIME.
- THERE IS ABSOLUTELY NO BLOWING OF THE NOSE WITHOUT TISSUE.
- Please see other guidelines below for "All Participants".
- It is recommended that all participants wear masks if they can not keep 2 meters apart, and no masks are required while on the ice.

ALL PARTICIPANTS

- All participants must complete the self assessment noted above before each event.
- Please use hand sanitizer stations when entering the facility and after the session.
- All facility guidelines and rules must be followed. Town of Fairview Relaunch Protocols, Fairview Arena Relaunch Protocols, and Dave Shaw Memorial Complex Relaunch Protocols, links are provided below with full requirements posted on FMH's website under the COVID-19 page.
- Coaches and instructors are encouraged to wear masks when 2 meter social distancing can not be met, and do not require them on the ice.
- Try to minimize touching of any surfaces including doors. Use the auto button or elbows to open doors
- Physical distancing of 2 meters or more must be followed at all times, except while on the ice and unavoidable contact.
- Regularly wash or sanitize your hands.
- Please ensure that all equipment is wiped down and water bottles are washed after every use.
- Hand sanitizers will be placed at all entry/exit points in the arena, please use these if you have touched anything.
- Parents are not considered part of the cohort group.

E. ILLNESS POLICY:

If you have been exposed to any person with known COVID-19 diagnosis or if you or anyone in your household has been outside of Canada within the last 14 days, you are required to:

- Advise your division Manager
- Self isolate from any FMH events for a minimum of 14 days.

If you have any COVID-19 symptoms as outlined by Alberta Health Services you are required to:

- Advise your division Manager and
- Self isolate from any FMH events for a minimum of 14 days.or provide a negative COVID-19 testing result

These symptoms include but are not limited to:

- Fever
- Cough
- Runny nose
- Sore throat

You can find more symptoms in the AHS link provided on FMH website on COVID-19 page

If you tested positive or COVID-19, symptoms you must immediately advise your division Manager.

DO NOT ATTEND ANY FMH EVENTS IF YOU OR YOUR CHILD ARE FEELING UNWELL

F. CONTACT TRACING

All individual players will be required to RSVP to the schedule invite. Teams will be expected to produce a list of attendees in the event of an outbreak, for contact tracing purposes.

G. PRE-SEASON SESSION COMMUNICATOR:

Each pre-season session will have a pre-assigned coordinator who:

- Will be provided with a contact list for players in the session.
- Will contact parents in the event of injury, illness, or other emergency.
- Will have the authority to inform on-ice staff if a parent(who is not in an exempt group) refuses to leave the arena.

H. COVID-19 SAFETY PROTOCOLS AGREEMENT AND WAIVER:

All families must sign this agreement and waiver, found within forms and COVID-19 page at <http://www.fairviewminorhockey.com/>. **This is due before your first ice time.** Submissions are being reviewed and tracked, and will be rejected if incomplete or incorrect. If rejected, the form must be completed again.

I. HOCKEY CANADA 'RETURN TO HOCKEY-COVID-19 RESPONSE' COURSE

All team officials(coaches, managers trainers) must take this 20 minute course, as mandated by Hockey Canada. Parents are strongly encouraged to take this free course as well. To take the course, you must log in to your Hockey Canada e-hockey account and sign up for new clinic under " Return to Hockey-Covid-19 Response' Course

J. NEW TEAM ROLE- TEAM ATTENDANCE MONITOR:

In order to ensure a correct record of attendees at FMH events, teams should assign a parent to monitor the RSVP's on the team's communication platform(Teamsnap, ramp etc). This person would check the attendees against what has been entered in the app and make any corrections.

K. GENERAL REGULATIONS

This is a condensed version outlining protocols specific to each facility utilized. For full details please review the Individual Facility Guidelines posted to our COVID-19 section of FMH's website).

- All participants must complete the Health Screening prior to attending and FMH events.
- Physical distancing must be adhered to at all times when off the ice.
- Masks are recommended on the bench if the 2 meter barrier is breached.
- Arrive no earlier than 15 minutes prior to scheduled ice time and depart as promptly as possible.
- No more than 30 people may be on the ice at one time.

L. SIGNAGE

- At risk Person reminders that there may be an increased risk of transmission in these settings
- Spacing guidance will be carefully followed
- Direction of travel one way only throughout facility
- Patrons will be encouraged to also bring their own hand sanitizer
- Spectator and Player guidelines will be posted at appropriate entrance points.

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The Return to Hockey Plan is current as of September 3, 2020.

The current edition of the Plan reflects the most recent information published by the Government of Alberta on August 28 in its **Guidance for Sport, Physical Activity and Recreation – Stage 2** document, and aligns with Hockey Canada's Return to Hockey Safety Guidelines in focusing on the safety and wellbeing of all participants.

All timelines within this plan are subject to change based on Hockey Alberta's evaluation of environmental factors and changes to the **Government of Alberta's Relaunch Plan**. Updated versions of the Plan will be published and posted to the Hockey Alberta website.

The information in this document is not a substitute for professional medical advice, diagnosis, or treatment. The knowledge and circumstances around COVID-19 are changing constantly and Hockey Alberta recommends that the **Government of Alberta COVID-19 site** be accessed for the most up to date information.

LINKS:

Government of Alberta

<https://www.alberta.ca/>

Hockey Canada

<https://www.hockeycanada.ca/en-ca/home>

Hockey Alberta

<https://www.hockeyalberta.ca/>

Fairview Minor Hockey

<http://www.fairviewminorhockey.com/>

Town of Fairview

<https://www.fairview.ca/>

Village of Hines Creek

<http://hinescreek.com/>