

FC Regina Outdoor Adult League Overview



Cancellations due to Inclement Weather:

We cannot control the weather. Cancellation of outdoor events due to inclement weather are a fact of life when living in Saskatchewan. Cancellations due to inclement weather will be posted on the City of Regina website by 3:00 pm on weekdays and 8:00 am on weekends. Training days lost due to weather or field permits being withdrawn by the City due to weather conditions will NOT be rescheduled. Games lost due to weather or field permits being withdrawn by the City due to weather conditions – FC Regina will attempt to reschedule. In poor winter conditions, FCR will notify team personal of any cancellations directly via email.

DIVISIONS Players participating in FC Regina's Adult League must be 15 years old or older.	Match Day(s) Days are considered tentative as they are based on the field availability.	OUTDOOR MATCH FORMAT
Men's Competitive	Mondays and Wednesdays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time
Men's Intermediate	Tuesdays and Thursdays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time
Men's Recreational	Mondays and Wednesdays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time
Women's Competitive	Mondays and Wednesdays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time
Women's Intermediate	Tuesdays and Thursdays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time
Women's Recreational	Mondays and Wednesdays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time
Coed Competitive	Fridays and Sundays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time
Coed Intermediate	Fridays and Sundays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time
Coed Recreational	Fridays and Sundays	Half Field 8 v 8 Two (2) 25 minute halves with a 3-5 minute half time