



## 2020 Modified Indoor Season

### Part 1

#### Adult Managers and Player Registration Information

All information pertaining to registration is contained within this document. Please be aware that due to the current Covid-19 situation there may be updates and changes as necessary to remain in compliance with SSA, CSA, and SHA.

It is the team manager's responsibility to be aware of the information in this package and the FCR Adult Policies and Procedures found at [www.fcregina.com](http://www.fcregina.com)

There will not be a manager's meeting this season due to Covid-19. All information will be sent by email.

**ALL PLAYERS MUST REGISTER ONLINE AT [WWW.FCREGINA.COM](http://WWW.FCREGINA.COM)**

# Table of Contents

General Team Registration .....	6
Existing Men’s, Women’s, and Coed Teams .....	6
New Men’s, Women’s, and Coed Teams .....	6
Placements .....	6
Setting Up Team Registration .....	6
Schedule Requests .....	7
Payment Options .....	7
Men’s League.....	8
Women’s League .....	9
Co-ed League .....	9
Player Card Distribution.....	10
Players Looking for a Team .....	10
Office Information .....	10

## What's New

FC Regina has decided to split Indoor into two seasons. There will be some changes to the structure of Adult Indoor season. First, we will be breaking the indoor season into two parts. Part 1 will run from October 2 – December 10 with playoffs to follow. Part 2 will run from January 4 – March 11 with playoffs to follow. There will not be prize money for playoffs, but there will still be prize money for the league winners. There are 10 games plus playoffs for each league. The reasons for breaking the season up are to adjust mini leagues as necessary to enhance member experience and allow us to evolve our league as guidelines change. Things may be very different in the second part of our season than they are in the first and this will allow us to modify things at that time.

We have brought back the installment plan. You will see the Admin fees (Including SSA fees) as a required purchase. This fee is non-refundable. You will then select the package for the league and division that you are looking to register for. For the installments, the first one will be the Admin Fees plus half of the cost for the league and division you selected. The second installment will be the second half of your league fees. There is no additional charge to utilize the installment plan. It is strictly in place to help make things more affordable. You will make the initial payment at the time of registration with the second installment due November 13<sup>th</sup>.

There are some changes to league rules as well.

- Currently, we can not allow for players to play in more than one mini league. This means that players can only play in one league and only guest play for teams within that mini league. This means that you will not be able to play in Men's (including Masters) and Coed or Women's and Coed.
- Men's 1 and 2 & Women's 1 will play 8v8 format on half field, one official, no offsides, Minimum Roster 11 Maximum Roster 13.
- Men's 3 to 6, Masters, Women's 2 and 3, and all Coed will play 6 v 6 on format on a quarter field, one official, no offsides Minimum Roster 10 Maximum Roster 12.
- Player ID Checks will be completed by facility staff at check-in as all members will need to sign a waiver to enter the field.
- There will be kick ins instead of throw ins.
- No headers will be allowed.

- When a player heads the ball or touches it with their hand the ball will be switched out and sanitized.
- Slide tackling will not be permitted.
- Goalkeepers must wear gloves and there will be absolutely no spitting allowed (even for keepers who normally spit into their gloves).
- We will not allow handshakes.
- Substitutes must maintain social distancing while on the bench.
- Staff will ensure that groups exit the field immediately following their games prior to the next set of teams entering.
- Only close-mouthed water bottles will be permitted as recommended by SSA. We will highly recommend that all players label their water bottle to ensure that no one accidentally drinks from the wrong bottle.
- There will be NO PINNEYS available for teams to borrow. Teams will need to ensure that they have a second set of uniforms or pinneys to use in case of conflict.
- There will be a limited number of spectators allowed in the facility. All spectators will be required to wear a mask in the facility. There will be no exceptions. All spectators will have to sanitize and sign in.
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## Important Dates

- **Monday, August 31st** – Team and Player Registration Opens
- **Wednesday, September 16th** – Last day to declare a team
- **Friday, September 18th** – Scheduling request deadline - Roster Requirement deadline – 7 players
- **Friday, September 18th** – ALC Announcement of teams' Final Placements. If your team is registering in a division higher or lower than you normally would please submit an email to [adult@fcregina.com](mailto:adult@fcregina.com) providing a proposed roster and reason for requesting change.
- **Friday, September 18th** – Any teams that withdraw after 12:00pm will be subject to a \$300.00 fine to the Manager
- **Friday, September 18th** – Roster requirement deadline – 13 players registered for Men's 1 & 2 and Women's 1, -- 10 players registered for Coed, Men's 3-6, Masters, and Women's 2&3
- **Friday, September 25th** – All adult schedules released.
- **Friday, October 2nd** – Coed season begins
- **Sunday, October 4<sup>th</sup>** – Women's and Masters' season begins
- **Monday, October 5th** – Men's season begins
- **Friday, November 13th by 3:30 p.m.** – Last day to register on a team or request a refund
- **Friday, December 11th** – Adult Playoffs begin.

# General Team Registration

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## Existing Men's, Women's, and Coed Teams

As per the Adult League Rules, promotion and relegation between divisions is in effect.

## New Men's, Women's, and Coed Teams

New teams are defined as:

- A team that was not registered in the most recent indoor and outdoor season is new to the league.
- A team that was not registered in the most recent "like" season but was registered in the most recent "opposite" season, is new to the season. E.g. a team registering in outdoor played in the most recent indoor ("opposite") season but not in the previous outdoor ("same"), is new to the season.

New teams need to review the FCR Adult Policies and Procedures provided on the FCR Website.

- New Men's teams are recommended to only register in Men's Division 3 (the lowest competitive division) or below.
- New Women's teams may register in any Women's Division.
- New Coed teams may register in any division.

## Placements

ALC Announcement of teams' Final Placements on September 18<sup>th</sup>. If your team is registering in a division higher or lower than you normally would please submit an email to [adult@fcregina.com](mailto:adult@fcregina.com) providing a proposed roster and reason for requesting change. FC Regina does reserve the right to promote and relegate teams due to past performance and changes to rosters.

## Setting Up Team Registration

Starting **Monday, August 31st**, teams will be able to register online. To have your team set up visit our website [www.fcregina.com](http://www.fcregina.com)

You will be asked to fill out the following:

1. Team Name
2. Team Contacts
3. Division you were previously registered in (if applicable)
4. Division you are registering in for the current season
5. Jersey Colours (Must have two jerseys as FC Regina will not provide pinnies, no exceptions)
6. Preliminary Roster

Players can register prior to their team being set up. We will manual assign players to their team once they have met their payment commitments.

## Schedule Requests

If there are any dates where your team is unable to play, please make a request to the office in writing by Friday September 18th. Please include reasons why. Dependent on circumstances, not all requests may be granted. Requests may be made to [adult@fcregina.com](mailto:adult@fcregina.com).

All Adult Men's, Women's, Coed, and Masters' schedules will be posted on the FCR website at [www.fcregina.com](http://www.fcregina.com) after Friday, September 25<sup>th</sup>.

Coed league will start on Friday, October 2nd.

Women's and Master's league will start on Sunday, October 4th.

Men's league will start on Monday, October 5<sup>th</sup>.

## Payment Options

FC Regina members who choose to utilize the installment plan will be required to pay the required registration fees at the time of sign-up and the remaining portion will be automatically debited from the players card on file on November 13th.

**THE INSTALLMENT PLAN WAS DEVELOPED TO ALLOW EASE OF PAYMENT FOR MEMBERS. THOSE WHO CHOOSE TO UTILIZE THE INSTALLMENT PLAN ARE STILL REQUIRED TO PAY THE FULL REGISTRATION FEE.**

If payment is not made by November 16th at 12:00 pm, the player will be suspended indefinitely until payment is made.

Please be aware of the infractions imposed with the FCR Youth and Adult Discipline Policies and Procedures for participating in the FCR League while under suspension.

# Men's League

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The Men's League will consist of the following divisions depending upon the number of teams registered. Teams will be broken into mini leagues consisting of 4 teams. This is to remain within the SSA and SHA guidelines. FC Regina may have to combine divisions and will also break teams into Mini-Leagues where necessary.

## **Division 1 Men – Competitive – ½ Field - 8v8 Format**

- Game Days – Mondays and Sunday (Tentative)
- \$288.65 per player

## **Division 2 Men – Competitive – ½ Field - 8v8 Format**

- Game Days – Tuesdays and Sunday (Tentative)
- \$287.10 per player

## **Division 3 Men – Intermediate – ¼ Field – 6v6 Format**

- Game Days – Mondays and Wednesdays (Tentative)
- \$250.02 per player

## **Division 4 Men – Intermediate – ¼ Field – 6v6 Format**

- Game Days – Tuesdays and Thursdays (Tentative)
- \$247.70 per player

## **Division 5 Men – Recreational – ¼ Field – 6v6 Format**

- Game Days – Mondays and Wednesdays (Tentative)
- \$247.70 per player

## **Division 6 Men – Recreational – ¼ Field – 6v6 Format**

- Game Days – Tuesdays and Thursdays (Tentative)
- \$247.70 per player

## **Masters' – Recreational – ¼ Field – 6v6 Format**

- Game Days – Sunday and Wednesday (Tentative)
- \$247.70 per player



## Women's League

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The Women's League will consist of the following divisions depending upon the number of teams registered.

### **Division 1 Women – Competitive – ½ Field - 8v8 Format**

- Game Days – Sunday and Tuesday (Tentative)
- \$279.38 per player

### **Division 2 Women – Intermediate – ¼ Field – 6v6 Format**

- Game Days – Sunday and Tuesday (Tentative)
- \$243.84 per player

### **Division 3 Women – Recreational – ¼ Field – 6v6 Format**

- Game Days – Sunday and Tuesday (Tentative)
- \$243.84 per player

## Co-ed League

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The Coed League will consist of the following divisions depending upon the number of teams registered.

- Division 1 Coed
- Division 2 Coed
- Division 3 Coed
- Division 4 Coed
- Division 5 Coed
- Division 6 Coed

### **Format**

- Game Days – Fridays and Saturdays
- 1/4 field – 6 v 6
- \$238.43 per player

## Player Card Distribution

We will not be using player cards this season. We will be printing team sheets with the photo on file in Ramp. This will be checked at check-in along with the game sheet.

## Players Looking for a Team

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If you are looking for players to add to your team, we have created an FCR Players looking for a team Facebook page. Please visit:

<https://www.facebook.com/FCRadultplayerslookingforteam>

and click on the “Posts to Page” to find all players who are looking for a team this Indoor season.

## Office Information

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Regular Office Hours:

- Monday to Friday – 8:30 am – 4:30 pm
- Closed all Statutory Holidays

The office is located on Evraz Place next to the AffinityPlex. The entrance is on the east side of the Evraz Administration Centre.

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