



FC Regina

U5 Active Start & U7 FUNdamentals Information

2021 Outdoor Fee Schedule:

Year of Birth	Age Group	Outdoor Registration Fee	Total
2016 and 2017	U5	\$90.00	\$90.00
2014 and 2015	U7	\$125.00	\$125.00

Please note FCR does not accept Personal Cheques (Money Orders payable to FCR)

Please note that both U5 & U7 total fee includes a base fee of \$50.00

Registration Fees Include but Are Not Limited to The Following:

- FCR Administration Fee
- SSA Fee
- Equipment Use
- Training Field
- Game Field - U7
- Coach Education/Certification
- Team Personnel Insurance
- Technical Programming

IMPORTANT NOTE: Teams will be formed based on number of certified coaches registered. If you register late there is no guarantee that there will be a place for your child on a team. Last day to register is April 18th, 2021 or until program is full. Starting April 19th, 2021 or when program is full individuals will be put on a waitlist.

Please make every effort to ensure you register your child on time.

U5 Active Start Program Format: U5 Program will run Tuesdays. The U5 program is a developmental soccer program designed to introduce basic soccer skills and techniques using dynamic activities and fun games that teach the basics of dribbling, passing and shooting. Informal league play introduces age-appropriate competition in an atmosphere focussed on player development, not match results. U5 teams will hold weekly practices, 45 minutes in duration and consisting of general movement, soccer skills and small-sided games. The philosophy of the U5 program is to support unrestricted play within reasonably modified and applied laws of the game. There are no referees and no official scores, or standings are recorded.

- Game Format – 4 players per side, no goalkeepers
- Field Size – Approximately ¼ pitch (50 yds x 30 yds)
- Goal Size – 6' Popup Nets

U7 Fundamentals Program Format: U7 Program will run Tuesdays and Thursdays. The U7 program is a developmental soccer program designed to introduce basic soccer skills and techniques using dynamic activities and fun games that teach the basics of dribbling, passing, shooting and basic goalkeeping. Informal league play introduces age-appropriate competition in an atmosphere focussed on player development, not match results. U7 teams will hold weekly practices, 45 minutes in duration consisting of general movement, soccer skills and small-sided games. U7 game days will consist of a scheduled match against another FCR U7 team. The philosophy of the U7 program is to support unrestricted play within reasonably modified and applied laws of the game. There are no referees and no official scores, or standings are recorded.

- Game Format – 5 players per side, including a goalkeeper
- Field Size – Approximately ¼ pitch (50 yds x 30 yds)
- Goal Size – 6' Popup Nets
- Game Duration – Games consist of two 18-minute halves, with a 3-minute half-time intermission.

Training Kits: If you are a New Player to FC Regina you will need to purchase the training kit. Active Start/Fundamentals Training Kit consists of 2 T-shirts, 1 pair of shorts and 1 pair of socks, cost is for individual items. Replacement items are also available for returning players, and cost will be for individual items. Players requiring kits or replacement items can order these through the FCR Uniform Committee (fcruniforms@gmail.com). Proper athletic footwear and shin guards are mandatory equipment and are the players/parents' responsibility to purchase. Cleats are recommended, but not required. All participants should bring their own water bottle.

Volunteer Bond: **There is no Volunteer Bond required for U5 and U7 players**, however, if you have children playing in U9 and up and you coach in U5 or U7 this will satisfy the volunteer requirement for all of your children.

Refund Policy: As per FCR Youth Refund Policy click [Here](#) to view!

Fundraising: Each season there will be optional fundraisers organized, some benefitting the player and some benefitting the club/organization. Please note 50% of funds raised through player fundraisers will be kept on account for you to use as Club Credits for FCR related programming, 100% of funds raised through club/organization fundraisers will be used for FCR initiatives/programming. Details on any fundraisers will be sent out to members by email.

Bingos: Please be advised that FCR offers our members the opportunity to work bingos to help offset some of the costs associated with Youth soccer. All Club Credits received from bingos worked must be used for FCR related programming. If you have any questions or are interested in working, please contact Rochelle Menhart at rochellemenhart@gmail.com

Note – This information is reviewed seasonally and subject to change.