



Phase 1

May 31

Training only

Groups of 8 (5M apart)

Individual Player Physical distancing
(3M apart)

2 Coaches per group max

Mandatory masks for coaches
(Indoor/Outdoor)

Optional masks for
players(outdoor)

Mandatory masks for
players(indoor)

Phase 2

Late JUNE

Training and Games

Training structure based on
SHA/SSA restrictions

2 Coaches per group max

Mandatory masks for coaches
(Indoor/Outdoor)

Optional masks for
players(outdoor)

Mandatory masks for
players(indoor)

Phase 3

JULY

Increased Games schedule

Weekday games/playoffs
and Jamboree

2 Coaches per group max

Mandatory masks for coaches
(Indoor/Outdoor)

Optional masks for
players(outdoor)

Mandatory masks for
players(indoor)

Program Overviews are posted on the following FC Regina web page: <http://www.fcregina.com/content/program-information> -

*All PHASES are dependent on restrictions/guidelines from SHA/SSA and will be modified throughout the course of the season.