



# 2023 FC REGINA CUP

## YOUTH TOURNAMENT INFORMATION & PROCEDURES

### WHEN & WHERE

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The FC Regina Cup Youth Tournament will run **December 14th to December 17th, 2023**, in the **Affinity Plex on REAL District (1700 Elphinstone Street)**. Traveling teams (from more than 100 KMs away) will not play their first games until 4:00 PM or later on Thursday December 14th. Games could start as early as 7:00 AM on Friday, Saturday, and Sunday, and the tournament should wrap up by 6:00 PM on Sunday December 17th, 2023.

### TEAM AND PLAYER REGISTRATION

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Team registration will be online only. Online registration will be available using the tournament link on the FC Regina (FCR) website ([www.fcregina.com](http://www.fcregina.com)). Teams are required to submit their team registration, including roster, by 5:00 pm on November 14th, 2023. **Teams will be emailed a receipt once their online registration has been completed. If you do not receive a receipt, contact the FC Regina office ([youth@fcregina.com](mailto:youth@fcregina.com)) to ensure that your information has been received.** Your receipt is **not** confirmation of acceptance into the tournament.

**Should your registration fee not be paid to the FC Regina office prior to the registration deadline (November 14th, 2023), your registration will be considered incomplete and removed.**

#### **Registration Fees (3 game guarantee):**

- U9 - \$375.00 per team
- U11 (all divisions) - \$475.00 per team
- U13, U15, U17, U19 (all divisions) - \$775.00 per team

Teams will receive official confirmation of acceptance via email by the end of day November 21st, 2023. Teams not accepted will be refunded their registration fee. Any changes to rosters will need to be completed by the end of day December 5th, 2023. Team selection into the FC Regina Cup tournament and player eligibility is at the sole discretion of the Tournament Committee.

All teams will be required to check-in with the tournament committee at Tournament Headquarters at least one hour prior to their first game. Team status forms must be completed and submitted by December 6th, 2023. Member Organization would be the organization you belong to that is registered with the Provincial Organization i.e., Saskatoon Youth Soccer Inc., FC Regina, Battlefords Youth Soccer, etc. Team Status Forms can be found by clicking [Here!](#)

All players/team personnel must be registered with their local District/Provincial Association. Travel permits are required from all out of province/country teams. Travel permits must be received by FCR prior to the tournament start date.



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### TEAM SELECTION

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Team selection into the FCR Cup tournament and player eligibility is at the sole discretion of the Tournament Committee.

To make Divisions viable, age groups may be combined based on similar competition (for instance U13 Division 1 and U15 Division 2) at the sole discretion of the tournament committee. This is to provide playing opportunity for as many teams as possible. Should a team not be agreeable to this, they will be considered as withdrawing after the deadline and will forfeit their registration fee.

Divisions that have less than three registered teams following the registration deadline will be cancelled and teams will be advised of non-acceptance.

For age groupings/divisions in which the tournament committee deems the number of registered teams to be unmanageable, the following principle will be adhered to:

- 1) Division 1 teams who enter an age group above, in Division 2 will be not accepted.
- 2) The last teams to register will not be accepted.

### AGE CATEGORIES AND DIVISIONS

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- Under 9 - Born in 2015 or 2016
- Under 11 - Born in 2013 or 2014
- Under 13 - Born in 2011 or 2012
- Under 15 - Born in 2009 or 2010
- Under 17 - Born in 2007 or 2008
- Under 19 - Born in 2005 or 2006

### FORMAT

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- **U9** will play 5 v 5 (including a goalkeeper, on a modified  $\frac{1}{4}$  field) with a size 3 ball.
- **U11 All Divisions** will play 7 v 7 (including a goalkeeper, on a  $\frac{1}{4}$  field) with a size 4 ball.
- **U13 to U19 All Divisions** will play 9 v 9 (including a keeper on a  $\frac{1}{2}$  field) with a size 5 ball.

All Games will be played on marked fields with metal structured nets. **Divisions in which offsides are played will have Assistant Referees.**



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### TEAM ROSTER

**Rosters must be entered when registering your team.**

- U9 and U11 Teams can register and dress up to 14 players.
- U13 – U19 teams can register and dress up to 18 players

All participants must be registered and in good standing with their District, Provincial, State and/or National Soccer Association. Players can only be registered with one team.

Roster changes or additions must be approved by the Tournament Organizing committee. **No changes will be made to rosters within 7 days of the tournament start date.**

### TEAM PERSONNEL

**Team Personnel – Only 4 team personnel will be allowed on a roster/bench.**

FC Regina has adopted the “RULE of TWO” – There must be a minimum of 2 (two) team staff (adults), one must be the same gender as the players, in all situations where the athlete is potentially vulnerable. This includes the dressing room and on the bench.

All Saskatchewan team personnel **MUST** have their RIS. All team personnel listed as coach or assistant coach must have their age-appropriate coach certification listed on the roster. If a member of the team personnel does not have the corresponding certifications, they will not be allowed to sit on the bench.

Respect in Sport (RIS) certification can be obtained through the following website:

<https://sasksrc.respectgroupinc.com/secure/>. All Coaches must be certified at the appropriate level as per SSA guidelines:



## SASKATCHEWAN SOCCER ASSOCIATION MINIMUM COACHING STANDARDS

Version 3 (FALL 2023)

GRASSROOTS STREAM			
	U5	U7 to U9	U11 to U13
<b>*MODIFIED</b> Safe Sport Roster requirements	Coaching Soccer in Canada online module + (CRC / VSC   RIS)	Coaching Soccer in Canada online module + (CRC / VSC   RIS)	Coaching Soccer in Canada online module + (CRC / VSC   RIS)
	OR		
<b>FULL</b> Safe Sport requirements	Active Start – Theory and Practical Modules + CRC / VSC   RIS   MED   MHW   EAP   RoF2	FUNDamentals – Theory and Practical Modules + CRC / VSC   RIS   MED   MHW   EAP   RoF2	Learn 2 Train – Theory and Practical Modules + CRC / VSC   RIS   MED   MHW   EAP   RoF2
<small>* Modified Safe Sport Roster is for Member Organizations whose: Programming / competition is delivered within their member organization or community only. ii. Programs do not travel outside their community for competition, league play or Tournaments against other member clubs or associations. iii. Parents/guardians are present and able to observe all components of the program</small>			
COMMUNITY STREAM			
	U15   U17   U19	ADULT (Teams with youth players)	
Head Coach & Assistant Coach	Soccer 4 Life – Theory and Practical Full Safe Sport Roster: CRC / VSC   RIS   MED   MHW   EAP   RoF2	Soccer 4 Life – Theory Full Safe Sport Roster: CRC / VSC   RIS   MED   MHW   EAP   RoF2	

All out-of-province team personnel are strongly encouraged to have their Respect in Sport (RIS) certification through their local jurisdiction.



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### GUEST PLAYERS

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There are only 5 guest players allowed per team. All guest players must be identified on the roster form as an 'Affiliate Player'(AP) at the time of registration.

Players are not permitted to 'play down' into a different age group or division. For example, a player registered on a U13 team cannot be a guest player on a U11 team and U13 division 1 players cannot be guest players on U13 division 2 teams.

Any player participating as a guest player must have written permission to participate from the Member Organization and/or Entity with whom s/he is registered. This must be sent into the Tournament Committee prior to the tournament start date.

All guest players must be approved by the Tournament Committee.

### THE TURF

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- The facility utilizes an Astro Turf playing surface.
- **Rounded cleats and turf shoes are allowed. No bladed or metal cleats allowed.**
- Spitting on the turf will not be tolerated and may result in expulsion.
- Water only allowed on the pitches - no sports drinks or other beverages.
- Only team players and personnel are permitted on the turf.

### CHANGE ROOMS

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During your game, please leave all bags in the locker rooms.

To obtain a key for your change room, present a set of keys to the facility staff as a security deposit. Locker room keys can be picked up **30 minutes** prior to game time and must be vacated within **20 minutes** after game end. Only team players and team personnel are permitted in the change room area. It is the teams' responsibility to clean up the room upon leaving. If you leave the room in a mess, you could be fined or prohibited from using a dressing room.

Lost or forgotten keys are subject to a lock and rekeying charge of \$100.

### PARKING

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Parking is free! Please observe signage regarding parking restrictions. Please keep wheelchair ramp and fire lanes clear at all times. Not doing so may result in towing!



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### ADMISSION

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- Weekend Pass: \$10
- Day Pass: \$5

*There is no charge for players and managers/coaches (maximum 4 team staff per team).*

### GAME PROCEDURES

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Game sheets (rosters) will be prepared in advance by the Tournament Committee and must be reviewed and signed by a team official at least 15 minutes prior to each game.

The home team is required to supply the game balls and must be prepared to change jerseys if there is a color conflict.

U9 and U11 games will be two 20-minute halves. All other divisions will play two 25-minute halves. **Divisions in which offsides are played will have Assistant Referees.**

There will be no overtime in round robin play. In the finals overtime will consist of two 5 minutes "Golden Goal" halves and then kicks from the mark.

### TEAM RANKING POINT SYSTEM

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- |        |          |
|--------|----------|
| • Win  | 3 points |
| • Tie  | 1 points |
| • Loss | 0 points |

### TIE BREAKING RULES

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If two (2) or more teams amass an equal number of points the following tie-breaking procedures, in the following order, shall be used in order to determine the final standing:

- 1) Previous Match Results - the winner of the match between two teams tied in points shall be awarded the higher position.
- 2) Goal Difference - Goal difference shall be calculated by subtracting goals conceded from goals scored. A maximum difference of 5 shall be awarded in each game.
- 3) Least Goals Against-The team having the fewer number of goals against will be awarded the higher position.



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- 4) Most Goals Scored - The team having scored the most goals will be awarded the higher position. A maximum of five goal difference per game
- 5) Penalty Kicks - If two or more teams are still tied under criteria 1 – 4, then the higher standings shall be decided by kicks taken from the penalty mark. If the only effect from the tie is determining the home and away team in a playoff match, this will be decided by a coin toss.

### DISCIPLINE

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Discipline matters will be dealt with by the Tournament Discipline Committee. Discipline will be administered according to the FCR Discipline Code and Procedural Guide (which is posted on the FCR website).

Players who have received a red card will be required to leave the field of play and report to Tournament Headquarters within one hour of game completion. Failure to appear may result in suspension from the Tournament.

The player's home club and provincial association may be notified of any suspensions.

### PROTESTS

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Protests will not be heard on a judgment call by a Referee or Assistant Referee (Linesperson).

Protests will be heard on eligibility or technical matters provided they are in writing and submitted to the Tournament Committee within 15 minutes of the completion of the game in question. The protest must be accompanied by a \$125 fee. If the protest is upheld the \$125 will be refunded.

### SASKATCHEWAN TRAVEL POLICY

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All out of province or out of country teams must have a travel permit. SSA sanctioning requires that teams travelling from out of province must submit their travel permits to FCR **prior to** the tournament start date.

### INCLEMENT WEATHER

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FC Regina, its officials and the Saskatchewan Soccer Association are not responsible for any expenses incurred by any team if the tournament is cancelled in whole or in part. Teams that are delayed by weather will not be refunded.



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### REFUND POLICY AND CANCELLATION POLICY

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If your team must cancel, please contact the FC Regina at [youth@fcregina.com](mailto:youth@fcregina.com) immediately. Teams that withdraw or cancel after November 14<sup>th</sup>, 2023, will forfeit their entire entry fee.

### EMERGENCY PROTOCOL

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There will be FCR facility staff members available with First-Aid, Defibrillator, and CPR training. Report all injuries to a FCR facility staff member so that an injury report can be completed if necessary.

### AWARD PRESENTATIONS

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Award Presentations will take place on the field after the final games (time permitting) or in the AffinityPlex common area.

### TOURNAMENT HEADQUARTERS

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Tournament Headquarters will be located at the AffinityPlex on REAL District. Tournament Headquarters will be open on December 14, 15, 16 and 17 from one hour prior to tournament start to one half hour following the last game completion.

### STAY AND PLAY

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FC Regina has a sponsorship agreement with The Atlas Hotel, D3H hotels - Home Inn East, Home Inn Airport, Days Inn East, and Days Inn Airport to get preferred pricing on room bookings for all the travelling teams to our tournaments. As part of the registration, you will be required to book at one of the above-mentioned hotels. You will be required to forward your booking confirmation to FCR at [youth@fcregina.com](mailto:youth@fcregina.com) or [execassist@fcregina.com](mailto:execassist@fcregina.com) to complete your registration.

### QUESTIONS?

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If you have any questions, please contact us by email: [youth@fcregina.com](mailto:youth@fcregina.com)