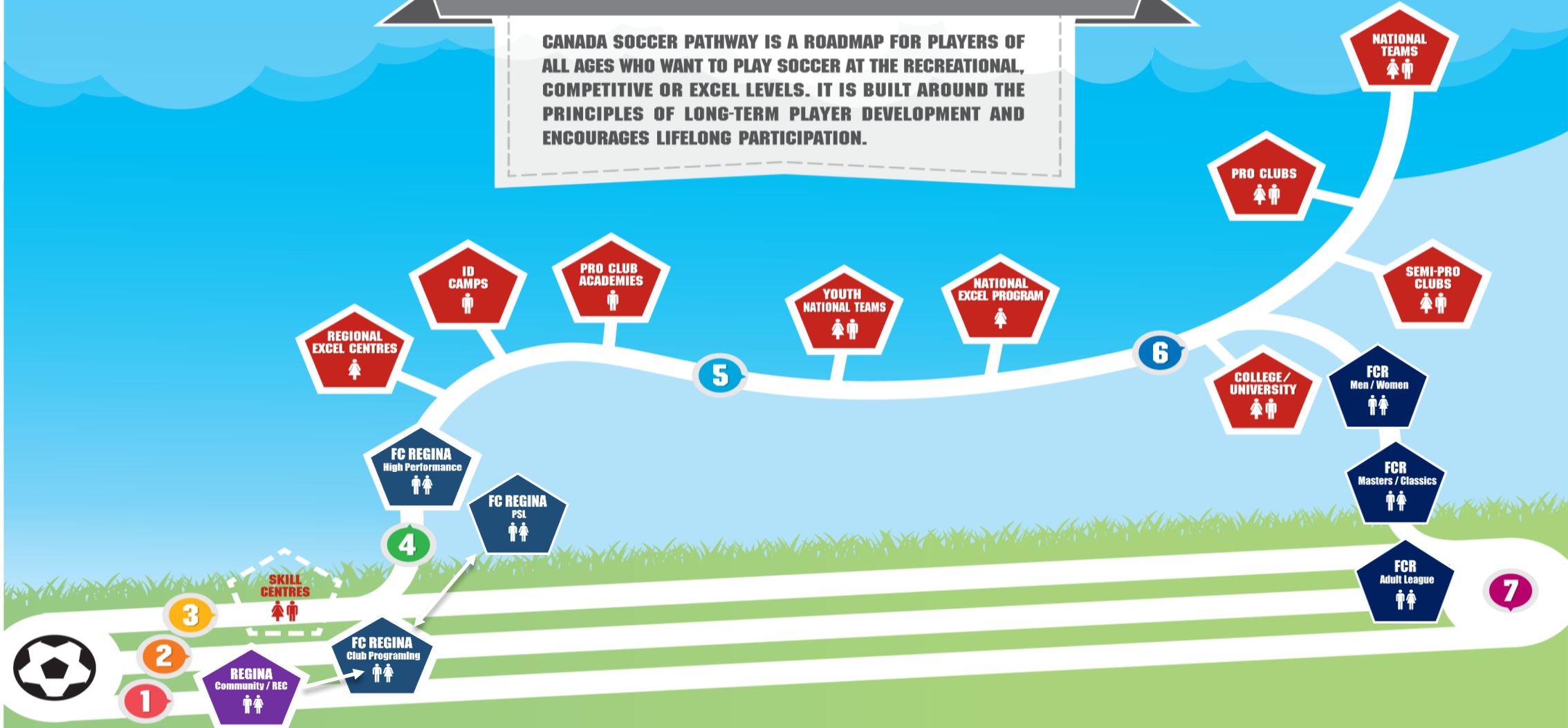


CANADA SOCCER PATHWAY

CANADA SOCCER PATHWAY IS A ROADMAP FOR PLAYERS OF ALL AGES WHO WANT TO PLAY SOCCER AT THE RECREATIONAL, COMPETITIVE OR EXCEL LEVELS. IT IS BUILT AROUND THE PRINCIPLES OF LONG-TERM PLAYER DEVELOPMENT AND ENCOURAGES LIFELONG PARTICIPATION.



LONG-TERM PLAYER DEVELOPMENT STAGES



LEVEL OF PLAY	
 	EXCEL
 	COMPETITIVE
 	RECREATIONAL

PHYSICAL LITERACY	
1	Active Start ♂ AGE 4-6
2	FUNDamentals ♂ AGE 6-8 ♀ AGE 6-9
3	Learning to Train ♂ AGE 8-11 ♀ AGE 9-12

4	Training to Train ♂ AGE 11-15 ♀ AGE 12-16
5	Training to Compete ♂ AGE 15-19 ♀ AGE 16-20
6	Training to Win ♂ AGE 18+ ♀ AGE 19+
7	Active for Life ♂ ♀ ALL AGES



YOUR GOALS. OUR GAME.