



# Welcome to the 2019 Girls Rock Tournament!

Friday May 24 – Sunday May 26, 2019, Calgary Soccer Centre

## Initial Check In

- Please check in at the tournament desk at least 45 mins prior to your first game. This is located in the Annex building (the new part of the Soccer Centre). You will receive a Coach Bag filled with goodies, coupons, and valuable tournament information including tournament rules.
- Managers are responsible for adding player names to game sheets so please bring roster stickers. ALA rules Game sheet stickers must line up or they won't be allowed. If stickers are not provided, managers will be required to write all names and numbers on the game sheets.
- You will be advised of the locker room policy, the location of the arena personal in the event your team requires medical attention, location of ice, location of the weekend photographer and more.

## Timeliness

The tournament schedule is JAM PACKED – we are running seven floors back to back all weekend. Please have your team ready to go ten minutes prior to game times! The warm-up will begin as soon as the officials hit the floor. Weather permitting, there are areas outside for team warm-up and if the weather is not cooperating, the South floor of the old building will be open for most of the weekend.

## Ties

There are NO Tied games in Girls Rock. We have built in some schedule buffers but if your game does not start exactly on time due to a previous tied game, pls be patient.

## Scores and Standings

There will be large scoreboards the Soccer Centre old building and will be updated after each game. All scores and standings are also on the Fury website, under the teams' age division on the Girls Rock page. Sunday Medal game teams

will be shown on the Fury website and Instagram. Please ensure your parents, coaches and players follow @girlsrocktournament2019 PRIOR to the tournament.

### **Rules**

Girls Rock follows ALA tournament rules. A copy is on the Fury website, and a copy has been provided in both the Coach Bag and in all game boxes.

### **Affiliates and Overage Players**

- Overage players are NOT permitted in tournaments and provincials.
- Affiliations – rosters must fall under 15 players to affiliate. Teams can affiliate 2 players and a goalie up to a maximum roster of 15 players, players must be drawn from a lower division or tier. Affiliates must be approved by the Local Governing Body the team originates from.

### **Rosters**

Any changes to the team roster must be provided to the Tournament Organizer 48 hours PRIOR to start of the team's first game. Otherwise teams may only play the players on the roster submitted to the tournament coordinator. No exceptions.

### **Home and Away**

Home must provide three volunteers per game – Time Keeper, Shotclock Operator and Penalty box. Visitors must provide two volunteers – Scorekeeper and Penalty box. Home teams must be prepared to change their jersey if asked to do so by the refs.

### **Heart and Hustle Award**

Each team will receive one H&H award per game for the player who worked hard and showed the most drive and motivation throughout the game. Coaches are responsible for choosing the player to receive this award and are to give it to their player on the floor at the end of the game.

### **MVP Award**

One player will receive the MVP award in each medal game. The 2019 MVP awards have been donated by CanLax – thank you!

### **Vendors**

We will have a number of vendors at the Soccer Centre for the weekend with lacrosse gear, clothing, medal hangers and much more. Field clubs will be in attendance answering questions about female field lacrosse and providing program information. In addition we will have Safe4life attending (Friday night only) with their padded attacker sharing information about self-defense and safety.

Mojo Photo Booth will be there for the girls and parents to take some fun photos and we have a face painter coming for the younger athletes and siblings.

### **Tournament Photographer**

Hired Gun Photographer will be taking action shots during games BY REQUEST. If you are interested in having your team or daughter photographed during a game, pls talk to the photographers.

All teams have been scheduled for a 20 minute window to have a team photo taken. It is not mandatory that you purchase the photo banner but they are very cool - make great coach gifts at the end of the year! Please ensure your ENTIRE team attends. Even if a player is not purchasing, they need to be in the photo for the kids that are purchasing.

The team should wear the same colour jersey, no equipment needed except gloves and stick. Pls be on time as it is a very tight schedule.

### **Raffle Table**

We have been very fortunate to receive some great donations provided by many local businesses. There is a variety of raffle and silent auction items - please stop by, have a look and test your luck.

- Raffle draws will be done at 5:00pm Saturday.
- Silent Auction winners must pay for prize evening of May 25<sup>th</sup> or prize will go to next bidder on list. CASH OR CHEQUE ONLY.
- Winners will be contacted via phone and names posted on the Winner Board and Instagram.

### **50/50**

We will have volunteers roaming the facility all weekend so make sure you support our fundraising – you may win some cash to help pay for your weekend gas!

Draws will occur Friday 9:00pm, Saturday at 1:00pm and 8:00pm. Winning tickets will be posted at the Soccer Centre and on Instagram.

### **Player and Manger Draws**

You will receive entry tickets for these two draws in the Coach Bag. The completed tickets must be put in the draw boxes at the Raffle table by Saturday May 25 at 4:30pm. Draws will be done at 5:00pm.

### **Apparel Pick up**

If your team ordered GR Apparel, it can be picked up 4:00 -7:00 Friday at the tourney check-in table located in the Annex. The contact person must be the pick up person.

## **Instagram**

We will be updating the Girls Rock Instagram page all weekend with photos and important info. Pls have your players and parents follow.

@girlsrocktournament2019

## **Questions**

We recognize that there will be lots of questions this weekend. Managers, PLEASE remind your teams that they should come to you first as there is a good chance you have the answer. If you don't, no worries, but we would appreciate as many questions/concerns/comments come from the manager instead of parents knocking on the War room every five minutes. Thank you in advance!

## **Volunteers**

Just a reminder that everyone working this weekend is a volunteer and has given their time and energy to help ensure this tournament is a success. Remember the 24 hour rule.

## **Discipline Committee**

The Girls Rock DC will be in attendance all weekend. Any situation involving yelling at the refs and other officials, banging on the boards, abuse of volunteers will not be tolerated and will result in the DC becoming involved and players, parents or coaches potentially being asked to leave the tournament. All match, game or gross misconducts will be referred to the GR Discipline Committee and their decision will be final. Please remember - this tournament is focused on the athletes playing similar skilled teams and having a weekend of fun competition.