

Alberta Lacrosse Association POLICY 5 – RULE OF TWO 5.01

The rule of two is for the protection of the child as well as the coach and the official. The Rule of Two states that there will always be two screened and NCCP trained or certified coaches/officials with an athlete/ young official, especially a minor athlete, when in a potentially vulnerable situation. This means that any one-on-one interaction between a coach/official and an athlete/young official must take place within earshot and view of the second coach/official, with the exception of medical emergencies. One of the coaches/official must also be of the same gender as the athlete/official. Should there be a circumstance where a second screened and NCCP trained or certified coach/official is not available, a screened volunteer, parent, or adult can be recruited. This rule serves to protect minor athletes/young official in potentially vulnerable situations by ensuring that more than one adult is present. Vulnerable situations can include closed doors meetings, travel, and training environments amongst others. Organizations must create and implement, policies and procedures, in a sustainable, phased and measurable process, that limit the instances where these situations are possible.