

#### Calgary Festival Info Sunday, June 23, 2019 UofC Hawkings Field and Surrounding Fields (Fields 1+7)

#### Athletic Trainer/First Aid

• There will be an Athletic Trainer available from 8:30am-5pm, they will attend to injuries/first aid requirements that occur during the festival, they will be located by the Headquarters tent.

#### Washroom Facilities at UofC

• Washroom facilities are available at the field, along with surrounding washrooms located in the UofC

#### **Drinking Water**

• Limited drinking water will be available at the facility, please encourage athletes to bring plenty of drinking water/water bottles.

#### Equipment Return

- If teams and or players are unable to attend the festival but would like to return their equipment, please come by to drop off equipment at the equipment return tent. If the scheduled date does not work, please contact Huyen Way (hwaycjp@gmail.com) to set up a drop off time that may work for you.
- Teams are asked to return all equipment at the end of the festival, the equipment return tent will be located close to Collegiate Rd.
- Equipment includes:
  - Full goalie kit
  - Sticks, balls, cones, pinnies, first aid kit

## Food and Refreshments

• Food will be available for purchase (cash only)

## Lost and Found items

• There will be a lost and found box at Headquarters Tent. Items left at the end of the day will be returned to the FHA office

## Parking

• Parking is available in Lot 10, for a fee of \$8.

## Summary of Festival

- Matches will be played on grass and turf and will be centrally timed by the technical table.
- Games will run 2x15 mins, with a 2 minute half time.
- Teams will play with the following format
  - U10: 5v5

- U12: 7v7 (including goalie)
- U14: 6v6 (including goalie)
- U18: 6v6 (including goalie)
- Team coaches may agree to change these playing formats or if one team has fewer players, the teams may agree to share players, please make it work and make it fun!
- MANDATORY FOR ALL PLAYERS TO WEAR MOUTHGUARD AND SHINGUARDS
  - Cleats are prohibited on UofC Hawkings Field
- No scores or results will be logged FUN, encouragement, sportsmanship, and participation is the motto.
- All participants must hold valid FHA membership, individuals without membership will not be allowed to participate.

#### **Spectator Area and Safety**

• The spectator areas are set around the fields as per the venue map. However please be advised about the safety aspect of where you watch from and ensure you keep an eye on the game in case of any stray hits of the ball.

#### Team Registration

• Upon arrival at the festival, the team coach or manager is requested to sign in at the HEADQUARTERS/INFO TENT. Each team will receive a festival pack that contains information/player awards/etc. and any updates on final information on the festival.

## **Umpiring Team**

• Currently, we have a great team of umpires. As you have worked hard with your athletes on development, we too are working at developing new umpires.

#### Volunteers

• We have a great group of volunteers helping at the tournament, from the set up to the headquarters tent. Please be sure to say hi and thank them for giving up their time and supporting the festival!

## Equipment/Clothing sales

- Field Hockey Alberta will be selling apparel at the headquarters tent.
- We will also have a field hockey vendor selling all things field hockey.

## Raffle table

- There will be items to be raffled off located near the check-in headquarters.
- Tickets can be purchased throughout the day and winners will be chosen around 5:00 PM.
- If winners have left, arrangements for delivery/pick up can be sorted out.

On Field Contact Huyen Way: 403-200-9826



## **Emergency Action Plan**





#### Check list

- first aid kit
  - cell phone
  - athlete medical profile
  - athlete emergency contact list
- assign EAP roles
- accurate directions to access field
  - practice
  - games



#### Charge Person

Injured athlete is the charge persons main responsibility The charge person should be certified in First Aid



#### **Call Person**

Calls EMS, give emergency vehicles precise instructions to reach the field. Call athletes emergency contact, if not on site. Otherwise assists the charge person



#### Assistant

Remaining athletes are the responsibility of the assistant. If safe to do so, keep remaining athletes engaged.



#### University of Calgary

Collegiate Rd NW and Collegiate Ct NW, Calgary AB

# DIRECTIONS TO FIELD • west of Olympic Oval

- access gates from across soccer field



#### Alberta Children's Hospital

2888 Shaganappi Trail NW, Calgary

#### Lightning/Inclement Weather

The Coach will be responsible for making the decision to evacuate the field.



All teams /coaches/officials/spectators/etc will be asked to go to their own vehicles or to the Olympic Oval until weather subsides. 30/30 RULE

When you see lighting, count the time until you hear thunder. If this time is thirty (30) seconds or less, seek proper shelter. Wait thirty (30) minutes or more after seeing the last lightning strike/hearing the last thunder before leaving the shelter.