



Club Support

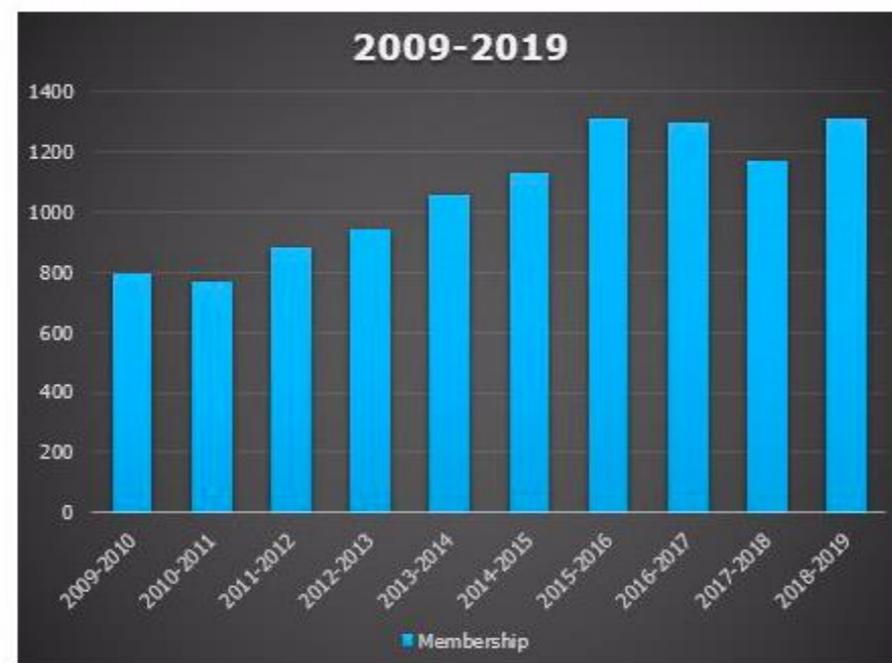
Field hockey Alberta

Why club support?

The sport is growing along with the quantity for high quality training.

Overall Membership Numbers

Year	Membership
2009-2010	798
2010-2011	768
2011-2012	883
2012-2013	943
2013-2014	1056
2014-2015	1130
2015-2016	1312
2016-2017	1301
2017-2018	1169
2018-2019	1314



With the role of clubs expanding we need to ask the following questions:

What do we want as a club?

What is our mission?

How do we look at player development?

How do we look at coaches development?

What else can we offer your club:

- **Coach the Coach Program**
- **Guest Coach**
- **Technical Strategy Session**
- **Training Planning Sessions
(long and short term)**
- **Team support**

Coach the Coach Program

- ▶ Improvement of quality and technical framework
- ▶ Develop trainers and coaches within your club
- ▶ Facilitators who will work 1 on 1 with trainer and/or coaches.
- ▶ The learning facilitator supports the education and development process of the trainer/coach
- ▶ The learning facilitator observes training or the trainer/coach and provides feedback



Guest Coach

Objective: Experience and inspire different ways of training

One of our coaches will come to your training and lead the session.

This allows trainers and coaches the opportunity to view the athletes in a training environment without the need to worry about the organisation of the session.

Technical Strategy Session

Technical Strategy Session

Objective: Club Development

How do we want to develop as a club?

What does our club value?

What is our yearly training plan?

How do we include indoor, goalies and youth development?

How do we develop our athletes?

How do we develop our coaches?

How do we develop our administrators?

How do we evaluate our development?

Training Plan Sessions

- ▶ Develop high quality training sessions
- ▶ FHA will collaborate with your club to create challenging, meaningful and fun sessions
- ▶ There is the opportunity to focus on long-term or short-term planning depending on your club needs
- ▶ Technical or tactical we will provide you with the tools to create the session plans you desire



Team support - Game Day

As coach or player it is not always easy to make an un-biased analysis of your team.

Before the game our coach will talk with the team coach regarding the focus of the game analysis to maximize team improvement. Our coach will then make an assessment on tactical, technical, physical or mental performance and report back to the coach.