

**FHC MINIMUM COACHING STANDARDS
FOR ALBERTA CLUBS & GRASSROOTS PROGRAMS**

CLUB & GRASSROOTS PROGRAMS - Club or local organizations that are members of FHA, with local team and league play as well as travel opportunities

RECREATIONAL PROGRAMS - Provide an introduction to the sport and are open to athletes of all skills and experience

COMPETITIVE PROGRAMS - May have athletes with previous experience, above introductory level & may require coaches with a higher level of training to adequately support these athletes.

SAFESPORT MANDATORY REQUIREMENTS:

MED + Evaluation, Making Headway, Current Criminal Record Check.

RECOMMENDED: CAC Safesport Module.

Note: Untrained Safesport Coaches may not work with athletes

Program Context	Position	2022	2023	BEST PRACTICE
Recreational Youth	U10 & under	NCCP Community	NCCP Community	NCCP Community
	U14	NCCP Community	NCCP Community	NCCP Community
	U13-U18	NCCP Community	NCCP Community	NCCP Community
Competitive Youth	U13-U16	Comp Intro in Training 3 Multisport Modules	Comp Intro in Training FHA Workshop	Comp Intro Certified
	U18-U23 Leagues or Travel Teams	Comp Dev in Training 2 Multisport Modules	Comp Dev in Training FHC Workshop	Comp Dev Certified
Adult	Recreational	NCCP Community	NCCP Community	NCCP Community
	Competitive	Comp Dev in Training 4 Multisport Module	Comp Dev in Training FHC Workshop	CompDev Certified
All Contexts	On Field Support, Volunteers, Managers etc	Safesport Mandatory Requirements: MED + Evaluation, Making Headway, Current Criminal Record Check. Recommended: CAC Safesport Module		

NCCP COMP INTRO MULTISPORT MODULES:

Basic Mental Skills, Design a Basic Sport Program, Emergency Action Plan, Nutrition, Practice Planning, Teaching & Learning

NCCP COMP DEV MULTISPORT MODULES:

Advanced Practice Planning, Coaching & Leading, Leading Drug Free Sport, Manage a Sport Program, Performance Planning, Psychology of Performance, Developing Athletic Abilities

**FHC MINIMUM COACHING STANDARDS
FOR ALBERTA DEVELOPMENT PROGRAMS**

DEVELOPMENT PROGRAMS - Includes academies or club teams requiring athlete evaluation/tryouts in order to participate, such as AB Club Provincials or for travel to international tournaments or other competitive skills training environments. Also includes FHA developmental training such as boot camps and Power Weekends (excludes provincial teams).

SAFESPORT MANDATORY REQUIREMENTS:

MED + Evaluation, Making Headway, Current Criminal Record Check.

RECOMMENDED: CAC Safesport Module.

Note: Untrained Safesport Coaches may not work with athletes

Program Context	Position	2022	2023	FINAL STANDARD
U16	Head Coach	Comp Intro in Training 4 Multisport Modules	Comp Intro in Training FHA Workshop	Comp Intro Certified
	Assistant Coach	Comp Intro In Training 2 Multisport Modules	Comp Intro in Training 5 Multisport Modules	Comp Intro Certified
U18	Head Coach	Comp Dev in Training 4 Multisport Modules	Comp Dev in Training 6 Multisport Modules	Comp Dev Certified
	Assistant Coach	Comp Dev in Training 3 Multisport Modules	Comp Dev in Training 5 Multisport Modules	Comp Dev Certified
All Contexts	On Field Support, Volunteers, Managers etc.	Safesport Mandatory Requirements: MED + Evaluation, Making Headway, Current Criminal Record Check. Recommended: CAC Safesport Module		

NCCP COMP INTRO MULTISPORT MODULES:

Basic Mental Skills, Design a Basic Sport Program, Emergency Action Plan, Nutrition, Practice Planning, Teaching & Learning

NCCP COMP DEV MULTISPORT MODULES:

Advanced Practice Planning, Coaching & Leading, Leading Drug Free Sport, Manage a Sport Program, Performance Planning, Psychology of Performance, Developing Athletic Abilities

FHC MINIMUM COACHING STANDARDS FOR ALBERTA HIGH PERFORMANCE PROGRAMS

PROVINCIAL HIGH PERFORMANCE PROGRAMS: Training environments for athletes selected for Team Alberta, competing at FHC National Competitions. These minimum standards will be enforced for all Provincial Teams and FHC National Events. Failure to comply will result in a \$500 fine in 2022, and from 2023 onward, each team with non-compliant coaches will not be allowed to participate in the event.

SAFESPORT MANDATORY REQUIREMENTS:

MED + Evaluation, Making Headway, CAC Safesport Module, Current Criminal Record Check.

Note: Untrained Safesport Coaches may not work with athletes

Program Context	Position	2022	2023	FINAL STANDARD
U16	Head Coach	Comp Intro in Training 5 Multisport Modules	Comp Intro in Training FH Workshop	Comp Intro Certified
	Assistant Coach	Comp Intro In Training 3 Multisport Modules	Comp Intro in Training 5 Multisport Modules	Comp Intro Certified
U18 Tier 1	Head Coach	Comp Dev in Training 6 Multisport Modules	Comp Dev in Training FHC Workshop	Comp Dev Certified
	Assistant Coach	Comp Dev in Training 4 Multisport Modules	Comp Dev in Training 8 Multisport Modules	Comp Dev Certified
U18 Tier 2	Head Coach	Comp Dev in Training 4 Multisport Module	Comp Dev in Training 8 Multisport Modules	Comp Dev Certified
	Assistant Coach	Comp Dev in Training 4 Multisport Module	Comp Dev in Training 8 Multisport Modules	Comp Dev Certified
U23	Head Coach	Comp Dev in Training 4 Multisport Modules	Comp Dev in Training FHC Workshop	Comp Dev Certified
	Assistant Coach	Comp Dev in Training 4 Multisport Modules	Comp Dev in Training 8 MS Modules	Comp Dev Certified
All Contexts	On Field Support, Volunteers, Managers etc	Safesport Mandatory Requirements: MED + Evaluation, Making Headway, CAC Safesport Module, Current Criminal Record Check.		

NCCP COMP INTRO MULTISPORT MODULES:

Basic Mental Skills, Design a Basic Sport Program, Emergency Action Plan, Nutrition, Practice Planning, Teaching & Learning

NCCP COMP DEV MULTISPORT MODULES:

Advanced Practice Planning, Coaching & Leading, Leading Drug Free Sport, Manage a Sport Program, Performance Planning, Psychology of Performance, Developing Athletic Abilities

**FHC RECOMMENDED COACHING STANDARDS
FOR ALBERTA UNIVERSITY PROGRAMS**

VARSITY USPORT AND CLUB TEAMS - It is recommended that University/Varsity teams competing within either USport or competitive club university structures support the development, excellence and growth of field hockey coaching in Canada by following the recommended FHC standards listed below.

SAFESPORT MANDATORY REQUIREMENTS:

MED + Evaluation, Making Headway, CAC Safesport Module, Current Criminal Record Check.

Note: Untrained Safesport Coaches may not work with athletes

Position	2022	2023	FINAL STANDARD
Head Coach	Comp Dev in Training	Comp Dev in Training FHC Workshop	Comp Dev Certified + Advanced Gradation in Progress
Assistant Coach	Comp Dev in Training	Comp Dev in Training FHC Workshop	Comp Dev Certified
On Field Support, Volunteers, Managers IST,etc.	Safesport Mandatory Requirements: MED + Evaluation, Making Headway, CAC Safesport Module, Current Criminal Record Check.		

NCCP COMP DEV MULTISPORT MODULES:

Advanced Practice Planning, Coaching & Leading,
Leading Drug Free Sport, Manage a Sport Program,
Performance Planning, Psychology of Performance,
Developing Athletic Abilities