

# NATIONAL COACHING CERTIFICATION PROGRAM – LEARNING PATHWAYS

For Field Hockey Alberta Coaches



# MINIMUM SAFESPORT REQUIREMENTS

All FHA Coaches, regardless of the age or level that they are coaching must have the following prerequisites:

1. **Making Ethical Decisions (MED)** – multisport module available from NCCP. *Please contact FHA or view the Alberta Sport website for current offerings. Online Evaluation must be completed prior to receiving accreditation*
2. **Making Headway** – NCCP free module can be found in the eLearning area when signed into The Locker
3. **Safesport Training** – NCCP free module can be found in the eLearning area when signed into The Locker
4. **Criminal Record Check** – All coaches must have a current CRC on file with FHA. *Please contact FHA on how to acquire a valid CRC.*

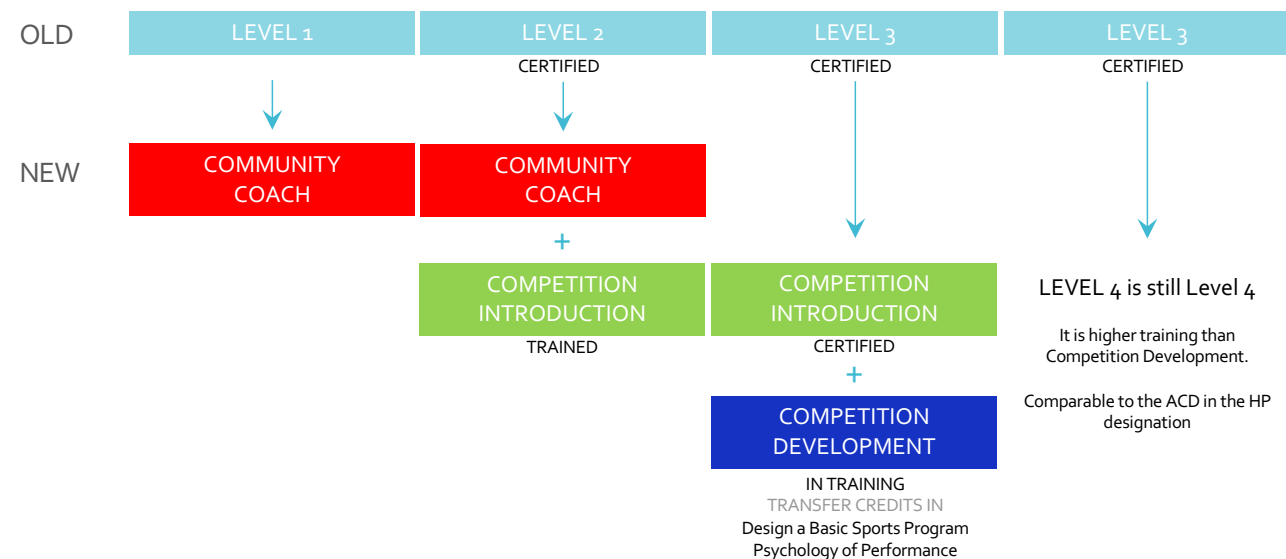


# OLD PROGRAM VS NEW NCCP

## How does it work?

In 2016, NCCP updated their coaching pathways and prerequisites. This new model is aligned with Long Term Athlete Development contexts.

Coaches with "OLD" Certification were transferred to NEW NCCP as follows:



Note:

1. All coaches, regardless of certification must
  - a) have a current Criminal Record Check on file with FHA, and
  - b) complete the three Safesport Modules: Safesport, Making Ethical Decisions, & Making Headway In Sport
2. Certification will expire if Personal Development Credits are not completed within 5 years.



# WHAT STREAM IS BEST FOR ME?

- Consider your coaching context:
  - ✓ Your athletes' skill, ages
  - ✓ Your knowledge, coaching experience, interest
- Coaching Streams are not sequential. That means, if you want to do Competition Introduction, you do not have to complete Community first.
- However, if you are a Comp-Intro Coach & wish to coach 8 yr olds, you'll require Community Training
- Coaching Levels are now aligned with the Long Term Athlete Development Matrix:

	ATHLETE COMMUNITY STREAM		ATHLETE COMPETITIVE STREAM			COMMUNITY STREAM
	FUNSTIX	LEARN TO TRAIN	TRAIN TO TRAIN	TRAIN TO COMPETE	TRAIN TO WIN	HOCKEY FOR LIFE
MALES	6-10	9-12	12-16	16-19	19+	
FEMALES	6-10	8-11	11-15	16-19	19+	
COMMUNITY STREAM	COMMUNITY					ONGOING
COMPETITIVE STREAM			INTRODUCTION			
				DEVELOPMENT		
					HIGH PERFORMANCE	



# COMMUNITY COACH PROFILE

## ATHLETE PROFILE:

- Boys and Girls under 12
- Recreation Athletes of All Ages
- Building Basics
- Physical Literacy/Active for Life

## COACH PROFILE:

- Parent Volunteer
- Limited or No Hockey Experience
- Past player needs to learn "How to Coach"
- 16+ yr old athlete with limited coaching background

ATHLETE COMMUNITY STREAM		COMMUNITY STREAM
FUNSTIX	LEARN TO TRAIN	HOCKEY FOR LIFE
6-10	9-12	
6-10	8-11	
COMMUNITY		ONGOING



# COMMUNITY COACH TRAINING PATHWAY

STEP 1	STEP 2	STEP 3
<b>SAFESPORT MODULES</b>	<b>MULTISPORT MODULES</b>	<b>COMMUNITY COURSE</b>
COMPLETE THREE SAFESPORT MODULES	COMPLETE ONE MULTISPORT MODULE	ATTEND FHC COMPETITION INTRODUCTION COURSE
<b>MODULE DELIVERY</b>	<b>MODULE DELIVERY</b>	<b>MODULE DELIVERY</b>
1 ONLINE OR CLASSROOM CAC MODULE  2 ONLINE INDEPENDENT LEARNING CAC MODULE	1 ONLINE OR CLASSROOM CAC MODULE	DELIVERED BY FHA  8 HOUR IN PERSON COURSE  COMING SOON: ONLINE FHC COURSE
<b>MODULES</b>	<b>MODULE</b>	<b>COURSE FOCUS</b>
MAKING ETHICAL DECISIONS (+ONLINE EVALUATION)  SAFESPORT (INDEPENDENT E-LEARNING)  MAKING HEADWAY IN SPORT (INDEPENDENT E-LEARNING)	FUNDAMENTAL MOVEMENT SKILLS	BASICS OF COACHING  BASICS OF FIELD HOCKEY
		<b>UPON COMPLETION</b>
		= <b>TRAINED</b>



TRAINED  
COMMUNITY COACH COURSE  
MULTISPORT MODULE (1)  
SAFESPORT MODULES (3)



There is no certification for community coach



# COMPETITION INTRODUCTION COACH PROFILE

## ATHLETE PROFILE:

- Boys and Girls Under 16 and/or club teams with league play
- Need to learn skills of the game
- Introduction to Competitive Games
- Tracking for Performance Development

## COACH PROFILE:

- Parent/Volunteer with 2+ years experience
- Coaches wanting to take the next step
- 16+ year old athlete with 2+ years coaching experience
- Club or League Coaches
- Coaches of U15 Provincial Team

ATHLETE COMMUNITY STREAM	ATHLETE COMPETITIVE STREAM
LEARN TO TRAIN	TRAIN TO TRAIN
9-12	12-16
8-11	11-15
INTRODUCTION	



# COMPETITION INTRODUCTION COACH TRAINING PATHWAY

STEP 1	STEP 2	STEP 3	STEP 4
<b>SAFESPORT MODULES</b>	<b>MULTISPORT MODULES</b>	<b>COMMUNITY COURSE</b>	<b>COACH EVALUATION</b>
COMPLETE 3 SAFESPORT MODULES	COMPLETE FIVE MULTISPORT MODULES	ATTEND FHC COMPETITION INTRODUCTION COURSE	COMPLETE THE EVALUATION PROCESS
<b>MODULE DELIVERY</b>	<b>MODULE DELIVERY</b>	<b>MODULE DELIVERY</b>	<b>EVALUATION DELIVERY</b>
1 ONLINE OR CLASSROOM CAC MODULE  2 ONLINE INDEPENDENT LEARNING CAC MODULE	5 ONLINE OR CLASSROOM CAC MODULES	DELIVERED BY FHA  2 DAY IN PERSON COURSE	DELIVERED BY FHA  2 STEP EVALUATION PROCESS
<b>MODULES</b>	<b>MODULES</b>	<b>COURSE FOCUS</b>	<b>EVALUATION STAGES</b>
MAKING ETHICAL DECISIONS (+ONLINE EVALUATION)  SAFESPORT (INDEPENDENT E-LEARNING)  MAKING HEADWAY IN SPORT (INDEPENDENT E-LEARNING)	TEACHING AND LEARNING  PLANNING A PRACTICE  BASIC MENTAL SKILLS  DESIGN A BASIC SPORT PROGRAM  NUTRITION	LEARNING THE GAME  PRACTICE PLANNING  BASIC ANALYSIS OF PERFORMANCE	SUCCESSFUL COMPLETION OF A PORTFOLIO  SUCCESSFUL EVALUATION OF A PRACTICE
		<b>UPON COMPLETION</b>  = <b>TRAINED</b>	<b>UPON COMPLETION</b>  = <b>CERTIFIED</b>



CERTIFIED  
  
COACH EVALUATION  
  
TRAINED  
  
COMPETITION INTRODUCTION COURSE  
  
MULTISPORT MODULES (5)  
  
SAFESPORT MODULES (3)



Coaches wishing to challenge the system go directly to STEP 4





# COMPETITION DEVELOPMENT COACH PROFILE

## ATHLETE PROFILE:

- Athletes between 16 and 19
- Performance Development
- Game Skills and Strategy
- High Level Club Teams (League Play)
- Senior Developmental Athletes

## COACH PROFILE:

- Good Coaching Foundation
- Experienced Club or U18 Provincial Coaches
- Post Secondary Coaches
- Former Junior/Current National Athletes

ATHLETE COMPETITIVE STREAM	
TRAIN TO TRAIN	TRAIN TO COMPETE
12-16	16-19
11-15	16-19
DEVELOPMENT	



# COMPETITION DEVELOPMENT COACH TRAINING PATHWAY

STEP 1	STEP 2	STEP 3	STEP 4
<b>SAFESPORT MODULES</b>	<b>MULTISPORT MODULES</b>	<b>COMMUNITY COURSE</b>	<b>COACH EVALUATION</b>
COMPLETE 3 SAFESPORT MODULES	COMPLETE FIVE MULTISPORT MODULES	ATTEND FHC COMPETITION DEVELOPMENT COURSE	COMPLETE COACH EVALUATION
<b>MODULE DELIVERY</b>	<b>MODULE DELIVERY</b>	<b>MODULE DELIVERY</b>	<b>EVALUATION DELIVERY</b>
1 ONLINE / CLASSROOM CAC MODULE 2 ONLINE INDEPENDENT LEARNING CAC MODULE	10 ONLINE / CLASSROOM CAC MODULES	DELIVERED BY FIELD HOCKEY CANADA 7 HOUR IN PERSON COURSE	DELIVERED BY FIELD HOCKEY CANADA 3 STEP EVALUATION PROCESS
<b>MODULES</b>	<b>MODULES</b>	<b>COURSE FOCUS</b>	<b>EVALUATION STAGES</b>
MAKING ETHICAL DECISIONS (+ONLINE EVALUATION) SAFESPORT (INDEPENDENT E-LEARNING) MAKING HEADWAY IN SPORT (INDEPENDENT E-LEARNING)	PSYCH PERFORMANCE MANAGE A SPORTS PGM DESIGN A BASIC SPORT PGM DEVELOPING ATHLETIC ABILITIES COACHING & LEADING EFFECTIVELY PREVENTION & RECOVERY LEADING DRUG-FREE SPORT MANAGING CONFLICT PERFORMANCE PLAN ADV PRACTICE PLAN	SKILL ANALYSIS SMALL-UNIT ANALYSIS GAME ANALYSIS	SUCCESSFUL COMPLETION OF A PORTFOLIO SUCCESSFUL EVALUATION OF A PRACTICE <small>*Note: Online MED, LDPS &amp; MC evaluation required for certification</small>
		<b>UPON COMPLETION</b> = <b>TRAINED</b>	<b>UPON COMPLETION</b> = <b>CERTIFIED</b>



CERTIFIED
COACH EVALUATION
TRAINED
COMPETITION DEVELOPMENT COURSE
MULTISPORT MODULES (6)
SAFESPORT MODULES (3)



Coaches wishing to challenge the system go directly to STEP 4



# HIGH PERFORMANCE: COMPETITION DEVELOPMENT ADVANCED COACH PROFILE

## ATHLETE PROFILE:

- Athletes over 18
- Elite and High Performance
- Game Skills and Strategy
- Next Gen or Team Canada

## COACH PROFILE:

- Excellent Understanding of Coaching
- Next Gen or National Team
- International Competition
- Competition Development Certified

## ATHLETE COMPETITIVE STREAM

TRAIN TO  
COMPETE

16-19

16-19

TRAIN TO  
WIN

19+

19+

HIGH PERFORMANCE



# HIGH PERFORMANCE: COMPETITION DEVELOPMENT ADVANCED COACH TRAINING PATHWAY

STEP 1	STEP 2	STEP 3	STEP 4
<b>SAFESPORT MODULES</b>	<b>ADVANCED DIPLOMA</b>	<b>FHC MENTORSHIP</b>	<b>COACH EVALUATION</b>
COMPLETE 3 SAFESPORT MODULES	COMPLETE ADVANCED COACHING DIPLOMA	ACTIVELY MENTORED THROUGH FHC PATHWAY	COMPLETE THE EVALUATION PROCESS
<b>MODULE DELIVERY</b>	<b>DIPLOMA DETAILS</b>	<b>MENTORSHIP DETAILS</b>	<b>EVALUATION DELIVERY</b>
1 ONLINE / CLASSROOM CAC MODULE  2 ONLINE INDEPENDENT LEARNING CAC MODULE	CANADIAN SPORTS INSTITUTE  OR  PREVIOUS NCCP LEVEL 4 CERTIFICATION /NCI DIPLOMA	AT LEAST ONE SEASON OF COACHING IN THE FHC HIGH PERFORMANCE PATHWAY	DELIVERED BY FHC  3 STEP EVALUATION PROCESS
<b>MODULES</b>	<b>COURSE FOCUS</b>	<b>COURSE FOCUS</b>	<b>EVALUATION STAGES</b>
MAKING ETHICAL DECISIONS (+ONLINE EVALUATION)  SAFESPORT (INDEPENDENT E-LEARNING)  MAKING HEADWAY IN SPORT (INDEPENDENT E-LEARNING)	DELIVERS THE COMPLETE NCCP MULTISPORT CURRICULUM		SUCCESSFUL COMPLETION OF A PORTFOLIO  SUCCESSFUL ASSESSMENT BY A PANEL



CHARTERED PROFESSIONAL COACH

CERTIFIED

COACH EVALUATION

MENTORED COACHING

ADVANCED COACHING DIPLOMA

COMP-DEV CERTIFIED

SAFESPORT MODULES (3)



# PROFESSIONAL DEVELOPMENT & MAINTENANCE CREDITS

## CERTIFICATION MUST BE MAINTAINED

- Professional Development is required to maintain Certification
- 5 year cycle to maintain personal development credits
- Competition Introduction = 20 credits
- Competition Development = 30 credits

## HOW TO TRACK & EARN CREDITS:

- Track in Locker under CERTIFICATION > MAINTENANCE
- Log coaching experience in Locker under CERTIFICATION > SELF-REPORT and earn 1 credit per year
- Self Direct learning earns maximum 3 credits per year (such as CJFH clinic)
- Most NCCP courses earn 5 credits

Coaches awarded  
TRANSFER CREDITS in 2016  
must complete  
MAINTENANCE CREDITS  
by December 31, 2021



