



## PARTICIPATION DISCLAIMER

This is a binding legal agreement; therefore clarify any questions or concerns before accepting. As a Participant in the sport of field hockey and the programs, activities and events of Alberta Field Hockey Association the undersigned, being the Participant and/or the Parent/Guardian of the Participant (collectively the "Parties") acknowledges and agrees to the following terms:

1. **Disclaimer** Alberta Field Hockey Association and its directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facility and representatives (collectively the "Organization") are not responsible for any injury, property damage, expense, damage, loss of income or loss of any kind suffered by a Participant during, or as a result of, any program, activity or event of the Organization, caused by the risks, dangers and hazards associated with the programs, activities and events of the Organization.
2. **Description of Risks** The Participant is participating voluntarily in the sport of field hockey and the activities, events and programs of the Organization. In consideration of their participation in the sport of field hockey and the programs, activities and events of the Organization, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the sport of field hockey and the programs, activities and events of the Organization and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
  - a. Being struck by a stick or ball;
  - b. Physical exertion, movements, turns and stops;
  - c. Dry-land training including weights, running and massage;
  - d. Executing strenuous and demanding physical techniques in field hockey;
  - e. Exerting and stretching various muscle groups;
  - f. Falling because of slippery turf, grass, ice, or uneven or irregular surfaces;
  - g. Falling while tackling, shooting, or passing;
  - h. Physical contact with other participants, spectators, equipment and vehicles;
  - i. Running or sliding on the turf/grass/surface;
  - j. Spinal cord injuries which may render me permanently paralyzed;
  - k. Strenuous cardiovascular workouts;
  - l. Failure to participate within one's abilities;
  - m. Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
  - n. Weather conditions which may result in hypothermia.

Furthermore, I am aware that:

- a. Injuries sustained in field hockey can be severe;
  - b. The Participant may come into close contact with other participants, including the possibility of accidental contact;
  - c. The Participant may experience anxiety while challenging him/herself during the activities, events and programs;
  - d. The Participant's risk of injury is reduced if they follow all rules established for participation; and
  - e. The Participant's risk of injury increases as they become fatigued.
3. **Assumption of Risk** In consideration of the Organization allowing the Participant to participate, the Parties agree:
    - a. That the Participant's physical condition has been verified by a medical doctor to participate in the sport of field hockey and the activities, events and programs of the Organization;
    - b. To freely accept and fully assume all such risks, dangers and hazards and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from participation in such activities, events and programs of the Organization;
    - c. To forever release and save harmless the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, incidental, special and/or consequential), losses (economic and non-economic), judgments, executions and costs (including legal fees), which they may have or may in the future, that might arise out of the Participant's participation in the activities, events and programs of the Organization or my travelling to or from, due to the risks and hazards described herein.
  4. **Photo/Video Consent** The Parties agree that:
    - a. The Organization has the right to take photographs and/or videos of the Participant
    - b. The Organization may use the photos and/or videos for lawful purposes, including but not limited to educating coaches and athletes on drills, publicity, advertising, and web content.
  5. **Acknowledgement** The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this agreement is to be binding upon themselves, their heirs, executors, administrators and representatives.