

2023 Football Canada Cup - Friday Update

TTC North - Nisku Turf Training Centre #4 – North – 1030 34 Ave, Nisku, AB

TTC South - Nisku Turf Training Centre #4 – South 1030 34 Ave, Nisku, AB

Viktoria Soccer Centre – 14025 142 St NW, Edmonton, AB

FRIDAY JULY 14TH, 2023 - PRACTICE DAY 5

Time	Schedule	Notes
7:00am - 7:30am	Breakfast for Alberta & Ontario	
7:30am - 8:00am	Breakfast for Nova Scotia & Saskatchewan	
8:00am - 8:30am	Breakfast for BC & Manitoba	
8:30am - 9:00am	Breakfast for New Brunswick & Quebec	
8:15am	Buses to Nisku TTC (AB & NS)	
9:00am - 10:50am	Practice - Alberta (TTC North) and Nova Scotia (TTC South)	
9:15am	Bus to Viktoria Soccer Centre (ON)	
10:00am - 11:50pm	Practice - Ontario (Viktoria Soccer Centre)	
10:15am	Buses to Nisku TTC (SK & BC)	
10:50pm	Buses back from Nisku TTC (AB & NS)	
11:00am - 12:50pm	Practice - Sask (TTC North) and BC (TTC South)	
11:15am	Bus to Viktoria Soccer Centre (QC)	
12:00pm - 1:50pm	Practice - Quebec (Viktoria Soccer Centre)	
12:00pm	Bus back Viktoria Soccer Centre (ON)	
12:00pm - 12:30pm	Lunch for Alberta & Nova Scotia	
12:15pm	Buses to Nisku TTC (NB & MB)	
12:50pm	Buses back from Nisku TTC (SK & BC)	
1:00pm-2:50pm	Practice - New Brunswick (TTC North) and Manitoba (TTC South)	
1:00pm-1:30pm	Lunch for Ontario	
1:30pm - 2:30pm	Lunch for Sask & BC	
1:50pm	Boxed Meal for QC Delivered / Return on Bus to Lister Hall	
2:50pm	Boxed Meal for NB & MB Delivered / Return on Bus to Lister Hall	
TBD	Buses to Banquet for All Teams	
4:00pm - 5:00pm	TOUR FORT EDMONTON	
5:00pm	Doors Open to Banquet	
5:45pm	FOOTBALL CANADA CUP BANQUET - FORT EDMONTON	
8:00pm	Buses to Lister Hall for All Teams	