

Fall Edition, 79th Issue

Fall 2010



FOOTBALL ALBERTA

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Football Canada Cup 2010 - Wolfville, Nova Scotia

Team Alberta's Steven McCaffrey named Top Defensive Player for the Entire Tournament

Quarterfinals, Sunday, July 11 - Nova Scotia 27 Alberta 24

On a blustery rain filled day in Wolfville, Team Alberta failed to hold on to a 17-10 halftime lead and wound up losing 27-24 to the host province of Nova Scotia in the quarterfinals of the 2010 Football Canada Cup featuring the top U18 players in Canada. Alberta opened the scoring on a one yard TD plunge by Taylor Yaremchuk out of Bev Facey in Sherwood Park in the first quarter. That was followed by second quarter scoring from Kris Stretton from Foothills in Okotoks on a 19 yard pass from Yaremchuk, and a 38 yard field goal from Henry Wise Woods (Calgary) Steven McCaffrey to stake Alberta to a 17-10 lead at the half. From there Nova Scotia mounted a furious attack that was only countered by a one yard run from Stretton early in the fourth. With the score 24-17 in favor of Alberta the defense put up a courageous goal line stand with 1:46 remaining in the game. Alberta conceded a safety then disaster struck as Nova Scotia took the ensuing kickoff back for a touchdown in three plays. A two point convert sealed the deal and Nova Scotia was off to the Semi-Finals while Alberta is relegated to the consolation side of the draw.

Consolation Semi-Finals, Wednesday, July 14 - Western Ontario 33 Alberta 5

On another blustery rain filled day in Wolfville, Nova Scotia, Team Alberta suffered a big set back as Western Ontario defeated them 33-5 in front of 583 fans at Raymond Stadium on the campus of Acadia University. One of the few bright lights for Alberta was the play of defensive back/kicker Stephen McCaffrey who put Alberta on the board late in the first with a 32 yard field goal then proceeded to lead the team in defensive tackles the rest of the way out with 8 solo tackles. The double edged running game of Western Ontario's Tyler Varga and Alex lessi was too much for Alberta to handle as both backs went for over 100 yards in a penalty filled game.

7th & 8th Place Game, Saturday, July 17 - Eastern Ontario 23 Alberta 22

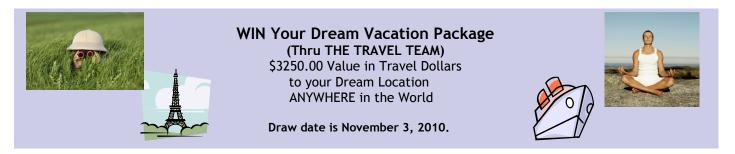
Finally a sun-filled day in Wolfville but the fortunes of Team Alberta continued to be cloudy in the 7th & 8th Place Game at the Football Canada Cup. The game started out fine for Alberta with QB Mark Oness from Holy Trinity Academy making an Okotoks connection for 85 yards to his crosstown high school rival, Kris Stretton from Foothills for a TD half way through the first quarter to stake them to a 7-0 lead. Eastern Ontario then controlled the next three quarters, with Alberta only managing two singles, eventually going up 20-9 with 6 minutes to go in the fourth guarter. That's when Alberta found their spark in Dexter Brown from Archbishop Jordan in Sherwood Park. Brown returned a punt deep into Eastern Ontario territory then followed up with three straight catches from his crosstown high school rival, QB Taylor Yaremchuk from Bev Facey, including a 15 yard touchdown reception. The two point convert failed but Alberta got the ball right back on Steven McCaffrey's perfect execution of a short kick which the Henry Wise Wood (Calgary) grad recovered himself. From there Yaremchuk and Brown hooked up again for the go-ahead score making it 22-20 with 2 minutes left. Alberta's defense forced a punt on the next series but disaster struck two plays later Yaremchuk was looking for Brown again only to have the ball deflected to a defender setting up Eastern Ontario at Alberta's 40. Four plays after that with 6 seconds remaining Eastern Ontario hit a 32 yard field goal to win the game. This marks Alberta's lowest showing in Football Canada Cup since its inception which will create a large mountain to climb when they host next years event in Lethbridge as next year's opponents are determined by seeding based on this years results. In any event Football Alberta would like to thank their hosts from Football Nova Scotia who have done a terrific job in hosting this event and we hope to match or exceed the bar they have set next year.

Executive Director's Fall '10 Report — Brian Fryer

PULL YOUR PRICE & DONATE BOOKLET - ANNUAL TEAM FUNDRAISING PLAN

Order 40 Books and Make \$2,400....Is Your Team Interested?

The Football Alberta fall fundraising campaign is off to a roaring start. We offer a highly successful team fundraising plan based on a <u>pull ticket donation</u> concept. TEAMS MAKE \$2,400 WHEN 40 BOOKS ARE ORDERED. This works out to a **75% profit** from each book sold. These successful "**Pull Your Price & Donate**" books have an \$80 value & no more scratches. Typically the prize is an all expenses paid trip to the Grey Cup. With the Grey Cup in Edmonton this year we are offering a **\$3250.00** Dream Vacation Package.



HOW THE PROGRAM WORKS:

Purchase 40 (min. order) Football Alberta - "Pull Your Price & Donate" booklets; each containing 50 tickets. Players, coaches and parents approach their favourite people and ask them to Pull a ticket & donate the amount on the ticket to support your football program. Donation amounts range from Free to \$2.50. There are 5 free tickets per book.

Each book generates \$80.00, of which you keep \$60.00 in profit. From the \$20.00 you pay to Football Alberta, a certain percentage goes towards the printing of the books and the balance goes to us. We pay for all of the prizes and put any remaining funds toward the programs we offer to amateur football programs in the province. By participating in our fundraiser, the dollars raised stay in amateur football in Alberta, not anywhere else. <u>Consider adding \$80 to a player's registration and hand them a book</u>. All books are then sold upfront.

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Football Alberta, 11759 Gro	at Rd.,	Edmonton AB T5M 3K6	R FORM E: <u>bfryer@telus.net</u>	Ph:780-427-8108	Fax: 780-427-0524
Payment Method: Check C Cheque Enclosed		dit card add 3% to total) MasterCard	Card Holder Nam	ie	
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Team/Organization Name:					
Contact Name:					
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Please ship us (quantity)		books @ a cost of \$20 per	book. Payment mu	st be received first	before books are sent.
Date books are needed:					

Bruce Schwieder wins A.S.A.A. Hall of Fame award

The Alberta High School Sports Hall of Fame was created in 2006 as part of the Alberta Schools' Athletic Association's 50th Anniversary celebrations.

Bruce Schwieder, Football Alberta V.P. Officials, received a Special Achievement Award. Bruce had officiated high school football for over 30 years. During his tenure on the CFOA, Bruce has been on the Executive countless times and each time he has been responsible for assigning officiating crews to high school football in Calgary.

Football Alberta Membership & Insurance

MEMBERSHIP INFORMATION

(All information is on the website at <u>http://footballalberta.ab.ca/web/membership/</u>) Football AB membership and insurance is valid January 1, 2010 to December 31, 2010. Please note that <u>All</u> minor teams must take out insurance.

Online Registration

Once again, teams and/or leagues should use their username and password to register their team. If your team or league registrar changes, please provide them with the team username and password and notify us of the new contact person, including their email address.

If you need to delete a large number of players from the 2009 roster in our database, contact Sally at 780-427-8108. Removing the players with her over the phone will save you both time and data entry work.

Insurance Plans

Plan #1 (2010 Team Membership + Player & Team Personnel Accident & Liability Insurance)

Minor (Atom, Pee Wee, Bantam)	Team fee of \$105.00 (incl. GST) + \$15.00 per person
High School	Team fee of \$131.25 (incl. GST) + \$15.00 per person
Midget/Junior/University	Team fee of \$131.25 (incl. GST) + \$15.00 per person
Senior Men/Female	\$15.00 per person
Flag/Touch	\$7.00 per person

\$3 Million Liability and Accident insurance

Plan #2 (Team Membership Only, No Insurance)

Rates:

High School, 6 & 9 Man, Midget, Junior & University teams: \$131.25 (incl. GST) This plan is for teams that have adequate insurance.

Payment is due, along with team rosters, as of your first practice. CDMFA and Edmonton Flag register with their own league online registration system. Please call the office to help clarify any issues and/or concerns you have about the system.



<u>Useful Tool</u>: Enter your players and team personnel into the database. Download the database into a .csv file. Open Microsoft Excel and save the document as an Excel (.xls) file. Use this as your roster, to easily make mailing labels, an email contact list, etc.

Congratulations to Vance and Shelly Curtis of Rocky Mountain House - Winners of the Alberta Sports Hall of Fame 2010 Football Builders Award!

Thank you for your many years of coaching and managing the Rocky Rebels High School Football Program. Your devotion to the players and the sport is an inspiration to us all.

Also, Congratulations to the 1983-1985 University of Calgary Dinos, inducted into the Alberta Sports Hall of Fame 2010.



Insurance is valid for the 2010 calendar year. Please <u>Do NOT</u> delete players from the insurance database if they leave your team.

Any player who has been on the field, or in the gym with you even once should remain in the database.

If a player is deleted, there will

be no record of them on file.

An insurance claim

could be denied.

Salute To Amateur Football Game - To Amateur Football Teams Red Deer & North

See the **Edmonton Eskimos vs. the Hamilton Tigercats** on Sundday October 3rd at 2:30 p.m. at Commonwealth Stadium. The Edmonton Eskimo Football Club in conjunction with Football Alberta is pleased to invite your team to attend the October 3rd game as guests of the Eskimos - GO ESKS GO!

The <u>deadline</u> for obtaining tickets is <u>Monday September 27th at 4:30 p.m.</u>: Please note that only teams with their <u>request and</u> <u>payment</u> into the Football Alberta office prior to September 27th at 4:30 p.m. will be eligible to pick up tickets at the gate on game day at Commonwealth Stadium. There will be no tickets available for teams unless they have contacted Football Alberta with their payment and request form.

The <u>maximum</u> number of tickets available is 40 tickets per tackle team & 12 tickets per touch/flag team. Tackle teams: if you require more than the allotment of 40 then a list of the team personnel/players needing tickets must accompany your order form. All others (i.e. parents, non-team personnel) are to purchase their own tickets through regular outlets. Group purchases (at a discounted rate) of 10 or more can be ordered through Brad Morgan with the Edmonton Eskimos at (780) 448-1455 or brad.morgan@esks.com (deadline - September 27th at 4:30 p.m.).

<u>COST PER TEAM:</u> Football Alberta members - \$50.00 per team Non-Members - \$100.00 per team --- 2010 membership is \$131.25/tackle team (All minor and flag/touch teams must be members) --- DOWNLOAD the ticket order form from the link on our homepage

2010 Football AB Scholarships

Football AB offers 5 scholarships to graduating grade 12 players who are registered at an Alberta post-secondary institution and participating with a post-secondary football team.

Again, the review committee received many qualified applicants in 2010. Congratulations go out to:

NORTH Luke Roberts - Wainwright HS, Wainwright EDMONTON Stefane Kreiner - Austin O'Brien HS, Edmonton CENTRAL Connor McLachlin - Notre Dame, Red Deer CALGARY Zach McEachern - Dr E.P. Scarlett, Calgary SOUTH Richard Slack - Medicine Hat HS, Medicine Hat

ADDITIONAL SCHOLARSHIPS Football Alberta/ASAA AB Bowl Gradyn Fast - Bev Facey, Sherword Park

Football Alberta/Calgary Stampeders

Steven McCaffrey, Henry Wise Wood, Calgary

The award winners will each receive \$1800.00 (\$900.00 per semester in 2010/11) based on the criterion established for the fund.

If you or someone you know should considered for a 2011 scholarship, find more information on the Football AB website at http://footballalberta.ab.ca/web/grants/scholarships.php.

Adult Football in Alberta

<u>Touch</u>

Edmonton City Playoffs September 18th - Confederation Park fields (112 St and 43 Ave) 9 a.m. Start

September 19th - Finals Clarke Park 9 a.m. Start

Calgary City Playoffs September 13-16, 20-21 - Glenmore

Provincial Playoffs September 25th & 26th in Edmonton

Flag

Calgary Flag Playoffs - October 2-3, 9-11

Senior Men's

The Calgary Gators defeated the Calgary Wolfpack 53-23 in the semi-final game on August 29th. On Saturday, September 11th, the Lloydminster Vandals won their first AFL Championship with a 46-26 victory of the Calgary Gators.

Good luck to the Vandals as they take on the Sault Ste. Marie Steelers in the 2010 CMFL National Championship on September 25th in Lacombe.

Women's Tackle

Played in the Spring, Women's Tackle is growing in Edmonton and Calgary. For more information on the Edmonton Storm team, contact Terry Yankhe at tyahnke@ualberta.ca. In Calgary, the team is the Calgary Rage--contact Kim Bronius kim.bronius@CalgaryRageFootball.com

www.footballalberta.ab.ca

U15-U18 National Flag Competition

The Flag Football Canadian National Championships was held August 14th through 16th on the Carleton University campus in Ottawa. In the largest division of nine teams, the Under 15 division, team Manitoba captured the gold medal with a 26 to 13 win over team Ontario. Team Manitoba's road to the finals went through a semi- final matchup against team Quebec at 8 A.M. followed by a 31-7 win against team Alberta in the semi- finals. Manitoba was able to overcome a 12- 6 opening game loss to team Saskatchewan and a 33 to 20 loss in their last round robin game to capture gold.

Team Ontario captured first place against teams from Quebec and Nova Scotia in the U18 female division with a close 7 to 6 win against team Quebec. Team Ontario avenged their 6 to 13 loss to previously undefeated team Quebec in the championship game.

In the U18 Men's division, Team Quebec won a hard fought game against team Ontario, 13 to 6 to stay undefeated in the three-day tournament. Team Nova Scotia won the bronze medal with a 18 to 13 win over team Manitoba.

The Ontario Football Alliance along with Football Canada hosted the Flag Football National Championships from Saturday August 14 to Monday August 16 at Carleton University's Keith Harris Stadium and Ravens Road Field. The National Flag Championship is an annual non- contact event which this year brought together teams from PEI, Nova Scotia, Quebec, New Brunswick, Ontario, British Columbia, Alberta, Saskatchewan and Manitoba. The annual U15 National Flag Football tournament was expanded this year through the creation of a U18 male and female age divisions. The top Canadian youth Flag Football players battled through heavy rain and multiple thunderstorm delays on Sunday to compete for provincial pride and national bragging rights.

U15M Results

Gold Medal: Manitoba 26 Ontario 13 Bronze Medal: BC 34 Alberta 6 U18 Females Results Championship game: Ontario 7 Quebec 6 U18 Males Results Gold Medal: Ontario 6 Quebec 13 Bronze Medal: Manitoba 13 Nova Scotia 18 U15 MVPS DEF- Marcus Dilanato, Team Ontario OFF- Alex Tachinski, Team Manitoba U18M MVPS DEF- Paul Johnson, Team Ontario OFF- Alex Pilon, Team Quebec U18F MVPSDEF- Faith Gallant, Team Ontario OFF- Natalie Journeau, Team Quebec

Team Alberta Hawaii Wins!

Drew Bexson from Holy Rosary H.S. in Lloydminster scored two touchdowns as a select team of Alberta high school football players defeated King Kamehameha High School in Maui 14-7 on Wednesday, August 18 in a controlled scrimmage. The event cumulated a week long experience for the Alberta players who came to the Hawaiian Islands to train for the upcoming season as well as experience the local culture and compete against a local team in a controlled scrimmage. This marks the fifth year of the Team Alberta Hawaii program operated by Football Alberta but the first time the team has scored more touchdowns than their host school.



Alberta opened the scoring in the second series on a 16 yard run by Bexson set up by a long catch from James Read from Holy Trinity Academy in Okotoks, but went to halftime tied 7-7 after giving up a long pass and run for a TD on King Kamehameha's second series. The last half was played to a standstill before QB Colby Plikett out of Cold Lake hooked up with Cardston's Cody Chipman on a 35 yard pass to the King Kamehameha 5 yard line early in the fourth series. Two plays later Bexson took it over for Alberta's second TD. From their the defense stood tall and never let the Hawaiians inside the 40 yard line the rest of the scrimmage. Tristan Nwagwu out of St. Mary's in Calgary had a monster game at rush end recording 8 tackles including 5 QB sacks. Griffin Cymbaluk from Wetaskiwin and Aaron Rommelle from Willow Creek in Claresholm both added interceptions and Jordan Arkko from St. Francis Xavier in Edmonton recovered a fumble during the game to help the cause.



Minor Provincials Update

Download a pdf of the <u>Minor Provincials Policy & Procedures Manual</u> to ensure your team follows regulation and is eligible for provincial playoffs.

2010 Minor Provincials Changes and Schedule

The following are items addressed by the Minor Football Committee, voted on and passed at our recent Football Alberta AGM for inclusion in the Minor Provincials Policy and Procedure Manual. Please ensure that this information is distributed accordingly throughout your league so that all member clubs are aware of the following:

<u> The Football –</u>

Starting in the 2010 season the official football to be **used for Provincial Playoffs** will be the **Wilson TDY Leather football for Bantam and Wilson TDJ Leather Football for Pee-Wee and Atom**. Leagues and teams may continue to use whatever they wish during league play but for the purposes of Provincials the host team must have a good selection (minimum 3) of quality TDY or TDJ leather balls for usage by the officials. No ball switching will take place during Provincials as per the rule book.

<u>Season of Play –</u>

"Season of Play for all Minor Football in the Province to be included in the Minor Provincials Policy and Procedure Manual read as follows:

• • Off-Season: This includes the months of December, January, and February in their entirety. Teams and association may do all the administrative activities they wish and are also free to host gatherings for their players in whatever venue they wish (i.e. gym nights). Players can attend off-season camps as individuals or whatever indoor team activity their club provides.

• Spring Season: This includes the months of March, April, May, and June in their entirety. All teams may do any and all on and off-field activities they wish during this time. This will allow for ample time for the Midget season to take place and all other levels of minor football to run as much or as little spring programming as they wish.

• Summer Break: This includes the entire month of July. Teams and associations may continue to do administrative activities during this time (i.e. registrations, equipment handouts), but no formal on or off field activities for the players will be allowed in equipment or not. Athletes may attend summer football camps (i.e. University of Calgary Summer Football Camp) or Alberta Summer Games/Football Alberta elite program events as individuals but no coach, team, league, or association that is a member of Football Alberta at the minor football level may be the sponsor or organizer of summer camps for the purposes of training their athletes as a team.

• Fall Season: Teams and Associations will be allowed to start practices on August 1st of each year. Leagues and Associations will be allowed the flexibility to determine when they can start their regular season and/or preseason tournaments but it would be recommended that 10 calendar days and at least 6 practises be allowed before any competition between teams takes place. The regular season for all leagues will conclude with their championship games played the first full weekend in November (i.e. both Saturday and Sunday are November dates). This will allow for 14 weeks of league play including playoffs.

• **Provincials:** Provincial play for Pee-Wee and Bantam representative teams will commence the second full weekend in November and will conclude as per the schedule set by the Minor Football Committee and the previous years Planning Meeting. Atom football will continue finish up at the end of the regular season with the champions of the Capital District Tier I division declared Provincial Champion at that age category.

Consequences for not following the Seasons of Play Guidelines would fall into two categories:

TEAM – if a single team chooses not to follow the Seasons of Play Guidelines they would then forfeit any right to access Football Alberta programs and services. This would include everything from insurance to coaches clinic ac-

cess to Alberta Summer Games and Bantam Bowls. Their League or Association would be free to choose whether or not they would be allowed to continue in regular season play or not but regardless of their record on the year, should they be allowed to continue, they would not be eligible for Provincials

LEAGUE or ASSOCIATION – if an entire league or association chooses not to follow the Seasons of Play Guidelines they would suffer the same consequences as in the TEAM section above as a group and none of their representative teams would be eligible for Provincials.

NOTE: In either situation above the discovery of these incidents would have to be proven by evidence provided and would be dealt with on a case by case basis.

<u>Extra Week for Pee-Wee Playoffs –</u>

This years schedule will see an increase in the Pee-Wee playoffs by one week thus eliminating the need for mid week semi-finals. Following our standard protocol of having no BYE's or teams sitting around for a week with no one to play the schedule is filled accordingly for the Pee-Wee semi-finals. Those second teams at Tier III and IV would rotate amongst the leagues each year. The last item is that since the Pee-Wee and Bantam Finals would now take place on the same weekend we would try for 2010 to concentrate the possible locations for the finals in the South for Bantam and the North for Pee-Wee. In 2011 we would switch and so on and so on. The concept being that we don't want to put a strain on facilities and officials if that can be avoided.

BANTAM

Semi-Finals - Saturday, Nov. 13 Tier I Southern Alberta "A" at Capital District "A" Capital District "A2" at Calgary "A" Tier II Central Alberta "A" at Capital District "B" Southern Alberta "B" at Calgary "B" Tier III Capital District "C" at Wheatland Central Alberta "B" at Calgary "C" Tier IV Grande Prairie at Capital District "D" Southern Alberta "C" at Central Alberta "C"

Finals - Saturday, Nov. 20 Tier I Capital District "A2"/Calgary "A" hosts Tier II Southern Alberta "B"/Calgary "B" hosts Tier III Central Alberta "B"/Calgary "C" hosts Tier IV Southern Alberta "C"/Central Alberta "C" hosts

* switch from past years with Southern Alberta "C" dropping to Tier IV thus eliminating the need for a quarterfinal in Tier III and a second team from Capital District in Tier IV

PEE-WEE

Semi-Finals - Saturday, Nov. 13 Tier I Calgary "A2" at Capital District "A1" Capital District "A2" at Calgary "A1" Tier II Calgary "B2" at Capital District "B1" Capital District "B2" at Calgary "B1" Tier III Calgary "C2" at Capital District "C" Central Alberta "A" at Calgary "C1" Tier IV Lloydminster at Capital District "D1" Capital District "D2" at Central Alberta "B"

Finals - Saturday, Nov. 20 Tier I Calgary "A2" / Capital District "A1" hosts Tier II Calgary "B2" / Capital District "B1" hosts Tier III Calgary "C2" / Capital District "C1" hosts Tier IV Lloydminster / Capital District "D1" hosts

ATOM

<u>Finals - Saturday, Nov. 6</u> Capital District "A1" vs. Capital District "A2"

www.footballalberta.ab.ca

Concussion Education

Football B.C. has developed great resource information on concussions based on a Think First-Sport Smart Concussion Education and Awareness Program. All football coaches should access and download the PDF versions for your coaches, trainers, players and parents. To download this information go to:

http://www.footballcanada.com/Players/HealthandSafety/ tabid/185/language/en-CA/Default.aspx

At this Football Canada site you can download:

- a) Concussion Information Sheet for the Coach/Trainer
- b) Concussion Information Sheet for Athletes
- c) Concussion Information Sheet for Parents

2010 Senior Bowl Results

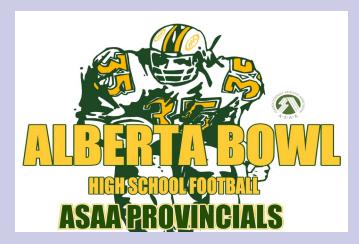
<u>Senior Bowl 2010</u> Final Score : North 24 South 17

MVP North Lineman: Mark Sutherland, St Albert MVP South Lineman: Eli Hankinson, Henry Wise Wood (Calgary) MVP North: Jahlani Gilbert-Knorren, Harry Ainlay (Edm) MVP South: Brad Karl, Foothills (Okotoks)

In it's 21st year of operation the Senior Bowl is a "North" vs. "South" All-Star Game for the top graduating Grade 12 athletes in Alberta. It is annually held over the May long weekend in either Edmonton or Calgary with the selection Camps for the North and South teams taking place in April.

2010 High School Provincial Playoffs

The ASAA and Football Alberta will be hosting the 3nd Alberta Bowl, where all four Tier finals will be played at the same venue. November 26-27 in Shouldice Park, Calgary. Please watch the ASAA website (www.asaa.ca) for more details.



Quarterfinal Games:	November 13th
Semi Final Games:	November 20th
Final Games:	November 26th
	- Tier 3
	November 27th
	- Tiers 1,2 & 4

Defined regions in the province are :

Region 1 - South & Rangeland

- Region 2 Big Sky & Rocky View
- Region 3 Calgary
- Region 4 Central
- Region 5 Edmonton Metro
- Region 6 Edmonton Public
- Region 7 Wheatland & Fort McMurray
- Region 8 Mighty Peace