Spring Edition, 84th Issue

Spring 2012

International Bowl

The IFAF World Team took on America's Under-19 National Team in USA Football's International Bowl on Wednesday, February 1 in Austin, Texas.

WIDESIDE

The Official Newsletter of Football Alberta

Final Score: 35-29 in favour of the IFAF World Team!



The people in the picture are all from Alberta and are in this order from left to right:

Barclay Spady (coach) Troy Weissback (DL from Sherwood Park) Jordan Arkko (OL from Edmonton) Sean McEwen (OL from Calgary) Tanner Doll (LB from St. Albert) Nathan Mitchell (DB from St. Albert) Ryan Smith (WR from Sherwood Park) Rees Paterson (DB from Sherwood Park) Connor Ralph (LB from Raymond) Tim Enger (coach)

FOOTBALL ALBERTA

Inside this issue:

FB AB Team Fundraiser	2
2012 Membership Info	2
Senior Bowl Roster	3
Team Alberta Selection	4
FB AB Coaching Awards	5-6
FB AB Scholarship Program	7
Rule Changes for 2012	8
Junior National Team Roster	8
Member Links	8
Kickoff Rule Reduces Con- cussions	9
The Concussion Blog - NFL Concussion Information- Dustin Fink	$10 \cdot 11$

WIDESIDE is the official newsletter of Football Alberta. 11759 Groat Rd Edmonton AB T5M 3K6 (P)780-427-8108 (F)780-427-0524 Web: www.footballalberta.ab.ca

Executive Director: Brian Fryer (E) bfryer@telus.net

Technical Director: Tim Enger (E) tenger@telus.net

Administrative Coordinator: Sally Ferrero (E) admin@footballalberta.ab.ca

Football Alberta Annual Team Fundraiser					
PULL YOUR TICKET & DONATE BOOKLET -	ANNUAL TEAM FUNDRAISING PLAN				
TEAMS MAKE MORE MONEY THIS YEAR ORDER 40 BOOKS AND MAKE \$2920! <i>IS YOUR TEAM INTERESTED?</i>	<u>Grand Prize</u> Trip for 2 to Toronto for the 100th Grey Cup! \$4,500.00 Value Includes: Tickets to the Grey Cup game, Nov. 25, 2012				
We are once again offering a highly successful team fund- raising plan, based on the <u>pull ticket donation</u> concept. This year teams will make $$2,920.00$ (up from $$2,400$ last year) with 40 books ordered. This works out to a 73% profit from each book sold.	4 nights at Sheraton Centre Hotel Airfare for two from Edmonton				
Each book generates \$100.00, of which you keep \$73.00 in profit. The \$27 cost for the book covers the printing of the books and the prize package, with the balance going to-wards amateur football programs in our province.	Arrangements through Farlie Travel in St. Albert				
For more information, see <u>our website</u> .					
ORDER	FORM				
Team/Organization Name:					
Contact Name:					
Shipping Address:(No Box#)	P.C				
Phone: BHE-mail					
Please ship us (quantity)books @ a cost of \$27 per	book. Payment to be received first.				
Date books are needed:Signature					
Payment Method:					
□ Cheque Enclosed (payable to Football Alberta) OR □ Vi	sa / Mastercard Total Payment				
Card-Holder Name					
Card #E	xpiry Date				
Send form in to the Football Alberta Office: Percy Page Centre, 1	1759 Groat Rd, Edmonton AB T5M 3K6				
Football Alberta 2012 Membership & Insurance					

Football AB membership and insurance is valid January 1, 2012 to December 31, 2012. <u>All</u> minor teams must take out insurance. <u>Plan #1</u> (2012 Team Membership + Player & Team Personnel Accident & Liability Insurance)

Minor / Midget	Team fee of \$157.50 (incl. GST) + \$20.00 per person
High School	Team fee of \$183.75 (incl. GST) + \$20.00 per person
Junior/University	Team fee of \$183.75 (incl. GST) + \$20.00 per person
Senior Men/Female	\$20.00 per person
Flag/Touch	\$7.00 per person

Plan #2 (Team Membership Only, No Insurance)

High School, 6 & 9 Man, Midget, Junior & University teams: \$183.75 (incl. GST). This plan is for teams that have adequate insurance.

Once again, teams and/or leagues should use their username and password to register their team at https://footballalberta.ab.ca/members/. Delete players who will not be returning for 2012 and add any new players. Please do not delete players who attend a 2012 practice/gym night or selection camp and then do not play with the team. Insurance payment should be collected from those players and submitted for coverage for the year.

www.footballalberta.ab.ca

Senior Bowl 2012



NORTH All-Star Team All players listed alphabetically by position

Quarterback

Matt Bonaca - Salisbury (Sherwood Park) Jesse Schneider - Austin O'Brien (Edmonton) Runningbacks Drew Bexson - Holy Rosary (Lloydminster) Leonardo Mantuila - Austin O'Brien (Edmonton) Jordan Samoil - Bev Facey (Sherwood Park) Aundrey Webster - Harry Ainlay (Edmonton) Receivers Braiden Annibale - Archbishop Jordan (Sherwood Park) Zach Bosch - Salisbury (Sherwood Park) Jason Lambert - Peace River Rick LeMoignan - Austin O'Brien (Edmonton) Kyle Sommerville - Father Mercredi (Fort McMurray) Anton Stewart - William E. Hay (Stettler) Offensive Line Sawyer Barth - Bev Facey (Sherwood Park) Jacob Brett - Fort Saskatchewan Jonathan Harke - Bev Facey (Sherwood Park) Cameron MacKenzie - Bev Facey (Sherwood Park) Mitchell Milligan - Harry Ainlay (Edmonton) Evan Rutherford - Harry Ainlay (Edmonton) Luke Zenke - Bev Facey (Sherwood Park)

Defensive Line Blake Adams - Bonnyville Devon Kison - Leduc Ben Lysak - Salisbury (Sherwood Park) Chase Nahrebeski - Harry Ainlay (Edmonton) Jordan Nolt - Spruce Grove Alex Perry - Bev Facey (Sherwood Park) Troy Weissbach - Bev Facey (Sherwood Park) Linebackers

Luke Marshall - Sylvan Lake Kieran Maxwell - Austin O'Brien (Edmonton) Aidan Panchyshyn - Austin O'Brien (Edmonton) Nicholas Potgieter - Spruce Grove Kieran Thomas - Harry Ainlay (Edmonton) Landon Wenger - St. Albert **Defensive Backs** Ethan Backer - Grande Prairie Shayne Gilson - Grande Prairie Brandon Jennings - Paul Kane (St. Albert) Connor Knox - Bev Facey (Sherwood Park) Andre Leduc - St. Albert Mandella Loggale - Austin O'Brien (Edmonton) Nathan Mitchell - Paul Kane (St. Albert) Dylan Niedermaier - Cold Lake Rees Paterson - Archbishop Jordan (Sherwood Park)

<u>Kicker</u>

Ideen Samadi - Paul Kane (St. Albert)

Monday May 21st, 2012 22nd Annual Senior Bowl 12:00 p.m. Foote Field, Edmonton Tickets \$10/each available at the gate



SOUTH All-Star Team

All players listed alphabetically by position

<u>Quarterback</u>

Aaron Elock-Covle - St. Timothy's (Cochrane) James Thompson - Bishop Grandin (Calgary) Runningbacks Landon Bayda - Notre Dame (Calgary) Kellen Forrest - Cochrane Jarvis James - Bishop O'Byrne (Calgary) Kristian Root - Cochrane Receivers Coel Bazinet - Notre Dame (Calgary) Taylor Brooks - Foothills (Okotoks) Patrick Cavanagh - Bowness (Calgary) Kyle Doubell - Bishop Carroll (Calgary) Eric Patterson - Cochrane Jordan Perreault - Springbank Colton Quast - Medicine Hat Adam Wilson - Western Canada (Calgary) **Offensive Line** Jason Doherty - Dr. E.P. Scarlett (Calgary) Matthew McDougall - Bishop McNally/Father Lacombe (Calgary) Jacob Mickelson - Bowness (Calgary) Matt McFeeters - Forest Lawn (Calgary) Justin Nemeth - St. Mary's (Calgary) Dante Polo - Bishop O'Byrne (Calgary) Benjamin Prcic - St. Francis (Calgary) **Defensive Line** Eric Chamberland - St. Francis (Calgary) Ricardo Quevedo - Bishop McNally/Father Lacombe (Calgary) Troy Richardson - Henry Wise Wood (Calgary) Tyler Shabits - Notre Dame (Calgary) Matthew Thomson - Holy Trinity Academy (Okotoks) Bravden Twarvnski - Bishop O'Bvrne (Calgarv) Jevon Westerbeek - Bishop Grandin (Calgary) Linebackers Dustin Bennett - Cochrane Eric Egan - Bishop O'Byrne (Calgary) Maddix Fabien - St. Francis (Calgary) Emilio Gallotta - Notre Dame (Calgary) Bradley Kotania - Lord Beaverbrook (Calgary) Anthony Petrillo - Notre Dame (Calgary) Daniel Zalucky - Bishop Grandin (Calgary) **Defensive Backs** Brandon Bellman - Holy Trinity Academy (Okotoks) Ryan Burke - Bishop O'Byrne (Calgary) Caleb Donahue - Medicine Hat Trai Gallimore - Medicine Hat Devon Richardson-Jackson - Bishop Grandin (Calgary) Conner Robinson - L.C.I. (Lethbridge) Hunter Turnbull - Henry Wise Wood (Calgary)

www.footballalberta.ab.ca

Team Alberta - Final Selection Camp 2012

Quarterbacks

Taylor Armsworthy - Foothills (Okotoks) Ben Kopczynski - Central Memorial (Calgary) Brad Launhardt - Bev Facey (Sherwood Park) Chris Merchant - Western Canada (Calgary) Scott Pearson -Hunting Hills (Red Deer) Boston Rowe - St. Francis (Calgary) Runningbacks Alexander Brown - Bishop O'Byrne (Calgary) Alex Cho - St. Mary's (Calgary) Bryson Dobush - Bev Facey (Sherwood Park) Cole Fiedler - Catholic Central (Lethbridge) Spencer Fournier - Drumheller Brendan Friesen - Ardrossan Edward Ilnicki - Spruce Grove Dallin McLean - Jasper Place (Edmonton) Nathan Pytel - St. Albert Ryder Stone - Holy Trinity Academy (Okotoks) **Receivers** Jimmie Airey - Ardrossan Jags Bahia - Central Memorial (Calgary) Dallas Boath - Centennial (Calgary) Mahad Farah - McNally (Edmonton) David Gibbs - McNally (Edmonton) Ashton Hall - Hunting Hills (Red Deer) Scott Hannah - Crecent Heights (Medicine Hat) Austen Hartley - Bishop Grandin (Calgary) Tak Landry - Harry Ainlay (Edmonton) Tyler Ledwos - Sylvan Lake Andrew Macdonald - Winston Churchill (Lethbridge) Jonathan Muamba - Austin O'Brien (Edmonton) Frederick Muamba - Austin O'Brien (Edmonton) Jordan Muir - Victory Christian (Edmonton) Matt Nash - Bev Facey (Sherwood Park) Derek Newman - Bev Facev (Sherwood Park) Nolan O'Reilly - Western Canada (Calgary) Brady Podloski - Notre Dame (Red Deer) Bradley Russell - Edwin Parr (Athabasca) Nathan Tiemstra - Central Memorial (Calgary) Adam Zajdel - Henry Wise Wood (Calgary) **Offensive Linemen** Dean Blackburn - Grande Prairie Brendan Bray - Henry Wise Wood (Calgary) Jason Gray - Bev Facey (Sherwood Park) Kruise Hofferd - Peace River Matthew Hubert - St. Francis (Calgary) Chase Jensen - Centennial (Calgary) Mark Korte - Spruce Grove Justin Lawrence - Spruce Grove Mike MacDonald - Cold Lake Bryce McKinnon - Cochrane Joe McQuay - Notre Dame (Red Deer) Jordan Mitchell - Bishop McNally/Father Lacombe (Calgary) Chase Quewezance - Ross Sheppard (Edmonton) Shane Richards - Crescent Heights (Calgary) Ryan Sceviour - Bowness (Calgary) Tyler Sloboda - Sylvan Lake Alex Stewart - St. Josephs (Grande Prairie) Gunnar Thurrott - Spruce Grove Brett Waselenkoff - Salisbury (Sherwood Park) Tyrel White - Chinook (Lethbridge) Tyler Winchester - Bishop McNally/Father Lacombe (Calgary)

Defensive Linemen

Matt Alberts - Bishop Grandin (Calgary) Tyler Beaudoin - Salisbury (Sherwood Park) Anthony Crowshoe - St. Mary's (Calgary) Bryce Fisher - Stettler Dilshant Garcha - Camrose Nicholas Haggerty - Jasper Place (Edmonton) Brandon Hatch - Bev Facey (Sherwood Park) Bryce Johnson - Hunting Hills (Red Deer) Trent Joseph - Bishop Grandin (Calgary) Justin Keys - Henry Wise Wood (Calgary) Justin Lanceleve - Cold Lake Brady McCaffrey - Bishop McNally/Fath. Lacombe (Calgary) Jordan McCormick - Lloydminster Garrett Meek - Ross Sheppard (Edmonton) Zak Palek - Spruce Grove Samuel Pharand - Lindsay Thurber (Red Deer) Troy Richardson - Henry Wise Wood (Calgary) Jack Romaniuk - Bev Facey (Sherwood Park) George Saloum - Bishop O'Byrne (Calgary) Linebackers Liam Asuchak - Henry Wise Wood (Calgary) Nicholas Baharally - Stettler Garrett Copp - Rundle College (Calgary) Ross Delauw - Winston Churchill (Lethbridge) David DiGianvittorio - St. Francis (Calgary) Misha Drury - Western Canada (Calgary) Brad Friesen - Jasper Place (Edmonton) Carter Ganton - St. Albert Troy Hansen - Jasper Place (Edmonton) Bradley Hoddinott - St. Albert Nick Hogan - Harry Ainlay (Edmonton) Reyd Kessler - Bowness (Calgary) Luc Laplante - Notre Dame (Red Deer) Tv Page - Stettler Eric Roberts - Central Memorial (Calgary) Dylin Russell - Bev Facey (Sherwood Park) Cody Snoxell - Cochrane Micah Teitz - Springbank Cole Van Esch - Bishop O'Byrne (Calgary) **Defensive Backs** Tope Alao - Central Memorial (Calgary) Robert Barnett - Henry Wise Wood (Calgary) Andrew Britton - Henry Wise Wood (Calgary) Cole Christianson - Ardrossan Daniel Ellis - Harry Ainlay (Edmonton) Gerald Fitzgibbon - Bishop McNally/Fath. Lacombe(Calgary) Ayden Gelfand - Henry Wise Wood (Calgary) Matt Leach - McNally (Edmonton) Aubrey Linn - Grande Prairie Kaelan MacDonald - Notre Dame (Red Deer) Brennan McNeil - St. Josephs (Grande Prairie) Clay Nagel - Medicine Hat Joshua Normandeau - Fort Saskatchewan Gordon Poliak - Austin O'Brien (Edmonton) Jordan Rae - Holy Trinity Academy (Okotoks) Chris Scott - Bishop O'Byrne (Calgary) Levi Sim - Austin O'Brien (Edmonton) Logan Sinclair - Hunting Hills (Red Deer) Quade Smith - Olds Brandon Waeyen - Henry Wise Wood (Calgary) Sean Waugh - Centennial (Calgary) Keith Zyla - St. Albert

2011 Football Alberta Coaching Awards

Football Alberta annually recognizes outstanding coaches who have made a commitment to their team(s) and/or the sport of Football in our Province. Winners of the 2011 Coach of the Year Awards were selected from among many nominees and presented with their awards at the Annual Awards Luncheon held during the University of Calgary/Football Alberta Coaches Clinic on March 10, 2012.

Gary Hobson Award (for behind the scenes excellence) Kathy Cheek - President, Calgary and Area Peewee Football Association.

One of the hardest working football volunteers in the Calgary area, Kathy Cheek is this year's winner of the Gary Hobson Award. For 15 years, Kathy has been an integral part of the development of Pee-Wee football in Calgary. Starting as a director in 1997 which was followed by a two year stint as Treasurer, Kathy moved into the Presidents chair in 2000 and has stayed there ever since. Under her direction the CPFA has grown from its original 9 teams to 17 teams. She was also instrumental in starting an indoor touch football league in the school she is employed in that now services hundreds of kids. A true innovator and described as a "24 hour thinker", Kathy is a very deserving recipient of this award.

Harold Ferguson Official of the Year Kelly Edgeworth - Edmonton Football Officials Association

Kelly Edgeworth has been an official in the Edmonton Football Officials Association for 10 years. In that time he has developed into one of the top officials in the Province at the same time giving back to the association serving as Training Chairman for the last 5 years. As Training Chairman he has assisted greatly in the recruitment, training and retention of new officials that have risen to meet the growing demand for officials in Edmonton and Northern Alberta. He is constantly active on field and officiates games from Atom right up to CIS on any given week during the season. On top of that he was named head referee in the Hardy Cup and Mitchell Bowls of the CIS this past season which is quite an accomplishment and makes him a very worthy recipient of the Harold Ferguson Official of the Year Award.

Novice Coach of the Year David Holowaychuk -Bishop Grandin High School (Calgary)

In 2008 David Holowaychuk was the starting wide receiver for the University of Calgary Dinosaurs. Three seasons later he is the head coach of the Calgary High School Division II Champion Bishop Grandin Ghosts. Quite a rise for a young man whose coaching career is still in its infancy. David is credited with renewing the once proud Bishop Grandin program that had fallen on hard times in the last decade and creating a winning atmosphere where the Ghosts are now hungry to succeed on-field. His institution of an off-field work-out program and a spring camp, which Grandin hadn't seen in years, has pumped new life into the school. A quality young coach who is the perfect example of why this award was created, David Holowaychuk is the 2011 Novice Coach of the Year.

Atom / Pee Wee Coach of the Year Darren Mokuruk - Lloydminster Eagles Peewee

Darren Mukoruk has been coaching minor football in the Lloydminster area for six years and as a head coach of the Lloydminster Pee-Wee Eagles has taken his team to the league championship game the past three seasons, winning it all in 2009 and 2011. Last season his team advanced to Provincials and lost a heartbreaker in the Tier IV semi-finals by a touchdown to Spruce Grove which was the best showing of any team from their league in the history of their participation in Provincials. Beyond the on-field success, Darren is a great example of what a minor football coach should be in focusing on developing all of the players and ensuring everyone plays in every game. It's not easy coaching Pee-Wee but Darren does it with style and is a very worthy recipient of the Atom/Pee-Wee Coach of the Year Award for 2011.

Bantam Coach of the Year Dan Juvinville - Bonnyville Bandits

There was a lot of excitement in Bonnyville this past November. Not only did their high school team advance to Provincials for the first time ever but their bantam team, led by head coach Dan Jubinville, qualified for Provincials as well, and advanced all the way to the Bantam Tier III Provincial Final. Quite a turnaround from the 2010 season when the Bandits didn't win a single game all year. Coach Jubinville is a tireless worker for the program and assisted in the construction of the new change rooms, concession, and clock tower for Walsh Field. Unfortunately the season came to an end for the Bandits with an exciting 14-10 loss to Cochrane in the Tier III Final, but for contributing to the rise of football in the town of Bonnyville in so many ways, Dan Jubinville is the 2011 Bantam Coach of the Year.

High School Tier IV Coach of the Year Vance Curtis - West Central Rebels (Rocky Mountain House)

The West Central Rebels out of Rocky Mountain House in the Central Alberta League are always a great story. Sometimes having great seasons and sometimes not so great seasons, the Rebels are always sporting a large roster of kids who love football mainly due to the influence of their head coach - Vance Curtis. Vance has been a mainstay with football in Rocky Mountain House for over 35 years. Starting out in 1976, he has tutored hundreds of young men in the skills and character building attributes that only football can bring. In 2011 they had another successful season in the Central Alberta League, then moving into Tier IV Provincials where they defeated the defending Northern Alberta Champion Holy Rosary Raiders before falling to powerful Ardrossan in the Northern Tier IV Final. For a great year and many other great years we are proud to present the 2011 Tier IV Coach of the Year Award to Vance Curtis.

Football Alberta Coaching Awards cont'd.

High School Tier III Coach of the Year Norbert Baharally - William E. Hay Wildcats (Stettler)

You would think that winning Stettler's first Provincial High School Championship in 25 years would be reason enough to earn the Wildcats head coach Norbert Baharally the Tier III Coach of the Year award, but Norbert's accomplishments go way beyond the field of play. As an administrator in the school, he oversees the development of the true student-athlete and also helps out greatly with the minor programs in town. Through his hard work, football passion is alive and well in the Heartland of Alberta and the Wildcats shocking 55-14 defeat of perennial champion Cochrane in the Alberta Bowl Tier III Provincial Championships is the reward for all of that work. Norbert Baharally, the Tier III Coach of the Year for 2011.

Laurie Robertson High School Tier II Coach of the Year Darcy Ogonoski - Austin O'Brien Crusaders (Edmonton)

At the end of the Tier II Provincial Championship game last November was a moment when the usually reserved Darcy Ogonoski, head coach of the Austin O'Brien Crusaders, allowed himself to joyfully celebrate with his team. This was a welldeserved moment in time as for the first time in school history, and after three previous berths in the Tier II final had come up unsuccessful, the Crusaders had finally won their first Provincial Championship. Perennially running one of the strongest programs in the Edmonton area, the Crusaders even made a case as potentially the best team at any Tier with a 11-1-1 record and victories over Tier I powerhouses Raymond and Salisbury in 2011. In any event, they finished off the year in style with a 21-3 victory over the tough Holy Trinity Academy Knights in the Alberta Bowl Tier II final and cemented their coach, Darcy Ogonoski, as the Laurie Robertson Tier II Coach of the Year.

Tier I Coach of the Year Award Danny Boily - Harry Ainlay Titans (Edmonton)

2011 was the year of the Titan at the Tier I level but it didn't come easy. After a relatively smooth run through the Edmonton Public League the Titans advanced to the Provincial Playoffs for the third straight season looking to finish what they had left undone in 2010 when they lost to the Raymond Comets in the Tier I Final. What followed were three nailbiting games against probably the strongest opponents ever lined up for anyone in the Tier I playoffs. A 23-15 win over Salisbury in the Northern Semi-Finals was followed up by a heart stopping 17-16 win over Bev Facey in the Northern Final. Just when you thought you'd seen enough their 21-16 overtime victory over Raymond in the Alberta Bowl Tier I Final will go down as a classic. Many hands were responsible for these victories but none more important than their head coach, and Frank Morris Tier I Coach of the Year, Danny Boily.

NEED RESOURCE MATERIALS FOR THE COACHING SEASON?

If you missed out on coaching clinics or if you want to better your skills, visit the Resource Materials section on the Football Alberta website <u>http://footballalberta.ab.ca/web/resources/</u> for a complete list of materials available through the office.

The Norman Kimball Award Rick Gilson - Grande Prairie Warriors

The Norm Kimball Award for Coach of the Year in Alberta usually strictly deals with on-field excellence. In 2011 it does as well, but also deals with the greatest thing about football in its ability to develop character and perseverance in the face of great adversity. To say the Grande Prairie Warriors faced adversity in 2011 is a gross understatement. On October 22, 2011, four members of their team were killed in a car accident and the worlds of an entire team and community were shattered. What happened from there has been well documented but the efforts to not only continue the season for the remaining players but also turn the attitudes of hatred and revenge in Grande Prairie to ones of forgiveness and healing fell on the shoulders of head coach Rick Gilson. The character he showed in leading his team to the Mighty Peace Championship as well as leading his community through a very trying time is more than amazing and it is our honor to present the Norm Kimball Coach of the Year to Rick Gilson.

Life Membership / Hall of Fame Award John Belmont

For the past 46 seasons, John Belmont has paced the sidelines of Alberta's football fields. Starting in 1966 as the Junior Varsity coach at Strathcona High School, John has worked at most every level of amateur football from bantam to CIS. Over that time. John has influenced the lives of thousands of young men as both a physical education teacher and a football coach. He also worked tirelessly off the field serving on the Football Alberta and Football Canada's Board of Directors during the 1980's and '90's which included a stint as President of Football Alberta during the time the Senior Bowl was conceived and implemented. His greatest on-field success may have come as Offensive Coordinator for the Edmonton Huskies in their back to back National Championships in 2004 & 2005, but in his work over the past six decades, the positive influence he has had on countless people makes him one of Alberta's true treasures in the football community and we are very proud to present the Life Membership/ Hall of Fame Award to John Belmont.

Thank you to the Edmonton Eskimos and the Calgary Stampeders For their Continued Support of the Senior Bowl Program



Football Alberta Scholarship Program - June 7th deadline

Applications are being accepted from athletes in Alberta Tackle Football High School programs...provided their school Football teams are confirmed paid members of Football Alberta in the year of the application. The applicant must be a graduating Grade 12 player having played tackle high school football within the Alberta Schools Athletic Association (ASAA) system.

The recipient must be registered for full time (as stipulated by the institution) attendance at an accredited Alberta post-secondary institution all year or both semesters. The program of study must be a minimum two (2) years in duration. The Applicant must be participating on a post-secondary Alberta football team of their choice during the year of application.

WHAT IS AVAILABLE/REGIONS? (7 Scholarships are available for the 2012/2013 year)

Six (6) regional scholarships valued at \$2,000.00 each are available for the 2012/2013 academic year. There are 5 Scholarship/ Award regions with each demographically equal region having the capability of receiving at least one award winner each year. Regions are; Northern Alberta, Edmonton, Central Alberta, Calgary and Southern Alberta. Calgary receives a 2nd scholarship as donated by the Calgary Stampeders.

One(1) scholarship valued at \$2,000.00 will be awarded to a player on one(1) of the ten(10) teams that participated in the 2011 ASAA Alberta Bowl Provincial Tier 1, 2, 3, 4 or 6-man Final Games. The teams were:

- Tier I: Raymond, Harry Ainlay
- Tier II: Austin O'Brien, Holy Trinity Academy
- Tier III: Stettler, Cochrane
- Tier IV: Ardrossan, Drumheller
- 6 man: Ft. McMurray, Buck Mountain

Applicants can be eligible to apply for a regional scholarship and the Alberta Bowl scholarship; however, an applicant cannot be awarded 2 scholarships in the same year.

For more information visit: <u>http://footballalberta.ab.ca/web/grants/scholarships.php</u>



Football Canada - 2012 Tackle Football Rule Changes

There are a number of rule clarifications and corrections that have been approved by the Tackle Rules Committee. These rule changes will be added to the next printed edition of the Rule Book due to be out in May 2012. If you wish to order any 2012-2013 Tackle Football Rule Books, please contact Sally at <u>admin@footballalberta.ab.ca</u>.

The details of the rule changes, which are effective immediately, can be found on our website, at:

http://footballalberta.ab.ca/web/coaching/rule_book_changes.php

Football Canada - Adds 35 to Junior National Team Roster

Canada looks to improve on 2009 silver medal at IFAF U-19 World Championship this summer

Football Canada is proud to unveil the 35 first Junior National Team players, representing Canada at the 2012 International Federation of American Football (IFAF) U-19 World Championship to be held June 28 - July 8 in Austin, Texas. "On behalf of the coaching staff, I would like to thank all those players who tried-out for Team Canada at this year's regional selection camps held in Saskatchewan, Ontario, Quebec and Nova Scotia," said Head Coach, **Noel Thorpe**.

For more details, you can read the full press release from Football Canada

Congratulations to the following players from Alberta...

- Receiver Tylor Henry from Camrose
- Offensive Line Andrew Boisvert from Sherwood Park
- Linebacker Tanner Doll from St. Albert
- Defensive back Michael Schmidt from Calgary

Minor Leagues		High School	
CDMFA	http://www.cdmfa.com	Edm. Public	http://consultingservices.epsb.net/
Central Pee Wee	http://sites.google.com/site/cpwfl2009/Home	Edm. Metro	http://www.telusplanet.net/public/metroedm/
Calgary Bantam	http://www.cbfa.ab.ca/		Sports%20Listing.html
Calgary Pee Wee	http://calgarypeeweefootball.com/	Calgary	http://www.calgaryhighschoolsports.com
SAMFA - Bantam	http://southernalbertaminorfootball.ab.ca/	Wheatland	http://www.wheatlandfootball.ca/
Lloydminster Minor	http://www.lmfa.info/	Rockyview	http://rvsa.rockyview.ab.ca/
GP Pee Wee	http://www.gppwfl.com/	<u>Touch & Flag</u>	
Officials		Edmonton Touch	http://www.etfa.ab.ca/
Calgary	http://www.cgyfoa.ab.ca/	Red Deer Touch	http://rdtfa.redzoneleagues.com/
Edmonton	http://www.efoa.ca/	Calgary Touch	http://www.calgarytouchfootball.com/
Jr. Prairie Conf.	http://www.pfcfootball.com	Edmonton Flag	http://www.effa.ab.ca/
	tp://www.eteamz.com/albertafootballleague/	Calgary Youth	http://www.calgaryyouthflagfootball.ca/
	· <u> </u>		

Member League Websites...Do we have a link to your league? Call us to add/update a link.

Kickoff rule reduced concussions by Barry Wilner, Associated Press, Yahoo! Sports

Moving kickoffs up 5 yards last season did exactly what the NFL sought, reducing concussions.

"The kickoff rule had an effect on the game," said Rich McKay, chairman of the league's competition committee. "There was a 40 per cent reduction in concussions on that play."

The league repeatedly has said the change to kicking off from the 35-yard line was done solely for player safety. McKay said Monday at the owners meetings it served that purpose.

But he admitted surprise that total kickoff returns dropped 53 per cent.

For all plays, concussions were down 12.5 per cent, from 218 in 321 games in 2010 to 190 in 320 games last season. There was no Hall of Fame game last year because of the lockout.

Owners will vote this week to enhance player safety by outlawing horse-collar tackles on passers in the pocket, a proposal made by the Pittsburgh Steelers.

"There was a lot of talk about quarterback injuries," he said. "We watched every play where the quarterback was hurt. We looked at every roughing-the-passer penalty, 100-plus, and we were comfortable that the quarterback is being protected adequately."

Owners will consider expanding protection of defenseless players to those who are hit by crackback blocks. The proposal calls for outlawing contact to the head area or being blocked by an opponent headfirst.

"We saw some hits we wanted to make sure that players changed their hit points on," McKay said.

McKay believes players and coaches are more comfortable now about adopting the post-season overtime rule requiring a team losing the coin toss to get a possession if the opponent kicks a field goal on the first series. That rule was passed in 2010, but has had no impact on a playoff game yet.

Originally, the committee believed it was easier to get the change adopted just for playoff games and the Super Bowl because "there was a distinction. In the post-season, you lose and you go home," McKay said.

Now, the owners will vote on Pittsburgh's proposal to use the same system in the regular season.

The Steelers would have benefited years ago from a change in the injured reserve rules being considered. A player hurt in preseason or the first week of the schedule could be designated to return to practice after six weeks and play after eight weeks rather than sit out the entire season. The idea is to keep marquee players who get hurt early available to return late in the season.

In 1995, Pittsburgh kept star defensive back Rod Woodson on the active roster after a major knee injury. Woodson came back to play in a Super Bowl loss to Dallas.

"Why not give that narrow flexibility?" McKay said. "We sent a survey to the teams and they wanted it very much."

Instant replay also could see two significant changes: booth replay officials reviewing plays rather than referees, and all turnovers being reviewed just as all scoring plays currently are reviewed.

The committee felt because reviewing a turnover will not cause a delay - the clock is stopped on such plays - it makes sense to look at them just like the way the league began reviewing touchdowns, field goals, extra points and safeties in 2011.

"The coaches will have a lot more challenges left in their pockets," McKay said. "The majority of challenges were on scoring plays and turnovers prior to last year."

Commissioner Roger Goodell said Monday the league would look into its restriction on cross-ownership if St. Louis Rams owner Stan Kroenke buys the Los Angeles Dodgers.

"If he ultimately has the winning bid," Goodell said, "we'd immediately move with our committee, knowing it's important to baseball."

The league also handed out compensatory picks to teams who lost free agents last year. Green Bay, the New York Jets and Cleveland each got four selections in next month's draft. Indianapolis, Oakland and Pittsburgh received three each. Baltimore and Minnesota got two apiece, while Atlanta, Buffalo, Carolina, Dallas, St. Louis, San Diego and the Super Bowl champion Giants each got one.

Only the Raiders will make a compensatory selection in the third round, No. 95 overall. The Packers and Vikings both got two in the fourth round, when the Giants, Raiders, Ravens and Cowboys received one. Oakland, Baltimore and Indianapolis were awarded fifth-rounders. The rest of the picks are in the sixth and seventh rounds.

Teams cannot trade compensatory picks.

Free agents who brought such picks to their former teams included cornerback Nnamdi Asomugha, who left Oakland for Philadelphia; running back-kick returner Darren Sproles, who went from San Diego to New Orleans; and quarterback Tarvaris Jackson, who went from Minnesota to Seattle.

http://sports.yahoo.com/nfl/news;_ylt=A2KJ3CWL6HFPTBoAZt5NbK5_?slug=capress-fbn_nfl_meetings_rules-17476158

Concussion Blog, NFL Concussion Information; Dustin Fink

Yesterday Rich McKay, chairman of the NFL competition committee, made comments regarding player safety and rules. Of note was McKay stating that kickoff concussions were down from the previous year, he credits the rule change of moving the ball up five yards on the kickoff;

McKay said Monday that concussions on kickoffs dropped by 40 percent during the 2011 season which likely goes hand in hand with the fact that kickoff returns dropped by 53 percent.

Also in the <u>AP story - linked in various</u> places - McKay released information about concussions being down, for "in-game" situations, versus the previous year;

For all plays, concussions were down 12.5 percent, from 218 in 321 games in 2010 to 190 in 320 games last season. There was no Hall of Fame game last year because of the lockout.

In the end of the year wrap up posted in January you will note not only did we mention the decline in the kickoff concussions, but our data on the past two seasons;

The 200+ concussions should not come as a surprise, as we told you to expect that back in the preseason, the main reason being the better reporting of the issue. Players seemed to capitulate, slightly, to the injury as the season wore on, yet there is still the stigma present in the game. [...]

There are still issues with the reporting of the injury for whatever reason, as evident with some teams. For example of the 384 found concussions the past two years Cincinnati has only reported THREE or 0.78% of all concussions, Tampa Bay, Houston and Buffalo are not much better, if the injury was truly random then each team should be reporting about 12 a year.

Our data shows that we have 390 total concussions (2011 practice and post season included) while the NFL has 408 ("in-game" only). This is a significant issue unto itself, as the NFL has not made a statement about raw numbers until this information from McKay. The 218 in 2010 far exceeds our 172 of that same year, meaning that there were concussions that occurred that were never listed on the official injury list and did not appear in the media coverage of the teams.

2011 is a bit different as we found 191 "in-game concussions" (with one being the James Harrison injury that the neither league nor Pittsburgh listed as a concussion but we did). That being said there were 225 total concussions found in the league last year; meaning that we found 34 or 15% of concussions that occurred in practice or somewhere other than a game (yes we keep track of practice and game injuries, as well as: position, helmet, occurrence, height, weight, years pro, starter/backup, etc.)

If anything this verifies how we are collecting data, at least for 2011, and since our methods were unchanged from the previous year, it begs the question - who has the real list of injuries? The data from the NFL tells us that those that cover the teams are doing a good job of exposing the injury as they occur. A worry is the NFL has never even come close to signaling that there were 200+ concussions in a season, heck as recent at 2007 the number was well below 100 - of found concussions. This makes me wonder.

Problems still remain, but McKay and the NFL are correct in saying the kickoff rule did as it was intended; helped with player safety.

While we are on the subject of rule changes, I would like to endorse the proposed bylaw change that has been floated out there regarding concussions and roster limitations;

Allowing one roster exemption per team per week for a player who is inactive with a concussion.

Continued on page 11...

Concussion Blog, NFL Concussion Information; Dustin Fink (cont)

This makes just too much sense when dealing with an injury with an unspecified recovery rate for each individual. Not to mention that when returning from a concussion that the player needs to progress through a step-wise flow, and if they have a setback then they possibly could miss a game. This would allow teams more flexibility and possibly not rush a player back. The only issue I have is that the number should be raised to two, because, a majority of teams (looking at the past data) will have AT LEAST one player recovering from a concussion each week (unless you are Cincinnati, Tampa Bay, Houston or Buffalo). Maybe they can fine tune that a bit, we all know the NFL can do some serious investigating if they feel you are skirting the rules.

Here are some more suggestions if you are listening;

The NFL is making an effort, although a reactive one, to take this issue seriously if they want to make some serious head way and lessen the cost of concussions to the owners then there are some suggestions I can make;

1. Create a truly independent think tank. (Perhaps this should be run by the Players Association). This think tank should be composed of various types of people and ones that are not concerned about what they find or say. Just like taking a Band-Aid off, this group would be good at getting the necessary information and providing recommendations no matter how critical or imposing they may seem. Their information should be transparent and thorough. I believe this group should be composed of the following 20 people: 4 independent researchers, 2 independent neuropsychologists, 2 independent physicians, 2 psychologists, 1 active NFL athletic trainer, 1 college athletic trainer, 1 high school athletic trainer, 2 media personalities, 2 active NFL players, 2 former NFL players, 1 current NFL Head Neck & Spine Committee member.

2. Compile and publish a concussion database for NFL injuries that includes at the least: total number of career concussions, time missed. (There may be a HIPAA issue with this, so perhaps again the Players Association should have dual ownership of the official NFL listing).

3. Again look for the proper helmet for the position, let alone get rid of all helmets that are technologically older than 15 years. This would mean the removal of the old model Riddell, Shutt and Adams. (*The teams and players get by the 10 year "throw out" rule by having the companies manufacture the old style helmets; this is happening less BTW.*)

4. Use the league and players to promote the proper management of concussions, including full rest until asymptomatic then a graded stepwise recovery. This course of action may differ from professional players but make it clear, adolescent brains are different from that of the mature adult.

5. Promote less hitting in practice and proper tackling technique (don't use James Harrison). Stop using the top or crown of the helmet as the primary point of contact.

6. Enforce all rules on the books that deal with helmet contact. Remember that helmets were made for and instituted for protection not for weaponry. The use of the helmet as a weapon has contributed to an increase of concussions, if players were to use their face mask instead of the crown of the helmet I would hazard a guess that concussions would decrease.

7. (new) The NFLPA should demand that the league put in the HITs system (by Simbex) in the helmets for a trial season. This will require effort from the league as well, because the NFL will have to convince Riddell to allow the technology in all helmets. This monitoring would only initially be available to the PA, NFL and the mentioned think tank above.

Simply put the game of football was designed for the human playing in the early 1900's not the athletic monsters that patrol the sidelines today. Even with the advancement in technology the player and game have advanced much faster; in my observation this has come at the sacrifice of medical research on the sport - concussions notwithstanding.

BIGGER + FASTER + STRONGER = more injuries. <u>http://theconcussionblog.com/2012/03/27/nfl-concussion-information/</u>