

# WIDESIDE

THE OFFICIAL NEWSLETTER OF FOOTBALL ALBERTA  
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## UPDATES:

- Congratulations to the following teams which won 2007 Provincial Championships at their level of play this past season:

### **Atom (age 9-10)**

Edmonton Chargers

### **Pee-Wee (age 11-12)**

**Tier I** Calgary Bulldogs

**Tier II** West Edmonton Black Raiders

**Tier III** Calgary Falcons

### **Bantam (age 13-15)**

**Tier I** Raymond Jr. Comets

**Tier II** Calgary Wildcats

**Tier III** Edmonton Chargers

### **High School**

**Tier IV** Sylvan Lake Lakers

**Tier III** Cochrane Cobras

**Tier II** Notre Dame Pride

**Tier I** St. Francis Browns

- The **Annual Football Alberta/University of Calgary Football Clinic** will be held in Calgary on **Friday, March 7** and **Saturday, March 8**. As usual it will be held in conjunction with the **Football Alberta Coaches Awards Banquet**. A more detailed list of events and a registration form will be coming to your attention soon.
- The annual **Senior Bowl High School All-Star Game** will take place on **Monday, May 19, 2007** at the completion of the May long weekend. The game itself will be at **12:00 p.m.** at **Foote Field** in **Edmonton**. The tryout camp for the "**North**" is on the weekend of **April 11-13** in **Edmonton** while the "**South**" camp will be on the weekend of **April 18-20** in **Calgary**. Nominations by high school coaches for Senior Bowl tryouts are due as of January 31, 2007. We will be instituting on-line registration this year.
- 2008 is an **Alberta Summer Games** year. The ASG is the only multi-sport major Games in the world with tackle football as one of its events. It is for the bantam age level (including this years graduates) so if you are interested contact the following people in the following areas:  
Zone 1 Dennis Wickham (403)381-2606

Zone 2 Matt Hassett (403)938-0281

Zone 3 Brock Jacobs (403)276-1902

Zone 4 Gino Castellan (403)342-5618

Zone 5 Scott Smith (780)449-7246

Zone 6 Susan Morgan (780)444-1062

Zone 7 Vince Orioux (780)808-2291

Zone 8 Rick Gilson (780)532-6226

- **Football Canada Cup 2008** will be held in Sherbrooke, Quebec from July 5-12. Once again this year Football Alberta will be fielding teams at the U19 level as well as two at the U17 level (Northern Alberta and Southern Alberta). Stay tuned to the Football Alberta website for further information on this event.
- Congratulations to the following Junior Football Players from Alberta who were named **All-Canadian for 2007** (High School in brackets):  
**Sean Brown** (OL) – Edmonton Wildcats (Bev Facey H.S. – Sherwood Park)  
**Cassidy Doneff** (WR) – Calgary Colts (Cochrane H.S.)  
**Tristan Jones** (RB) – Edmonton Wildcats (St. Albert H.S.)  
**Nate Cote** (QB) – Victoria Rebels (Cochrane H.S.)  
**Brad Chamberlain** (DL) – Edmonton Huskies (Hilltop H.S. – Whitecourt)  
**Ryan King** (LB) – Edmonton Wildcats (Bev Facey H.S. – Sherwood Park)

Special congratulations to **Ryan King** for being named the CJFL's Top Defensive Player for 2007 and **Nate Cote** for being named the CJFL's Top Offensive Player for 2007.

- Congratulations to the following Albertans who were named **CIS All-Canadians for 2007** (these are all players who played for Alberta Universities or graduated from Alberta High Schools):  
**1<sup>st</sup> Team:** **Tim O'Neill** (OL) – University of Calgary (via Victoria)  
**Simon Patrick** (DL) – Univ. of Manitoba (Parkland Predators - Spruce Grove)  
**Justin Cooper** (DL) – Univ. of Manitoba (Lindsay Thurber H.S. – Red Deer)

**Dan Bass** (LB) – University of Alberta  
(Ardrossan H.S.)

2<sup>nd</sup> Team: **Anthony Woodson** (RB) – U of Calgary  
(St. Francis H.S. - Calgary)

**Aaron Holba** (WR) – Univ. of Alberta  
(M.E. LaZerte H.S. - Edmonton)

**Simeon Rottier** (OL) – Univ. of Alberta  
(R.F. Staples H.S. – Westlock)

**Daniel Shutte** (DL) – St. Mary's University  
(Hunting Hills H.S. – Red Deer)

**Hugh O'Neill** (K/P) – Univ. of Alberta  
(Ross Sheppard H.S. – Edmonton)

## MIDGET (Spring)

<u>CALGARY MIDGET LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
<b>Boulton Division</b>						
Calgary Hilltoppers	6	0	0			12
Calgary Mavericks	5	1	0			10
Tri-County Freeze	2	4	0			4
Calgary Cowboys	1	5	0			2
Northern Raiders	0	6	0			0
<b>Parkinson Division</b>						
Calgary Bulldogs	5	1	0			10
Calgary Wildcats	5	1	0			10
Calgary Colts	3	3	0			6
Calgary Broncos	3	3	0			6
Calgary Falcons	0	6	0			0

**FINAL:** Calgary Wildcats 7 Calgary Colts 5

<u>CAPITAL DISTRICT MIDGET</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
<b>Tier I</b>						
Parkland Outlaws	5	0	0	135	44	10
Sherwood Park Rams	4	1	0	153	20	8
St. Albert Storm	3	2	0	107	70	6
Fort McMurray Ravens	3	2	0	98	98	6
Sherwood Park Wolverines	2	3	0	76	129	4
Edmonton Black Raiders	1	4	0	73	113	2
Edmonton Chargers	1	4	0	49	132	2
Edmonton Eagles	1	4	0	72	157	2

**FINAL:** Outlaws 13 Rams 10 (OT)

<b>Tier II</b>						
Edmonton Silver Raiders	4	1	0	87	63	8
Edmonton Seahawks	3	1	1	88	65	7
Parkland Bandits	2	3	0	63	60	4
Leduc Chill	0	4	1	41	91	1

**FINAL:** Silver Raiders 18 Bandits 4

## HIGH SCHOOL

<u>MIGHTY PEACE LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
<b>Peace Conference</b>						
Peace River Pioneers	4	0	0	156	66	8
South Peace Penguins	3	1	0	121	88	6
Grande Prairie Warriors	2	2	0	105	85	4
Sexsmith Sabres	1	3	0	109	122	2
Beaverlodge Royals	0	4	0	55	185	0

**SEMIS:** Peace River 63 Sexsmith 13

Grande Prairie 20 South Peace 11

**FINAL:** Grande Prairie 4 Peace River 3

<u>Athabasca Conference</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Whitecourt Cats	6	0	0	226	63	12
Peace Wapiti Titans	4	2	0	150	102	8
St. Josephs Celtics	4	2	0	187	77	8
Valleyview Cougars	3	2	1	153	107	7
Hinton Wolfpack	2	3	1	110	111	3
North Peace Oscars	1	5	0	178	160	2
Fox Creek Flames	0	6	0	6	390	0

**SEMIS:** Whitecourt 28 Valleyview 14

St. Josephs 16 Peace Wapiti 0

**FINAL:** Whitecourt 20 St. Josephs 0

**Mighty Peace Tier III Qualifier:**

Peace River 63 Whitecourt 0

**Mighty Peace Tier IV Qualifier:**

Sexsmith 44 Peace Wapiti 12

## RESULTS:

### 2007 YEARBOOK OF RESULTS

#### SENIOR MEN'S

<u>ALBERTA LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Grande Prairie Drillers	7	1	0	236	108	14
Calgary Wolfpack	6	2	0	378	105	12
Calgary Gators	6	2	0	268	143	12
Lloydminster Vandals	6	2	0	198	156	12
Edmonton Stallions	5	3	0	253	166	10
Wainwright Longhorns	3	5	0	230	219	6
Red Deer Buccaneers	2	6	0	129	238	4
Edmonton Seahawks	1	7	0	37	300	2
Calgary Thunder	0	8	0	45	341	0

**SEMIS:** Calgary Gators 12 Calgary Wolfpak 11

Edmonton Stallions 21 Grande Prairie 0

**FINAL:** Edmonton Stallions 21 Cal. Gators 16

**NATIONAL FINAL:** Sault Ste. Marie 59 Edm.

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#### UNIVERSITY

<u>CANADA WEST LEAGUE</u>	<u>W</u>	<u>L</u>	<u>OT</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
U of Manitoba Bisons	8	0	0	206	110	16
U of Regina Rams	6	2	0	257	196	12
U of Saskatchewan Huskies	5	3	0	213	131	10
U of Calgary Dinosaurs	4	4	0	234	180	8
UBC Thunderbirds	3	5	0	167	198	6
U of Alberta Golden Bears	2	6	0	166	204	4
Simon Fraser Univ. Clan	0	8	0	70	294	0

**SEMIS:** Manitoba 27 Calgary 5

Regina 19 Saskatchewan 13

**HARDY CUP:** Manitoba 48 Regina 5

**MITCHELL BOWL:** Manitoba 52 Western 20

**VANIER CUP:** Manitoba 28 St. Mary's 14

#### JUNIOR

<u>PRAIRIE FOOTBALL CONF.</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Edmonton Wildcats	6	1	1	289	143	13
Saskatoon Hilltops	5	1	2	250	142	12
Regina Prairie Thunder	3	4	1	216	258	7
Edmonton Huskies	3	5	0	167	208	6
Winnipeg Rifles	2	5	1	167	269	5
Calgary Colts	2	5	1	157	216	5

**PFC SEMIS:** Edm. Wildcats 35 Edm. Huskies 7

Saskatoon 37 Regina 28

**PFC FINAL:** Saskatoon 34 Edm. Wildcats 10

**NATIONAL FINAL:** Saskatoon 26 St. Leonard 3

<u>EDMONTON PUBLIC (SR.)</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Parkland Predators	6	0	0	230	58	12
Ross Sheppard Thunderbirds	5	1	0	202	45	10
Harry Ainlay Titans	5	1	0	157	73	10
Eastglen Blue Devils	3	3	0	115	140	6
Jasper Place Rebels	3	3	0	138	98	6
M.E. LaZerte Voyageurs	2	4	0	93	95	4
McNally Tigers	1	5	0	54	151	2
Strathcona Lords	1	5	0	74	207	2
J. Percy Page Panthers	1	5	0	74	269	2

**SEMIS:** Parkland 24 Jasper Place 6  
 Ross Sheppard 17 Harry Ainlay 0  
**FINAL:** Ross Sheppard 28 Parkland 24

<u>EDMONTON PUBLIC (JR.)</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Harry Ainlay Titans	6	0	0	245	41	12
Parkland Predators	5	1	0	235	49	10
Ross Sheppard Thunderbirds	4	2	0	211	113	8
Jasper Place Rebels	4	2	0	112	137	8
M.E. LaZerte Voyageurs	2	4	0	78	169	4
W.P. Wagner Warriors	1	4	1	103	188	3
McNally Tigers	1	4	1	83	183	3
Queen Elizabeth Knights	0	6	0	48	266	0

**SEMIS:** Harry Ainlay def. Jasper Place  
 Parkland def. Ross Sheppard  
**FINAL:** Parkland def. Harry Ainlay

<u>EDMONTON METRO (SR.)</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
<b>Pool "A"</b>						
Bev Facey Falcons	5	0	0	174	17	10
Salisbury Sabres	4	1	0	171	37	8
Leduc Tigers	3	2	0	157	70	6
St. Francis Xavier Rams	2	3	0	33	109	4
Ardrossan Bisons	1	4	0	14	109	2
Beaumont Bandits	0	5	0	14	174	0

<u>Pool "B"</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
St. Albert Skyhawks	6	0	0	226	41	12
Archbishop Jordan Scots	5	1	0	166	58	10
Austin O'Brien Crusaders	4	2	0	119	143	8
Bellerose Bulldogs	3	3	0	115	141	6
Holy Trinity Trojans	2	4	0	65	163	4
Archbishop O'Leary Spartans	1	5	0	67	114	2
Fort Saskatchewan Sting	0	6	0	82	180	0

**SEMIS:** Bev Facey 42 Leduc 0  
 Salisbury 26 St. Albert 14  
**FINAL:** Bev Facey 35 Salisbury 0

<u>EDMONTON METRO (JR.)</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
St. Albert Skyhawks	7	0	0	264	56	14
Bev Facey Falcons	6	1	0	190	51	12
St. Francis Xavier Rams	4	3	0	122	117	8
Salisbury Sabres	4	3	0	167	116	8
Bellerose Bulldogs	3	4	0	107	181	6
St. Josephs Saints	3	4	0	140	209	6
Archbishop Jordan Scots	1	6	0	28	143	2
Archbishop O'Leary Spartans	0	7	0	37	182	0

**SEMIS:** Salisbury 10 St. Albert 3  
 Bev Facey 36 St. Francis Xavier 0  
**FINAL:** Bev Facey 21 Salisbury 0

<u>WHEATLAND LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
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<b>Division I</b>						
St. Paul Lions	4	0	0	100	65	8
Grand Centre Royals	2	2	0	123	104	4
Lloydminster Barons	2	2	0	140	87	4
Wainwright Commandos	2	2	0	91	95	4
Lac La Biche Huskies	0	4	0	58	161	0

<b>Division II</b>						
Bonnyville Voyageurs	4	1	0	158	117	8
Vegreville Vortex	4	1	0	175	69	8
Vemilion Mauraders	3	1	1	106	106	7
Athabasca Pacers	2	2	1	118	140	4
Sedgewick Rams	1	4	0	46	124	2
Westlock Thunderbirds	0	5	0	50	97	0

**SEMIS:** St. Paul 19 Wainwright 14  
 Grand Centre 34 Lloydminster 7  
**FINAL:** St. Paul 23 Grande Centre 22 (OT)

<u>CENTRAL ALBERTA</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Stettler Wildcats	8	0	0	308	60	16
Sylvan Lake Lakers	7	1	0	265	101	14
Notre Dame Cougars	6	2	0	166	119	12
Wetaskiwin Sabres	4	4	0	151	143	8
Camrose Trojans	4	4	0	88	150	8
Hunting Hills Lightning	3	5	0	160	136	10
Lindsay Thurber Raiders	2	6	0	82	128	4
Lacombe Rams	2	6	0	98	132	4
Rocky Mtn. House Rebels	0	8	0	35	354	0

**SEMIS:** Stettler 41 Wetaskiwin 7  
 Sylvan Lake 35 Notre Dame 22  
**FINAL:** Stettler 13 Sylvan Lake 8

<u>CALGARY DIV. I (SR.)</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
St. Francis Browns	6	0	0	208	32	12
Centennial Coyotes	4	1	1	123	66	14
Henry Wise Wood Warriors	4	2	0	173	56	8
Bowness Trojans	2	3	1	129	127	2
Lord Beaverbrook Lords	2	4	0	77	163	4
Sir Winston Churchill Bulldogs	1	5	0	39	208	2
St. Mary's Saints	1	5	0	56	153	2

**SEMIS:** St. Francis 27 Lord Beaverbrook 13  
 Henry Wise Wood 10 Centennial 3  
**FINAL:** St. Francis 30 Henry Wise Wood 14

<u>CALGARY DIV. II (SR.)</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Notre Dame Pride	7	0	0	257	19	14
Western Canada Redmen	5	2	0	162	94	10
John G. Diefenbaker Chiefs	5	2	0	100	100	10
Bishop O'Byrne Trailblazers	5	2	0	104	85	10
Bishop Grandin Ghosts	3	4	0	81	106	6
Bishop McNally Timberwolves	1	5	1	99	146	3
Central Memorial Rams	1	5	1	91	209	3
William Aberhart Trojans	0	7	0	133	268	0

**SEMIS:** Notre Dame 38 Bishop Grandin 14  
 John Diefenbaker 10 Western Canada 7  
**FINAL:** Notre Dame 29 John Diefenbaker 7

<u>CALGARY DIV. III (SR.)</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Bishop Carroll Cardinals	5	1	0	129	26	10
Crescent Heights Cowboys	5	1	0	176	29	10
Dr. E. P. Scarlett Lancers	4	2	0	99	90	8
Ernest Manning Griffins	3	3	0	111	134	6

Forest Lawn Titans	1	5	0	37	147	2
James Fowler Falcons	0	6	0	27	153	0
<b>SEMIS:</b> Bishop Carroll 32 Ernest Manning 6 Crescent Heights 39 Dr. E.P. Scarlett 0						
<b>FINAL:</b> Crescent Heights 20 Bishop Carroll 17						

<b>CALGARY DIV. I (JR.)</b>	<b>W</b>	<b>L</b>	<b>T</b>	<b>PF</b>	<b>PA</b>	<b>PTS</b>
Bowness Trojans	5	1	0	182	73	10
St. Francis Browns	5	1	0	149	82	10
Western Canada Redmen	4	2	0	115	42	8
Henry Wise Wood Warriors	4	2	0	182	65	8
Centennial Coyotes	2	4	0	66	108	4
Lord Beaverbrook Lords	1	5	0	64	137	2
Sir Winston Churchill Bulldogs	0	6	0	28	249	0
<b>SEMIS:</b> Henry Wise Wood 24 Bowness 17 St. Francis 8 Western Canada 7						
<b>FINAL:</b> Henry Wise Wood 32 St. Francis 14						

<b>CALGARY DIV. II (JR.)</b>	<b>W</b>	<b>L</b>	<b>T</b>	<b>PF</b>	<b>PA</b>	<b>PTS</b>
Central Memorial Rams	6	0	0	246	69	12
Bishop O'Byrne Trailblazers	5	1	0	215	60	10
Bishop Grandin Ghosts	3	2	1	152	131	7
St. Mary's Saints	2	2	2	78	92	6
John G. Diefenbacher Chiefs	2	4	0	76	193	4
Notre Dame Pride	1	4	1	93	139	3
William Aberhart Trojans	0	6	0	39	215	0
<b>SEMIS:</b> Central Memorial 32 St. Mary's 20 Bishop O'Byrne 28 Bishop Grandin 15						
<b>FINAL:</b> Central Memorial 24 Bishop O'Byrne 10						

<b>CALGARY DIV. III (JR.)</b>	<b>W</b>	<b>L</b>	<b>T</b>	<b>PF</b>	<b>PA</b>	<b>PTS</b>
Ernest Manning Griffins	5	0	0	112	32	10
Crescent Heights Cowboys	4	1	0	212	29	8
Dr. E. P. Scarlett Lancers	3	2	0	62	89	6
Forest Lawn Titans	2	3	0	70	97	4
Bishop McNally Timberwolves	1	4	0	63	117	2
James Fowler Falcons	0	5	0	12	167	0
<b>SEMIS:</b> Ernest Manning 33 Bishop McNally 7 Crescent Heights 54 Dr. E.P. Scarlett 10						
<b>FINAL:</b> Crescent Heights 27 Ernest Manning 21						

<b>ROCKYVIEW LEAGUE</b>	<b>W</b>	<b>L</b>	<b>T</b>	<b>PF</b>	<b>PA</b>	<b>PTS</b>
Cochrane Cobras	5	0	0	254	20	10
Bow Valley Bobcats	4	1	0	110	86	8
Springbank Phoenix	3	2	0	101	116	6
Chestermere Cowboys	2	3	0	90	126	4
George McDougall Mustangs	1	4	0	50	107	2
Bert Church Chargers	0	5	0	19	167	0
<b>TIER III SEMI:</b> Springbank 20 Bert Church 14						
<b>TIER III FINAL:</b> Cochrane 48 Springbank 0						
<b>TIER II FINAL:</b> Chestermere 32 George Mac 1						
<b>TIER II QUAL.:</b> Foothills 70 Chestermere 0						

<b>BIG SKY LEAGUE</b>	<b>W</b>	<b>L</b>	<b>T</b>	<b>PF</b>	<b>PA</b>	<b>PTS</b>
<b>Tier III Division</b>						
Highwood Mustangs	5	1	0	223	88	10
Holy Trinity Knights	5	1	0	220	100	10
Bow Valley Wolverines	1	5	0	103	169	2
Strathmore Spartans	1	5	0	68	257	2
<b>TIER III SEMIS:</b> Highwood 40 Strathmore 10 Holy Trinity 24 Bow Valley 0						
<b>TIER III FINAL:</b> Highwood 20 Holy Trinity 17						
<b>Tier IV Division</b>						
Drumheller Titans	6	1	0	245	96	12

Olds Spartans	5	2	0	209	83	10
J.C. Charyk Hawks	5	2	0	199	104	10
Rundle College Cobras	4	3	0	232	110	8
Innisfail Cyclones	1	6	0	55	261	2
Oilfields Drillers	0	7	0	15	301	0

**TIER IV SEMIS:** Drumheller 28 J.C.Charyk 20  
Rundle College 17 Olds 16

**TIER IV FINAL:** Drumheller 28 Rundle Coll. 21

<b>RANGELAND LEAGUE</b>	<b>W</b>	<b>L</b>	<b>T</b>	<b>PF</b>	<b>PA</b>	<b>PTS</b>
McCoy Colts	5	1	0			10
Medicine Hat Mohawks	4	2	0			8
Brooks Buffalos	3	3	0			6
Crescent Heights Vikings	0	6	0			0
<b>SEMIS:</b> Brooks 9 Medicine Hat 8 (OT) McCoy 54 Crescent Heights 7						
<b>FINAL:</b> McCoy 36 Brooks 14						

<b>SOUTHERN ALBERTA</b>	<b>W</b>	<b>L</b>	<b>T</b>	<b>PF</b>	<b>PA</b>	<b>PTS</b>
<b>"A" Division</b>						
Raymond Comets	3	0	0			6
L.C.I. Rams	2	1	0			4
Cardston Cougars	1	2	0			2
Catholic Central Cougars	0	3	0			0
<b>"B" Division</b>						
W.R. Myers Rebels	4	1	0			8
Winston Churchill Bulldogs	4	1	0			8
Willow Creek Cobras	3	2	0			6
Kate Andrews Pride	3	2	0			6
Kainai Warriors	1	4	0			2
Pincher Creek Mustangs	0	5	0			0

**Tier I Final:** Raymond 28 L.C.I. 26  
**Tier II Final:** Cardston 42 Catholic Central 13  
**Tier III Final:** Winston Churchill 14 W.R. Myers 8  
**Tier IV Final:** Kate Andrews 45 Willow Creek 7  
**Tier II QUAL:** Cardston 22 McCoy 10  
**Tier III QUAL:** Brooks 41 Winston Churchill 8

<b>WESTERN ALBERTA 6-MAN</b>	<b>W</b>	<b>L</b>	<b>T</b>	<b>PF</b>	<b>PA</b>	<b>PTS</b>
Breton Cougars	6	0	0	248	87	12
Ponoka Broncs	4	2	0	159	163	8
Rimbey Spartans	1	5	0	136	176	2
Frank Maddock Warriors	1	5	0	88	225	2

**SEMIS:** Breton 30 Frank Maddock 8  
Rimbey 15 Ponoka 14

**FINALS:** Breton 48 Rimbey 6

**A.S.A.A. HIGH SCHOOL PROVINCIALS**

**TIER I**

**1/4'S:** Ross Sheppard 34 Fort McMurray 20  
Bev Facey 57 Grande Prairie 21  
St. Francis 30 Henry Wise Wood 14  
Raymond 38 Salisbury 13

**SEMIS:** Bev Facey 38 Ross Sheppard 8  
St. Francis 31 Raymond 28

**FINAL:** St. Francis 24 Bev Facey 17

**TIER II**

**1/4's:** Notre Dame (RD) 29 Eastglen 20  
Leduc 59 Lloydminster 0  
Notre Dame (CAL) 15 St. Mary's 9 (OT)  
Foothills 28 Cardston 21

**SEMIS:** Leduc 22 Notre Dame (RD) 0  
Notre Dame (CAL) 41 Foothills 21

**FINAL:** Notre Dame (CAL) 35 Leduc 24

**TIER III**

**1/4's:** Peace River 11 Holy Trinity 2  
 Stettler 14 St. Paul 6  
 Cochrane 43 Brooks 18  
 Highwood 52 Winston Churchill 9

**SEMIS:** Stettler 19 Peace River 14  
 Cochrane 38 Highwood 21

**FINAL:** Cochrane 43 Stettler 7

**TIER IV**

**1/4's:** Sexsmith 34 Vegreville 23  
 Sylvan Lake 53 Peace Wapiti 6  
 Drumheller 38 Willow Creek 26  
 Kate Andrews 21 Bow Valley 11

**SEMIS:** Sylvan Lake 28 Sexsmith 0  
 Drumheller 14 Kate Andrews 8

**FINAL:** Sylvan Lake 35 Drumheller 14

**WHEATLAND LEAGUE**

	W	L	T	PF	PA	PTS
St. Paul Bengals	6	0	0	281	100	12
Wainwright Commados	3	3	0	138	167	6
Grande Centre Royals	2	4	0	124	149	4
Lac La Biche Drillers	1	5	0	70	197	2

**FINAL:** St. Paul 46 Grande Centre 14

**PRAIRIE THUNDER LEAGUE**

	W	L	T	PF	PA	PTS
Lloydminster Chargers	6	0	1	290	27	13
Okotoks Falcons	6	1	0	255	33	12
Camrose Coyotes	4	1	1	193	61	9
Springbank Phoenix	4	3	0	195	111	8
Elk Island Lightning	3	4	0	101	212	6
Drumheller Titans	2	5	0	128	217	4
Wetaskiwin Warriors	1	6	0	70	274	2
Strathmore Spartans	0	6	0	32	329	0

**FINAL:** Okotoks 42 Lloydminster 40

**CALGARY BANTAM LEAGUE**

	W	L	T	PF	PA	PTS
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**North Division**

Calgary Hilltoppers	7	0	0	268	32	14
Cochrane Lions	6	1	0	205	41	12
Calgary Cowboys	4	3	0	181	133	8
Calgary Mavericks	4	3	0	166	124	8
Calgary Golden Hawks	2	5	0	99	202	4
Calgary Broncos	2	5	0	73	166	4
Airdrie Storm	0	7	0	66	292	0

**South Division**

Calgary Bulldogs	6	1	0	294	41	12
Calgary Colts	5	2	0	181	124	10
Calgary Falcons	5	2	0	169	91	10
Calgary Wildcats	4	3	0	164	99	8
Calgary Stampeders	3	4	0	170	119	6
Foothills Eagles	1	6	0	44	256	2
Bow Valley Wolverines	0	7	0	0	360	0

**FINAL:** Calgary Hilltoppers 3 Cal. Bulldogs 0

**SOUTH. ALBERTA MINOR**

	W	L	T	PF	PA	PTS
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**Tier I & II Division**

Raymond Jr. Comets	6	0	0	248	29	12
Lethbridge Jr. Cougars	5	1	0	172	38	10
Lethbridge Stampeders	4	2	0	100	97	8
Medicine Hat Hawks	4	2	0	108	86	8
Taber Jr. Rebels	4	2	0	83	115	8
Parkside Pythons	4	2	0	125	74	8
Claresholm Raiders	3	3	0	107	73	6
Cardston Cougars	2	4	0	84	118	4

**FINAL:** Raymond 35 Lethbridge Jr. Cougars 0

**Tier III Division**

Brooks Roadrunners	3	2	0	129	89	6
Lethbridge Jr. Rams	3	3	0	81	106	6
Medicine Hat Colts	2	4	0	137	117	4
Lethbridge Jr. Bulldogs	2	3	0	121	120	4
Coaldale Golden Bears	1	5	0	56	89	2
Kainai Eagles	1	4	0	48	224	2
Pincher Creek Mustangs	0	4	0	0	206	0
Magrath Wolverines	0	3	0	0	18	0

**FINAL:** Brooks 28 Lethbridge Rams 6

**PEE-WEE**

	W	L	T	PF	PA	PTS
Grande Prairie Broncos	6	0	0			12
Grande Prairie Blue	4	2	0			8

**BANTAM****GRANDE PRAIRIE MINOR**

	W	L	T	PF	PA	PTS
Sexsmith Shamrocks	5	0	1	250	57	11
Grande Prairie Raiders	3	1	2	188	112	8
Grande Prairie Broncos	2	3	1	143	154	5
West Country Lightning	0	6	0	48	305	0

**FINAL:** Sexsmith 52 Grande Prairie Raiders 18

**PEACE RIVER MINOR**

	W	L	T	PF	PA	PTS
Peace River Royals						
Peace River Hurricanes						
Peace River Raiders						
Peace River Eagles						

**Standings & Results  
not sent in**

**CENTRAL ALBERTA BANTAM**

	W	L	T	PF	PA	PTS
Hunting Hills Lightning	6	1	0	230	89	12
Lacombe Raiders	6	1	0	195	93	12
Stettler Cougars	4	3	0	182	138	8
Olds Bulldogs	3	4	0	159	119	6
Notre Dame Cougars	3	4	0	125	161	6
Sylvan Lake Lions	3	4	0	93	118	6
Lindsay Thurber Raiders	3	4	0	195	202	6
Innisfail Cyclones	0	7	0	60	299	0

**FINAL:** Lacombe 11 Olds 0

**CAPITAL DISTRICT BANTAM\***

	W	L	T	PF	PA	PTS
Sherwood Park Rams	7	2	0	367	70	14
Millwoods Grizzlies	7	2	0	285	106	14
Leduc Ticats	5	4	0	189	239	10
W. Edmonton Silver Raiders	4	5	0	204	224	8
Stony Plain Blue Bombers	4	5	0	169	252	8
Edmonton Mustangs	3	6	0	170	232	6
St. Albert 49ers	2	7	0	87	302	4
Edmonton White Seahawks	1	8	0	32	441	2

**John Bright Division**

	W	L	T	PF	PA	PTS
W. Edmonton Black Raiders	9	0	0	408	47	18
Sherwood Park Wolverines	8	1	0	343	36	16
St. Albert Fury	7	2	0	237	50	14
Sherwood Park Northstars	7	2	0	265	109	14
Spruce Grove Cougars	5	4	0	204	160	10
Edmonton Blue Seahawks	4	5	0	130	162	8
Edmonton Chargers	2	7	0	135	185	4
Fort McMurray Ravens	1	8	0	20	369	2
St. Albert Panthers	0	9	0	36	322	0

**FINAL:** Sher.Park Wolverines 3 Black Raiders 0

Grande Prairie Green	2	4	0		4
Grande Prairie Black	0	6	0		0

**FINAL:** Broncos defeat Blue

**CENTRAL ALTA. PEE-WEE** **W L T PF PA PTS**

**Eastern Division**

Stettler Panthers	6	1	0	296	57	12
Wetaskiwin Wildcats	4	3	0	124	82	8
Lacombe Explosion	3	4	0	100	150	6
Wainwright Guard Dogs	0	7	0	41	258	8

**Western Division**

Innisfail Cyclones	5	0	1	202	61	11
Sylvan Lake Bears	5	0	1	151	82	11
Red Deer Hornets	2	4	0	113	205	4
Olds Huskies	2	4	0	64	85	4
Red Deer Steelers	1	5	0	100	219	2

**FINAL:** Stettler 32 Innisfail 9

**LLOYDMINSTER PEE-WEE** **W L T PF PA PTS**

First Financial Hornets	6	0	0			12
Musgrave Mean Machine	3	3	0			6
Little Dippers Lightning	3	3	0			6
Sandpiper Gaters	0	6	0			0

**FINAL:** Mean Machine 32 Hornets 25

**CAPITAL DISTRICT PEE-WEE** **W L T PF PA PTS**

**Jackie Parker Division**

Sherwood Park SabreCats	9	0	0	257	28	18
Stony Plain Blue Bombers	6	2	1	180	49	13
Spruce Grove Predators	5	3	1	175	94	11
Sherwood Park Raiders	5	4	0	133	79	10

Millwoods Grizzlies	4	4	1	87	190	9
Leduc Wildcats	4	5	0	137	82	8
St. Albert Colts	2	7	0	104	176	4
St. Albert Avengers	2	7	0	53	222	4
W. Edmonton Silver Raiders	1	8	0	41	227	2
Edmonton White Seahawks	0	9	0	6	228	0

**John Bright Division**

W. Edmonton Black Raiders	9	0	0	305	28	18
Sherwood Park Bulldogs	8	1	0	177	20	16
Edmonton Chargers	7	2	0	176	64	14
Millwoods Maulers	7	2	0	189	111	14
Edmonton Blue Seahawks	4	4	1	124	115	9
Sherwood Park Cougars	4	5	0	149	109	8
Spruce Grove Cougars	3	6	0	105	235	6
St. Albert Riders	2	7	0	111	204	4
Camrose Buffalos	1	8	0	30	302	2

**FINAL:** Sher. Park Bulldogs 3 S.Park Raiders 0

**CALGARY & AREA PEE-WEE** **W L T PF PA PTS**

**"North" Division**

Calgary Cowboys	8	0	0	241	51	16
Calgary Mavericks	6	1	1	180	62	13
Calgary Kodiaks	4	3	1	182	108	8
Calgary Hilltoppers	4	4	0	162	91	8
Airdrie Storm	3	5	0	119	120	6
Cochrane Lions	1	7	0	40	298	2
Calgary Broncos	0	8	0	45	336	0

**"South" Division**

Calgary Bulldogs	7	1	0	261	141	14
Calgary Wildcats	5	2	1	124	89	10
Foothills Eagles	4	3	1	98	74	9
Calgary Colts	4	4	0	163	87	8

Calgary Falcons	3	4	1	113	105	7
Calgary Stampeders	0	7	0	26	213	1

**FINAL:** Calgary Bulldogs 40 Cal. Cowboys 21

**ATOM**

**CAPITAL DISTRICT ATOM** **W L T PF PA PTS**

**Jackie Parker Division**

St. Albert Jaguars	9	1	0	278	46	18
Stony Plain Blue Bombers	8	2	0	252	88	16
Edmonton Seahawks	7	3	0	200	134	14
Millwoods Grizzlies	6	4	0	160	143	12
Sherwood Park Eskimos	4	5	1	115	141	9
West Edmonton Silver Raiders	2	7	1	99	194	5
St. Albert Buccaneers	1	8	1	25	301	3
Leduc Bobcats	1	9	0	39	355	2

**CAPITAL DIST. ATOM (cont.)** **W L T PF PA PTS**

**John Bright Division**

West Edmonton Black Raiders	9	1	0	338	46	18
St. Albert Vikings	8	2	0	245	38	16
Millwoods Maulers	7	3	0	246	86	14
Edmonton Chargers	6	4	0	229	28	12
Sherwood Park Broncos	3	6	1	91	172	7
Sherwood Park Warriors	3	7	0	75	218	6
Camrose Buffalos	2	8	0	73	235	4
Spruce Grove Cougars	2	8	0	34	274	4

**FINAL:** Edm. Chargers 27 Millwoods Maulers 12

**MINOR PROVINCIALS**

**BANTAM (Age 13-15)\*- not in Grade 10 or higher**

**TIER I**

**Semi-Final - Sat. November 10**

Raymond Jr. Comets 44 Sherwood Park Wolverines 0  
Calgary Hilltoppers 14 West Edmonton Black Raiders 7

**Championship - Sat. November 17**

Sherwood Park Rams 14 Raymond Comets 2

**TIER II**

**Quarter-Finals- Sat. November 3**

Foothills Falcons 56 Sexsmith Shamrocks 6

**Semi-Finals - Sat. November 10**

Foothills Falcons 32 Spruce Grove Cougars 11

Calgary Wildcats 35 Parkside Pythons 8

**Championship - Sat. November 17**

Calgary Wildcats 13 Foothills Falcons 7

**TIER III**

**Quarter-Finals - Sat. November 3**

Lacombe Raiders 36 St. Paul Bengals 13

**Semi-Finals - Sat. November 10**

Edmonton Chargers 18 Lacombe Raiders 13

Brooks Roadrunners 28 Calgary Golden Hawks 6

**Championship - Sat. November 17**

Edmonton Chargers 20 Brooks Roadrunners 7

**PEE-WEE (Age 11-12)**

## TIER I

### Championship - Sat. November 10

Calgary Bulldogs 49 Sherwood Park Bulldogs 14

## TIER II

### Championship - Sat. November 10

West Edmonton Black Raiders 36 Calgary Colts 8

## TIER III

### Semi-Final – Wed. November 5

Calgary Falcons 18 Stettler Panthers 12

### Championship - Sat. November. 10

Calgary Falcons 28 Leduc Wildcats 0

## REPORT:EXECUTIVE DIRECTOR

– Brian Fryer

January 2008

**MEMBERSHIP** – Fees will be going up slightly subject to approval at our Annual General Meeting at the end of January. Due to the increase in expenses to administer and run most of our programs the following fee structure would be in place for the **March 1 renewal**.

Add 5% GST to the team fees only, not insurance.

### Plan #1 (insurance)

High School, Junior, University: \$125/team fee + \$15/person for insurance.

\*Minor: \$100 team fee + \$15/person for ins.

Senior Men/Women: \$15/person

Flag/Touch: \$7/person for ins.

\* All Atom, PeeWee & Bantam teams (regardless of whether the team is school or community based) must pay the team fee plus insurance.

### Plan #2 (No insurance)

University/High School: \$125/team fee

**Senior Bowl/Members** – Reminder for the Tryout Policy to both selection camps in April. All high school coaches should be reminded again that **only players from F AB paid member schools will be allowed to tryout in the selection camps and participate in the Senior Bowl.**

Payment of \$106 must be to us prior to March 1<sup>st</sup>. This is the end of the 2007 membership season. Thanks.

**OFFICE/WEBSITE** – We are in the process of revamping our website to include an on-line registration and payment system. This would enable all teams to register to a standard format and make it an option to either pay on-line or send in a check. No longer will we be accepting email attachments or faxed/mailed copies. This will cut down and streamline the paper trail and in the long run it will be more efficient for league coordinators, team registrars and head coaches. This new system will allow clubs and teams to securely submit player and team personnel contact information to us for membership, insurance and programs. How it works...each league's designated Football Alberta Contact will be provided a

'League Administrator' account and password. The League Administrator will then be able to setup 'Club or Team Accounts' for all teams within their own league. You would then be able to contact via email all of your teams, coaches, players and parents. Everyone would then be on the same system.

**NFL CANADA** -has consolidated its amateur websites into one new site – [www.NFLRush.ca](http://www.NFLRush.ca). The site features the same great news and information from NFLCFLFutures.com and Flagfootball.ca, plus more including information on NFL Take a Player to School Contest, EA Madden Challenge and more contests.

Weekly features follow Canadians in the NCAA and highlights our top players down south. As always, they will post any appropriate articles and press releases you send them. Please send information to: [NFLRush@nflcanada.com](mailto:NFLRush@nflcanada.com).

## FEATURE ARTICLE

**What to do when 1 percent of your members cause 99 percent of your problems...** (Article from Centre for Sport and Law/07)

Sound familiar? Although this topic has very little to do with the law, we are nonetheless often called upon by client organizations for help. Over the years we have encountered scenarios such as:

- A parent, volunteer or member having issue with a staff person and continually harassing them or complaining about them to others, to the point of malicious defamation.
- A vocal and high-profile athlete repeatedly challenging every decision of the organization through complaints and appeals.
- A volunteer going to great lengths to seek redress for some perceived former ill-treatment.
- A newly-elected president having interpersonal conflicts with others and appearing to be on a push to force them from their positions.
- The volunteer, director or committee chair who is a 'bully' that no one will stand up to.
- A suspended or expelled member seeking reinstatement through a campaign of threats and defamation.

These sound like extreme examples but they're really not. At times, it seems that the issue that was at the heart of the initial conflict gets forgotten, and the dispute takes on life of its own, reaching, at times, pathological dimensions. Then we have been contacted by an organization dealing with situations like these, often the most helpful thing we can tell them is 'this road has been traveled before and you are not alone'.

There does not really exist any special language to describe situations such as those set out above. In our work, we use the term 'problem people' to describe the excessively needy or demanding parent, volunteer, board member, coach, official or athlete. Problem people cause harm far out of proportion to their number or their importance to the organization. Without revealing



particulars, it is not unheard of for an organization grappling with such a situation to spend tens of thousands of dollars, and hundreds of hours to accommodate the demands of the problem person.

We do not have a magic pill to make problem people go away, but we can share some insights that we have acquired over the years:

- Problem people do not always know what their problem is, or if they did, they lost sight of it some time ago. 'Conflict analysis' might be called for – this means having a neutral person, independent of the parties, intervene to explore what the issues truly are.

- Do a cost-benefit analysis. No organization should bend over backwards to accommodate the excessive demands of a single volunteer or a single member. It might be painful and complicated to take the drastic step of dismissing the volunteer or suspending the member, but worth it in the long run. Get professional advice before you go down this path.

- Limit your communications. Problem people almost always promote their cause through e-mail, which gives them an easy platform to reach an unlimited audience in no time whatsoever. The problem person, more often than not, also has a habit of cc-ing everyone in their missives. Don't get drawn into a reply all' mode – often the simple act of acknowledging a message gives credibility to it. The best advice is tell the problem person that you will not reply to their e-mail, and to stick to that, while you formulate a firmer strategy for responding.

- Institute the 24-hour rule. Actually this is good advice in any circumstance...When someone says something, writes something or does something that really angers you, take 24 hours to reflect before you respond. Invariably, you will be glad you did, because you will regret any response you make in the heat of the moment.

- Where the problem person is a director, the onus is on the other directors to rally. If the problem person is undeservedly attacking staff, then the board must take steps to protect the staff person. Failing to do so can have some nasty consequences for all board members – in some cases we have noted that a serious board-staff conflict can have the unintended result or a legitimate wrongful dismissal claim by the staff person – a serious liability that no director should invite upon himself, or the organization.

- This is advice directed to administrators. Some of you may find yourself in challenging situations when dealing with changes in board leadership. The problem person may, in effect, be your new boss. If your relationship becomes unduly strained, it may be beneficial to obtain legal advice in order to develop coping mechanisms and to formulate a longer-term strategy for both your own professional well-being, and for the well-being of the organization.

- An lastly, there is a little law involved. The decade-old case of D'Cruz v. Field Hockey Ontario, showed us that the reputation and credibility of a volunteer is not a 'proprietary interest' that the courts will take steps to protect. In other words, D'Cruz as a volunteer provincial coach was not able to convince the court that it should intervene to safeguard his reputation. We acknowledge that the Canadian sport system could no function without its millions of volunteer –

but at the same time, having (and losing) a volunteer position is not the same as giving (and losing) a job.

**In closing**, we like to reinforce that 'sport is not a right, it is a privilege'. Membership in a sport organization is a two-way street – member benefits are balanced by member obligations. Membership in a sport organization is a contract, and when the terms of that contract are clearly defined through good governing documents and policies, life is better for everyone. But we are also all human, with emotions and memories and varying skills in communication and problem-solving. All of us will have to deal with the problem person at some point, if we haven't already: when that time comes, heed the above pointers, take some time to reflect and plan ('stand still so you can move forward') and consider getting outside advice in the implementation of your plan.

## **UPCOMING EVENTS**

### **UNIVERSITY/JUNIOR/OTHER**

**January 25-26**- Football Alberta AGM - Edmonton

**Feb. 16-17** – U of Alberta Linemen Camp

**April 9** - U of Calgary Dinosaur Fundraising Dinner

**April 11-13** - "North" Senior Bowl Sel. Camp - U of A

**April 18-20** - "South" Senior Bowl Sel. Camp-U of C

**April TBA** - Advanced Coaches Clinic - U of A

**April 25-27** - U of Alberta Main Spring Camp

**April 25-27** - U of Calgary Main Spring Camp

**May TBA** - Edmonton Wildcat Spring Camp

**May TBA** - Edmonton Huskies Spring Camp

**May 10** – CIS All-Star Game – McMaster U. in Hamilton

**May TBA** - Calgary Colts Spring Camp

**\* - all above listed dates are subject to change**

### **HIGH SCHOOL**

**February 16-17** - U of Alberta Lineman Camp

**February TBA** - Northern Lights Camp - Grande Prairie

**April 11-13** - "North" Senior Bowl Sel. Camp - U of A

**April 11-13** - "South" U17 Selection Camp - U of C

**April 18-20** - "South" Senior Bowl Sel. Camp-U of C

**April 18-20** - "North" U17 Selection Camp-U of A

**May 3** - U of Alberta QB Camp

**May 16-18** - Senior Bowl Main Camp

**May 19** - Senior Bowl High School All-Star Game

**TBA(May)**- Edmonton Eskimo High School Dev't Camp

**July 1-5**- Team Alberta Training Camps – Edm./Cal.

**July 5-12** - Football Canada Cup – Lennoxville, PQ

**August 7-17** - Team Alberta Hawaii Camp - Maui

**Oct. 10,11 & 13** - Football Alta. Thanksgiving Jamboree

**November 8** - Provincial Regional Semi-Finals

**November 15** - Provincial Regional Finals

**November 22** - Provincial Championship Finals

### **MINOR**

**February 16-17** - U of A Lineman Camp

**May 1** - First Day of possible A.S.G. Selection Camps

**June 8** - Last Day of possible A.S.G. Selection Camps

**June ??** - Stampeder Alumni Pee-Wee Dev't Camp

**August 7-10** - Alberta Summer Games in Medicine Hat



**November 1** - Atom Provincial Championship  
**November 1** - Bantam Provincial Quarter-Finals  
**November 4 or 5** - Pee-Wee Provincial Semi-Finals  
**November 8** - Bantam Provincial Semi-Finals  
**November 8** - Pee-Wee Provincial Finals  
**November 15** - Bantam Provincial Finals

### **COACHING**

**March 7-8** - U of C/Football Alberta Coaches Clinic  
**March 8** - Football Alberta Coaches Awards Banquet

### **N.C.C.P.FOOTBALL TECHINCAL CLINICS -**

Will be sent to you in Future Mail out

### **N.C.C.P. COACHING THEORY CLINICS –**

Theory courses Posted Quarterly at [www.asrpf.ca/programs](http://www.asrpf.ca/programs) click Sport & Recreation then NCCP then Part A, B, or Level 3.

#### **Part A (Formerly Level 1)**

##### **Calgary**

Jan. 19-20 – Talisman Centre (contact 233-8393)  
Feb. 9-10 – Talisman Centre (contact 233-8393)  
March 1-2 – SAIT (contact 284-7248)  
March 8-9 – Talisman Centre (contact 233-8393)  
March 15-16 – University of Calgary (contact 220-8197)

##### **Edmonton**

Jan. 12-13 – Grant MacEwan (contact 497-5300)  
Jan. 26-27 – Grant MacEwan (contact 497-5300)  
Feb. 9-10 – Grant MacEwan (contact 497-5300)  
March 3-4 – Grant MacEwan (contact 497-5300)  
March 15-16 – Grant MacEwan (contact 497-5300)

##### **Fort McMurray**

Jan. 19-20 – Syncrude Centre (contact 791-4876)

##### **Grande Prairie**

Jan. 26-27 – G.P. Regional College (contact 539-2816)

##### **Lloydminster**

Jan. 19-20 – Parks & Rec. Board Room (contact 871-8339)

##### **Medicine Hat**

Feb. 9-10 – Medicine Hat College (contact 529-3844)

##### **Red Deer**

Jan. 26-27 – Red Deer College (contact 357-3663)

#### **Part B (formerly Level 2)**

##### **Calgary**

Jan. 26-27 – Talisman Centre (contact 233-8393)  
Feb. 23-24 – University of Calgary (contact 220-8197)  
March 15-16 – Talisman Centre (contact 233-8393)

##### **Edmonton**

Jan. 19-20 – Grant MacEwan (contact 497-5300)  
Feb. 16-17 – Grant MacEwan (contact 497-5300)  
March 29-30 – Grant MacEwan (contact 497-5300)

##### **Fort McMurray**

February 8-9 – Syncrude Centre (contact 791-4876)

##### **Grande Prairie**

Feb. 23-24 – G.P. Regional College (contact 539-2816)

##### **Medicine Hat**

Mar. 1-2 – Medicine Hat College (contact 529-3844)

##### **Red Deer**

March 8-9 – Red Deer College (contact 357-3663)

#### **LEVEL III:**

##### **Calgary**

Mar. 8/9 & 15/16 – U. of Calgary (contact 220-8197)

### **Edmonton**

Mar. 8/9 & 15/16 – Grant MacEwan (contact 497-5300)

## **Cut out the Middle Man!**

For More information on NCCP Theory Clinics go to:

[www.cd.gov.ab.ca/asrpf/programs/sports/3mnccp](http://www.cd.gov.ab.ca/asrpf/programs/sports/3mnccp)

**Website: Alberta Sport, Recreation, Parks  
& Wildlife Foundation**

For inquiries about your current certification  
go to:

[www.coach.ca](http://www.coach.ca)

**Website: Coaching Association of Canada**

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years.**

## **RESOURCE LIST**

The following is a list of resources available through the Football Alberta office. Should anyone wish to access these resources please contact us at (780)427-8108. The prices are listed for both member (ie. those individuals whose teams have submitted Membership Fees to Football Alberta) and non-members. Additional GST and Shipping costs will be charged.

**TACKLE RESOURCES**

	<u>Member</u>	<u>Non-Member</u>
<b><u>Rule Books</u></b>		
Tackle Rule/Case Books	\$15.00	\$18.00
<b><u>Coaching</u></b>		
NCCP Level I Student Manual	\$80.00	\$95.00
NCCP Level II Student Manual	\$80.00	\$95.00
NCCP Level III Student Manual	\$80.00	\$95.00
Gino Fracas Book	\$10.00	\$15.00
Introduction to Football: A Guide for Novice Coaches	\$15.00	\$20.00
A Beginner Strength and Conditioning Program for Youth	\$15.00	\$20.00
<b><u>Equipment Managers</u></b>		
Purchasing and Maintaining Football Equipment Manual	\$15.00	\$20.00

**TOUCH RESOURCES**

	<u>Member</u>	<u>Non-Member</u>
<b><u>Rule Books</u></b>		
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**What to tell your Superstar:  
The perils of the next step.**

**By Tim Enger, Technical Director**

So, the chosen one finally walked onto your football field. After years and years of coaching high school football in frustration the golden child arrived and everything was right with the world. He was everything you've ever wanted in a player. Fast, athletic, smart, tough, and took your team to heights they had never experienced before. And now – he's graduating.

Amid the teary goodbyes and photo ops as he leaves your program what obligation do you have as his coach to direct him appropriately to the next level. None? Some? Tons? To be honest I'm not sure myself but there is one thing you can do for him. Tell him the truth about what's going to happen and what is out there. The final decision for his post-secondary football choices should always be left up to him and his family but you can help by advising them of the pitfalls of the world they are about to enter. If nothing else please print off the following article and give it to them. This is based on two decades of experience watching players progress from high school to Junior or University and what I've learned over that time.

**1) Everything Changes:** Have you ever noticed that if you look at a game program for one of the Junior or University teams in the Province it's absolutely littered with names you've never heard of before? Sure there is a smattering of names of kids who made Senior Bowl or Provincial teams coming out of high school but there are more names of players who didn't on those rosters. What's up with that?

The fact of the matter is that neither the Senior Bowl coaches nor the Elite teams who picked their rosters from graduating players made any huge errors at that time.

For most of the players who didn't make all-star teams it just wasn't their time, however they stayed with it, worked hard and improved over the years and as a result are starters on their respective post-secondary teams. On the flip side a lot of the players who did make all-star teams out of high school hit their own personal high water mark at that time and that was as far as they would go talent wise.

Annually about 10% of those kids who make Team Alberta out of high school never play football again. The point is – everything changes. You've probably seen it moving up through the minor football ranks where kids who were great bantam players ease off to be merely average high school players or kids who were middle of the road pee-pee players develop into stars at high school. As people mature both physically and mentally so changes their ability and commitment to sports. You may be the greatest high school player your town has ever seen but unless you keep improving – where you are right now isn't going to cut it at the higher level. Keep working hard and developing your game or you will be left behind.

**2) When is a "Recruiter" not a "Recruiter":** Everybody loves attention – right? To be able to walk the halls of your

**SPORT SCIENCE**

high school telling your buddies that you've been contacted by UCLA and Notre Dame and several Canadian Universities outside Alberta would be pretty cool indeed. However, you've got to watch out. You may be contacted by all sorts of groups claiming to be scouting services for this team or that but in reality if you're being truly recruited – you're going to be talked to by the head coach and only the head coach of the teams in question. Otherwise it's just people on fishing trips.

Now, there is nothing sinister being done by people in the scouting combines or scholarship services. They serve a purpose but if they are the ones contacting you then that is just a first step and it might cost you money. Many players and their families have had their expectations raised unnecessarily and wallets emptied by not understanding the process. By no means does Notre Dame even know who you are unless you are getting a call and/or visit from their head coach. And this applies to Saskatchewan, St. Mary's, and all the local elite teams as well. Tell the boys in the hallways anything you want – just be honest with yourself.

**3) Only Division I-A is Division I-A:** So you want to play in the States, eh? Southwest Nosebleed State from somewhere in Montana (or maybe it's North Dakota?) has been all over you to sign a letter of commitment to join the Fighting Beavers next fall. You can now strut the halls of your school with head held high knowing that the Americans want you! Forget three downs – you're headed to the big time!

A year later you're back in Canada, many thousands of dollars poorer, with a wasted year of education under your belt, disillusioned and begging for a chance to continue playing with a local elite team. This has happened time and time and time and time again in my 18 years at Football Alberta. The sirens call of the US is sometimes too much for great players to ignore and more often than not they crash and burn when they answer it.

The biggest problem starts with what we see on TV. Big college games in big college stadiums with tens of thousands of Alumni packing the stands to watch NCAA football. Marching Bands, cheerleaders, bowl games – who wouldn't want to be a part of that? Considering our local University teams don't exactly pack 'em in, I can't blame anyone for wanting to follow that dream.

Now for reality. There are five divisions of football in the NCAA, and of that only Division I-A hits your TV sets.

The other four divisions (Div. I-AA, Div. II, Div. III and NAIA) are largely ignored outside their local districts and have a much smaller fan base and structure accordingly. Even at Division I-A there is a pecking order where only six of the eleven conferences are considered "premier" while the rest can do whatever they want but they will never be allowed to play for the National Championship.

Therefore like everything else in life the glitter and glitz gets less and less the further down the totem pole you go. And this, my friends, is where Southwest Nosebleed State resides. Go ahead and check them out. You will find a set-up perhaps close to or usually worse than that of what is provided in Universities here. And how 'bout that scholarship their offering. What does it cover? A "half-ride" or "preferred walk-on status" has a cool ring to it but

someone has to come up with the rest of the tuition and money for books, room and board etc., and that someone is **you**. Going to even the smallest of post-secondary schools in the US costs a lot of money so please do not be blinded by the fact that a school in the US is calling you. They do not all play their games in the Rose Bowl. Most likely you'll be located in some small dot on the map in the middle of nowhere facing 10 hour bus rides for games eating bag lunches as you go.

This is not to say that some Alberta athletes have not gone to Division III schools in the US and finished up with a degree and some great football memories. It does happen, but you need to know that the vast majority of those who go down come back with neither. And even if you do – what is that degree worth in the Canadian workforce? Do they even offer a faculty that you might be interested in? Education or engineering degrees are not common throughout North America. Better check that out first otherwise you just have a nice piece of paper and a lot of upgrading at a Canadian University for your trouble once you return.

Honestly, if UCLA or a similar big Div. I-A school is indeed calling, you have been on an official visit, and Coach X has been to your house with a letter of commitment form – then GO! That is truly football nirvana and provided you can make the roster and contribute you're going to have the time of your life. However, if it's Southwest Nosebleed State, well... A good rule of thumb – if you haven't heard of this place before, there's a good reason for that.

**4) The Grass isn't always Greener:** OK, so the States are out, but what about these University and Junior teams from other provinces that keep calling. The official stance of Football Alberta is that we want our best and brightest to stay home and play for our elite teams post-secondary. You frankly won't find better educational institutions than the U of A and U of C and their football facilities are among the tops anywhere in the country. At the Junior level all three elite teams are very well managed and coached and provide competition in the toughest league in the nation.

The problem these days is that there isn't enough room on all of these teams to fill the demand from all of the talented graduating players each year. Each team will take 10-20 rookies each year which mean that no more than 75-80 players a year will graduate from high school football programs with a chance to continue at the elite level in Alberta. Considering well over 1000 players a year graduate out – that's a pretty small percentage. As well, for some players maybe it is time to move away from mom and dad and strike out on your own. Therefore if you're options aren't great in Alberta or you really just want to go somewhere else, well, just be aware of the pitfalls that are out there.

Currently there are 27 Universities and 17 Junior teams across Canada. Usually, recruiting outside their local region is pretty rare for most Universities and Junior teams but lately it's coming on. The Atlantic universities and B.C. Junior teams are the most aggressive by far with the universities in Saskatchewan and Manitoba not shy either. Don't get us wrong there are a lot of quality programs out there run by fine, upstanding men who can

provide you with an excellent football experience. There are also a lot of, well let's just say, weaker programs in all areas. In any event they are always on the make for talent and would love some prime Alberta beef in their stable.

What you, as a recruit, have to realize is that in respect to Universities there is no such thing as a "full ride" in Canada. The scholarships that universities can offer vary greatly so you have to come armed with many questions before committing to go there. Canada is a big country and it's very expensive to go anywhere so before you head to the east coast you better find out how much cash is coming your way because if it just covers tuition and books you'll be in the same boat as our friends who went to Southwest Nosedleed State are in – with thousands of dollars in unexpected expenses. Forget about room and board, are you planning on coming home for Christmas? Have you checked the costs of flights that time of year? Or the summer for that matter? Going elsewhere is expensive so please, please, please check it out thoroughly before committing.

As for the Junior football experience, a spring camp visit to the Okanagan, Lower Mainland, or Vancouver Island in B.C can be an intoxicating experience. We just can't compete with that weather. The prospect of moving away from home to Lotus Land to play your favorite sport is kinda cool. However, like the University experience it has its costs. You are now on your own. There are "scholarships" at junior but you would have to be attending a post-secondary college or university to get one (if you qualify) which between going to school and football practice limits greatly your ability to work to pay the bills. A lot of players have been promised guaranteed jobs to head west and play but I would suggest you get this and any other promises you may verbally receive in writing before committing to go anywhere. Don't misunderstand – most of the teams in question are good on their word, but there are some who have proven to be less trustworthy and financially – you just can't afford to take any chances at this stage in your life.

Bottom line is that you will not find a better situation educationally or football wise anywhere else in Canada than right here in Alberta. Our teams play in the toughest conferences in the land at both levels and our educational institutions are second to none. Plus, living at home might seem like a drag, but it sure helps get you started at the next level without draining the limited amount of money you can earn at this time of your life. Check things out at home first. The grass may be greener elsewhere – but that's only the grass.

**5) You are just a piece of meat:** Ooh, that's sounds nasty, but sadly it is the truth. OK, so you've made your choice and are now committed to attend and play for University X. The coach seemed very nice and he really seemed to want you to be part of his team. It looks like you'll get a chance to compete for playing time, and you'll be getting a scholarship that covers off a lot of expenses. Excitement reigns in your household as you head off to campus for your first practice. Then reality hits.

Over a five year period in the late '90's and early 2000's a funny thing happened in the Edmonton area. Most of the players given a Haliburton Award as MVP's of

their respective high school league or division were out of football within a year of graduating. Why? Weren't these the "Can't Miss Kids"? Truthfully, we'll never know the real reasons but I'm willing to bet most of it had to do with unrealistic expectations and the big step that is post-secondary football.

As a high school star you could do no wrong on a football field. You laughed as you streaked by the flailing arms of defenders as you headed for another touchdown, or you did the huka dance with every crushing tackle you delivered. This game was easy. And then your first practice occurs with your new team at University X and there is some 22 year old man waiting for you currently occupying the position you want to play. He was in your same shoes four seasons ago and has spent the last four years improving himself and playing at a level you haven't known until today.

You try your best but everything is faster and more difficult, plus there is always a corps of veterans who enjoy making rookies lives a little difficult – especially the highly recruited ones. Suddenly you realize that you aren't Superman and guys with names you never heard of before and handing you your lunch on the practice field and tormenting you off of it. This can be more than a tad discouraging.

A common misconception at this stage is to assume that the coach lied to you about your chances and doesn't care about you anymore. This is incorrect on both counts. Unless he flat out promised that you would start in your first year (and if a coach out there does that – perhaps you'd best look elsewhere because that is a sure fire sign of a team in trouble), there's been no lying. He really does want you on the team. You show a lot of promise, but frankly except for a few exceptions it is very rare to start right out of high school at the University level. He also does care about you but at this stage of the game he's got to focus on winning games and knows that he can't please everyone. At the end of the day all he was doing was inviting you to **try out** for the team – nothing more, nothing less. Making a travel roster as a special teams player might be the best that anyone can do in their first year. Mostly, rookies are assigned as glorified tackling dummies on the scout teams and **maybe** get to dress for home games. Quite the comedown for someone who used to carry his high school team almost singlehandedly.

What you need to understand is that this scenario plays itself out year after year after year. It's not going to change either. You need to understand that just **making** the team is an incredible accomplishment that less than ten percent of graduating high school players achieves each year. The smart ones take whatever role is assigned to them and work continuously on improving their game. This again explains the majority of elite team rosters being filled by non-high school all-star players. Do yourself a favor and talk to that 22 year old man currently playing your position and find out his story. How was his first year? When did he get to start contributing on-field? What can he recommend you focus on to get through the "Scout Team" years?

Playing post-secondary football is a once in a lifetime, memory filled time. It can be one of the greatest

times of your life. But it is also a huge step and until you realize that once there you are only as important as what you can contribute to the team **right now** (and right now may only be holding a blocking dummy) you are in for some serious soul searching. Also, keep working hard! Teams have no problem cutting players loose before their third or fourth years if the coaches feel you won't be a significant contributor no matter who you were in high school. Remember, the same recruiting process they used to get you goes on year after year after year so unless you keep moving forward you could get "out recruited" when a younger, hungrier player comes along that the coaches feel can easily take your place. It sucks sometimes but after all – you are just a piece of meat.

Finally, if things aren't going your way in your first year **DO NOT – I REPEAT – DO NOT**, get your mommy or daddy to call the coach. You are 18 years old now and can handle your own affairs in this area. The law says that you are an adult and adults handle their own problems. Parental hounding of elite team coaches is growing each year and it has to stop! Be a man and roll with the punches.

**6) What's the rush?:** The only regret I have about my days in University was that I was in such a hurry to get out of there and on with the rest of my life that I was gone in four years. Afterwards you realize that it was a truly special time filled with memories and friends that sadly mostly disappear once you start the 9 to 5 routine after graduating.

This isn't to say that you should try to stretch it out as a professional student for a decade or more, but really – you can work for the next 50 years, what's the rush?

The point here is, is that sometimes big time high school stars are adamant that not only must they go to a university team immediately but they must play somehow in their first year – thus eating up a year of eligibility. To do otherwise would be a shameful experience indeed. Red shirting? That's for someone else! Junior? Not for this top recruit! At the end of the day all you have accomplished is shortening one of the best experiences anyone in sports will ever get. You'll be out of there in four or five years and at 22 years old you are done with competitive elite football. Way to go Superstar!

Let's talk about Junior football for a second. As mentioned above it is not so easy to make teams at that level let alone university. There are 22 year old men waiting for you there as well, so don't think you're just going to walk in the door and start. For some high school stars that are big on skills but not on size or strength it's a great outlet to continue to develop your game and work out during the off season. It is also a great level of football that you can play up to the age of 20 before any university eligibility would be taken away. You want to start for a university team in your first year? There is a world of difference between you at age 18 with no post-secondary experience and you at 20 or 21 with two to three years of post-secondary football under your belt. Plus if you continue to improve the offers from universities will only get better. Just do not treat this as a way station for your talent. The coaches at that level are very skilled and will do everything they can to make you better. Treat them and their program with the respect it deserves and if you plan to

leave prior to exhausting your eligibility at that level - do so with their blessing. That's the way men handle things.

Let's talk about Red Shirting. What this represents is a way for you to be a part of the team at a university without losing a year of eligibility. You practice with the team, run around on scout teams, and work on getting better and adjusting to the pace of the higher level of football – you just don't dress for games. There is no shame in this. Just watch NCAA games on TV and listen to how many QB's, for example, are "redshirt freshmen", which means they didn't lose a year of eligibility in their first year on campus and are now in a position to contribute on-field with four years left to go. Heck, in Canada they give you five! If you must go directly to a university out of high school the redshirt option gives you six years of the greatest time of your life! Why wouldn't you take that into consideration? Plus academically, you're in a greater position to do well in your classes if you spread a four year program over five or six years. A usual load for a university student is 5-6 classes a term but three classes a term during the demanding football season is a lot to handle – trust me.

All I'm saying is take it from me. You will be working a job for a **very** long time in your life after college and the post-secondary football experience will only happen for a relatively very short time. What's the rush?

**7) Don't miss out on other things:** Some of the saddest stories we experience each year in the Football Alberta office is when highly recruited players and their parents proudly announce to us that they will not be partaking in any Senior Bowl tryouts or all-star games because University X is interested in them and they don't want to run the risk of getting hurt. You know, because they are going to be significant contributors next season and all that (riiiiiight!). So, they skip out on all the fun wait for training camp at University X to start and reality hits as we've discussed in section 5. It's worse if they have gone elsewhere in Canada and wind up as someone's scout team tackling dummy. Truly, at the end of the day, the only thing they have accomplished is missing out on a once in a lifetime opportunity.

I hope you take this for what it is worth but most players advancing out of high school to university or junior teams won't see significant on-field time for quite some time. Sometimes upwards of three years will pass between starting assignments. And you want to save yourself for that?

Yes, we're a little biased here in the Football Alberta office and of course we want the best of the best to tryout for the Senior Bowl etc., but it's more than that. Don't be that guy who calls up a year later wondering if he can try out now after blowing us off for some magical promise outside Alberta that didn't live up to it's billing (it's happened more than once). Don't miss out on these situations because they only are offered to you once. Senior Bowl, Team Alberta, Team Canada – why not? These programs might be the only significant contribution you make on field for a while so don't pass them up. Any university coach worth his salt knows that except for the rare talent you will wind up on the scout team in year #1 so why not take this time to better yourself since he won't be

able to give you that on-field experience right away. Plus – they just happen to be a lot of fun as well. Why not!

Every year at the initial Senior Bowl tryouts we try to impress upon all the athletes in attendance the above points to know. While everyone pays attention we can see it in the eyes of some of the players that they don't think this refers to them. That they will be the exception and a difference maker on their chosen team next year. Then reality hits and some of them wind up quitting because the post-secondary experience didn't meet their expectation and they were embarrassed by their inability to contribute right away. Don't be that guy.

Moving on from high school to post-secondary football is the biggest step you'll ever take. Some players seem to handle it better than others and sometimes the best high school stars struggle. Heck, it does happen where a post-secondary rookie will catch fire and be a big time player in year one – I mean, *someone* has to be the Rookie of the Year – but it's pretty rare. Take it easy, take your time and – if you're lucky enough to make the team – take whatever role they give you to start and go from there.

And for the love of god NEVER stop trying to get better. It is the only way you'll make it and stay there. At some point you might be that 22 year old man advising the rookie on how things are. Best of luck.



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