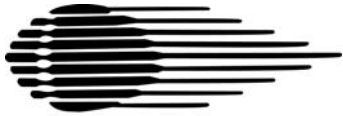


WIDESIDE

The Official Newsletter of Football Alberta

Winter Edition, 77th Issue

Winter 2010



FOOTBALL ALBERTA

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2009 Provincial Champions

High School

Tier I	Raymond Comets
Tier II	Foothills Falcons
Tier III	Brooks Buffalos
Tier IV	Rundle College Cobras

Bantam

Tier I	Spruce Grove Cougars
Tier II	Calgary Wildcats
Tier III	Edm. Black Raiders
Tier IV	Grande Prairie Broncos

Pee-Wee

Tier I	Edmonton Chargers
Tier II	Calgary Falcons
Tier III	Red Deer Steelers
Tier IV	Camrose Buffalos

Atom

Edmonton Mustangs

The Calgary Falcons beat the Millwoods Maulers 22-0 to clinch the Pee Wee Tier II Provincial Championship.



Football Alberta 2010 Membership & Insurance

Football AB membership and insurance is valid January 1, 2010 to December 31, 2010. Please note that All minor teams must take out insurance.

Plan #1 (2010 Team Membership + Player & Team Personnel Accident & Liability Insurance)

Minor	Team fee of \$105.00 (incl. GST) + \$15.00 per person
High School	Team fee of \$131.25 (incl. GST) + \$15.00 per person
Midget/Junior/University	Team fee of \$131.25 (incl. GST) + \$15.00 per person
Senior Men/Female	\$15.00 per person
Flag/Touch	\$7.00 per person

Plan #2 (Team Membership Only, No Insurance)

High School, 6 & 9 Man, Midget, Junior & University teams: \$131.25 (incl. GST). This plan is for teams that have adequate insurance.

Once again, teams and/or leagues should use their username and password to register their team at <https://footballalberta.ab.ca/members/>. Delete players who will not be returning for 2010 and add any new players. Please do not delete players who attend a 2010 practice/gym night or selection camp and then do not play with the team. Insurance payment should be collected from those players and submitted for coverage for the year. Please contact Christy if you have any questions.

WIDESIDE is the official newsletter of Football Alberta.
11759 Groat Rd
Edmonton AB T5M 3K6
(P)780-427-8108
(F)780-427-0524
Web: www.footballalberta.ab.ca

Executive Director:
Brian Fryer
(E) bfryer@telus.net

Technical Director:
Tim Enger
(E) tenger@telus.net

Administrative Coordinator:
Christy Griffin
(E) cgriffin@telus.net

Notable Names for 2009

The following players shone in Canadian and International Football play in 2009.

Name (Position) - Current Team (High school they came from)

Canadian Jr. Football League All-Canadians

Steve Prodan (OL) - Edmonton Wildcats (Bev Facey HS, Sherwood Park)
 Kevin Wuthrich (R) - Edmonton Wildcats (Bev Facey HS, Sherwood Park)
 Korey Johnson (LB) - Edmonton Huskies (Arch. Jordan HS, Sherwood Park)
 Corbin Sharun, (DB) - Edmonton Wildcats (Strathcona HS, Edmonton)
 Ben Hnidan (K) - Edmonton Wildcats (via club soccer)

CJFL Rookie of the Year

Jerit Lambert - Edmonton Wildcats (Austin O'Brien HS, Edmonton)

Canadians in NCAA Bowls

Jadon Wagner (DL) - BYU (Lethbridge Collegiate, Lethbridge)
 John Bender (OL) - Nevada (Cochrane HS)
 Laing Cleyon (DE) - Iowa State (Holy Trinity HS, Edmonton)

IFAF Junior World Championships: Named to the 1st All-Tournament Team:

Steven Lumbala (RB) - St Francis HS, Calgary
 Kirby Fabian (OL) - Bishop McNally HS, Calgary

IFAF WORLD vs. USA Game

Players from eight IFAF member countries and four continents will come together during NFL Pro Bowl week to take part in a USA vs. World game at 12pm on Saturday, January 30th. The World Team named 31 Canadians, and 2 Albertans, to the roster to face the US team in South Florida. 3 Canadian coaches will be working with the team.

Jerit Lambert (WR) - Edmonton Wildcats
 Steven Lumbala (RB) - University of Calgary
 Jeff Hassler (RB) - University of Saskatchewan (from Okotoks)
 Joel Seutter (DL) - University of Saskatchewan (from Sher. Park)

CIS All-Canadians

Player of the Year: Erik Glavic (QB) - U of C (via Ontario)
 Rookie of the Year: Linden Gaydosh (D) - U of C (Peace River HS)

CIS Awards

1ST Team:

Erik Glavic (QB) - U of C (via Ontario)
 Matt Walter (RB) - U of C (Bishop O'Byrne HS, Calgary)
 Nathan Coehoorn (WR) - U of C (Medicine Hat HS)
 Hugh O'Neill (P) - U of A (Ross Sheppard HS, Edmonton)
 Perri Scarcelli (K) - U of C (St. Francis HS, Calgary)

2ND Team:

Anthony Parker (IR) - U of C (Foothills HS, Okotoks)
 Kirby Fabian (T) - U of C (Bishop McNally HS, Calgary)
 Terriss Paliwoda (G) - U of A (Austin O'Brien HS, Edmonton)
 Craig Gerbrandt (DE) - U of A (Archbishop Jordan HS, Sherwood Park)
 Andrea Bonaventura (LB) - U of C (via Ontario)
 Grant Shaw (CB) - U of S (Edmonton)

2009 Football Canada Cup All Stars

U19 Division

Jeff Hassler (RB)
 Brad Nehring (OL)
 Joel Seutter (DL)
 Kevin Hafichuk (DB)

U17 Division

Denzel Morrison (RB) - South Team
 Eli Hankinson (OL) - South Team
 *Ryan Reid (DL) - South Team
 Marcus Goods (DL) - North Team
 Steven McCaffrey (DB) - South Team
 *Ryan Reid named Tournament Defensive MVP

Football Canada Cup 2010

Football AB will be sending a **U18 team** to Football Canada Cup in 2010. Athletes will be invited by their high school coach to a **Preliminary Selection Camp**:

January 30th - Red Deer & North will be in Edmonton
 January 31st - South Red Deer will be in Calgary

40-50 athletes from each of these preliminary camps will be invited to attend the **Final Selection Camp** from May 7-9 at Foote Field in Edmonton.

The athletes selected from this selection camp will represent Alberta at Football Canada Cup 2010 in Wolfville, Nova Scotia. They will attend a **Training Camp** from July 7-9 at the U of C and McMahon Stadium before departing for Nova Scotia for **Football Canada Cup** being held July 10-18.

See http://footballalberta.ab.ca/web/programs/team_ab.php for more information.



The 2010 Alberta Summer Games will be held in Peace River from July 22-25. Any **Bantam aged player** (graduating in June from Grade 9 or lower and who will not turn 17 during the calendar year of 2010) is eligible to try out.

Tryout Camps coordinated by Representatives & coaches from 8 zones across the province will be held in May, 2010. Of course Football Alberta will have more information available on the web site as the tryout camps come closer. Follow the Football Alberta link to obtain information as it becomes available <http://footballalberta.ab.ca/web/programs/summer.php>.

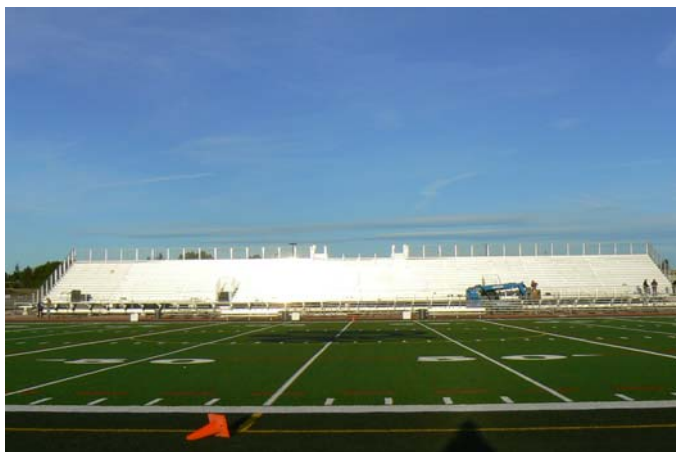
The [Alberta Games Site](http://www.albertagames.com) will have more information in the spring. The Tackle Football Technical Package can be found at: <http://www.albertagames.com/UserFiles/504%20Football%281%29.pdf>.

A New Stadium for Lethbridge



Southern Alberta got its very own Field of Dreams in 2009. The University of Lethbridge, City of Lethbridge, Government of Alberta, numerous community user groups and athletes celebrated the official opening of the University of Lethbridge Community Sports Stadium this past fall.

The University of Lethbridge Community Sports Stadium consists of an artificial field for football and soccer, a natural practice field, a synthetic 400-metre track, track and field space, and related service buildings. The facility will also include dedicated, off-street parking, 2000-person bleacher seating, and room for expansion as user demand and funding dictates.



Date(s)	Event(s)	Location
Jan 29	Football Alberta Executive Meeting	Calgary
Jan 30	Football Alberta Annual General Meeting	Calgary
Jan 30	North U18 Preliminary Selection Camp	Edmonton
Jan 31	South U18 Preliminary Selection Camp	Calgary
Feb 7	Super Bowl	Miami
Feb 20-21	University of Alberta Lineman Camp	Edmonton
Mar 12-13	Football AB / U of C Coaches Clinic	Calgary
Mar 12-14	New NCCP Coaching Clinic	Calgary
Mar 13	Football AB Coaching Awards Luncheon	Calgary
Apr 9-10	U of A Elite Coaches Clinic	Edmonton
April 11	U of A Quarterback Clinic	Edmonton
Apr 16-18	Senior Bowl "North" Selection Camp	Edmonton
Apr 23-25	Senior Bowl "South" Selection Camp	Calgary
April 28- May 2	U of Alberta Main Spring Camp U of Calgary Main Spring Camp	Edmonton Calgary
May 7-9	Edmonton Wildcats Main Spring Camp	Edmonton
May 14-16	Edmonton Huskies Main Spring Camp	Edmonton
May 7-9	Calgary Colts Main Spring Camp	Calgary
May 7-9	U18 Selection Camp	Edmonton
May 21-24	Senior Bowl	Edmonton
Jun 10-12	Football Canada AGM	Ottawa
Jun 19	Football AB Spring Planning Meeting	Edmonton
Jul 7-9	U18 Main Camp	
Jul 10-16	Football Canada Cup	Wolfville, NS
Jul 22-25	Alberta Summer Games	Peace River/Grimshaw
Aug 10-16	Team Alberta Hawaii Camp	Maui, HI
Sept 15	Football AB Fall Conference Call	Alberta
Sept 30	High School Tier Declaration Day	Alberta
Nov 6	Atom Provincial Final	
Nov 13	Pee Wee Provincial Finals	
Nov 20	Bantam Provincial Finals	
Nov 27	Alberta Bowl High School Finals	
Nov 27	Football AB Planning Meeting	Edmonton
Nov 28	Grey Cup	Edmonton



2009 Yearbook of Results

SENIOR MEN'S

<u>ALBERTA LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Lloydminster Vandals	7	1	0	222	108	14
Grande Prairie Drillers	6	2	0	237	158	12
Calgary Wolfpack	6	2	0	314	178	12
Edmonton Stallions	5	3	0	221	128	10
Parkland Panthers	4	3	1	203	133	9
Calgary Gators	2	6	0	126	228	4
Red Deer Buccaneers	1	6	1	145	258	3
Edmonton Seahawks	0	8	0	61	338	0

SEMIS: Edmonton Stallions 27 Lloydminster Vandals 23
 Calgary Wolfpack 31 GP Drillers 12
 FINAL: Edmonton Stallions 39 Calgary Wolfpack 32

UNIVERSITY

<u>CANADA WEST LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
U of Saskatchewan Huskies	7	1		211	112	14
U of Calgary Dinosaurs	7	1		316	172	14
U of A Golden Bears	4	4		164	203	8
U of Regina Rams	3	5		174	224	6
UBC Thunderbirds	3	5		110	263	6
U of Manitoba Bisons	2	5		164	203	4
Simon Fraser Univ. Clan	1	6		205	167	2

SEMIS: U of Calgary 45 U of Alberta 13
 U of Sask 53 U of Regina 23
 HARDY CUP: U of Calgary 39 U of Saskatchewan 38
 UTECK BOWL: U of Calgary 37 St Mary's 14
 VANIER CUP: Queen's University 33 U of Calgary 31

JUNIOR

<u>PRAIRIE FOOTBALL CONF.</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Saskatoon Hilltops	7	1	0	239	134	14
Edmonton Wildcats	6	2	0	324	163	12
Calgary Colts	5	3	0	217	200	10
Regina Thunder	5	3	0	263	157	10
Winnipeg Rifles	1	7	0	176	321	2
Edmonton Huskies	0	8	0	84	328	0

PFC SEMIS: Edmonton Wildcats 35 Calgary Colts 20
 Saskatoon Hilltops 30 Regina Thunder 24
 PFC FINAL: Edmonton Wildcats 33 Saskatoon Hilltops 20
 INTERGOLD GAME: Edmonton Wildcats vs Ottawa Sooners
 NATIONAL CUP FINAL: VI Raiders 51 Edmonton Wildcats 14

MIDGET (Spring)

<u>CALGARY MIDGET LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Boulton Division						
Hilltoppers	6	0	0	222	13	12
Mavericks	4	2	0	84	89	8
Cowboys	3	3	0	75	71	6
Northern Raiders	3	3	0	54	109	6
Lions	2	4	0	94	129	4
Broncos	1	5	0	36	116	2
Parkinson Division						
Wildcats	6	0	0	216	19	12
Bulldogs	4	2	0	141	68	8
Colts	4	2	0	94	71	8
Falcons	2	4	0	95	164	4
Eagles	1	5	0	87	107	2
Stampeders	0	6	0	14	250	0

FINAL:

MIDGET (Spring)

<u>CAPITAL DISTRICT MIDGET</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Tier 1						
Edmonton Chargers	5	0	0	194	37	10
Edmonton Mustangs	4	1	0	100	79	8
Sherwood Park Rams	2	2	1	87	79	5
Parkland Outlaws	1	3	1	70	117	3
Sherwood Park Wolverines	1	4	0	44	140	2
St Albert Storm	1	4	0	36	79	2
FINAL: Edmonton Chargers 31						Edmonton Mustangs 2
Tier 2						
Battle River Shock	4	0	0	166	18	8
Leduc Straycats	3	1	0	108	79	6
Edmonton Seahawks	2	2	0	122	70	4
Millwoods Grizzlies	2	2	0	59	84	4
Edmonton Eagles	2	2	0	89	86	4
Lloydminster Red Dogs	1	3	0	98	74	2
Parkland Bandits	0	4	0	0	231	0
FINAL: St Albert Storm 27						Sherwood Park Wolverines 7

HIGH SCHOOL

<u>MIGHTY PEACE LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Peace River Pioneers	6	0	0	266	77	10
St Joe's Celtics	4	2	0	151	111	8
Grande Prairie Warriors	3	1	0	116	55	6
Sexsmith Sabres	3	3	0	120	161	6
Whitecourt Cats	3	3	0	180	131	6
Valleyview Cougars	1	3	1	84	135	3
Beaverlodge Royals	1	3	1	90	132	3
Peace Wapati Titans	0	5	0	57	261	0

PEACE BOWL SEMIS: Peace River 55 Sexsmith 13
 GP Comp 34 St. Joe's 17
 ATHABASCA SEMIS: Whitecourt 27 PWA 7
 Valleyview 40 Beaverlodge 6
 PEACE BOWL: Peace River 29 GP 15
 ATHABASCA BOWL: Whitecourt 35 Valleyview 21

KODIAK

SPORTS



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High School All-Star Game Since 1992.

For all your Sports Teams needs contact:
(403) 291-4479
kodiaksp@telus.net.

Yearbook of Results cont'd.

<u>EDMONTON PUBLIC (SR)</u>							<u>EDMONTON METRO (JR)</u>						
<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>		<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Bright Conference							Premier Conference						
Harry Ainlay Titans	5	0	0	114	33	10	Salisbury Sabres	6	0	0	105	25	12
Ross Sheppard Thunderbirds	4	1	0	153	41	8	Bev Facey Falcons	3	3	0	105	44	6
Spruce Grove Predators	3	2	0	106	87	6	St Albert Skyhawks	3	3	0	67	54	6
M.E. Lazerte Voyageurs	2	3	0	94	117	4	Bellerose Bulldogs	0	6	0	10	164	0
Jasper Place Rebels	1	4	0	56	137	2	SEMIS: Salisbury 25 Bellrose 6						
Strathcona Lords	0	5	0	25	133	0	St Albert 9 Bev Facey 8						
SEMIS: Harry Ainlay 64			M.E. Lazerte 7				FINAL: Salisbury 10 St Albert 1						
Ross Sheppard 31			Spruce Grove 23				City Conference						
FINAL: Harry Ainlay 11			Ross Sheppard 10				<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Gilfillian Conference							St Francis Xavier Rams						
<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>		4	2	0	130	73	8	
McNally Tigers	3	0	0	121	3	6	Archbishop O'Leary Spartans						
W.P. Wagner Warriors	2	1	0	68	43	4	3	3	0	117	118	6	
Eastglen Blue Devils	1	2	0	38	98	2	Austin O'Brien Crusaders						
Queen Elizabeth Knights	0	3	0	28	111	0	3	3	0	122	109	6	
SEMIS: McNally 58			Queen Elizabeth 6				SEMIS: St Francis 28 St Joe's 21						
W.P. Wagner 30			Eastglen 21				Arch O'Leary 38 Austin O'Brien 14						
FINAL: McNally 48			W.P. Wagner 1				FINAL: St Francis 27 Arch O'Leary 11						
EDMONTON PUBLIC (JR)							WHEATLAND LEAGUE						
<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>		<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Jasper Place Rebels	5	1	0	146	65	10	North						
Memorial	4	2	0	176	83	8	Grand Centre Royals						
Harry Ainlay Titans	2	4	0	91	121	4	5	1	0	164	43	10	
Ross Sheppard Thunderbirds	1	5	0	58	212	0	St Paul Bengals						
SEMIS: Jasper Place 40			Ross Sheppard 6				4						
Harry Ainlay 28			Memorial 16				Bonnyville Voyageurs						
FINAL: Jasper Place 18			Harry Ainlay 7				3						
EDMONTON METRO (SR)							South						
<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>		<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Carr Conference							Holy Rosary Raiders						
Bev Facey Falcons	3	0	0	65	15	6	6	0	0	169	37	12	
Austin O'Brien Crusaders	2	1	0	67	87	4	Lloydminster Barons						
St. Albert Skyhawks	1	2	0	38	55	2	5	1	0	157	29	10	
Salisbury Sabres	0	3	0	36	49	0	Wainwright Commandos						
SEMIS: Bev Facey 26			Salisbury 7				3						
Austin O'Brien 21			St Albert 14				Vermillion Mauraders						
FINAL: Bev Facey 28			Austin O'Brien 7				3						
Miles Conference							Vegreville Vortex						
<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>		1	5	0	58	252	2	
Leduc Tigers	8	0	0	271	38	16	Sedgewick Rams						
Bellerose Bulldogs	6	1	1	199	36	13	1	5	0	6	158	2	
Archbishop O'Leary Spartans	5	1	2	128	58	12	SEMIS: Lloydminster 28 Cold Lake 15						
Ardrossan Bisons	4	4	0	176	138	8	Holy Rosary 21 St Paul 3						
Archbishop Jordan Scots	4	4	0	157	174	8	FINAL: Lloydminster 27 Holy Rosary 20						
St Francis Xavier Rams	3	4	1	113	140	7	CENTRAL ALBERTA						
Holy Trinity Trojans	2	6	0	78	217	4	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Beaumont Bandits	2	6	0	123	221	4	Notre Dame Cougars						
Fort Saskatchewan Sting	0	8	0	40	263	0	8	0	0	246	88	16	
SEMIS: Leduc 49			Ardrossan 10				Lacombe Rams						
Arch. O'Leary 14			Bellerose 7				7						
FINAL: Leduc 41			Arch. O'Leary 7				Hunting Hills Lightning						

SPORT MEDICINE COUNCIL OF ALBERTA

Upcoming Courses & Seminars

January 30	Sport Nutrition in Edmonton
January 26	Sport Concussion Seminar in Grande Prairie
February 22	Sport Concussion Seminar in Red Deer
March 8	Sport Concussion Seminar in Lethbridge

<http://www.sportmedab.ca/>

Don't miss the Annual

**Football Alberta / University of Calgary
Coaches Clinic
March 12 - 13, 2010**

Visit the Football AB website
under Coaching Development for more information

Yearbook of Results cont'd.

<u>CALGARY DIV. I (SR)</u>							<u>CALGARY DIV. III (JR)</u>						
W	L	T	PF	PA	PTS		W	L	T	PF	PA	PTS	
Notre Dame Pride	6	0	0	185	58	12	William Aberhart	5	0	0	211	16	10
Bowness Trojans	5	1	0	144	44	10	Forest Lawn	3	1	0	95	36	6
St Francis	4	2	0	121	87	8	Dr E.P. Scarlett	2	3	0	64	95	4
Bishop O'Byrne	3	3	0	149	79	6	McNally/Lacombe	2	3	0	58	108	4
St Mary's	2	4	0	70	131	4	St Timothy	0	0	0	0	0	0
Henry Wise Wood	1	5	0	63	170	2	James Fowler	0	5	0	20	193	0
John Diefenbaker Chiefs	0	0	0	0	0	0	SEMIS: William Aberhart 43	McNally/Lacombe 9					
Lord Beaverbrook Lords	0	0	0	0	0	0	Forest Lawn 20	Dr E.P. Scarlett 0					
SEMIS: Notre Dame 17	Henry Wise Wood 14	FINAL: William Aberhart 23	Forest Lawn 6										
Bishop O'Byrne 27	Bowness 7	ROCKYVIEW LEAGUE											
FINAL: Notre Dame 31	Bishop O'Byrne 8	W	L	T	PF	PA	PTS						
<u>CALGARY DIV. II (SR)</u>							<u>CALGARY DIV. III (JR)</u>						
W	L	T	PF	PA	PTS		W	L	T	PF	PA	PTS	
Western Canada Redmen	6	0	0	165	60	12	Cochrane Cobras	6	1		313	42	8
Central Memorial Rams	5	1	0	200	50	10	Bert Church Chargers	6	1		139	32	8
Crescent Heights	4	2	0	159	116	8	Bow Valley Bobcats	5	2		163	120	7
Bishop Grandin Ghosts	3	3	0	89	143	6	George McDougall Mustangs	3	4		81	173	5
McNally/Lacombe	2	4	0	107	162	4	Springbank Pheonix	1	6		128	208	2
Centennial Coyotes	1	5	0	110	117	2	Chestermere Cowboys	0	7		60	176	0
Sir Winston Churchill	0	6	0	35	217	0	TEIR II SEMIS : George McD. 14	Springbank 12					
SEMIS: Central Memorial 34	Crescent Heights 7	TEIR II SEMIS : Bert Church 12	Chestermere 6										
Western Canada 45	McNally/Lacombe 21	TEIR II FINAL : Bert Church 22	George McDougall 0										
FINAL: Western Canada 10	Central Memorial 7	Cochrane wins League Championship											
<u>CALGARY DIV. III (SR)</u>							<u>BIG SKY LEAGUE</u>						
W	L	T	PF	PA	PTS		W	L	T	PF	PA	PTS	
William Aberhart	6	1	0	226	19	12	Rundle Academy Cobras	6	0	0	205	48	12
Dr E.P. Scarlett	5	2	0	182	86	10	Drumheller Titans	3	2	1	115	90	7
Ernest Manning	4	3	0	133	51	8	Strathmore Spartans	3	3	0	51	125	6
Bishop Carroll	4	3	0	117	107	8	Olds Spartans	3	3	0	104	96	6
James Fowler	1	6	0	61	240	2	Highwood Mustangs	2	4	0	71	118	4
Forest Lawn	1	6	0	57	273	2	Bow Valley Wolverines	2	4	0	112	149	4
SEMIS: Dr E.P. Scarlett 36	Ernest Manning 28	Innisfail Cyclones	1	4	1	77	109	3					
William Aberhart 31	Bishop Carroll 0	Holy Trinity Academy Knights	0	0	0	0	0	0					
FINAL: William Aberhart 14	Dr E.P. Scarlett 8	TIER III FINAL: Highwood 33	Strathmore 0										
<u>CALGARY DIV. 1 (JR)</u>							<u>RANGELAND LEAGUE</u>						
W	L	T	PF	PA	PTS		W	L	T	PF	PA	PTS	
St Francis Browns	5	0	1	187	49	11	1 - Brooks Buffalos						Stats not submitted
Bishop O'Byrne Bobcats	5	0	1	119	14	11	2 - Medicine Hat Mohawks						Final:
Henry Wise Wood	3	3	0	142	98	6	3 - McCoy Colts						Brooks 19 Med Hat 10
Notre Dame Pride	3	3	0	117	113	6	4 - Crescent Heights Vikings						
Western Canada Redmen	2	4	0	63	107	4	<u>MOUNTAIN VIEW 9-MAN</u>	W	L	T	PF	PA	PTS
Bowness Trojans	2	4	0	62	146	4	1 - Hanna						Stats
Lord Beaverbrook Lords	0	6	0	6	169	0	2 - Sundre						not submitted
SEMIS: St Francis 31	Notre Dame 0	3 - Didsbury											
Bishop O'Byrne 15	Henry Wise Wood 2	4 - Carstairs											
FINAL: Bishop O'Byrne 15	St Francis 14	<u>WESTERN AB 6-MAN LEAGUE</u>	W	L	T	PF	PA	PTS					
<u>CALGARY DIV. II (JR)</u>							<u>WESTERN AB 6-MAN LEAGUE</u>						
W	L	T	PF	PA	PTS		W	L	T	PF	PA	PTS	
Bishop Grandin Ghosts	6	0	0	240	21	12	South Division	8	0	0	371	118	16
Central Memorial Rams	4	1	1	164	126	9	BMC Mustangs	5	3	0	238	201	10
Crescent Heights	3	3	0	118	90	6	Rimbey Spartans	3	4	1	188	222	7
St Mary's Saints	3	2	0	116	100	6	Ponoka Broncs	1	6	1	93	261	3
John G Diefenbaker Chiefs	1	3	1	53	151	3	Caroline Cougars						
Centennial Coyotes	1	4	0	67	89	2	North Division						
Sir Winston Churchill Bulldogs	0	5	0	7	188	0	M.W. Royals	6	2	0	351	173	12
SEMIS: St Mary's 40	Central Memorial 6	FMHA Warriors	6	2	0	258	189	12					
Bishop Grandin 22	Crescent Heights 0	Breton Cougars	2	6	0	233	311	4					
FINAL: Bishop Grandin 34	St Mary's 0	VCC Knights	2	8	0	100	371	0					

NEED RESOURCE MATERIALS FOR THE COACHING SEASON?

If you missed out on coaching clinics or if want to better your skills, visit the Resource Materials section on the Football Alberta website <http://footballalberta.ab.ca/web/resources/> for a complete list of materials available through the office.

2009 Yearbook of Results cont'd.

<u>SOUTHERN AB LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Division A						
Raymond Comets	3	0				6
L.C.I. Rams	2	1				4
Cardston Cougars	1	2				2
Catholic Central Cougars	0	3				0
Division B						
Willow Creek Cobras	3	0				6
Kate Andrews Pride	3	1				6
W.R. Myers Rebels	2	1				4
Winston Churchill Bulldogs	1	3				2
Pincher Creek Mustangs	0	4				0
TIER I : Raymond 36	L.C.I. 0					
TIER II: Cardston 38	Catholic Central 10					
TIER III: Winston Churchill 15	W.R. Meyers 0					
TIER IV: Kate Andrews 29	Pincher Creek 16					

A.S.A.A. HIGH SCHOOL PROVINCIALS

<u>TIER 1</u>	
REG. SEMIS:	Harry Ainlay 34 Grande Prairie 3 Bev Facey 56 Fort McMurray 0 Notre Dame Pride 31 Bishop O'Byrne 8 Raymond 61 Ross Sheppard 0
REG. FINAL:	Bev Facey 14 Harry Ainlay 7 Raymond 37 Notre Dame 0
AB BOWL:	Raymond 19 Bev Facey 2
<u>TIER 2</u>	
REG. SEMIS:	McNally 17 Notre Dame Cougars 16 Austin O'Brien 43 Lloydminster 23 St Mary's 7 Ernest Manning 0 Foothills 22 Cardston 0
REG. FINAL:	McNally 25 Austin O'Brien 8 Foothills 24 St Mary's Saints 10
AB BOWL:	Foothills 35 McNally 0
<u>TIER 3</u>	
REG. SEMIS:	Peace River 75 Beaumont 14 Sylvan Lake 41 Cold Lake 21 Winston Churchill 20 Highwood 7 Brooks 26 Cochrane 0
REG. FINAL:	Peace River 41 Sylvan Lake 21 Brooks 49 Winston Churchill 0
AB BOWL:	Brooks 23 Peace River 7
<u>TIER 4</u>	
REG. SEMIS:	Ardrossan 52 Sexsmith 0 Holy Rosary 27 West Central 7 Rundle College 24 Willow Creek 0 Kate Andrews 47 Bow Valley 25
REG. FINAL:	Ardrossan 46 Holy Rosary 18 Rundle College 36 Kate Andrews 28
AB BOWL :	Rundle College 23 Ardrossan 14

BANTAM

<u>GRANDE PRAIRIE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Final standings not submitted						
SEMIS:						
FINAL:						
<u>CENTRAL AB BANTAM</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Stettler Cougars	6	0	0	322	8	12
Notre Dame Jr Cougars	6	0	0	274	56	12
Lacombe Jr Raiders	5	1	0	229	66	10
Olds Bulldogs	6	1	0	232	70	12
Lindsay Thurber	4	2	0	156	119	8
Springbank Pheonix	5	2	0	178	108	10
Sylvan Lake Lions	4	2	1	170	152	9
Hunting Hills Lighting	2	5	0	78	02	4
Wetaskiwin Warriors	2	5	0	98	174	4
Strathmore Spartans	1	4	1	42	191	3
Innisfail Jr Cyclones	1	5	0	40	222	2
Rocky Mountain House Rebels	0	6	0	28	251	0
Drumheller Titans	0	7	0	25	247	0
TIER II: Stettler Cougars 20	Lacombe Raiders 8					
TIER III: Old Rotary Bulldogs 33	Notre Dame Cougars 0					
TIER IV: Wetaskiwin Warriors 56	Strathmore Spartans 15					

<u>CAPITAL DISTRICT BANTAM</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Jackie Parker Division						
Edmonton Mustangs	9	0	0	298	57	18
Leduc Ticats	7	2	0	237	109	14
Edmonton Raiders (Black)	5	3	1	313	110	11
Fort McMurray Ravens	5	4	0	215	194	10
Edmonton Seahawks (Blue)	5	4	0	208	224	10
Camrose Buffalos	4	5	0	144	213	8
Sherwood Park Northstars	3	6	0	174	319	6
Spruce Grove Predators	2	7	0	133	289	4
St Albert 49ers	1	7	1	96	296	3
Fort Saskatchewan Lightning	0	8	1	102	284	1
Johnny Bright Division						
Sherwood Park Rams	9	0	0	317	31	18
Spruce Grove Cougars	7	2	0	312	159	14
Sherwood Park Wolverines	5	3	1	233	163	11
Millwoods Grizzlies	5	3	1	264	240	11
Edmonton Chargers	3	6	0	213	263	6
St Albert Fury	3	6	0	131	213	6
Stony Plain Bombers	3	6	0	211	227	6
Foothills Falcons	2	6	1	101	311	5
FINAL: Tier 1: Spruce Grove Cougars 40	Sher Park Rams 25					
Tier 2: St Albert Fury 30	Millwoods Grizzlies 29					
Tier 3: Edmonton Raiders 33	Edmonton Mustangs 6					
Tier 4: Fort McMurray Ravens 40	Sher Pk Northstars 29					

**University of Alberta
Elite Coaches Clinic
April 9-10, 2010**

Visit the Football AB website
under Coaching Development for more information

**2010 World Women's
Tackle Football
Championship**

June 26 - July 4, 2010
Stockholm, Sweden



2009 Yearbook of Results cont'd.

<u>WHEATLAND/LLOYD. BANTAM</u>							<u>PEEWEE</u>						
<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>		<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Cold Lake Royals	5	0		128	34	10	<u>GRANDE PRAIRIE PEEWEE</u>						
Lloydminster Mustangs	4	1		192	50	8	Lions						
St Paul Bengals	3	2		131	52	6	Colts					Final Standings	
Lloydminster Chargers	1	4		56	150	2	Rams					Not submitted	
Bonnyville Bandits	1	4		49	135	2	Bears						
Wainwright Commandos	1	4		20	155	2	<u>LLOYDMINSTER PEEWEE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
FINAL:							Lloydminster Lightning	4	2	0			8
<u>CALGARY BANTAM LEAGUE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	Lloydminster Eagles	3	2	1			7
<u>North Division</u>							Lloydminster Steelers	3	2	1			7
Mavericks	7	1	0	201	83	14	Wainwright Guard Dogs	1	5	0			2
Cowboys	7	1	0	230	30	14	SEMI FINAL: Lloyd Lightning 13						Guard Dogs 8
Hilltoppers	5	3	0	189	66	10	Lloyd Eagles 24						Lloyd Steelers 20
Golden Hawks	2	6	0	86	176	4	FINAL: Lloyd Eagles 13						Lloyd Lightning 8
Lions	1	5	2	55	173	4	<u>CAPITAL DISTRICT PEEWEE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Storm	1	6	1	50	210	3	Jackie Parker Division						
Broncos	0	8	0	22	296	0	Leduc Wildcats	7	1	0	206	69	14
<u>South Division</u>							Spruce Grove Cougars	6	2	0	234	74	12
Stampeders	7	1	0	219	53	14	Stony Plain White Bombers	5	3	0	177	78	10
Colts	6	2	0	192	72	12	Sherwood Park Sabrecats	5	3	0	179	104	10
Wildcats	5	3	0	162	127	10	Camrose Buffaloes	4	4	0	141	58	8
Bulldogs	4	4	0	149	87	8	Edmonton Mustangs	2	6	0	95	182	4
Falcons	3	5	0	118	184	6	St Albert Raiders	2	6	0	108	209	4
Eagles	2	5	1	98	214	5	Stony Plain Bombers	1	7	0	61	277	2
FINAL: Div. 1 Stamps 8							Fort Saskatchewan Thunder	0	8	0	6	384	0
Div. 2 Wildcats 32							<u>Johnny Bright Division</u>						
Div. 3 Falcons 19							Edmonton Chargers	9	0	0	376	50	18
							St Albert Colts	7	2	0	239	65	14
<u>SOUTHERN AB BANTAM</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	Edmonton Raiders (Black)	7	2	0	207	137	17
<u>Division 1</u>							Millwoods Maulers	6	3	0	201	137	12
Raymond Jr Comets	6	1	0	139	21	12	Sherwood Park Bulldogs	5	4	0	118	95	10
Lethbridge Bulldogs	4	3	0	101	133	8	Edmonton Seahawks (Blue)	3	6	0	145	165	6
Parkside Pythons	3	3	0	96	93	6	Sherwood Park Raiders	2	7	0	61	259	4
Taber Rebels	2	5	0	65	140	4	Millwoods Grizzlies	2	7	0	56	187	4
<u>Division 2</u>							Foothills Falcons	0	2	0	0	80	0
Medicine Hat Hawks	5	3	0	228	165	10	FINAL: Tier I Edmonton Chargers 45						St Albert Colts 8
Cardston Cougars	5	1	0	121	41	10	Tier II Millwoods Maulers 36						Sher Park Raiders 8
Lethbridge Cougars	3	3	0	106	96	6	Tier III Sp Grove Cougars 22						Leduc Wildcats 14
Claresholm Raiders	1	6	0	84	169	2	Tier IV Camrose Buffalos 7						Edmonton Mustangs 6
<u>Division 3</u>							<u>CENTRAL AB PEEWEE</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Lethbridge Rams	6	2	0	135	102	12	East Division						
Brooks Roadrunners	4	2	0	149	110	8	Lacombe Explosion	7	0	0	255	40	14
Medicine Hat Colts	3	3	0	102	138	6	Red Deer Steelers	5	2	0	269	72	10
Lethbridge Stampeders	2	4	0	126	134	4	Stettler Panthers	3	4	0	66	186	6
Pincher Creek Mustangs	0	5	0	64	151	0	Wetaskiwin Wildcats	0	7	0	53	196	0
Coaldale Bears	0	5	0	42	135	0	<u>West Division</u>						
FINAL: Tier 1 Raymond Comets 32							Red Deer Hornets	7	0	0	217	52	14
Tier 2 Lethbridge Jr Rams 21							Olds Huskies	5	2	0	199	90	10
Tier 3 Medicine Hat Hawks 22							Innisfail Cyclones	4	3	0	111	118	8
							Sylvan Lake Bears	2	5	0	41	146	4
							Strathmore Spartans	1	6	0	21	185	2
							FINAL TEIR III: Red Deer Steelers 24 Old Huskies 0						
							FINAL TEIR IV: Innisfail Cyclone 18 Sylvan Lake Bears 6						

2009 Yearbook of Results cont'd.

CALGARY & AREA PEEWEE	W	L	T	PF	PA	PTS
North						
Cowboys	8	0	0	325	22	16
Mavericks	7	1	0	270	83	14
Broncos	5	3	0	113	133	10
Hilltoppers	4	4	0	172	230	8
Golden Hawks	3	5	0	105	235	6
Storm	2	5	1	109	159	5
Lions	2	5	1	125	192	5
South						
Wildcats	5	3	0	128	120	10
Stampeders	5	3	0	132	59	10
Eagles	5	3	0	134	54	10
Falcons	5	3	0	222	129	10
Colts	3	5	0	70	140	6
Bulldogs	1	7	0	86	202	2
Chiefs	0	8	0	62	241	0
FINALS: Div 1: Mavericks 13 Cowboys 8 Div 2: Falcons 43 Eagles 8 Div 3: Bulldogs 54 Storm 12						

ATOM

CAPITAL DISTRICT ATOM	W	L	T	PF	PA	PTS
Jackie Parker Division						
Edmonton Raiders (Black)	6	2	1	214	113	13
St Albert Vikings	6	3	0	219	126	12
Camrose Buffalos	6	3	0	144	124	12
Millwoods Maulers	5	4	0	200	173	10
Edmonton Seahawks	3	6	0	134	142	6
Stony Plain Bombers	2	7	0	44	194	4
Millwoods Grizzlies	1	8	0	46	211	2
Wetaskiwin Wolverines	1	8	0	50	229	2
Johnny Bright Division						
Edmonton Mustangs	8	1	0	244	47	16
Sherwood Park Eskimos	8	1	0	209	54	16
St Albert Buccaneers	8	1	0	221	87	16
Sherwood Park Warriors	5	4	0	152	94	10
Sherwood Park Broncos	4	5	0	111	175	8
Spruce Grove Cougars	4	5	0	193	184	8
Leduc Bobcats	2	6	1	77	174	5
Edmonton Chargers	2	7	0	90	221	4
FINAL: Tier I: Edmonton Mustangs 28 Sher. Park Eskimos 0 Tier II: Edmonton Chargers 39 Sp Grove Cougars 18 Tier III: St Albert Vikings 38 Edm. Seahawks 0 Tier IV: Wetaskiwin 31 Millwoods Grizzlies 0						

MINOR PROVINCIALS

BANTAM (Age 13-15*) *-not in grade 10 or higher

TIER 1

SEMIS: Spruce Grove Cougars 48	Lethbridge Bulldogs 0
Calgary Stampeders 11	Raymond Jr Comets 8
FINAL: Spruce Grove Cougars 31	Calgary Stampeders 30

TIER 2

SEMIS: St Albert Fury 20	Stettler Cougars 12
Calgary Wildcats 31	Lethbridge Jr Rams 0
FINAL: Calgary Wildcats 34	St Albert Fury 32

TIER 3

1/4's: Olds Bulldogs 28	Lloydminster Mustangs 8
SEMIS: Edmonton Black Raiders 40	Old Bulldogs 0
Medicine Hat Hawks 30	Calgary Falcons 18 (OT)
FINAL: Edmonton Black Raiders 33	Medicine Hat Hawks 0

TIER 4

SEMIS: GP Broncos 66	Sherwood Park Northstars 34
Fort McMurray Ravens 28	Wetaskiwin Warriors 9
FINAL: Grande Prairie Broncos 33	Fort McMurray Ravens 7

PEEWEE

TIER 1 FINAL: Edmonton Chargers 57	Calgary Mavericks 40
TIER 2 FINAL: Calgary Falcons 22	Millwoods Maulers 0
TIER 3 SEMIS: Calgary Bulldogs 56	Spuce Grove Cougars 6
FINAL: Red Deer Steelers 16	Calgary Bulldogs 8
TIER 4 SEMIS: Camrose Buffalos 28	Lloydminster Eagles 0
FINAL: Camrose Buffalos 34	Innisfail Cyclones 12

ATOM

TIER 1 FINAL: Edmonton Mustangs 28	Sher. Park Eskimos 0
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TM

Member League Websites...Do we have a link to your league? Call us to add/update a link.

Minor Leagues

CDMFA	http://www.cdmfa.com
Central Pee Wee	http://sites.google.com/site/cpwfl2009/Home
Calgary Bantam	http://www.cbfa.ab.ca/
Calgary Pee Wee	http://calgarypeeweefootball.com/
SAMFA - Bantam	http://southernalbertaminorfootball.ab.ca/
Lloydminster Minor	http://www.lmfa.info/
GP Pee Wee	http://www.gppwfl.com/

Officials

Calgary	http://www.cgyfoa.ab.ca/
Edmonton	http://www.efoa.ca/
Jr. Prairie Conf.	http://www.pfcfootball.com
Senior Men's	http://www.eteamz.com/albertafootballleague/

High School

Edm. Public	http://consultingservices.epsb.net/
Edm. Metro	http://www.telusplanet.net/public/metroedm/Sports%20Listing.html
Central	http://www.casaa.ca/
Calgary	http://www.calgaryhighschoolsports.com
Wheatland	http://www.wheatlandfootball.ca/
Rockyview	http://www.rockyviewsports.com/

Touch & Flag

Edmonton Touch	http://www.etfa.ab.ca/
Red Deer Touch	http://rdtfa.redzoneleagues.com/
Calgary Touch	http://www.calgarytouchfootball.com/
Edmonton Flag	http://www.ffa.ab.ca/
Calgary Youth	http://www.calgaryyouthflagfootball.ca/

Why Football?

by Kamau Peterson, Slotback, Edmonton Eskimos

I am a living example of what makes football the greatest game out there for a young person to play. This is a game where with discipline, tutelage, and work, a raw unpolished athlete like I was can work and cultivate that athleticism into great skill. That athlete can in turn use that skill to get a top notch education, and in my case - a career. It wasn't until I was 17 years old that I found my way into a football helmet, yet my inexperience was viewed by many college coaches as a positive attribute, in that I had fewer bad habits than someone who had played since youth. I can't think of another sport where this occurs as frequently as football. In my 2 years in Calgary, and 3 years here in Edmonton, I've made it a point to watch as much youth football in Alberta as possible - and recently been lucky enough to help in the skill development of some young players through an initiative that I started called Playmaker U. In that time, I've noticed a number of things about these players, some inciting optimism - others concern.



In speaking to many coaches in the province, one of the central concerns with the state of football here in Alberta is that they feel as if they simply do not get enough quality athletes coming out for football. Hockey being what it is in this province as well as soccer, volleyball and basketball having appeal to young players, many coaches feel that if they could just get those higher calibre athletes out for football, it would create more possibilities for their respective teams. I can certainly understand this point fully as I was one of those athletes that was playing other sports, and came to football mostly out of a need to play something else the first season they cut me from the volleyball team at school. I think that in most cases, as was the case with me at that age - the more gifted athletes at the high school level also tend to be the most motivated. Aside from the national and cultural appeal of hockey here in Canada, part of what drives so many athletes to the game is that there is so much available in the way of skill development, which encourages optimistic thinking in the way of the potential opportunities that the game can create for an athlete. In Edmonton alone hockey skill camps, clinics, and training centers seem to rival Tim Horton's for real estate. I see football as a sport on the rise at the amateur level here in Alberta, and the more opportunities and exposure to quality training, and skill development that are available to young football players - the more enticing it will be as a sport option to the elite athletes of those youth levels. Understand as well that football as a sport houses the best athletes of any sport in the world. The range of size, agility, speed, physicality, mental processing, endurance, and coordination is unmatched in any other sport. Because of this, football can be an attractive training tool for athletes in other sports. Basketball players become more physical, baseball and soccer players become more explosive and faster, volleyball players get stronger and more agile, and hockey players benefit in virtually every physical way through football training. These traits can make football an appealing option for any serious athlete, even if not as their primary sport.

I've been encouraged by the Alberta player's excitement and passion for the game, as well as the overall talent level present. I've worked with young football players in virtually every city that I've played in over my 10 year career including New York, Maryland, Denver, Toronto, and Windsor and I find the talent level here to be on par, and better in many positions. The kids playing football here are sponges, and their thirst for knowledge and more football is almost tangible. Football is such an inclusive game holding rosters of over 50 players at every level collegiate and higher which really opens the doors for any and everybody who's willing to put in the time to have some measure of success. The onus falls on us who they look to, to provide the opportunities for them to better themselves in the game. The more these athletes are immersed in the game, and given the tools to cultivate their own skills and knowledge of it - their confidence will grow in leaps and bounds.

The CFL's non-import status is in a state of flux currently due to the general consensus that the quality of the league's Canadian players is lacking. The CFL provides a truly viable goal for young players in this, and all provinces and the ratio rules in place ensure that places are held solely for home-grown talent. The onus falls on both us as coaches/teachers/mentors and on the athletes themselves to ready the next generation of CIS/NCAA and CFL/NFL talent. We must encourage these players push their limits and take all steps necessary to obtain the highest level available to them. At times this may mean that we need to steer them to other training facilities, coaches, camps, clinics etc. And that we ourselves must extend our range of knowledge to stay on top of the comings and goings of football today. Above all, we must encourage our athletes as confidence is really the biggest difference that I've seen between our athletes and their American counterparts in this sport. At these young ages their egos are as fragile as eggshells and can truly be influenced greatly by those that they look to for guidance in sport, and we must be cognizant of that.

At the age of 15, I came to my coaches seeking their council and guidance in my desire to obtain an athletic scholarship to an American University. I had been very successful in basketball, soccer, volleyball, and track to that point yet out of the 6 coaches present at that meeting - 5 told me that I was crazy, as they assured me that my counterparts across the border were light years beyond me. Undaunted and with a new fuel for my fire, I set out to accomplish what had been my goal for quite some time. I sent out self-made profiles to 200 U.S. schools, and film that I had my family shoot for me, and that I edited, to 80 schools. I was offered full scholarships in at least one sport by more than 40 schools and accepted an offer from the University of New Hampshire because they were the only school that agreed to let me play three sports - football, basketball and track and field. Those that I looked to for guidance in sport were wrong in their estimation of my ability to compete at a high level. But if I would have listened to them, I wouldn't be in the position to mentor the young players that I do now. Let's learn from their mistakes and give every athlete willing to work the best chance to see how far their potential can actually take them.