



JAN 31 - FEB 2, 2025

2025 Ringette Tournament

Bob Snodgrass Recreational Complex
Tournament Headquarters
228 12 Ave SE, High River

Okotoks Recreation Centre
Piper Arena
99 Okotoks Drive, Okotoks



[Foothills Freeze Tournament Webpage](#)

Welcome to the Foothills Freeze

Welcome back to the ice for the 3rd Annual Foothills Freeze Ringette Tournament!

We're thrilled to see the Foothills Freeze continue to grow, from its humble beginnings as a 16-team tournament to this year's edition featuring 28 teams and over 360 athletes. We're excited to welcome players, coaches, managers, and families from all over Alberta, and even as far as Saskatchewan!

This year, we're committed to making the Foothills Freeze an unforgettable experience filled with fun, competition, and memories that will last a lifetime. We're proud to once again host our tournament headquarters at the Bob Snodgrass Recreational Complex in High River, with additional games at the Piper Arena at the Okotoks Recreation Center.

Get ready for some laughs at our exciting new addition: the Coaches Game! Calling all coaches and team staff – we invite you to lace up your skates and hit the ice on February 1st at 8:15 PM at Bob Snodgrass. We encourage all teams to come out, cheer on their coaches, and enjoy some friendly competition.

We wouldn't be here without the incredible dedication of our volunteers – our families, friends, and neighbours from the community. Their tireless efforts are essential to the success of this event, and we're incredibly grateful for their support throughout the weekend.

A huge thank you to all our Foothills Freeze tournament committee members who volunteer their time and passion to make this a fantastic event for everyone involved. Your contributions are invaluable, and your dedication leaves a lasting impact on the Ringette community.

If you have any questions or need assistance during the tournament, please don't hesitate to reach out to a member of the tournament committee. We're here to help and ensure a smooth and enjoyable experience for all.

We look forward to a weekend filled with sportsmanship, team spirit, and a shared love for the great game of ringette!

Jen Reed
Tournament Director

50/50

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Serving communities in De Winton, Okotoks, High River and surrounding Foothills

The Foothills Ringette Association is a volunteer-run organization dedicated to providing a positive and inclusive environment for children and youth aged 5 and older. Founded in 2016, we have grown into a thriving community within the MD of Foothills. We offer a variety of programs, from introductory Active Start to competitive U14 teams, catering to players of all skill levels.

At Foothills Ringette, we emphasize skill development, sportsmanship, and building lasting friendships. Our goal is to create a fun and supportive environment where young athletes can learn and grow, both on and off the ice. We believe in the power of teamwork, dedication, and a love for the game.

Join the Foothills Ringette family today and experience the thrill of the ice!

Land Acknowledgement

We would like to acknowledge the traditional territories and oral practices of the Blackfoot Nations, which includes the Siksika, the Piikani, and the Kainai. We also acknowledge the Tsuut'ina and Stoney Nakoda First Nations, the Métis Nation (Region 3) and all people who make their homes in the Treaty 7 region of Southern Alberta. We give this land acknowledgement as a reminder that we are all members of Treaty 7 and we have a shared responsibility for the future of this land and all its people.

MEET THE TOURNAMENT COMMITTEE



Tournament Director

Jen Reed

Officials

Jaimie Nelson

Registrar

Erica Pawliuk

Fundraising

Melissa Kindt / Cathy Wier

Volunteers

Alyson Pinto

Arena Liaison

Emma Matwychuk

Merch and Vendors

Amanda Graham

Medals

Derek McNaughton

Team Liaison

Sonja Perrault

Participating TEAMS



THE GOLDEN GIRLS
CBV-AS2-2



RAINBOW BUNNIES
CNW-AS1-1



RAINBOW PANDAS
CBV-AS2-3



PENGUINS
FRA-AS1-1

**Active
Start**



KILLERS BUNNIES
CNW-U10S2-3



ICE ANGELS
STA-U10S2-4



ICE BREAKERS
CSO-U10S2-2



FIRE HAWKS
U10S2-1

U10S2



RATTLERS
LTH-U10S3-1



RUSH
BMT-U10S3-1



STING
AIR-U10S3-1



FIREFLIES
FRA-U10S3-1

U10S3



EDGE
LAC-U12A-1



MANIACS
STA-U12-A1



ATTACK
CNW-U12A-1



TWISTERS
FRA-U12A-1

U12A



GALAXY
CNW-U12C-1



RING REBELS
CBV-U12C-1



RING RUSHERS
SPK-U12C-1



LEGENDS
FRA-U12C-1

U12C



REGINA CHARGERS
REG-U14B-1



RUSH
RDR-U14B-1



ENERGY
EDM-U14B-1



FIERCE
FRA-U14B-1

U14B



FROSTBITE
EDM-U14C-1



QUEEN BARBIES
CNW-U14C-1



RAGE
STA-U14C-1

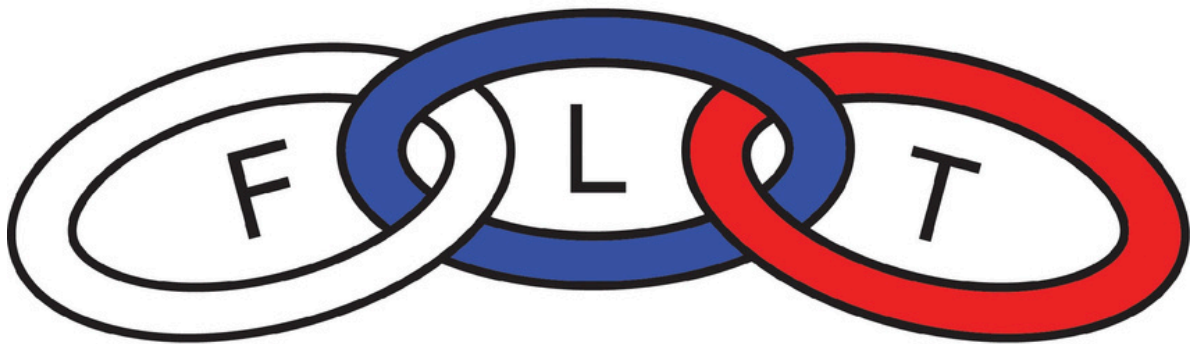


WARRIORS
FRA-U14C-1

U14C

Tournament

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