



Foothills Ringette

Player Evaluation 2024

Evaluator _____

Division _____

Date _____

Time _____

Red Pinny

Number

1	Offensive Game Sense	Assess the ability of pressuring the ring carrier (forecheck), positioning without the ring (becoming a passing option), eluding checks, progressing the ring from defensive zone to offensive zone								
	Defensive Game Sense	Assess the ability of taking away oppositions opportunities(holding position, pressuring the ring, anticipating play), regaining position, effectiveness at moving the ring out of the defensive zone, maintaining position in defensive triangle(doesn't chase players)								
2	Speed/Acceleration/Agility	Assess the effectiveness of the player's speed, acceleration and agility during game play								
3	Aggression	Assess the checking ability as well as player's tenacity and effectiveness with and without the ring, Back-checking in the offensive and defensive zone								
4	Ring Handling	Assess ring protection, shooting, deception, communication								

Scale of Assessment - Out of 10:

- 1-2: Limited experience, minimal participation or inability to perform the skills/tasks
- 3-4: Performance in development stage; difficulty with technique & is not able to execute skills/tasks accurately
- 5-6: Inconsistent performance; technique developing & fundamentals are not always utilized
- 7-8: Good skills, relies on strengths/strong side; technique requires further refinement
- 9-10: Consistent performance; well-developed skills & uses proper technique

Notes:



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Red Pinny	Number										
		Forward Skating									
		Confidently with speed in a forward position, leg extension and arms pump									
		Backwards Skating									
		Confidently with speed in a sit position, With head up.									
		Transitions									
		Smooth transition on pivots, Minimal "scraping" of ice with good balance and minimal loss of speed									
		Shooting									
		While in motion, Strength of shot. Forehand and backhand.									

Scale of Assessment - Out of 10:

1-2: New to skill

3-4: Some ability, some of the time

5-6: Fair to Average, can perform the skill adequately, for the division, most of the time

7-8: Good above expectations for the division, some of the time

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1

Starts and Stops

Confidently stops with 2 feet, both left and right side, Crossover starts.

Forward Crossovers

Fluid, not choppy. Both sides. Maintains speed and balanced skating position.

2

Backwards Crossovers

Fluid, not choppy. Both sides. Maintains speed and balanced skating position.

3

Tight turns

Tight, gets low, inside foot leads, speed and accelerates out of turn. Turns both

4

Shooting

While in motion. Strength of shot. Forehand and Backhand

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Goalie Jersey #/ Color

1	Forward Saking										
	Backward Skating										
	Forward C Cuts/Telescoping										
	Backwards C Cuts/Telescoping										
2	Side to Side T Glide										
	Side to Side Shuffle										

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