

FOOTHILLS RINGETTE ASSOCIATION

Player Code of Conduct

General Expectations

1. **Play for FUN.** Be proud of being a Ringette player.
2. **Work hard to improve your skills.** Listen, ask questions, and observe others.
3. **Be a team player.** Get along with your teammates and appreciate the contributions of each player.
4. **Learn teamwork, sportsmanship, and discipline.**
5. **Be on time for practices and games** and be both mentally and physically prepared.
6. **Learn the rules** (both sport and team) and play by them. Be a good sport. Lose with dignity and win with grace.
7. **Respect your coaches, teammates, parents, opponents, and officials.**
8. **Play with the highest level of sportsmanship.**
9. **Remember that winning isn't everything.** Having fun, improving skills, making friends, and doing your best are also important.
10. **Remember that coaches and officials are there to help you.** Accept their decisions and show them respect.

Behavior Expectations

1. **Disrespect or offensive treatment of any coach, fellow player, or opponent is unacceptable under all circumstances** and will be dealt with promptly and decisively by the coaching staff via the appropriate communication channels.
2. **Act respectfully both while playing the game and in the dressing rooms.** This means not discussing personal or private matters that may offend other players and/or families, **using respectful language, and refraining from swearing.** When playing for Foothills Ringette, you are a representative of the association and are expected to conduct yourself in a respectful manner at all times.

Disciplinary Steps

Failure to adhere to the Player Code of Conduct may result in the following disciplinary actions:

1. **Meeting with parents and athletes:** A meeting will be scheduled to discuss the incident and expectations for future behavior.
2. **Game suspension:** The player may be suspended from one or more games as a consequence of their actions.
3. **Removal from the association:** In severe cases of misconduct, the player may be removed from the Foothills Ringette Association.

Compliance

By your signature, you acknowledge that you have read and agree to abide by this code. This acknowledgment on your behalf shall constitute your agreement to conduct yourself in accordance with the letter and the spirit of this code.

Name:

Signature:

Date:

Witness:

Foothills Ringette Association reserves the right to deal with any player, parent, coach, and/or Board member not adhering to the FRA Code of Conducts and administer appropriate problem resolution as determined by the FRA appointed Grievance Committee who have the final authority on the disposition of all grievances and appeals.

This form must be signed and returned to the Foothills Ringette Association.