



Fort Saskatchewan Minor Football Association – Rules, Policies, and Procedures

Policy Category	
Policy Name	Dressing Room Policy
Source	
Origination Date:	March 2025
Revision Date:	

1. Dressing Room Policy

2. Policy Statement

- 2.1. Fort Saskatchewan Minor Football Association’s highest priority is to provide a safe, professional, inclusive and respectful environment for young athletes to learn, develop, play and enjoy the game of football.
- 2.2. All Individuals should have access to a safe, respectful and equitable dressing space.

3. Definitions

- 3.1. “Association” shall refer to the Fort Saskatchewan Minor Football Association.
- 3.2. "Administrators" for the FSMFA encompasses team managers, trainers, coaches and whomever else may registered and contribute to FSMFA football programming.
- 3.3. “Board” shall refer to the elected officials of the Association as defined by the FSMFA Bylaws.
- 3.4. “Bylaws” shall mean the Bylaws of the FSMFA.
- 3.5. “CDMFA” shall refer to the Capital District Minor Football Association.
- 3.6. “Club” shall refer to other associations within the CDMFA.
- 3.7. “Code” shall refer to this policy that is the FSMFA Code of Conduct.
- 3.8. “Dressing Room” shall refer to designated spaces for changing in and out of equipment and gear.
- 3.9. “FSMFA” shall refer to the Fort Saskatchewan Minor Football Association.
- 3.10. “Individual" shall refer to a person including members, parents/guardians of players, coaches, players, trainers, managers, board members, volunteers, as well as spectators and persons engaged in activities, events/competitions and programs with and/or hosted by FSMFA or CDMFA.
- 3.11. “Resolution Committee” shall refer to the committee established by the FSMFA as defined in the FSMFA bylaws.
- 3.12. “RPP” shall mean the rules, policies, and procedures as defined by the document entitled “FSMFA RPPs”.

4. Applicability

- 4.1. This policy applies to all individuals participating in the association.

5. Responsibilities

5.1. Minimum Attire

- 5.1.1. All individuals shall be dressed in minimum attire in the designated dressing area.





- 5.1.2. All individuals shall arrive at the games or practices wearing a base layer including but not limited to shorts and T-shirt, compression shorts and shirt or sports bra.
- 5.1.3. Individuals arriving not in a base layer shall use a private space including but not limited to washroom or unused and empty dressing room, to change. Once an individual is changed, then the individual may enter the team dressing room with other individuals.
- 5.1.4. Administrators shall be responsible for instructing players about the minimum attire in this policy and ensure individuals are compliant.
- 5.2. Team Talks
 - 5.2.1. Administrators shall have pre-, mid- and post- game talks in dressing rooms when all the athletes are present.
 - 5.2.2. Administrators shall follow the Rule of Two Policy.
- 5.3. Prohibition on Recording in Dressing Environments
 - 5.3.1. It is strictly prohibited for any kind of device with recording capabilities to be in the dressing rooms.
 - 5.3.2. It is prohibited to take videos, photos or voice recordings of any kind.
 - 5.3.3. Cell phones may only be permitted to be used to control music players in the dressing space, however they must put the cell phone away when they are not in use.
- 5.4. Use of Showers
 - 5.4.1. Private Shower Stalls
 - 5.4.1.1. Athletes shall use private stalls as required and all individuals shall respect their privacy.
 - 5.4.2. Public and Open showers
 - 5.4.2.1. Athletes shall always wear minimum attire including swimwear.
 - 5.4.2.2. Athletes shall change in and out of minimum attire in a private washroom stall.
 - 5.4.3. Administrators shall supervise the dressing room while athletes are showering to ensure that privacy is maintained, following the Rule of Two Policy.
- 5.5. Administrators
 - 5.5.1. Administrators shall follow the Rule of Two Policy.
 - 5.5.2. Administrators shall be in pairs outside of the dressing room with the door propped open to monitor and ensure that it is free of any misconduct.
 - 5.5.3. Administrators are the only personnel allowed in the dressing rooms.
6. Reporting
 - 6.1. Where an allegation of misconduct against an Individual(s) has occurred, please refer to Resolution and Reporting Policy and Procedures for the full reporting process.
7. Governance
 - 7.1. The board has oversight over this Policy.
 - 7.2. This policy shall be reviewed and approved at least every 2 years or as required.

