



GELC Winter League 2020

Any Competitive Introduction in training coach may submit a team to play in any division of the GELC winter league. Only one additional coach may be included in the team. This coach must have appropriate level coaching for the division coaching at.

Season Teams will play four on four lacrosse in accordance with the ALA regulations. Regulation 16

<https://cloud.rampinteractive.com/ablax/files/Administration/2020/ALA%20Regulations%202020v2.pdf>

Teams will consist of 10 players, 2 coaches

4 teams, and 2 officials will make up the cohort group that will compete in the following divisions.

Teams will participate in 24 games, played two games per session once per week. One additional final games for top two teams in the cohort group will be played.

ALA Regulation 16.01.4 The duration of the game shall be two 10-minute run time periods, with a 1-minute intermission between a face-off. The clock shall only stop for an injury.

Games will be played in Beaumont, potentially Leduc Spruce Grove and St. Albert.

Players

Individual players expressing interest will be placed on a list for the appropriate division and the GELC will create a team where enough players are registered, or the names and contact information of coaches looking for players in a specific division will be provided to the families looking for a team to participate on.

Age Divisions – Maximum 4 teams per age group and division on a first come basis. Once a division is full any additional teams will be placed on a waiting list until an additional cohort group can be formed.

Age Division - Girls	Age Division – Development C and B Tiered Players	Age Division – Competitive B and A tiered Players
	10u	Not applicable
12 u	12u	12u
	14u	14u
17 u	17u	17u

All ALA Covid polices applied as per the link below:

<https://cloud.rampinteractive.com/ablax/files/Administration/2020/COVID/Alberta%20Lacrosse%20Association%20Framework%20for%20Return%20COVID%20v5%20Jun%202015.pdf>

Cost and Registration Information:

Team registration deadline October 5th.with payment of team fee of \$2,000.00 due with registration.

Player registration deadline will be the 18th of October.

Team fee \$2,000.00 dollars due with the team registration (October 5th, 2020) (payable by cheque only)