

FSRA NEWSLETTER

NOVEMBER 2023

1



REMINDERS



AFFILIATE SUBMISSIONS MUST BE IN BEFORE OCT.26TH!!

IF YOUR TEAM IS LOOKING FOR EXTRA ICE, PLEASE CONTACT:
MATT / ICEALLOCATOR@FORTSASKRINGETTE.COM

WHEN REGISTERING FOR COACHING COURSES PLEASE
KEEP & SUBMITT RECIEPTS

WHEN VOLUNTEERING FOR SCORE SHEET/TIME CLOCK/SINBIN
VOLUNTEERS MUST BE OVER 18 YRS OLD.

PLAYERS NO PHONES IN DRESSING ROOMS!

FUN VOLUNTEER OPPORTUNITIES HAVE OPENED UP, CHECK IT OUT!!
[HTTP://WWW.FORTSASKRINGETTE.COM/CONTENT/BINGO-VOLUNTEERING](http://www.fortsaskringette.com/content/bingo-volunteering)

Dont forget to sign up
for BINGO 😊

**KEEP AN EYE
ON THE SCHEDULE
HIT THE RINK TO
SUPPORT OUR TEAMS
BIG AND SMALL!**

[HTTP://FORTSASKRINGETTE.COM/](http://fortsaskringette.com/)

2023/2024 Bingo	
Date	Time
	
November 4, 2023	10:30AM - 04:15PM
November 11, 2023	04:30PM - 12:00AM
January 20, 2024	10:30AM - 04:15PM
January 27, 2024	04:30PM - 12:00AM
February 18, 2024	10:30AM - 04:15PM
March 1, 2024	04:30PM - 12:00AM
March 24, 2024	10:30AM - 04:15PM
April 27, 2024	10:30AM - 04:15PM

FSRA NEWSLETTER



NOVEMBER 2023

2

COACHING COURSE REQUIREMENTS

HEAD COACHES & ASSISTANT COACHES

Note: CI Certified is an acceptable status for coaches who need CI Trained. Neither CI Trained nor CI Certified is acceptable for coaches who should be CSI Trained. CSI is not a pre-requisite for CI.

Division	Head Coach	Asst. Coach
Active Start	CiS eModule	CiS eModule
U10/Fun 2/3	CSI Trained	CSI Trained
U12B/C	CSI Trained	CSI Trained
U12A	CI Trained	CI Trained
U14C	CSI or CI Trained	CSI or CI Trained
U14A/B	CI Trained	CI Trained
U14AA	CI Certified	CI Trained
U16AA	CI Certified + CD module for CRC	CI Certified + CD module for CRC
U16A	CI Certified	CI Certified
U16B/C	CI Trained	CI Trained
U19AA	CI Certified + CD module for CRC	CI Certified + CD module for CRC
U19A	CI Certified	CI Certified
U19B	CI Trained	CI Trained
Open A/B/C/D	No requirements	No requirements
NRL	CI Certified + CD module	CI Certified + CD module

COACHING COURSE CRITICAL DATES

DEADLINES:

- ▶ Prior to stepping on the ice for Junior Coaches & On-Ice Assts
- ▶ December 15th for CSI and CI Trained.
- ▶ January 31st for CI Certified
- ▶ March 1st for CRC attendees

Team Staff not meeting the requirements by Dec 15th (except CI Cert & CRC) must be removed from the roster and may not participate in team activities.

NEW TO RINGETTE ??

Volunteering is a great opportunity for families to build relationships and meet people within our association. We are always looking for volunteers and individuals to become more active in our Ringette community. Volunteering is a big part helping to ensure things run smoothly for our children.

**TRUE
SPORT**
LIVES HERE



FSRA NEWSLETTER



NOVEMBER 2023

3

REGISTRATION FOR 5 COUNT

is NOW OPEN. for more info reach out to

Les/treasurer@fortsaskringette.com

5 COUNT GOALIE SESSIONS

Session #	Date	Weeknight	Times	Association	Arena	Ice slot #1	Ice slot #2	Ice slot #3
2	October 23, 2023	Monday	5:30-8:45pm	FSRA	Sportsplex	5:30-6:30pm	6:30-7:30pm	7:45-8:45pm
3	November 20, 2023	Monday	6:15-9:00pm	Edmonton	Kinsmen Arena Edmonton	6:15-7:30pm	7:45-9:00pm	
4	December 4, 2023	Monday	5:15 - 8:45pm	LRA	Wilhawk Beef Jerky	5:15-6:15pm	6:30-7:30pm	7:45-8:45pm
5	January 8, 2024	Monday	6:15-9:00pm	Edmonton	Kinsmen Arena Edmonton	6:15-7:30pm	7:45-9:00pm	
6	January 29, 2024	Monday	6:15-9:00pm	Edmonton	Kinsmen Arena Edmonton	6:15-7:30pm	7:45-9:00pm	
7	February 19, 2024	Monday	4:30-8:00pm	SARA	Kinex St. Albert	4:30-5:30pm	5:45-6:45pm	7:00-8:00pm

ONE QUESTION ASKED OFTEN...
DID YOU KNOW....



Can the funds raised for my child's sports team be used for apparel?

No. Gaming funds **cannot** be used to pay for:

- personal apparel, gear or equipment
- social team functions
- travel to tournaments out of province



INTRODUCING:

**COACH & ATHLETE
OF THE MONTH!**

Watch for more on
how to nominate !!

WELCOME & THANK YOU TO OUR SPONSORS



Fort Orthodontics



WINNER'S WAY
SOURCE
FOR SPORTS™