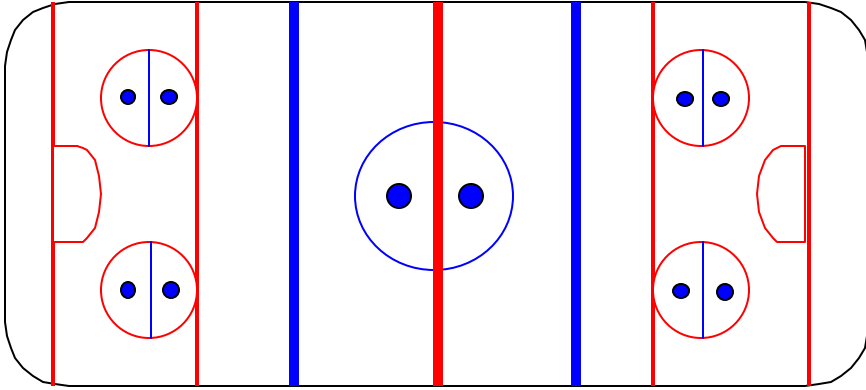


# Ringette Practice Plans Worksheet

Date: \_\_\_\_\_ ½Ice (Circle One) Full Ice

Skating → Passing - - - - - → Shoot ⇒⇒⇒⇒⇒



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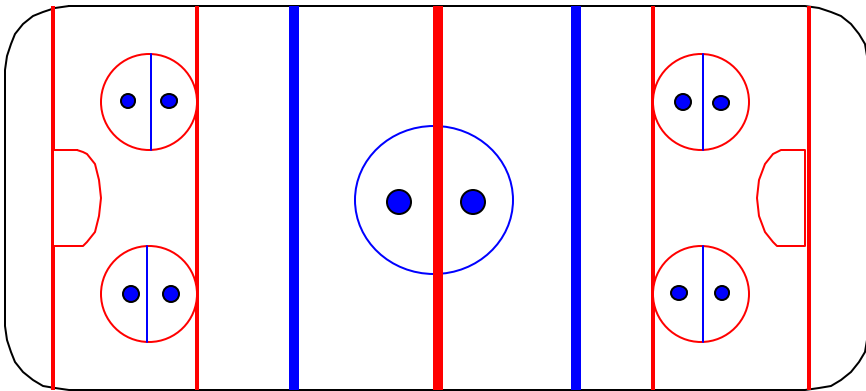
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Description: \_\_\_\_\_ Duration: \_\_\_\_\_



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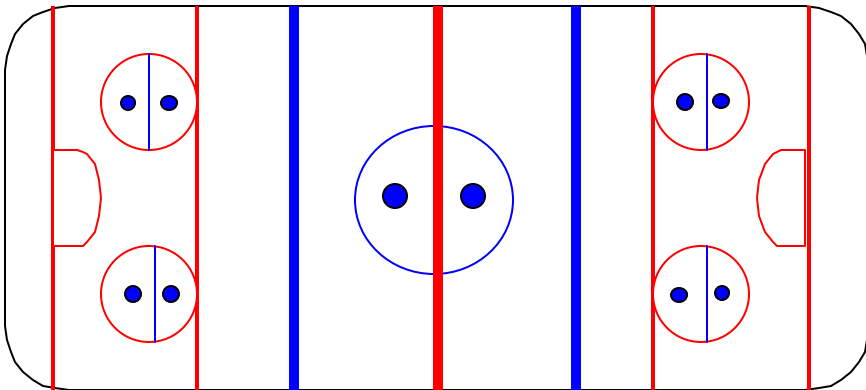
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Description: \_\_\_\_\_ Duration: \_\_\_\_\_



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Description: \_\_\_\_\_ Duration: \_\_\_\_\_