



# FORT SASKATCHEWAN SOCCER

## TITLE: CHANGE ROOMS

POLICY #: 2010

Created: July 16, 2018	Last updated: September 15, 2019	Approved: September 16, 2019
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Version no.	Effective Date	Significant Changes
2.0	September 16, 2019	Added coaches/adults not to change when players are present

## 1.0 Purpose

To outline the rules and regulations of Fort Saskatchewan Soccer (FSS) in regards to providing supervision in change rooms, and the standards of behaviour in the change room expected from players, parents, and officials of FSS.

## 2.0 Scope

This policy applies to all members, parents, players under the age of 18, team officials, paid employees, volunteers, and executive board members of FSS. It applies to change rooms that are located on premises accessed by FSS, or on property that a team is visiting as an FSS representative.

## 3.0 Terms

**Change Room** – Any locker and/or change room that FSS players are using for FSS sanctioned activities

**Two Deep Method** – A method of supervision in which two adult supervisors must be present at all times. In the case of single-gendered teams, two supervisors of that gender will be present. In the event only one supervisor of that gender is available, an adult of the opposite gender will help supervise, but must wait outside the change room within hearing distance while the players are changing and showering.

**Electronic Recording Devices** – Any electronic device or portions of a device that is capable of taking still pictures, sound recordings, or video recordings.

## 4.0 Policy

- 4.1 Any inappropriate conduct, threats, harassment, abuse (including the use of profanity), disruptive behaviour, criminal offences, or discrimination in the change rooms is strictly prohibited as of the Code of Conduct Policy (#3000).
- 4.2 Any and all FSS representatives must treat all change rooms with respect. Each team must ensure that the change room is clean before leaving and will be responsible for any damages or vandalism.
- 4.3 Players are not to be left unsupervised in any facility accessed by FSS, including change rooms. Players must be supervised using the two deep method. Under no circumstances should a single adult supervise players in the change room, especially when the players



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are changing or showering. This includes leaving a parent or guardian alone with his or her child in the change room.

- 4.4 In the event of treating an injury in the change room, the two deep method must apply to medical personnel as well.
- 4.5 In the cases of teams with both male and female players, the following dress code must be enforced: male players cannot undress to less than a minimum of shorts when females are present; and female players cannot undress to less than a minimum of shorts and a tee shirt when males are present. If there is only one change room facility, male and female players will change and shower in shifts, with the most represented gender going first.
- 4.6 If separate facilities are available to co-ed teams, male and female players will make use of them to change to the minimum requirements above.
- 4.7 Parents/guardians are discouraged from entering the change room for players in division U11 and up. However, in the event a player needs assistance changing into or out of his or her uniform due to age, injury, or disability, the parent must let the coach know in advance that he or she will be coming in to assist the player. This parent must have an approved Criminal Record Check filed with FSS. In the case of age, parents/guardians are to encourage their children to dress independently as soon as possible.
- 4.8 Coaches are allowed to ask parents/guardians to leave the change room immediately before and after a game or practice so that they might speak to players without distraction. In addition, coaches may bar entry to parents/guardians of older children at their discretion.
- 4.9 Electronic recording devices are not permitted to be used for any reason inside the change room. If such a device must be used, the person using it must leave the change room first. For more information on the rules governing the use of electronic devices in change rooms, see the Electronic Recording Devices Policy (#2011).
- 4.10 Coaches/adults are not to change in the room when the players are present.