

# U9 Rules of Soccer

(Sept 2018)

At U9, all play times will consist of:

0 - 10 Warm up ball Manipulation

10 - 20 ABC's

20 - 30 Fun Games

30 - 60 Game time!

For field set up please refer to the website, [www.fortsasksoccer.ca](http://www.fortsasksoccer.ca)

U9's will play 7 v 7 using a goalie plus 6 additional players. Ensure that each player has a turn in goal throughout the season. The goalie will be allowed to use hands. Encourage players to play in all positions, i.e. defence, forward, left, right. Change shifts every 2-3 minutes.

If the ball goes out of bounds, the team that did not touch the ball last, will throw in the ball. The ball must be thrown in with 2 hands, over the head with both feet staying on the ground. If the ball goes out of bounds behind the net, it is goalies ball. The opposing team must retreat to the halfway line. There are no off sides, but do not allow your players to stay at the goal to try and score. Encourage players to attack and defend.

Discourage any overly aggressive play. Players are here to have fun! We do not keep score and please encourage sportsmanship and fair play among your players. Soccer can be competitive, but it still needs to be fun for all players.

All players are to wear cleats (outdoor) or soccer shoes (indoor), shin pads covered by socks, and their coloured Timbit jersey.

**Remember the most important skill: HAVE FUN!!!**