



APPENDIX 5: STAFF/COACH/VOLUNTEER CHECKLIST

Use this checklist to help prepare for the pitch safely.

Before you Leave Home

- ☐ DO NOT leave home if you are feeling unwell or showing signs of COVID-19 Symptoms (Fever, Cough, Shortness of Breath, Sore Throat or Runny Nose).
- ☐ Eat before you come.
- ☐ Thoroughly wash your hands with soap and warm water.
- ☐ Thoroughly wash water bottles with soap and warm water.
- ☐ Bring thoroughly washed/sanitized equipment (uniforms, socks, shin pads, soccer balls).
- ☐ Use the washroom.
- ☐ Register your attendance for contact tracing.

Arrival at Field/Facility

- ☐ Set- up established entrances & exits with traffic flow considerations.
- ☐ Set-up traffic flow signs to your location.
- ☐ Set-up social distancing 'grids' for participants
- ☐ Respect social distancing.
- ☐ Wash at provided handwashing stations.
- ☐ Complete the register temperature/active symptom screening for each participant.
- ☐ DO NOT share water bottles.
- ☐ Sanitize all shared equipment between sessions (balls, cones etc).
- ☐ Consider wearing PPE (masks, gloves) at all times, must wear PPE if dealing with an injured player
- ☐ Consider bringing personal hand sanitizer.

After activity is Complete

- ☐ Sanitize all shared equipment (balls, cones etc). between group arrivals if applicable and at end of day.
- ☐ Take down established entrances & exits.
- ☐ Take down traffic flow signs out of your location.
- ☐ Wash at provided handwashing stations, between group arrivals if applicable and at end of day.
- ☐ Respect social distancing guidelines.
- ☐ Thoroughly wash water bottle with soap and warm water.
- ☐ Thoroughly wash equipment (uniforms, socks, shin pads, personal soccer ball) each day.

