

LONESTAR

ARSENAL ACADEMY CENTER









Learn

To **Respect** the game and

others

Repeat Growth through reflecting **Apply** Strengths to the community

A place where everyone belongs

OUR MISSION



Enhance skills

Improve technique and leadership through our training model.





Enjoy the game Grow the love of soccer through training and community. **Community hub** A central place for players and coaches to learn, reflect and connect.

The Academy center brings players and coaches together through a shared love of soccer and growth

OUR MISSION







Enhance skills Improve technique and

leadership capacity

Enjoy the game Grow the love of soccer and community. **Community hub** Unite and connect with players and coaches.

The Academy center brings players and coaches together through a shared love of soccer and growth

TRAINING DETAILS



Player and GK sessions

90-minute training sessions are held once a week.



Repeating themes

Dribbling, Passing, Shooting Learn | Repeat | Apply



Gameplay

Players apply learned skills through game play.

The academy runs from May to June

PLAYER DEVELOPMENT

EARN

PLAYERS REFINE THEIR TECHNIQUE BY FOCUSING ON THE PROCESS OF LEARNING AND UNDERSTANDING REPEAT PLAYERS REPEAT THEIR RENEWED TECHNIQUE WHILE REFLECTING ON HOW THEY CAN CONNECT THEIR STRENGTHS WITH

PLAYERS APPLY PLAYERS APPLY THEIR REFORMED TECHNIQUE AND CONSISTENTLY CONNECT THEIR STRENGTHS WITH

COACH MENTORSHIP



Mentor Coaches

Experienced coaches will mentor and guide new coaches.



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Practical Sessions

Coaches will practice coaching sessions alongside mentors.

Knowledge Sharing

Coaches will share knowledge with the local soccer community.

The coach mentorship program develops skills and spreads knowledge

LEAD BY EXAMPLE

Model good sportsmanship, respect, and commitment to growth to set the tone for players.

CREATE A SAFE ENVIRONMENT Allow players to make mistakes without judgment and foster community through

ENCOURAGE GROWTH MINDSET Praise effort and process rather than results to promote a growth mindset

within players and coaches.

INDIVIDUALIZE FEEDBACK Tailor feedback and coaching to each player's specific strengths, learning styles and the needs of the

community

CREATE A SPACE FOR REFLECTION Players reflect on learning, their strengths, and how they can apply their strength to the community.

ENHANCE LEADERSHIP CAPACITY

Empower players and coaches to take accountability for the learning environment.

"WHEN WE ENCOURAGE PLAYERS TO EXPRESS THEMSELVES THROUGH THE GAME. WE ESTABLISH AN ENVIRONMENT WHERE PLAYERS CAN FIND THEIR STRENGTH ON AND OFF THE FIELD".







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