

Basic Futsal Rules

#4 futsal ball, less bounce.

Teams are 5-a-side. Goalkeeper is a player and can be substituted like other players.

Unlimited substitutions on the fly, player off before player on, within the substitution area.

No offside.

Penalty area is an arc. There is no goal area.

A goal cannot be scored from a kick-off.

All restarts must be taken with 4 seconds of the ball being placed and stationary.

Opposition players must be at least 5 m from the ball on a restart.

Restarts from the touchline are an IFK (kick-in) from the point where the ball left the field of play.

- Kicker must be off the field of play or on the touchline. Ball must be stationary on the line. Players can use their hands to steady the ball.

Restarts from the goal line are a goal clearance (throw) or a corner kick.

Restarts from the ceiling are an indirect free kick from the touchline closest to where the ball hit.

Only the goal keeper can wear pants. Only the goal keeper may slide inside his own penalty area.

Goal clearance is in play when the ball leaves the penalty area. A goal cannot be scored from a goal clearance.

Goal keeper may be in control of the ball for 4 seconds with his hands or feet while in his own half.

There is a 5 foul limit per half per team. A penalty from the second penalty mark is awarded for each subsequent foul.

Goal keeper cannot receive the ball with his hands from a team mate.

After a goal clearance, the goal keeper cannot touch the ball until it has touched an opponent. An IFK is awarded to the opposing team from the point where the infraction happened or from the closest point on the penalty arc if it happened inside the penalty area.

Teams may pass to their goalkeeper one time after a kick-off, after a kick-in or after an opponent has touched the ball. The goalkeeper must use his/her feet to play the ball after a pass from a team-mate.

Ball is in play when it is touched and moves unless the kick is taken by the defensive team inside the penalty area. The ball must leave the penalty area before it is in play.

Fouls restart with a DFK. Misconducts restart with an IFK. Dropped balls are indirect.

SPECIAL RULES FOR U8

No attackers inside the penalty area. A goal scored from inside the penalty area will result in a goal clearance.

U8 games need a penalty area taped on each night in green tape. The tape needs to be cleaned off each night after the second game.