



## HEAT POLICY

Fundy Youth Soccer Heat Policy operates based on the humidex reported by Environment Canada.

**Up to 30 degrees Celsius** – Normal operations for games and practices

**30-37 degrees Celsius** – Mandatory 5-minute breaks every 20 minutes

**37-40 degrees Celsius** – No games or intense physical activity, one-hour sessions only

**40 degrees Celsius and above** – All games and practices cancelled

*Parents/Guardians can make decisions concerning their own player's participation in any conditions if they do not feel comfortable with them participating.*