

THE GREATER EDMONTON LACROSSE COUNCIL REGULATIONS



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TABLE OF CONTENTS

1.	REGULATION 1-REGISTRATION.....	1
2.	REGULATION 2-TAMPERING	3
3.	REGULATION 3- RULES OF PLAY	3
4.	REGULATION 4- COMPETITION	3
5.	REGULATION 5- MEMBER RESPONSIBILITY – PLAYER, TEAM AND OFFICIAL ELIGIBILITY VIOLATIONS.	4
6.	REGULATION 6- GELC CHAMPIONSHIPS	4
7.	REGULATION 7- BOX LACROSSE PARITY	5
8.	REGULATION 8 – AFFILIATION RULES	6
9.	REGULATION 9- REGISTRATION DEADLINES	7
10.	REGULATION 10- GELC SAFETY AND EQUIPMENT	7
11.	REGULATION 11- COACHING CERTIFICATION REQUIREMENTS.....	8
12.	REGULATION 12- REPLAYING OF GAMES	8
13.	REGULATION 13 - ABUSIVE CONDUCT BY SPECTATORS.....	9
14.	REGULATION 14-FORFIETURE OF GAMES	10
15.	REGULATION 15-BOUNDARIES DESCRIPTION	10
16.	REGULATION 16- GELC CLUB TIERING FORMAT.....	12
17.	REGULATION 17 DISCIPLINE PROCEDURES	12
18.	REGULATION 18 APPEAL PROCEDURE.....	14
19.	REGULATION 19- SOCIAL MEDIA.....	15
20.	REGULATION 20- GELC TOURNAMENT PERMISSION FORM	15
21.	REGULATION 21- REGULATION REVISIONS	15

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1. REGULATION 1-REGISTRATION

- 1.01 Except as hereinafter provided, no player shall be registered as a member or compete for, a team in any GELC match who has not been a bona fide resident of that team's Association as established by the GELC since April 1 of the current playing season. (See Regulation 1.1 – Registration Residency Requirements).
- 1.02 If there is no team in the player's division in the Association in which the player resides, or if the player does not reside within any Associations boundaries, players must play in the Association which is nearest by ordinary travel, which has a team registered in his/her division a player may not establish residency for the principal purpose of playing or practicing Lacrosse.
- 1.03 The Boundaries of the GELC Associations, are described in Regulation 15- Boundaries Description.
- 1.04 For a player to play on a team outside of their resident Association a request must be submitted in writing to the GELC for approval via the Resident Association's President. The player must be properly registered as per regulation 1.08. Any player movement will be granted by the GELC Board of Directors based on team formation requirements. The decision of the board will be final and binding.
- 1.04.01 The designated zones for A division play are as follows:
- (i) Titans/Beaumont;
 - (ii) Rebels/Wizards/Rams;
 - (iii) Posse/Rock/Blues; and
 - (iv) Crush/Warriors.
- a. Any disagreement or exceptions will be resolved by the Board of Directors of the GELC. All decisions will be final and not eligible for appeal.
 - b. If cut by the A team in their zone the player reverts to the resident Association for placement.
 - c. A Tier evaluation must be concluded by the third (3rd) Sunday of March yearly.
 - d. Remaining evaluations must be completed by the Second (2nd) Sunday in April yearly.
 - e. Any Association within a zone may host an A team if they have a lower division team.

NOTE: Regulation 1.04.1 e. suspended during the 3 March 2024 Board of Director's meeting for the 2024 playing season.

- f. The zones mentioned above are for the purposes of "A" lacrosse and have no relationship to girls' divisions.
- 1.05 The GELC Board of Directors, may allow a player or players to register and play in a lower (only upon presentation of medical documentation indicating physical or mental developmental issues) or higher age division (if the Member which operates the involved teams' consents, special circumstances exist, and it does not threaten the viability of the team in that player's age division.) All exceptions must be submitted by the GELC for approval. Overaged approved players may not compete in provincials/tournaments as per ALA regulations.
 - 1.06 As per ALA regulation 5.04.4 Overaged players are not permitted to participate in provincials/tournaments unless the player has approval by the ALA Executive by May 15th. Leagues approving overaged players MUST have parents sign a waiver and witnessed by a league representative confirming they understand participation in tournaments and provincials is prohibited.
 - 1.07 Releases are to be done electronically using the ALA release process. Fees are to be paid in accordance with the GELC fee Transfer policy.
 - 1.08 All releases shall be effective for one season only, players revert to their resident Association at the end of the playing season.
 - 1.09 If a player changes residence from one Association to another Association, no release from the player's former Association is required, and unless released the player must play for a team in the Association in which her or she resides pursuant to Regulation 1.01 and one 1.02.
 - 1.10 A player must, be registered and fees paid in full within the ALA approved registration program with their resident Association in the year that they are requesting a release from the resident Association. A release will not be considered for any player not registered in their resident Association.
 - 1.11 Registration Residency Requirements
 - 1.11.01 All players must, if requested, provide proof of residency as of April 1 of the current playing season. Acceptable proof is two pieces of the following documentation: parental or player's driver's license with current address on it, utility or cable bills documenting residency.
 - 1.11.02 For all players within the GELC whose parents do not reside together, the following will apply when determining residency:
 - a. Residency will be determined by the parent who has custody of the player. Players must reside with a least one of their parents, or a legal guardian. Legal guardianship rules will apply.
 - b. If parents share custody, the residency will be determined by where the player habitually resides.

- c. If there is no habitual residence, the GELC Board of Directors will determine residency of the player based on documentation provided in 1.1.1 and the school in which the child is registered.
- d. Once residency is established the player must register within the established Association.

1.11.03 If a parent or guardian knowingly registers a player outside of their resident Association that player shall be ineligible for a player transfer and may only play on a team in the Association in which they reside. The parent may appeal this decision to the GELC Board of Directors. If the Association in which they reside does not have a team at the player's division, the parent in future years shall be requested to provide proof of residency prior to registering any child in lacrosse within the GELC.

1.11.04 All players who live in a buffer zone may choose to play in one of the clubs in their designed buffer zone. The Chosen Club will become their home club for lacrosse purposes. This applies to new lacrosse players only.

2. REGULATION 2-TAMPERING

2.01 No player or potential player shall be contacted by anyone connected to a Member of an Association outside the Association in which the player or potential player resides' about playing for a team in another Association without first receiving written permission from the President of the players or potential players resident Association. Failure to adhere to this regulation will result in discipline.

3. REGULATION 3- RULES OF PLAY

3.01 Rules of play shall be those of Lacrosse Canada and ALA Lacrosse Rules for the current season, except for the GELC Regulations and or Rules as adopted by the Association.

3.02 Tournament Play; No player or team registered with the GELC shall compete in any tournament in Alberta unless that tournament has been sanctioned by the ALA.

3.03 In accordance with ALA Regulation 9 – Rules of Play Box Lacrosse, if due to facility or a playing surface issue, a game must be stopped and two (2) or more full periods have been played to their conclusion, then the game shall be considered complete. If the game is tied and applicable rules or regulations would necessitate overtime, the overtime period will be rescheduled. If less than two (2) full periods have not been completed, then the game will be rescheduled for a suitable time.

4. REGULATION 4- COMPETITION

4.01 The GELC may conduct competitions in Lacrosse in the following Divisions or Categories. The breakdown of these divisions shall be consistent with those of the ALA, and Lacrosse Canada.

4.02 Box Lacrosse:

- a. U19
- b. U17
- c. U15
- d. U13
- e. U11
- f. U9
- g. U7

4.03 Any exception to this regulation must be submitted for approval to the Board of Directors prior to the team declaration meeting.

5. REGULATION 5- MEMBER RESPONSIBILITY – PLAYER, TEAM AND OFFICIAL ELIGIBILITY VIOLATIONS

5.01 Members shall be responsible to ensure that their players, team officials are eligible to participate with their team in accordance with GELC, ALA and Lacrosse Canada Bylaws, Regulations and Rules.

5.02 An ineligible player, or Team official includes the following:

- a. A player or team official improperly registered within the GELC, ALA and Lacrosse Canada bylaws, Rules and Regulations.
- b. A suspended player or team (official) personnel.
- c. A player improperly released in accordance with the GELC, ALA and Lacrosse Canada Bylaws and Regulations.
- d. A player improperly affiliated to a team in accordance with the GELC affiliation regulations.

6. REGULATION 6- GELC CHAMPIONSHIPS

6.01 Regulations for the GELC Championship playoffs.

6.01.01 In the event of a tie, final standings shall be determined by:

First: Team with the greater number of wins finishes ahead.

Secondly: Teams record against each other.

Thirdly: Goals for and against between the tied teams. Team with the highest ratio finished ahead.

Fourthly: Goals for and against ratio between each other plus common Opponents. Team with the highest ratio finishes ahead.

Fifthly: Team with the lowest penalty minutes finishes ahead.

6.01.02 In the event that a division has an uneven number of games played in it, the standings shall be ascertained by a formula as follows:

Points

Total Points Available

6.02 The team that finishes first in the double knockout playoff of the Division after the Regular Season play shall be awarded the respective Division Championship.

6.03 At the conclusion of regular season play there shall be a Championship Tournament in U11, U13, U15 and U17 divisions. There may be two (2) or more Divisions in the Tournament being the GELC championship and the subsequent GELC Consolation Divisions.

6.04 The GELC Board of Directors shall, before the start of the Regular Season, determine whether there will be one or more Divisions in league play in each division and if so, how teams shall qualify for each Divisions championship, the GELC championship Division will be composed of teams which finish with more points in the standings than the teams which participate in the GELC Consolation Divisions(s).

6.05 The GELC reserves the right to place teams in whatever classification and series it may deem is in the best interest of the GELC.

6.06 There shall be no championship in the U9, or U7 division but there may be an event to follow the regular season.

7. REGULATION 7- BOX LACROSSE PARITY

7.01 In Box Lacrosse where a Member Association and or zone as described in 1.04.01 has more than one (1) team in a division, that Member Association and or zone will take reasonable steps to ensure that the teams are composed so that there is reasonable parity between the said teams. If this Regulation is breached by any Member, then the GELC shall direct that member to take such steps as are deemed necessary to achieve reasonable parity.

7.02 Any complaints about parity shall be directed to the Vice President of Organizational Development. Who shall, after considering submissions from the complainant and the Member Association make a ruling and, in the event that the ruling is that Regulation 7.01 has been breached, make such direction to the Member Association as necessary. The decision of the Vice

President will be final and binding upon the Member Associations, Lacrosse Teams and Players and the decision is final and binding.

- 7.03 The Vice President of Organizational Development shall periodically review the performance of teams within a Member Association where there is more than one (1) team in a Division and assesses whether the Member Association has complied with Regulation 7.01. The reviews will take place within two (2) days after each member Association has before the regular season commences conducted mandatory inter squad games between its teams in each category; and within two (2) days after one third of the Regular Season schedule has been completed. If the Vice Presidents' assessment is that Regulation 7.01 has apparently been breached; then such shall be considered a complaint and Regulation 7.02 shall be followed.
- 7.04 This regulation shall apply, with the necessary changes in detail, to all divisions, including the "A" division.

8. REGULATION 8 – AFFILIATION RULES

- 8.01 Affiliations will be in adherence with ALA Regulation 5A – Affiliations, with the following enhancements which will be applicable to all GELC exhibition, regular season, and playoff games. Tournaments may have their own ALA approved affiliation rules. The GELC enhancements are:
- a. The number of games a Player may play as an affiliation is unlimited;
 - b. A Team may not scratch a healthy or available Player in place of an affiliate;
 - c. A Player cannot miss their rostered team's practice or game to attend a practice or game of another team as an affiliate; and
 - d. U9 and U11 Teams may affiliate laterally from another Team within their Club to a maximum game roster of 11, one goalie and 10 players.
- 8.02 Athletes registered in the Women division are considered B division in terms of affiliation. It is the responsibility of the requesting Team, Head Coach or Manager, to obtain an email from both the requested Team, Head Coach or Manager, and the requested Player's parent/guardian providing approval of the affiliation.
- 8.03 Club Presidents of all applicable Teams must be informed of the affiliation prior to the commencement of the game or practice.
- 8.04 Affiliations must be made in the following order:
- a. Teams within applicable Club;
 - b. Clubs within applicable Zone; and
 - c. Clubs within applicable LGB.

8.05 Allowed Division affiliations:

U11	U11 W	U13 A	U13 B	J13 W	
U11	J11 W	U13 B	U11	J13 W	
U9	U9			J11 W	
I5 A	I5 B	I5 F	I7 A	I7 B	I7 W
I5 B	I3 B	.5 W	I7 B	I5 B	.7 W
		.3 W			.5 W

9. REGULATION 9- REGISTRATION DEADLINES

- 9.01 All GELC registration deadlines will be in adherence with ALA Regulation 4A – Registration Deadlines and Capacities.
- 9.02 All GELC Member Clubs must provide a player roster for each Lacrosse Team to the GELC through the approved ALA registration system, by the Lacrosse Team’s first scheduled regular season game.

10. REGULATION 10- GELC SAFETY AND EQUIPMENT

10.01 Safety Policy

The fundamental concepts of the safety policy are to establish a standard of care intended to reduce the risk of injury from contact which is inherent in and incidental to the sport and to identify the responsibilities of the various participants.

10.02 General

Player safety and the use of proper equipment is the responsibility of many parties including:

- a. players and parents (of minor players: under 16 years of age and under as of January 1 of the current year) are responsible for providing and maintaining proper equipment.
- b. coaches, trainers, and team personnel are responsible for inspecting players’
- c. equipment and preventing the use of improper equipment.
- d. game officials are responsible for enforcing the rules of the game.
- e. all players are required to wear protective equipment as described and or limited in the rules of play approved by the ALA and Lacrosse Canada.
- f. in Box Lacrosse the use and/or prohibition on the use of protective equipment shall be as published by the ALA and Lacrosse Canada in the Rules of Box Lacrosse.

- g. equipment shall be manufactured by a professional manufacturer and shall not be altered in any way which will decrease the protection to the player, increase the risk of injury to an opponent or void the manufacturer's warranty.
- h. any equipment which violates this policy and/or the rules of play will be removed from the game and, where required, appropriate penalties will be given.
- i. where equipment dangerous to an opponent has been used, the game officials shall report the occurrence, via the standard incident report, to the appropriate governing body.

10.03 Equipment – Helmets, Face Masks, Gloves, Goal Tending Equipment

Please see the current regulations of the ALA and Lacrosse Canada in regard to playing equipment.

All goaltender exemptions to be filed with the GELC, ALA and Lacrosse Canada and a representative from the team is to have a copy of the filed exception to attach to each game sheet.

10.04 Mouth Guards

All minor players, excluding 6u, during games, shall wear approved mouth guards. The mouth guards should all be of the type that fits to the upper teeth of the player.

10.05 Shoes

Outdoor shoes are not permitted on playing surfaces.

10.06 Groin Protection

It is strongly recommended that all players wear such equipment.

10.07 Knee Protectors

It is recommended that all players in U7 to U17 shall, in games, wear kneepads.

11.REGULATION 11- COACHING CERTIFICATION REQUIREMENTS

- 11.01 Box Lacrosse coaches shall comply with minimum Lacrosse Canada standards for coaches as per the ALA approved regulations.
- 11.02 Box Lacrosse coaches who have not completed appropriate training for the level they are coaching in the current year, will be removed from all team benches for GELC playoffs.

12.REGULATION 12- REPLAYING OF GAMES

- 12.01 The GELC Board of Directors has the jurisdiction to direct that a game has been played or partially played, by replayed either in whole, or in part. If a member seeks a direction from the

Board, or the Vice President of Organizational Development to replay the game, that member may make an application to the Board. Only a Member Association can make such an application. For greater Certainty, an individual or team cannot make such an application.

An application may only be made regarding Greater Edmonton Lacrosse Council (GELC) League, or Playoff games.

The application must be accompanied by a \$200.00 certified cheque made payable to the GELC and both must be delivered to the Vice President of Organizational Development via the GELC office.

The \$200.00 hearing fee is non - refundable.

The only grounds upon which a game may be directed to be replayed in whole or in part, are as follows:

- a. Where there have been a gross and flagrant violation of the Rules of Play by the on-floor or off-floor officials.
- b. Where there has been a deliberate violation of the Rules of Play by the on-floor or off-floor officials.

For greater certainty mere errors in judgement or interpretations or missed calls by officials which are not gross or flagrant, are not grounds to grant the application.

This regulation shall not be interpreted to contradict any rule of the ALA or Lacrosse Canada which requires that, in certain circumstances, games be replayed in whole or in part.

13.REGULATION 13 - ABUSIVE CONDUCT BY SPECTATORS

13.01 Referees shall have the power to eject any spectator for conduct which is, in the view of the referee, detrimental to the game.

- a. The Game shall stop until the spectator has left the arena.
- b. Management of both teams shall co-operate with the official in identifying the spectator in question. Should the spectator refuse to leave the arena, the game shall be declared a forfeit in favour of the team not connected to the offending spectator.
- c. This shall be the subject of an official's game report, which shall be referred to the Discipline Committee, which may result in further action. Offending

spectators name, to be provided by offending members coach to be recorded on the game sheet.

- d. If no other action is taken the ejection shall be for one additional game.

14.REGULATION 14-FORFEITURE OF GAMES

14.01 All game being forfeited must be done in writing to the GELC office and to the offended team. All forfeited games may be forwarded to the Discipline committee for review by the Vice President of Administration.

14.02 Forfeiture of games during GELC playoffs will result in the forfeiture of the playoff.

15.REGULATION 15-BOUNDARIES DESCRIPTION

15.01 The boundaries of the GELC shall be as follows:

- a. The City of Edmonton will be divided into three areas:
- (1) West Edmonton Blues boundaries:
North To Highway 16 (Yellowhead), East to St. Albert Trail, south to the North Saskatchewan River and West to 231st Street.
 - (2) South Edmonton Warriors boundaries:
The northern and western boundaries are the North Saskatchewan River within the City of Edmonton Boundaries, east to the Anthony Henday and south to Ellerslie Road.
 - (3) North Edmonton Wizards boundaries:
East and South to the North Saskatchewan River, West to Groat Road/St. Albert Trail, North to Anthony Henday, including the area north of Henday and east to 50h Street, North to Hwy 37.
- b. Other Member Boundaries:
- (1) Fort Saskatchewan Rebels Boundaries:
Area north of Hwy 16, east of North Saskatchewan River to Hwy 855, north to Hwy 45, west to Hwy 831, north to TWP 590, west to Hwy 830, south to Hwy 37, east to Hwy 15
 - (2) Leduc Crush Boundaries:
The City of Leduc and surrounding area, including the communities of Devon, Calmar, Thorsby and Millet, Area includes Leduc. Boundaries are west to Hwy

770, south to Hwy 616, east boundary is Hwy 21, north to Airport Road, west to Hwy 2, north to TWP 510. Also includes community of Millet.

(3) St. Albert Rams Boundaries:

St. Albert and surrounding area. Area boundaries are Anthony Henday, east to Hwy 28 / 803, north to TWP 572, west to Hwy 777, south to Hwy 642, east to RR 13 / 12A, south to Hwy 37, east to Hwy 44, south to Meadowview Drive, east to Ray Gibbon Drive.

(4) Sherwood Park Titans Boundaries:

Hwy 16 to the north, RR210 / 210A to the east, Hwy 14 to the south, Anthony Henday to the west

(5) Beaumont Raiders Boundaries:

The Boundaries of the Beaumont Raiders are as follows TWP 510 east to RR221, south to Hwy 623, west Hwy 21, following highway 21 northwest to Airport Road TWP502, west to the Hwy2 and then back north to TWP510. Includes the community of New Sarepta.

(6) The Westlock Rock Boundaries:

Shall be responsible for the communities of Westlock, Barrhead and surrounding rural municipalities.

(7) The Parkland Posse Boundaries:

The east boundary shall be Hwy 60 from the North Saskatchewan River to Meadowview Drive, west to Hwy 44 and north to Hwy 37 (excluding community of Villeneuve). The north boundary shall be Hwy 37 / Hwy44. West boundary will be Hwy 765 from Hwy 43 to Hwy 16, west to Hwy 39 / 779, south to Hwy 627, east to Hwy 770, south to North Saskatchewan River

15.02 Buffer Zones -January 25-2021

1. CFB Edmonton Buffer Zone

Anthony Henday North to Highway 37, Highway 28 East to 50 street.

Players may choose to play in either the Rams or Wizards clubs if they reside in this buffer zone.

2. Northwest Buffer Zone

North to Big Lake and The Sturgeon River, West to Ray Gibbon and Anthony Henday Drives, South to Hwy 16 and West to Hwy 60.

Players may choose to play in either the Rams or Blues clubs if they reside in this buffer zone.

3. South Metro Buffer Zone

Northern boundary is Ellerslie Road, East to Hwy 21, South to TWP 510, West to the North Saskatchewan River.

This also includes the area north of Ellerslie Road to Hwy 14 from Hwy 21 to RR34.

Players may choose to play in one of the following clubs Warriors, Raiders, or Crush.

4. West Metro Buffer Zone

North to Hwy 16, East to 231st Street, And RR261. South to the North Saskatchewan River and West to Hwy 60.

Players may choose to play in one of the following clubs Posse or Blues.

5. Legal Buffer Zone (added with consultation of Rams and Rock)

Area east of Hwy 2, north to TWP 590, east to TWP 243(Hwy 803), south to TWP572

Player may choose to play in either the Rams or Rock clubs.

16.REGULATION 16- GELC CLUB TIERING FORMAT

16.01 The GELC Vice President of Organizational Development shall, after five (5) games, review all U13, U15, and U17 B and Women's Divisions which are comprised of eight (8) or more teams. If there is a clear delineation in the standings after these five (5) games consideration may be given to dividing the Division into equitable Subdivisions. In such instances, all Clubs with teams within the applicable Division would be consulted prior to any final decisions.

16.02 The U11 Division will play a ten (10) game regular season schedule. At the completion of these ten (10) games the Division will be subdivided into equitable Subdivisions of eight (8) teams for league playoffs. If the total number of teams within the Division is not equally divisible by eight (8), the standings will be analyzed to determine how to divide the Division most equitably for the playoffs. This will be applicable to the last 15 (fifteen), or less, teams as whether to divide those teams into evenly numbered Subdivisions or create the last Subdivision with the number of teams remaining. For example, if there are fourteen (14) teams remaining to form the last two Subdivisions consideration will be given whether these become two seven (7) team Subdivisions or a Subdivision of eight (8) teams and a Subdivision of six (6) teams.

17.REGULATION 17 DISCIPLINE PROCEDURES

17.01 The GELC Discipline Committee will respond to and address all matters covered by GELC Bylaw 10 – Violations of Bylaws, Regulations, and Policies. These procedures are inclusive of all violations of Bylaws, Regulations, and Policies of the GELC, ALA, and LC as well as applicable infractions of the LC Rule and Situation Handbook for Box Lacrosse.

- 17.02 Infractions of the LC Rule and Situation Handbook for Box Lacrosse resulting in a suspension may be assessed additional or extended suspensions as detailed in the ALA Regulations, the GELC Discipline Policy, or as appropriately and applicably assessed by the GELC Discipline Committee.
- 17.03 Accusations with respect to violations that are not inclusive to the LC Rule and Situation Handbook for Box Lacrosse must be made in writing and submitted to the GELC Discipline Chair. Once received, the Chair will notify the GELC Discipline Committee within 24 hours. If a hearing is required then, based on the availability of the Committee and the accused, the Chair will set a date and time for the hearing to occur which will be no more than seven (7) days from the date of which the written accusation was received. A hearing may be conducted in person or virtually as agreed upon by all parties.
- 17.04 The decision determined by the GELC Discipline Committee shall be provided in writing to all parties including applicable Club Presidents within 48 hours of the conclusion of the hearing. If additional time is required in order to ensure that a proper and thorough investigation is conducted, the period of time must be agreed upon by consensus of the GELC Discipline Committee and communicated to all parties.
- 17.05 For violations of the GELC Code of Conduct, Bylaw 10.01.01., or violations of the ALA Code of Conduct and Ethics Policy the following will apply. Depending on the severity of the violation the GELC Discipline Committee may elevate the outcome of the related disciplinary action as deemed suitable by the Committee:
- a. GELC Member Clubs will be directly and fully responsible for the conduct of their Membership to include, but not limited to, conduct: on the floor as players; on the bench as team staff; in dressing rooms; in the stands as parents and/or spectators; in any area internal or external to facilities such as lobbies, hallways, or parking lots; as well as posts on social media platforms;
 - b. Any initial violation of the above-mentioned codes will result in a written warning issued to the individual and a copy will be provided the applicable Club. The individual must complete an applicable Respect in Sport program, i.e. for Parents, for Activity Leaders, etc. If the individual is certified in Respect in Sport, they will be required to re-certify. The individual will be banned from all sanctioned lacrosse events and activities until such time the Respect in Sport is completed;
 - c. Any second violation of the above-mentioned codes will result in a \$500 fine to the individual and a \$1,000 fine to the applicable Club;
 - d. Any third violation of the above-mentioned codes will result in a \$1,000 fine to the individual and a \$2,500 fine to the applicable Club;
 - e. Any fourth violation of the above-mentioned codes will result in lifetime suspension of the individual and a \$5,000 fine to the applicable Club. In such instances that the

individual is a player or parent/guardian, this will include both the player and parents/guardians, regardless of whether the violation is committed by the player or the player's parent/guardian;

- f. Any violation of the above-mentioned codes by individuals who are not Members, i.e. extended family of Members, friends or acquaintances of Members, or random spectators, will immediately result in suspension of those individuals from admittance to any facility during such time any sanctioned event is occurring and a \$1,000 fine to the applicable Club. In order to have the suspension lifted, the individual must complete a Respect in Sport program for Parents. If the individual is certified in Respect in Sport they will be required to re-certify and the individual will be banned from all sanctioned lacrosse events and activities until such time the Respect in Sport is complete;
- g. Any subsequent violation of the above-mentioned codes by individuals who are not Members, i.e. extended family of Members, friends or acquaintances of Members, or random spectators, will immediately result in an indefinite suspension of those individuals from admittance to any facility during such time any GELC sanctioned event is occurring and a \$2,500 fine to the applicable Club;
- h. Delays in the payment of fines resulting from violations of the above-mentioned codes will place the Member, club and/or individual, in bad standing and subsequent Membership rights and privileges will be suspended until such time the fines are paid; and
- i. There will be no appeal process as a result of any decision of the GELC Discipline Committee regarding violations of the above-mentioned codes.

18.REGULATION 18 APPEAL PROCEDURE

- 18.01 The GELC Board shall hear any appeal arising from the bylaws, regulations policies or rules of the GELC as per bylaw 10.
- 18.02 All appeals must be in writing and addressed to the president. Complaints shall be delivered by hand or courier to the GELC office. The appeal must be accompanied by a \$300.00 appeal fee.
- 18.03 Upon receipt of the appeal, the board shall appoint a committee of three persons, one of which may be the President. The members of the committee shall be non- interested parties to the complaint.
- 18.04 The committee composition, time date and location of the hearing shall be set within 14 days of receipt, and acceptance of the appeal and communicated in writing to all known interested parties.

- 18.05 The hearing shall be held within 30 days of receipt and acceptance of the complaint.
- 18.06 The decision shall be provided in writing to all interested parties within 30 days of the completion of the hearing.
- 18.07 All decisions of the appeal shall be communicated of the appellant's member Association president.

19. REGULATION 19- SOCIAL MEDIA

The GELC board of directors and membership shall adhere to the ALA regulation on social media.

20. REGULATION 20- GELC TOURNAMENT PERMISSION FORM

All GELC teams wishing to participate in any tournaments must have a league tournament permission form approved by the GELC office.

- 20.01 In order to have a Tournament Permission form approved the team must conform to the following:
 - a. The team officials above must be registered officials to the team.
 - b. The Club presidents will receive a copy of the signed permission form as well as the team.
 - c. Teams with 45 penalty minutes or more in a single game, for two or more games, may not be granted a tournament permission form or have their form revoked by the GELC executive.
 - d. Exceptions to this regulation and or appeals may be made to the GELC executive and their decision on the matter shall be final.
- 20.02 Teams entering tournaments without a signed GELC Tournament Permission form shall have the team head coach suspended for the number of games that were played by their team in the non-permitted tournament. A second occurrence will result in the head coach being required to attend a hearing of the GELC discipline committee.
- 20.03 Teams must email copies of all tournament game sheets to the GELC office within 48 hours of completion of the tournament. If not received the head coach will be suspended until receipt of the game sheets.

21. REGULATION 21- REGULATION REVISIONS

- 21.01 Revision of GELC policies may not be made from March 1 to August 1 in any given year.