

GELC WINTER PROGRAMMING

LOCATION	Beaumont Recreation Centre 5001- Rue Eglemont Beaumont
10u Division	1 st 45 minutes Skill Development followed by a 1 hour 3x3 or 4x4 scrimmage Starts Saturday October 24th 1:00 pm to 3:30 pm December 18 th last day until the new year, Restarts January 9 th and runs thru to January 23 rd .
12u Division	1 st Hour Skill Development followed by a 2 nd hour of 3x3 or 4x4 scrimmage Starts Saturday October 25,2020 12 pm to 2 pm and runs to December 19 th , 2020, resuming January 10 th thru to January 24 ,2021
14u Division	1 st Hour will be practice 2 nd and Third hours will be 4x4 games Starts Saturday October 24th 10 am to 1pm runs thru to December 19 th , programming resumes on 9 th of January and runs thru to January 23 th .
17u Division	1 st Hour will be practice Second and Third hours will be 4x4 games Starts Friday October 23 rd 6 pm to 9 pm and runs to Friday December 18 th , resumes January 8 and finished up on January 22 nd .
ALA Covid Requirements	All Covid protocols as laid out by the ALA will be in effect. Cohort group sizes are a maximum of 50 with players coaches and any required officials http://www.albertalacrosse.com/content/return-to-activity
Cost	\$150.00 10u and 12u \$200.00 14u and 17u
Requirements to Play	Full Equipment, stick, personal water bottle, inside shoes
Registration Information	http://gelc.rampregistrations.com/
Additional Information	Contact the GELC office at edmlax@telus.net by phone 780-466-0981