



U15 B/C – Information Sheet

Head Coach: Jesse Dean

Coaching Philosophy

My coaching philosophy is to ensure that players are having as much fun as possible and are building/developing their love of the game. I am a firm believer that if everyone involved with the team is having fun and loving the game that this creates the foundation for players to work hard and build their skills. I provide an environment that focuses on the development of strong skills with competitive spirit while emphasizing fun and team play. My approach to working with young players is to establish mutual respect and creating an environment where everyone wants to work hard together.

I also believe in establishing open communication between the coaching team, players and parents. Doing so, creates an environment where parents and the players feel comfortable to provide feedback to the coaching staff.

I will provide the players with a secure, positive, respectful and fun environment to acquire additional hockey knowledge and improve their hockey skills.

Coach Expectations:

Team goal

The team objective is for players, and everyone involved to enjoy their experience and develop an appreciation for hockey. Players will learn to work hard, play with effort, and improve their individual skills. Achieving these objectives will contribute to the team's success. The team aims to win games throughout the year and be diligent and competitive every time they step on the ice.

Games and Practice Commitments

- Anticipate 4 to 5 team events each week.
- Arrive 60 minutes before game time.
- Be dressed and ready 15 minutes before game time.
- Warmup starts 40 minutes before game time; track suit and running shoes required.
- Ensure players are well-hydrated.
- Ice times will be reduced for unresponsiveness to coaching or behavioral issues.
- Arrive 30 minutes before scheduled Practice ice times
- Be ready practice discussion 10 minutes before ice time

Line & Goalie Rotations

We will be selecting two goalies and up to fifteen skaters for the team. The development of players during the season is important, and regular line play will be utilized throughout. When the game is on the line towards the end, some line adjustments can be expected. Goalies will have regular playing time.

Attitude

It is important to maintain a positive attitude towards your teammates, coaches, den moms, referees, rink staff, parents, and others. Negative attitudes should be avoided to promote a supportive and enjoyable environment.

Expected Costs, and Tournaments:

Team Fees

In addition to the standard SGHA ice allotment, the U15B/C team will require additional ice time, resulting in supplementary costs. These extra fees are estimated to be between \$300 and \$500 per player, in addition to the standard SGHA competitive team fees, which typically range from \$1,300 to \$1,500 per player.

Please note that these figures are preliminary estimates. Final fees will be confirmed once the team roster is finalized, and the budget is approved. Fundraising efforts can assist in reducing the overall costs to families.

Tournaments

The plan for tournaments is being finalized, but we expect to be doing 3 away and 2 home tournaments, plus Provincials.

Tryout Schedule:

Date	Location	Start Time	Game
22-May-25	TRGC	6:15 PM	Kanata 15 B
26-May-25	TRGC	8:00 PM	Kemptville U15C
29-May-25	TRGC	6:15 PM	EO Stars U15C

Good Luck to all the players

Jesse Dean