



# 2025-2026

## ROCKETS U15 BB

**Patrick Bissonnette**

### **Coaching Philosophy**

All players should be given the opportunity to play in all situations. It should be obvious to all coaches that players are not going to develop or get better by sitting on the bench. It is our responsibility to provide all players with a positive sport experience. Players who are given an opportunity and genuine encouragement often surprise their coaches, teammates and selves with their improved play. All players deserve this chance unless their actions clearly demonstrate otherwise.

### **Bench Coaching Philosophy**

The age and ability levels of the players involved dictate to a great degree the bench philosophy of the coach. Factors to be considered when developing a personal bench coaching philosophy may include the seasonal plan and where this particular game fits, timing of the game (only one this week vs. three games in three days), practice evaluation (effort, attendance), recent results (including vs. this particular opponent), travel, discipline (unnecessary penalties, extended shift lengths). Some of these factors are dynamic and may change during the game and require active coaching decisions. As part of their game preparation, the coaching staff will go through all possible scenarios, discuss alternatives and make some preliminary decisions but always considering the effects of our decisions.

### **Coaches' Expectations**

- Be present and engaged
- Be with the team
- Display positive team and personal values – always
- Classy – represent your community in a positive light
- Do whatever it takes.... regardless of the role given to you
- Buy in.... trust in the coaches decisions and demonstrate your commitment to the team
- Truly believe that we can reach our goals
- Show respect for everyone
- Maintain your composure always
- Body language – never show frustration
- Exude confidence
- Never quit
- Play a team game and in so doing, be a hero
- Recognize the significance of your responsibility – it can help us win or help us fail
- Be a good person/player/teammate
- Help the team have fun....in good times and bad.
- Also adhere to our teams core values which is handed out each season
- Go above and beyond our expectations all the time.

### **Line & Goalie Rotations**

I will have a 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> line. Once the team is selected and having some practises under our belt this will all be determined. Some lines may also be used more than others throughout the game. We will also have one PP unit and one PK unit to begin the year.

Goalie rotation will go as follows, there will be a #1 and #2 which could lead to some back-to-back games for the #1. I expect the goalies to challenge each other for the lead role all season. Goalies like all players are evaluated at each practice.

### **Attitude**

I have zero tolerance for bad attitudes towards your teammates, coaches, den moms, refs, rink staff, your own parents etc. Leave the bad attitude at home I want to foster good vibes and fun atmosphere.

### **Thank you**

**Pat**