



COMPETITIVE PLAYER INFORMATION

This document outlines the expectations and responsibilities for all players participating in the SGHA Competitive Program. Players and families are asked to read this agreement carefully. Failure to comply with the following policies may result in disciplinary action, including possible removal from the team.

COMPETITIVE KIT

All competitive players are required to have the following items.

- SGHA Hockey Bag
- Navy/Black Helmet
- SGHA Pant Shells
- Navy or Black Gloves (No Red)
- SGHA Hoodie
- SGHA Tracksuit
- SGHA Warm-Up T-shirt

Name bars must be sewn onto the bottom of each competitive jersey.

Note:

- Some items such as the t-shirt will be provided by the association or the team.
- U9 and U11 players have a modified kit requirement. Please refer to the Competitive Dress Code document for details.
- Coaches at higher competitive levels may request that players wear navy helmets. Any such request must also be approved by the team with an **80%** vote in favour.

COMPETITIVE DRESS CODE

Players who participate in the SGHA Competitive Program are expected to arrive and leave each game and practice adhering to this dress code.

Please refer to the attached [Competitive Dress Code](#) for specifics.

UNAPPROVED GEAR

The following items are not permitted as part of the competitive program:

- Any apparel or gear using the SGHA logo without approval, or that lacks the SGHA or GGHA logo.
- Hair coverings that hang below the helmet.
- Items displaying logos from other associations or teams (e.g., hockey bags, water bottles). These logos must be removed before the team's first official ice time.

EQUIPMENT

SGHA competitive jerseys will be distributed in a garment bag. These bags **must** be used to store and transport jerseys throughout the season.

If jerseys or garment bags are lost or damaged, families will be responsible for a replacement fee of up to **\$200**.

At the end of the season:

- Name bars must be removed.
- Jerseys must be washed.



- Jerseys and garment bags must be returned to the team manager and returned to the Association by April 30.

TEAM FEES

To ensure fairness and transparency, SGHA has established a maximum team fee of \$2,000 to cover:

- Tournament entry fees
- Player development
- Dryland training sessions
- Competitive team ice allocation
- SGHA Competitive Bond

Any proposed budget that exceeds the \$2000 team fee limit must also receive approval from the SGHA. Team budgets will be presented by the team manager and must be approved by an 80% vote of the parents.

Team fees must be collected in a minimum of three installments of no more than \$750, typically due in September, November and January.

If sponsorships or fundraising efforts meet the team's financial obligations, the third installment may not be required.

PARTICIPATION

Players are expected to attend **all** team practices, games, dryland training, and development sessions.

If a player must miss a session, the **head coach** must be informed in advance. Unexplained absences may result in the player being benched or suspended at the coach's discretion. Ongoing attendance issues may lead to removal from the team.

ARRIVAL TIMES

To ensure proper preparation and focus:

- Players must arrive **at least 30 minutes before practices.**
- Players must arrive **at least 60 minutes before games.**
- All players must be **dressed and ready for team instruction 10 minutes before ice time.**

Participation in a supervised **team warm-up** before each game is **mandatory.**

Coaches may adjust arrival times as needed based on the needs of the team or specific events.

TOURNAMENTS

Each SGHA Competitive team may register for up to five tournaments, with a maximum of three away tournaments.

- Any requests to attend more than five tournaments or more than three away events must be submitted to and approved by the SGHA Executive Committee.
- Any such request must also be approved by the team with an 80% vote in favour.

The Provincial Championships are not counted as one of the five tournaments.



BEHAVIOUR

All players are expected to:

- Treat teammates, coaches, opponents, referees, and volunteers with respect.
- Maintain a positive and coachable attitude.
- Show appreciation for their coaches' time and effort by listening, learning, and putting in consistent effort.

AGREEMENT

We have read, understood, and agree to abide by the terms outlined in the Stittsville Girls Hockey Association Competitive Player Agreement. We understand that repeated violations of these policies may lead to removal from the team.

Competitive players must be **registered** for the season by **June 30** to secure their spot.

This signed agreement must be submitted electronically to risk.and.safety@sgha.ca by August 15.

Team Name _____

Player's Name _____ Player Signature _____

Parent Name _____ Parent Signature _____

Date _____