



SGHA COMPETITIVE PLAYER AGREEMENT

Please review the following document in its entirety and return a signed copy to registrar@sgha.ca no later than August 31, 2023.

This document outlines all expectations of SGHA competitive players in the U13, U15 and U18 divisions.

Failure to abide by these policies will lead to consequences and possible dismissal from the team.

COMPETITIVE DRESS CODE

Players who participate in the SGHA Competitive Program are expected to arrive and leave each game and practice adhering to the dress code.

The following is to be worn to all team activities, including games, practices, off-ice training, or events:

- The full SGHA track suit with SGHA warm up shirt and appropriate footwear. (U18s may choose to wear solid colour **black** leggings in lieu of track pants)
- Any SGHA hoodie (during a tournament, that tournament's hoodie can be worn)
- Off-ice training should include black or navy bottoms and an SGHA warm-up shirt, or SGHA hoodie
- Practices will include any SGHA socks and SGHA tryout jersey
- Running shoes should be worn for warm-ups and dryland training

**All SGHA logoed gear is interchangeable with GGHA gear.*

COMPETITIVE KIT

All competitive players are required to have the following items.

- SGHA Hockey Bag
- Navy or Black Helmet
- SGHA Pant Shells
- Navy/Black gloves-white/light blue trim
- SGHA Hoodie
- SGHA Tracksuit
- SGHA Warm Up T-shirt

Name bars on competitive jerseys are required to be sewn on the bottom of the jerseys before the first league game or tournament.

Unapproved Gear

- Gear created with unapproved use of the SGHA logo is not considered part of the competitive kit
- The use of Hair coverings that hang below the helmet may not be worn.
- The use of any gear that has logos from Associations other than SGHA is not permitted. This includes hockey bags and water bottles.

Equipment

Competitive jerseys will be distributed in a SGHA garment bag which must be used to store and transport the jerseys during the season. If jerseys and garment bags are damaged or lost, a fee of up to \$200 will be charged to cover the cost of replacing the damaged/missing items.

At the end of the season, players' jerseys and garment bags are to be collected by the team after name bars have been removed and jerseys washed. Teams then return the gear to the Association's equipment manager by April 15th.

TEAM FEES

The Association has set maximum competitive fees as follows:

- Competitive Fee = \$600.00 per player
- Team Fees not greater than \$800 per player unless agreed to by the majority of families

If a team requires additional team fees greater than the amounts above, the Coach or Team Manager must request Executive approval. The team budget must be approved by the majority of families on the team (minimum 75%).

Team fees shall be made in installments with no installment being more than \$500. Installments should be made in October, November, and January.

The third installment may not be required if fundraising and sponsorships have covered the team's financial commitments as outlined in the approved team budget.

PARTICIPATION

Competitive players are required to maintain 100% attendance at all practices, games, additional development activities, or dryland sessions. Extenuating circumstances must be discussed with the head coach prior to an absence and may be subject to consequences.

To address situations in which a player is continually absent or late for practices, games, and team activities without good reason the coach may bench or sit the player at his/her discretion. Repeated absences may lead to a warning followed by suspension or removal from the team.

Arrival Times

Competitive players should be in the arena at least 30 minutes prior to the scheduled practice ice time and 60 minutes prior to game times. Players must be dressed and ready for pre-ice instruction with the team staff a minimum of 10 minutes before game time.

All players are to participate in a team warm up before every game. This warm-up will be supervised by members of the team staff. Participation is not optional.

Tournaments

SGHA Competitive teams are permitted to enter a total of five tournaments. A maximum of three 'away' tournaments are pre-approved by the Executive Board.

If a coach wishes to enter more than five tournaments or attend more than three out-of-town events, they must receive approval from the SGHA Executive Committee. Before considering extra tournaments, approval must be sought by the team and voted on with a 75% approval rate.

BEHAVIOUR

Players should be open to being taught and trained in order to improve. Players should understand there is always room to grow and show appreciation for a coach's time and feedback by actively listening and learning from them.

Players will communicate with teammates and all members of coaching staff in a positive manner and treat staff, teammates, opponents, and referees respectfully.

AGREEMENT

We have read and agree to follow the terms of the Stittsville Girls Hockey Association's Competitive Policy. We understand that repeated disregard of SGHA's policies may lead to dismissal from the team.

Player's Name

Player Signature

Parent Name

Parent Signature

Date